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St-Eustache Hospital gets \$10,000 for cancer psychology support



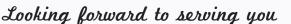


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RBC to shut Jardins Rosemère location

by June 3

Older clients oppose relocation to Labelle/A640 branch

MARTIN C. BARRY

Unless head office at RBC has an incredible last-minute change of heart, the bank will be permanently closing its Jardins Rosemère branch on June 3.

And if that happens, a good number of the branch's more than 9,000 holders of personal accounts may choose to follow one client's advice given last week: he said they should transfer their lucrative accounts to other financial institutions to protest what he said is RBC's inconsiderate and impersonal treatment.

RBC says change inevitable

Diane Jacob, RBC's regional vice-president for Laval/Laurentians, tried to reassure RBC's Rosemère clients (who accepted an invitation to a meeting on March 22 at the Jardins Rosemère branch on Grande Côte Rd.) that the closing is largely the result of global conditions where change has become the norm.

She said this to a gathering of around 100 mostly senior account holders who have long been used to doing their banking inside a branch with human tellers, rather than in any of the technologically-advanced ways now available.

Regardless, Jacob couldn't conceal the fact that, based on a declining viability of the Jardins Rosemère branch, RBC has no intention of keeping it open and existing accounts will be transferred to the RBC branch at 370 Labelle Blvd. near Autoroute 640. This will end RBC's presence in the centre of Rosemère where there has been an RBC branch since 1957.

Fewer branch clients

Jacob maintained that up to 90 per cent of RBC's current clients visit a branch less than three times per year because they do their banking by other means, and that even Automated Teller Machine use has dropped by 10 per cent in the past six years. "These are significant trends that we must adjust and adapt to," she said.

According to Jacob, client traffic at Jardins Rosemère dropped by seven per cent per year in recent years while ATM transactions are down 43 per cent since 2008. All the same, it was evident as she introduced several of the Jardins Rosemère branch staff members (some of whom have been there up to 17 years) that the clients are bound to miss the old branch regardless of what corporate headquarters says.

New branch criticized

According to longtime Jardins Rosemère branch user Carla Young, clients were assured approximately eight years ago when the Labelle Blvd. branch was built that Jardins Rosemère would remain open. In an e-mail to the North Shore News, she said the Labelle location is inaccessible to certain segments of the population who don't drive and that it's considered dangerous because of the traffic along Labelle Blvd. heading onto the A640.

'We will take everything from Royal Bank and that will show them that we have some power left,'

> said one customer, urging others to shut their accounts

She also suggested that many loyal customers, especially seniors, aren't comfortable with the exit from the newer branch onto Labelle, that they have said they would have to drive north on Labelle to Ste-Thérèse and return to Rosemère via a circuitous route that could be an 8-10 kilometer detour, and that because the Labelle/640 location has no sidewalks, crossings are extremely dangerous for pedestrians and cyclists. She noted that children certainly could not cycle to the bank as they do now at Jardins Rosemère.

Seniors being 'let down'

"You sit in the heart of a retirement community," Dave Hemens, one of the younger clients present at the meeting, noted. "Me, I do banking everywhere. I do banking electronically. But the people in this community don't do it this way. They primarily do it face to face in a trusted manner.

"The problem is you have wonderful employees here, but you're moving them out of the



"The ones whom this branch most serves are being the most let down by the move," Rosemère resident Dave Hemens said.



RBC's decision to close its Jardins Rosemère branch has some senior citizens in Rosemère threatening to move their accounts to another bank.

range of the people who will use them," he continued. "They can't make it out there. It sounds from my perspective that RBC built the branch down near the mall and now is justifying the bill by moving everything over there when this is the heart of the community ... The ones whom this branch most serves are being the most let down by the move and that's problem we face."

Says clients should close accounts

A Jardins Rosemère client who identified himself as Kashmir suggested that unless RBC reverses its decision to shut the branch, "then we will all of us promise today that we will take our business from Royal Bank completely out and go to some other bank. We will take everything from Royal Bank and that will show them that we have some power left, or at least they will miss us."



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Opinion & Editorial



The rise of Donald Trump and the resurgence of the right

Should anyone be alarmed that Donald Trump – currently leading the field to be the Republican Party nominee – stands a good chance of going on to become President of the United States? Probably, considering that Trump's election to office would mark the first time a demagogue of such proportions would lead the world's most powerful nation.

The increasing right-wingism developing in the U.S. mirrors a corresponding mood in central and eastern Europe, where a continuing influx of migrants fleeing the Middle East is causing even the most liberal-conservative of European nations, such as Germany, to lose patience while trying to keep in step with the public mood – lest they lose control to right-wing leaders.

As Chicago Tribune political writer Steve Chapman stated in a recent column, American political activists who have had the nerve to merely hold up signs in silent protest at Trump rallies have had them ripped away. Protesters have also been pushed, kicked, punched and spit on, Chapman noted. "If you see somebody getting ready to throw a tomato, knock the crap out of them," Trump told supporters at one rally.

"This is a man who, in his rallies, has told his supporters to basically beat up the people in the crowd and he'll pay their legal fees, someone who has encouraged people in the audience to rough up anyone who stands up and says something he doesn't like," Republican nomination rival Marco Rubio has stated about Trump.

"Louder were the cheers when Trump roared 'Get 'em outta here!" to summon his security team after protests erupted," David Von Drehle wrote in a March 14 Time Magazine profile describing a Trump campaign event. "The crowd had seemed quite mild just before, and just after, these Orwellian minutes of hate. But the delight in the clash, and the frisson of implied violence, was unmistakable."

Trump has also made abundantly clear his loathing of the media, as well as his contempt for the U.S. constitution's first amendment guaranteeing press freedom. It's notable that during almost every speech, he routinely spends several minutes pointing at the press and working the crowd into a frenzy as he derides the journalists. Trump has also proposed to curtail freedom

of the press as defined by the U.S. Supreme Court, by changing libel laws to make it easier for public figures to win lawsuits.

Trump habitually accuses the media of untruthfulness: "The most dishonest people in the world," he has called the press. For example, he recently said The New York Times was lying after it reported that he proposed a 45 percent tariff on Chinese imports. This despite the fact Trump made the statement during an interview with the Times editorial board, during which an audio recording was made and stands as proof of his statements.

This is all apart from Trump's pre-campaign pledges. They include building a wall between the U.S. and Mexico (and then billing it to the Mexican government), refusing entry into the U.