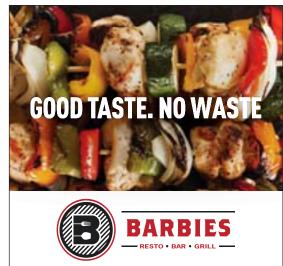




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Vol. 12 · N°. 16 · September 2, 2016 · Tel.: 450-978-9999 · www.ns-news.com · E-mail: editor@the-news.ca



Officials from Quebec, Ottawa, Boisbriand as well as from economic development agencies and from Raufoss Canada marked the company's decision to undertake a \$49 million expansion on Aug. 17.



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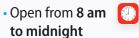
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Raufoss Canada undertakes \$49 million expansion in Boisbriand

Auto part maker's surge seen as a sign of sector's North Shore revival

MARTIN C. BARRY

Car and auto parts manufacturing, which once were thriving industries on the North Shore and Lower Laurentians but went into decline after the General Motors assembly plant closed in 2001, could be undergoing a resurgence, according to at least one official present at the announcement of a \$49 million expansion by Boisbriand auto components maker Raufoss Canada.

Govt's loan \$9 million

On hand on Aug. 17 were Rivière-des-Mille-Îles Liberal MP Linda Lapointe, Coalition Avenir Québec MNA for Groulx Claude Surprenant, Boisbriand mayor Marlene Cordato and representatives from several local and regional economic development groups, including Montreal International, Investissement Québec and the Thérèse-De Blainville Economic Development Corporation (SODET).

Economic Development Canada for Quebec is loaning Raufoss \$2 million, while Investissement Québec and the Quebec Ministry of the Economy, Science and Innovation made a \$7 million loan to the company. The expansion of Raufoss's robotized facilities is supposed to create 60 jobs over the next four years, while helping Raufoss meet a growing demand from global car manufacturers.

An informed decision

"An environment favourable to aluminum processing, our skilled workforce and the productivity of our Boisbriand plant were the key factors that influenced our decision to reinvest in Quebec," said Jean Meredith, CEO of Raufoss Canada. "The installation of a new hot forging line, along with the acquisition of specialized equipment, will enable Raufoss to operate one of the most automated plants in Quebec," he added.

"This project being built on innovative technology is stirring a lot of excitement in the community as well as all those involved in economic development who were involved in its realization," Lapointe said in an address. "This aid reaffirms the role played by Economic Development Canada in the development of innovative businesses from here, and consequently in the growth of the Canadian economy."

Encourage growth: Surprenant

"I applaud Raufoss Group's decision to make further investments in Quebec," said Surprenant. "We must work relentlessly to create an environment favourable to growth and innovation in the manufacturing sector so that global subsidiaries can expand and generate significant economic spin-offs for all Quebecers."

"I'm very proud of the efforts made by SODET in 2000 to bring the Raufoss Group to the Thérèse-De-Blainville RCM," said Cordato who is president of SODET in addition to being Boisbriand's mayor. "Since the company has set up in Boisbriand, it has kept on creating quality jobs, investing in its infrastructure and increasing its presence. The management philosophy of the executives raises the company's profile beyond our borders."

In the auto parts manufacturing business, Raufoss is known as a Tier One player in that the company designs and manufactures automotive components. In an interview, Meredith said



Raufoss Canada CEO Jean Meredith, left, gave a tour of the company plant to Boisbriand mayor Marlene Cordato, Groulx MNA Claude Surprenant and Rivière-des-Mille-Îles MP Linda Lapointe.

that globalization is what has driven Raufoss Canada to become one of just a few companies in Canada that specialize in the "cold forming" of aluminum auto parts.

A Tier One competitor

"This globalization is such that you're always competing for contracts with the top three or four companies in the world in this field," he said. According to Meredith, there's only one other auto parts plant in the world that is equipped for cold forming.

For her part, Lapointe noted to the North Shore News that a few automotive companies, such as medium-and heavy-duty truck manufacturer Paccar in Sainte-Thérèse and the Volvowned Nova Bus in Saint-Eustache, have kept the sector going despite GM's departure. She sees Raufoss's expansion as an encouraging sign of even better things to come for the region's automotive sector in the future.



Rivière-des-Mille-Îles MP Linda Lapointe and Groulx MNA Claude Surprenant are seen here with examples of components manufactured at Raufoss Canada's Boisbriand facility.



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September 2, 2016 • The North Shore News • 3

Opinion & Editoria When is the psychother in a profession as subjective as this one. In July, Quebec as a fake psychotherapist, as there was described in her case are not unlike actions solving fields of psychology and psychothers. Opinion & Editoria When is the postylong fields of psychology and psychothers as subjective as this one. In July, Quebec as a fake psychotherapist, as there was described in her case are not unlike actions often trained of other psychotherapists.

evolving fields of psychology and psychotherapy, what is therapy? And indeed, how is the ordinary person to know the difference between it and pseudo-scientific quackery?

These are questions which the Quebec Order of Psychologists may never be able to resolve to satisfaction due to the broad implications, as well as the fact that, just as cement hardens, time too has a tendency to allow certain aspects of life that we initially find questionable to become permanently ingrained in the social

The association representing the province's psychologists and psychotherapists is currently dealing with two particular cases that highlight how difficult it must be to maintain discipline

several media in Quebec reported on the case of Mélanie-Eugénie Chisholm of Lévis. She stands accused by the order of misrepresenting herself as a psychologist.

What makes her instance especially interesting is that, to our knowledge, it is possibly the first time in Quebec that someone charged with this type of misrepresentation has been so visibly arrested. Among other things, she is accused of fraud for practicing psychology without the assent of the Order of Psychologists, which has an official mandate from the government to act as watchdog and enforcer.

An irony in this case is that up to five years ago, while the rules were clearer for psychologists, there was effectively no such thing in nothing in law preventing virtually anyone from using the title. Under the terms of the old law enshrining professions which existed until then, anyone could legally practice psychotherapy while calling themselves psychotherapist.

At the same time, though, the new law that came in to enshrine psychotherapy as a licensed profession contained a grandfather clause which allowed those who had been using the title before to continue doing so. As such, acquired right became almost as much a determinant of who could be licensed as actual qualification. However, now because Chisholm has no license from the order, her acts are deemed fraudulent, even though a certain number of them

often typical of other psychotherapists.

Chisholm is alleged to have sought to charge an initial \$150 an hour for her services, but agreed to lower her rate to \$100 as a favour to the client. As it happens, \$100 an hour is not far from the rate that psychotherapists charge in Quebec, as well as being in line with rates recommended by the Quebec Order of Psychologists.

In addition, the amount she is alleged to have defrauded from her clients was around \$13,000 over a period of about a year. As outrageous as such a sum might seem to some people, it is not at all out of line with what the average psychotherapist charges over a comparable amount of time.

In a more recent and more controversial case involving the Order of Psychologists, a Montreal therapist (who, unlike Chisholm, was licensed by the order) faced disciplinary action over allegations he spanked one of his clients as part of therapy. The client said Steven Schachter made him believe he was engaging in a legitimate form of stress-reducing therapy.

In testimony before a tribunal, the client claimed Schachter slapped his bare buttocks while yelling, "feel the shame," "feel the guilt" and "let it sink in." He had sought Schachter's help to treat anxiety, panic attacks and self-esteem problems. He told Schachter that his father had physically abused him throughout his childhood.

On one occasion, Schachter is alleged to have hit the client with a piece of wood, just as the client's father had done. The client said he believed he deserved the pain just as he had during his childhood when his father beat him. Eventually, he reported Schachter's behaviour to a physician. He asked the doctor if it was normal for a psychologist to spank his patient and was told it was not.

In a June 2015 article in the Atlantic Journal, 'When the Therapist Is a Quack,' Olga Khazan writes, "In earlier eras, some in the medical community have believed that when it comes to therapy, 'there's no harm in talking.' But it's increasingly evident that therapy can make all the difference – for better or worse."

The Quebec Order of Psychologists should keep this in mind, while also considering that those seeking the services of psychologists and psychotherapists typically are highly vulnerable to being exploited through the misuse of psychology and psychotherapy by manipulative and unscrupulous individuals.

- Martin C. Barry -

The opinions on THIS PAGE reflect the consensus of Editorial Board.

Three principles for better schools More than ever, canada needs an education system schools could rely on a single instructional recipe for delivering the

based on the powerful principles of freedom, autonomy and accountability

The evolution of education is coming full circle, for the betterment of children.

In earlier times, the education of Canadian children was sometimes compared to a three-legged stool, one leg representing the family, another the church, the third the government.

Over time, the first two legs have come to bear less weight. The education of our children has come to rest to an ever-greater extent on the government and its agencies. We are told this is good because the government has the expertise, knowledge, and money to design and deliver the best quality education for all.

But there is a different, more modern, understanding that once again sees education resting on three legs - or, more accurately, the powerful principles of freedom, autonomy and accountability.

The principle of freedom is the freedom of parents and, when old enough, students, to select a school of their choice. Parents have a fundamental human right, recognized in international law, to guide the development of their children and choose the education they receive.

In everyday, practical terms this means a school they trust, a school in which they have confidence. For many parents, this will mean a school that shares their views about what is important.

To deny this choice by insisting that all parents must send their children to the local public school that is essentially the same as all the other public schools is unworthy of a free and democratic society.

The autonomy principle refers to another kind of freedom, the freedom of education professionals to use their expertise to create schools that appeal to parents, children and young adults. These schools provide well-crafted, satisfying and challenging learning experiences based on professional knowledge, and listening to students and parents.

Different students thrive in different schools. The days when all

best education to every child are long past. Autonomous schools have clearly-focused missions shared by staff, parents and their governing body. Teachers are far more likely to find professional satisfaction and mutual respect working in schools where they share a common understanding with their colleagues.

Finally, all schools need to be accountable not just to parents and pupils, but to society at large.

Today's students will become tomorrow's citizens, parents, workers and leaders. We all have a strong stake in ensuring they are well prepared for those roles by making certain schools are founded on and serve a shared understanding of what it takes to make and protect a free society.

To this end, schools need to be held accountable to basic, common standards concerning acceptable knowledge, values, practices and behaviours. Society must also ensure the young are protected from neglectful or abusive parents or educators.

To be properly accountable, schools need to be properly transparent. Parents need to know what their children are being taught, why and how. Parents, pupils, teachers and the public also need to know what is being learned, and that requires the regular use of fair, valid and comparable tests. Those paying the bills, especially the tax bills, also need to know how much money is being spent and on what.

Some provinces and countries have taken steps to modernize their schools by strengthening the three modern principles of freedom, autonomy and accountability. As parents and students prepare to face another year of monopolistic state schooling in other jurisdictions, they would do well to consider how freedom, autonomy and accountability could be strengthened in their schools.

Given the financial difficulties facing governments, the general impotence of school boards and the dominating power of teacher unions, they should give priority to accountability.

Derek Allison

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Admin. Assistant: Alexandra Sevapsidis Layout: Media Trek **Distribution:** DIFFUMAG **Printing:** TC. TRANSCONTINENTAL Member of

Quebec Community Newspapers Association & Canadian Community Newspapers Association



ISSN number: 1923-0648 Annual subscription: \$5995 • Per copy: \$1





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• The North Shore News • September 2, 2016

Distributed to **North Shore area**







CAQ MNA Surprenant meets with Bombardier Mirabel

Insists party is committed to success of aerospace co.

(NSN) CAQ MNA for Groulx Claude Surprenant, who is his party's official spokesperson on forest, mining and transportation issues, met last week with managers at Bombardier in Mirabel in order to touch base with them on this important company which is a key component of the economy of Quebec and in the Laurentian region.

"Contrary to what some of our political adversaries might have you believe, we have always supported Bombardier and that is what we want to reiterate with this meeting, even if we might have wished for different parameters in the agreement made with the government of Quebec," said Surprenant. "The aerospace industry is essential to the economy of Quebec and Canada," he added.

Aiming for the Big Three

The CAQ maintains that it wants to see Bombardier's Cseries jet project take off so that the company becomes recognized as one of the Big Three global manufacturers of aircraft. "We have always been very clear that we judge very important the jobs related to the engineering sector and Bombardier fits perfectly in this," Surprenant continued, while also pointing out that the federal government also has a role to play. "Quebec needs these quality jobs. That is why, in all cases, we asked Bombardier to orient its decisions with a view towards privileging the creation and maintenance of jobs in Quebec."

CAQ's action plan

The CAQ points out that during the last provincial election campaign, they tabled an action plan in which the economy was placed front and centre where it remains in their priorities to this day. "It is always necessary and pertinent to review the needs of our businesses in Quebec," said Surprenant. "Our talks with the managers we met allowed us to better understand the strategic choices they had to make and will also allow us to analyze the future choices they might make with a more complete perspective."



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Chosing the right school for your children

(OUR KIDS) Education is no longer just about reading, writing and arithmetic. Experts are increasingly focusing on developing a new, 21st century breed of student: holistically educated, technology savvy and adept at navigating a diverse, rapidly globalizing and changing world. Students possessing these skills will be better prepared to meet future challenges with poise, compassion, empathy and creativity.

When it comes to assessing and integrating relevant trends in educational thinking, private and independent schools in Canada are leading the way. This is partly because of their abundance of resources, and partly because they have the flexibility to do so—the "freedom to become trendsetters, even," says Struan Robertson, head of school at Lakefield College School.

"Through targeted professional development," Robertson says, "private schools can focus on specific areas of development and involve industry experts to assist us with the implementation of new ideas."

1. Holistic Development

Private and independent schools are increasingly focused on helping students develop lifelong skills

that will help them succeed as they move through high school and university. The focus is on the whole child; cognitive, social, emotional and physical development. Through this approach, private schools ensure each student has access to advanced academic learning coupled with life skills, character and leadership development, and an interactive and enriching curriculum— all of which will work together to help them achieve success in their careers and life.

One of the most critical examples of this shift in thinking about the whole child is the new approach to mental health and wellness. When it comes to stamping out bullying and nurturing a supportive community, private schools have stepped up to the plate with extensive health and wellness programs, counseling services and mental health resources to help students get support when needed, cope with change and learn to thrive. With a focus on prevention, private schools are able to boost students' selfconfidence, self-awareness and engagement in learning and wellness.

Many private schools are also giving students the opportunity to discover their own purpose and meaning in life—the key to a happy, well adjusted child, according to Dr. Adam Cox, a psychologist and mental health advocate who works with private and public schools across North America. It's no longer just about treating stress, anxiety and other mental health issues, but also about helping students move beyond the pressures they're experiencing to a place of personal empowerment. According to Dr. Cox, the new focus at private schools is to help students find their vocation by having them participate in selfguided projects and service-learning opportunities of their choice, from volunteering at a hospital care unit to working alongside marine biologists. "It helps to develop the child's self-awareness, and reinforces that happiness. A sense of purpose is less a matter of luck than design," he says.

2. Diversity and global citizenship

Exposure to global education and diversity begins as early as kindergarten in many private and independent schools from volunteering in a community halfway across the world to helping to develop diversity awareness initiatives in their own classrooms "It's about fostering a cultural awareness, a deeper understanding of international perspectives and an appreciation for the fact that things are done differently all over the world," says Elizabeth Moore, executive director of the Independent Schools Association. "We want our students to be broadminded, tolerant and knowledgeable because all of these things will contribute to being able to live harmoniously in a multicultural world."

Private schools are shaping these future global citizens through service-learning trips, exchange programs and cultural, sports and academic expeditions aimed at taking students beyond the walls of their classroom.

3. IT and New Media

As technology evolves at a head-spinning pace, many private schools forge ahead as digital innovators. Lessons are enhanced using SMART Boards, or interactive digital whiteboards. Teachers use social media, blogs and wikis to foster group work and promote collaboration. Schools have found ways to counteract the distractions of smartphones and tablets by integrating them into learning and teaching both academic and social skills.

5 Ingredients to a Successful School Search

With fewer kids and a better understanding of the educational system, parents today know exactly the kind of education they want for their child, and private schools are becoming an accessible, affordable, and popular option. Offering much more than tradition, prestige or religious instruction, qualities which were highly valued in the past, they're catering to modern parents who are more concerned about finding a particular educational approach that suits their child. With a range of schools as unique as each individual child, finding the right one seems like a formidable task. But with the right techniques, the school search can be painless for parents and children, resulting in a valuable education that will please the entire family.

The Wish List

Before even beginning the search, families need to decide exactly what they're looking for. Involving the entire family in creating the list of wants and needs in a school is also a way to build excitement, help parents get to know their children better, and support family bonding. It will also ensure that the money parents spend on education will achieve their desired goals. Having a list of "needs", and a smaller list of "wants" like certain extracurriculars, technology, or sports teams, will help you stay focused on finding the perfect school.

Some questions to keep in mind: About your child:

How is your child doing in their current school? What attention or challenges do they need?

What is your child's personality, learning style, academic ability, social skills, talents, challenges and desires?

Will your child thrive in an environment rich with technology or one that is based in social interaction? **About your family:**

What are your family's values, goals and priorities?

Do you want a school that is close to work or home?

Do you want a school that offers before-school and after-school programs?

About the school:

Are you expecting an academic-based curriculum or one that attempts to educate the personality as well?

Are you searching for a large or small school? Are you looking for a coed or same-sex, boarding and/or day environment?

Do you want a school that accommodates all grades or a certain age group?

The Preliminary Search

It has probably been a while since parents have had to do homework for themselves, but finding a private school takes the same concentration, dedication, and time management as a final exam or research project. And just like school projects, the amount of time and effort that goes into the early stages has a direct effect on the quality of the end product – in this case, a child's happiness and success at school. This phase of the search can be exciting as you discover the different learning options available for your child, but the most important thing is to select the best fit for your child, not to make your child fit into a school at all costs. And the perfect fit for your neighbour or friend's child may not be right for your daughter or son.

Here are some tips on the preliminary search for a private school:

Get started early: At least a year in advance is recommended. Good decisions are best made without time restrictions.

Consider your budget: Private schools will vary in cost depending on a number of factors - day or boarding, class size, the level of additional services and extracurricular activities. Determine your financial situation, how much you are willing to spend, and what financial aid is available at each school.

Read school profiles and websites: The Internet can be a parent's best friend. Look at what's written about the school curriculum, mission, values and philosophy. Read reflections and testimonials from students and parents. Most schools have their own websites with photos and virtual tours, and websites like www.ourkids.net have useful search engines to narrow your choices.

Ask other parents: Find other parents who are interested in private school. Ask them what they're looking for, what they're found, how they're going about their search, and if they have any feedback about schools you're interested in. Online forums are great if you don't know anyone personally.

The Private School Expo

An effective preliminary search should leave families with a better idea of what they are looking for and what is offered in their area. A relatively new tool for a curious family researching private schools, expos bring together students and representatives from all types of schools across a city for parents to use as a one-stop source of information. School administrators are on-hand to answer any questions parents have, general or specific, and kids can talk to current students to see what life at that school is really like. Expos also usually feature helpful seminars on how to choose a school, what type of school is best for a child, and how to finance a private education. Expos are convenient places to get a deeper under-

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◆ Continued from page 6

standing of what a school values that goes beyond what the website can convey.

Here's a list of questions to prepare for a visit to a private school expo:

What makes the school unique? What is the school's philosophy?

How does the school encourage involvement amongst parents, teachers and students?

Ask for an outline of the school calendar. How long is the school day and the school year?

What curriculum guidelines does the school follow and how are students evaluated? How do they respond to students who fall behind?

What are the teachers' qualifications?

What is the average class size?

What are the transportation options for my child? What is the admission process for my child? Is there a waiting list?

How much is tuition and what other costs might I incur (e.g. uniform, books, equipment)?

What are my payment options? What student financial assistance is available?

The School Visit

As the search nears its end, it's time to address what is thought to be the most distinctive aspect of a private school – its campus and community. The atmosphere of a school cannot be truly understood unless a parent and child physically experience it themselves. By now a parent's list of potential schools should be small enough to manage a visit for each one. You can either contact the school to arrange a personal tour, or check school calendars for open house dates. The school visit is also a time to speak with principals, teachers, counsellors, and other students to get information from different perspectives. You can also ask for the names and numbers of current parents or alumni, whom you can contact as references.

While at the school, keep an eye out for these qualities:

The quality of the campus grounds, lunchroom, sports facilities, and classrooms: Are they clean, operational, and safe?

The diversity of the school: Is the student population multicultural enough for your child, or is that important to you?

The classroom dynamics: How do students and teachers interact? Is that relationship what you're looking for?

The hallway scene: How do students interact with each other? And will your child fit in?

Student supervision: How do administrators maintain a safe environment? How do they approach discipline?

The Application

Compiling all the information gathered over the research process, parents should be able to come up with a final choice of two to three schools in which their child will flourish. Families are encouraged to apply to more than one school to keep their options open, because, although you may have preferences, chances are there are a number of schools that could be an appropriate fit.

Each school looks for different qualities in their students, but here's what an application may require: Completed application forms (many are now

available online)
Interview and possible entrance exam

Non-refundable application fee

Confidential school report from child's current school

Previous report cards (up to two or three years back)

Test scores (depending on your child's age and the school, it may be necessary for your child to write the Secondary School Admissions Test (SSAT) or another entrance exam)

What Schools Look for in Students

As families search for the perfect school, schools are also looking for the perfect student to contribute to their community. Here's what schools want to see in their applicants:

that they as a school will be a good fit for both the child and family

that the student really wants to attend the school and is not just being pressured to do so a clear representation of the child's ability the potential for the student to become a participating and integrated member of the private school community that both the family and child fully understand the school's philosophy, vision and expectations at the outset

Specialized Private School Programs

Most students in the private system are there because they cannot receive the specialized attention or curriculum they need from a public school. Here are some examples of unique programs that are giving private school students a boost.

International Baccalaureate: The IB organization works with schools, governments and international organizations to create academic programs to challenge students while promoting intercultural respect and understanding. Three programs aimed at varying age groups (3-12, 11-16, 16-19) feature subjects like math, science, physical education and the arts, but also personal and social skills, humanities and technology. Students must also study a second language and complete a personal project.

Advanced Placement: The AP program allows high school students to take university courses for an extra challenge and to give them a head start in their post-secondary education. There are now over

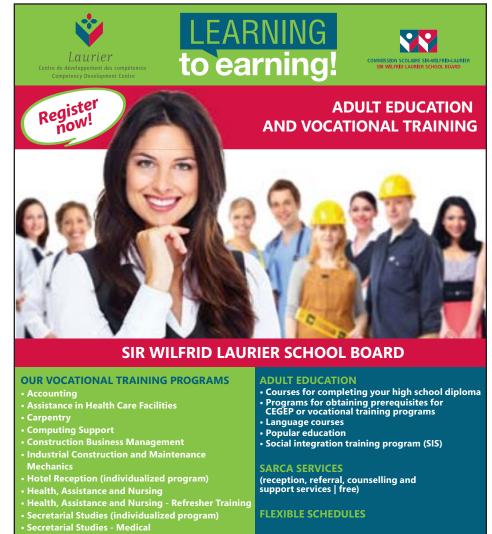
30 rigorous AP courses and exams spanning many subjects available to high school students in Canada.

Special Needs: Schools offer many different programs to cater towards students with any degree of physical disability, mental disability, communicative disorder, behavioural disorder. Almost always they'll include one-on-one instruction and approved specialized learning materials.

Our Kids Private School Expos SEPTEMBER 11, 2016

When you find the right school for your kids, you'll see a big difference in their love of learning. Meet with top schools in Montreal, around Quebec and from across the country at the Our Kids Private School Expo in Montreal on September 11th, 2016. Get your 50% off family admission vouchers at http://www.ourkids.net/expo/montreal-expo.php For more information on trends in education please visit: http://www.ourkids.net/school/education-trends.php

Advertorial Article provided by: OurKids.net, Canada's trusted source for camps and schools.



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PRIVATE CONSIDER THE NORTH STORM OF THE NORTH STORM

Inter-Dec College students show the world what they've got

A year's work put on display during Creativity Exposed



Far left, Inter-Dec College executive-director Chrystel Jacquot-Donnat and Montreal executive-committee member Manon Gauthier are seen here with award-winning Inter-Dec students who were honored during the Creativity Exposed evening on Aug. 17.

MARTIN C. BARRY

An exhibition of works created by students of Montreal- and Laval-based Inter-Dec College was held at a trendy St. Laurent Boulevard venue on Aug. 17 to mark their graduation.

Inter-Dec held the event, called Creativity Exposed, in conjunction with the Festival Mode & Design.

The show of multidisciplinary and experimental works was a showcase for graduates and advanced students enrolled in Inter-Dec's schools of beauty, digital arts, VFX, video games and interior design programs.

Talent exposed

work is being exposed," said Alex Boucher, Inter-Dec's marketing advisor who was on hand to greet media. Also on the agenda during the evening were an interior design performance, a hair dressing show by a Paris hairstylist, a body painting performance, followed by an all-night party.

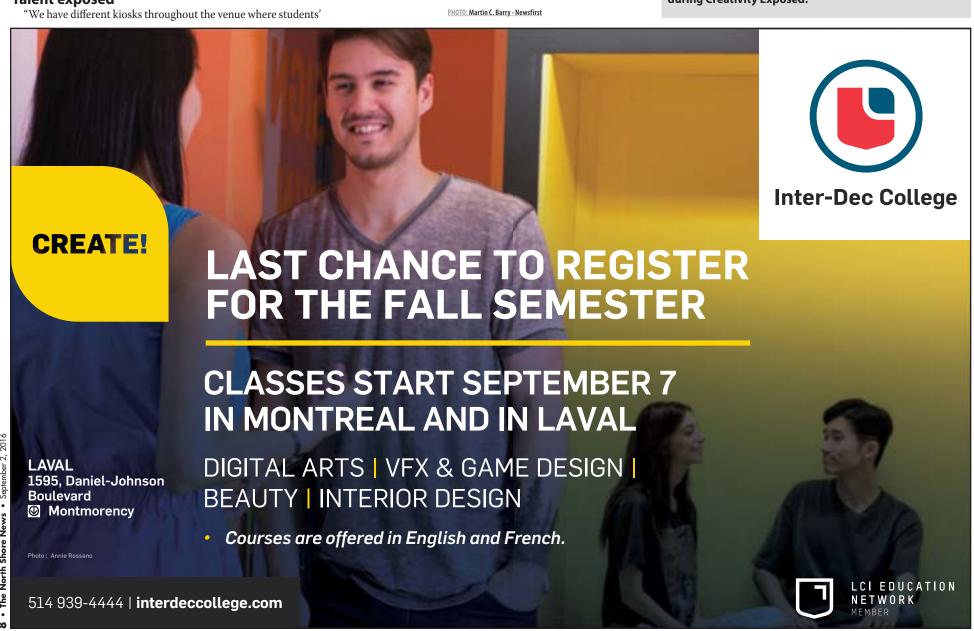
Inter-Dec College operates from campuses in Montreal (2000 Sainte-Catherine St. West) and in Laval (1595 Daniel-Johnson Blvd.). The college is part of the LCI Education Network, which includes Montreal's LaSalle College and the Montreal International Language Centre, as well as learning institutions in Toronto, Vancouver and major cities all over the world.



Friends, family members and colleagues of Inter-Dec College interior design students admire photos of some of their work during Creativity Exposed on Aug. 17 in Mont-

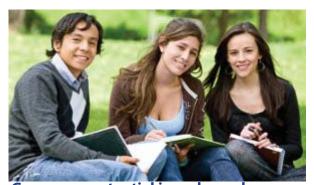


The work of Inter-Dec College graduates was on display during Creativity Exposed.



2016

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Trade schools in Quebec can allow you to get valuable skills training within one of Canada's most vibrant and prosperous provinces. It's a huge region known for producing incredibly varied opportunities. Just consider the expansive economy: It's more diversified than any other province and it's big. In fact, it includes more than 236,000 businesses that have employees. That's over 21 percent of the whole country's employer businesses.

Because Quebec supports their efforts in developing true innovations for the global market, many exciting companies gravitate to the province. In total, they generate \$75.9 billion in exports across an impressive variety of industries.

That kind of economic output means there are a lot of possibilities for motivated graduates of Quebec colleges. And with world-class and culturally distinctive cities like Montreal to explore, it's easy to stay inspired. Quebecers are proud of the region's unique heritage and progressive outlook.

So heighten your career potential in a location that supports many



ting vocational ons. Check out the following schools in Quebec right now, and remember to send a quick information request any that spark your interest.



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YOUR HOROSCOPE

for the week of September 4 to September 10, 2016

The luckiest signs this week: Capricorn, Aquarius & Pisces



ARIES

New eating habits that you adopt now will be extremely beneficial to your mental and physical health. This initiative could result after a bout of overindulging. Changes in the workplace will be very favourable.



Your love life is more important to you now. You will experience moments of great happiness with your romantic partner. If you are single, you will finally meet your soulmate.



GEMINI

You will receive a well-deserved raise. In addition, you could develop a small at home business, which will be a success due in large part to your creativity.



Your self-esteem skyrockets this week. This could be the result of revitalizing your wardrobe or chan-ging your hairstyle; you will feel better about yourself.



LEO

Your well-developed sense of aesthetics comes into play this week as you make moves to redecorate your home. You could discover a hidden source of cash, so empty those pockets!



VIRGO

You will express yourself with distinction and speak from the heart. For once, you'll take centre stage, which results in making some people jealous.



LIBRA

Your creative talents allow you to easily create a new source of revenue. You will get in a good workout this week, despite a hectic schedule.



SCORPIO

Lots of action on the horizon after a break. There will be many adjustments to make at work and at home. You need to make compromises to restore harmony with your loved ones.



SAGITTARIUS

This is a great week to relax and spoil yourself. Make an appointment with your massage therapist, esthetician or other professional caregiver in order to recharge your batteries.



CAPRICORN

Lots of people will invade your personal space and you will have to play it cool on more than one occasion. Fortunately, your charm will allow you to extend your social circle.



AQUARIUS

Reduce your stress levels by learning to delegate more. You tend to worry about your family. Your children must learn to be independent at some point in their lives.



You will come across a great deal for a trip. However, it may take a while before you are given a vacation or have enough time to get everything organized.

e break

CROSSWORDS

40

18

2014, 50

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56

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16

52 53

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23 24

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ACROSS

1. Frolic _ jockev 5. 9. Your, once

12. Kaput 13. District

14. Opposite of nay 15. Lady's title

16. Wooer 17. Golf norm

18. Run away to wed

20. Saber 22. Frillier 26. Glittered

30. Tad 34. Operatic highlight 5. Tap

35. Sickly 36. Couples 37. As good as one's

38. After tenth 40. Pay no attention

42. Seat 45. "Dinner at

50. Science room

51. Healthy grains 55. Anchor

56. Had a cupcake 57. Small bottle

58. Mama's spouse 59. Come what

60. Fidgety

61. Stair unit

DOWN 1. Motored 2. Racetrack shape

3. Short note 4. Make ready

6. Hot temper 7. Coral or Yellow 8. Motive

9. Mistake in print 10. Find out 11. Measure of

length 19. Broad-antlered beast

21. Compose

23. Stranger

24. Stringed instrument

25. Loafer

26. Cut wood

27. Major-leaguer 28. Walking on

29. Wireless

31. Have title to

32. Tyke 33. Bat wood

39. Flying formation 41. Mitt

42. Bang

43. So long, in London: 2 wds. 44. Abide by

46. Naughty kids

47. Mountain animal 48. Expect

49. Cage

52. Give help to 53. Chasing game

54. Sneaky

Sudok

PUZZLE NO. 567

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

ı		5						4	
ı	2			8	5				7
	4		7			1			
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		1			7		8		
		2			9				
			6			5	9		
		8							
ı			9	1	4				

AWKWARD VISIT

My wife ran away with my best friend. A year later both of them were at my front door ringing the bell. They rang the bell for an hour straight. Reluctantly I answered the door.

They said they wanted to apologize for the way things happened. Boy, was I relieved, I thought he was trying to bring her back.

PUNCTUALITY

My wife has been stressing the importance of punctuality to me recently. I made a point of picking her up early at the bridge club for the first time today.

You should have seen the shocked looks of the faces of the ladies when they found out I'm alive. Apparently my wife has been referring to me as her late husband.

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4" x 6", Full colour, 2 sided 1000 Flyers

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HERITAGE SOCIAL CLUB

503 rue Cedar Deux Montagnes J7R 1H1 450-473-5429 www.heritagesocialclub.com Email: heritage_social_club@yahoo.ca

Sept. 10th

Cribbage afternoon – Kitchen open at 11:30 – Games start 1:00 pm

Sept. 12th

Dart League 7:30 pm Kitchen open for hamburgers & hot dogs – 6:30 pm Darts every Monday night – Information contact Dave Byers

Sept. 13th

514-602-7054

Registration – Exercise classes – Tuesday/ Thursday/ Friday – information contact Dale Hammond – 450-474-5985

Sept. 16th

Karaoke night – 8:00 pm

Sept. 30th

Karaoke night – 8:00 pm

Oct. 8th

Cribbage afternoon Kitchen open at 11:30 Games start 1:00 pm

Oct. 12th

Wednesday Lunch – Noon -\$10.00 (menu to be posted in September)

Oct. 14th

Preparation for Forever Young Pub Night – (NO KARAOKE)

Oct. 15th

British Pub Night – Forever Young Theater Group – inf. to follow

Oct. 19th

Bingo - 1:00 pm

Oct. 21st

Karaoke night – 8:00 pm

Oct. 28th

Karaoke night - 8:00 pm

Nov. 5th

Artism Fall Festival – contact for tables Diane 514-503-5748

Nov. 9th

Wednesday Lunch - Noon -\$10.00 (Menu - Spaghetti & Meat Sauce)

Nov. 11th

Karaoke night - 8:00 pm

Nov. 16th

Bingo – 1:00 pm

Nov. 19th

Cribbage afternoon – Kitchen open at 11:30 Games start 1:00 pm

Nov. 20th

Annual General Meeting – 2: 00 pm

Nov. 25th

Karaoke night – 8:00 pm

Additional functions - Come September - see Bulletin Board for information

Exercise classes with Dale Hammond – Tuesday / Thursday / Friday – Mornings

Forever Young Theater Group – Val Glover & Heather Tremblay – Monday morning

Zumba Classes – Tuesday & Wednesday nights – Cheryl Dore & Kim Assels

CHRIST CHURCH UNITED

214-14th Avenue, Deux-Montagnes www.christchurchunited.com

Worship Sunday at 11:45 a.m. everyone is welcome.

"Out to Lunch" for all residents of the area. Come and join us for a free lunch at Christ Church (address above) every Tuesday at 12:30 p.m. until 2:00 p.m.

N.B. Children must be accompanied by an adult. All donations will be greatly appreciated. Volunteers welcome. For more info please contact Christ Church 450-473-4784 or Stella Cox 450 623-5192

Sept. 11th Pot Luck

1 Of Eddi

Sept. 16th

Friday Fun With Judy

ST. JAMES ANGLICAN CHURCH

328 Pine St. Rosemere, QC Tel: 450-621-6466 info@stjamesrosemere.ca

Every Sunday 9:30am Sunday Services with Sunday school

Sept. 7th

10am to 2pm

Weekly Drop-In Centre returns after the summer hiatus

St. James hopes that you are enjoying your summer holidays. Go with God!

We have space to rent for large meetings, or private parties. Please call 450-621-6466 for more information.

HOLY CROSS PARISH

555 Lefrançois Rosemere J7A4R5 450-621-2150

HOLY CROSS PARISH FAITH EDUCATION PROGRAM

Administrator: Anny Rail Fink Email: faith.ed@ holycrossrosemere.com

UPCOMING EVENTS:

Line dancing courses every Wednesday evening 7:00pm-9:00pm at the Parish Center, have fun and keep in shape.

Sept. 25 or Oct. 2

(TBC), Sunday mid- afternoon, Special Recital Performance by Sarkis Barsemian, our choir director, Location to be confirmed.

Nov. 13, 2016

Holy Cross Annual Bazaar at the Rosemere Community Center 10am – 3pm. HAVE A GREAT & SAFE END of SUMMER!!!!



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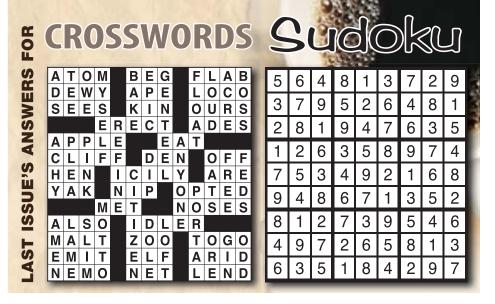
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Find the new fake ad in our classifieds section by September 7th, 2016 and you could be going to the movies!

Fax: (450) 687-6330 E-mail: contest@newsfirst.ca or mail to: The News, C/O Fake Ad Contest, 3860 Notre-Dame Blvd., #304, Laval H7V 1S1 **INCLUDE FULL MAILING ADDRESS**



2 • The North Shore News • September 2, 2016



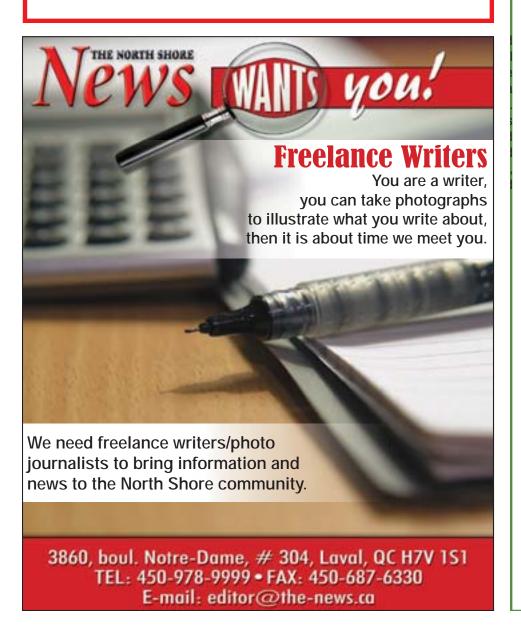
EMPLOYEES WANTED

Experienced sewing machine operators requested to work in factory or from home.

Interested candidates can communicate with Mr. Nick at 514-383-1787 or 514-979-6000 or present themselves in person at 7665 Boul. Saint-Laurent, #201.



Looking for experienced person to work parttime (weekends). The person will be in charge of the coffee/bar station and preparing drinks (milkshakes, coffees, etc.). Please present yourself with a C.V. at 890 boul. Curé-Labelle, Laval.





IN MEMORIAM & OBITUARIES



SILVA, Jose 1943 - 2016

It is with great sorrow that we announce the passing of our beloved father Jose Inacio De Amaral Silva born on April 3, 1943 in Sao Miguel Azores Portugal and died on August 21, 2016 in Laval Canada at the age of 73. He is the son of Amelia De Amaral Vierra and Jose Inacio Da

Silva. He joins his first love,wife Aurora Reis Silva and his first son Robert Silva in heaven. He leaves behind in sadness a big loving family, near and far, who admired him for his strength, commitment, humour, honesty and most of all his warm kind heart that failed him in the end. He will be greatly missed by his children Susan, Dorothy, Nancy, Gary and his sons and daughter-in-law Peter, Ivo, Jennifer. His precious grandchildren Jordan, Eric, Christopher, Adrianne, Chelsea, Jacob, Maya, Elena. His Brothers, sister, nephews and nieces who adored him.

PELLINO, Carmen

Carmen Pellino, 83, passed away peacefully on Wednesday, August 10th, 2016, at the Montreal Jewish General Hospital after a long struggle with Parkinsons disease. Carmen is survived by his wife, Madeleine (Boutin) Pellino, by his children from a first marriage, Richard 'Rick' Pellino, Barbara 'Bonnie' Distefano (DJ Distefano) and Michael 'Mickey' Pellino and by his step-children, Ginette St-Onge (Martin Béland) and Carole St-Onge (François Héroux) and by his grandchildren, Natasha Pellino, David Kaplan, Richard 'Ricky' Pellino, Gregory Pellino, Guillaume Brault, Julien Brault, and Vincent Carrier. Carmen was predeceased by his parents, Frederick Pellino and Nancy Morabito, his ex-wife, Lois Boyle and his sister, Angelina 'Jean' Brock.

PALLAZO, Doriana 1960 - 2016

It is with a broken heart that we announce the passing of our sister, Doriana. After a long battle with cancer, she died peacefully, surrounded by her family. She leaves to mourn, her life partner, Gerald Boulay, brothers Joe (Johanne), Nick (Nancy), sisters Mary (Angelo), Melina (Peter), nieces and nephews, Norman, David (Christine), Daniella (Joe), Francis (Isabelle), Eva (Nicola), Celia (Frankie), Steven (Christina), Lance (Lorna), great nephew, Angelo, great-nieces, Santina, Vanda, Chelsea and Elisa.



Leschiutta, Santa 1931 - 2016

On Thurs, Aug 18, Santa Leschiutta (née Mio) passed away peacefully after a long illness. She was the beloved wife of Mario Leschiutta for 63 years & mother to Eddie (Teresa), Jerry (Madeleine) & Paul (Ritsa), grandmother to her treasures Vanessa (Jessy), Richard (Kelly),

Suzanne, Brandon, Kassandra & Alexander & great-grandmother to Zayden. She was a dear sister & sister-in-law to the late Lilio (Italia), Mirella (Iate Bruno), Joseph (Tina), Cesare (Judy) & Gabriella (Dale). Santa immigrated to Canada from Italy after WWII with her father in advance of her mother & siblings, in order to set up the family home. Like many immigrants of that era, she worked hard to settle her family. Eventually, she & Mario started their own family & ensured that they were all educated and contributing members of the community, with a strong sense of family. While she had many health challenges over the years, she faced them bravely and never complained. The family would like to thank the wonderful staff of the CHSLD St-Jude for their dedication and professionalism.

BAZERMAN. Freda

On August 4, 2016, in her ninety-seventh year. Wife of the late Abraham (Abe) Bazerman, D.D.S. Loving mother of Judie and Mark. Cherished grandmother of Jared Frazer. Also survived by attentive nieces and nephews Alan and Janice, Rona, Joshua and Adam, and caring cousins Sara, Marla and Philip, Zena and Michael, Jodie and Jonathan and their families.

Contact us today to place an obituary or in memoriam in our next issue - NO CHARGE Email: production@newsfirst.ca • Tel.: 450-978-9999

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BLOOD FATHER

13+ | 1 hr 28 mins | Action-Thriller |



After her drug kingpin boyfriend frames her for stealing a fortune in cartel cash, 18 year old LYDIA goes on the run, with only one ally in this whole wide world: her perennial screw-up of a dad, JOHN LINK, who's been a drunk, a drug addict, a motorcycle outlaw, and a convict in his time, and now is determined to keep his little girl from harm and, for once in his life, do the right thing...

FLORENCE FOSTER JENKINS

G | 1 hr 50 mins | Comedy-Drama



The story of Florence Foster Jenkins, a New York heiress who dreamed of becoming an opera singer, despite having a terrible singing voice.

PETE'S DRAGON

G | 1 hr 42 mins | Adventure



Mr. Meacham (Robert Redford), a woodcarver, delights local children with stories of a mysterious dragon that lives deep in the woods of the Pacific Northwest. His daughter Grace (Bryce Dallas Howard) believes these are just tall tales, until she meets Pete (Oakes Fegley), a 10-year-old orphan who says he lives in the woods with a giant, friendly dragon. With help from a young girl named Natalie (Oona Laurence), Grace sets out to investigate if this fantastic claim can be true.

JASON BOURNE

13+ | 2 hrs 03 mins | Action-Thriller



Jason Bourne, now remembering who he truly is, tries to uncover hidden truths about his past.

SAUSAGE PARTY

16+ | 1 hr 23 mins | Comedy-Adventure |



Life is good for all the food items that occupy the shelves at the local supermarket. Frank (Seth Rogen) the sausage, Brenda (Kristen Wiig) the hot dog bun, Teresa Taco and Sammy Bagel Jr. (Edward Norton) can't wait to go home with a happy customer. Soon, their world comes crashing down as poor Frank learns the horrifying truth that he will eventually become a meal. After warning his pals about their similar fate, the panicked perishables devise a plan to escape from their human enemies.

NINE LIVES

G | 1 hr 27 mins | Animation-Comedy |



Tom Brand (Kevin Spacey) is a billionaire whose workaholic lifestyle takes him away from his loving wife Lara and adorable daughter Rebecca. Needing a present for Rebecca's 11th birthday, Brand buys a seemingly harmless cat from a mysterious pet store. Suddenly, a bizarre turn of events traps poor Tom inside the animal's body. The owner of the business tells him that he has one week to reconnect with his family, or live out the rest of his days as a cute and furry feline named Mr. Fuzzypants.

SUICIDE SQUAD

G | 2 hrs 03 mins | Adventure |



A secret government agency recruits imprisoned supervillains to execute dangerous black ops missions in exchange for clemency.

BEN-HUR

13+ | 2 hrs 21 mins | Action-Adventure |



A Hebrew prince (Jack Huston) survives years of slavery to take vengeance on his adopted brother (Toby Kebbell), now a Roman officer, who falsely accused him of treason.

The North Shore News • September 2, 2016

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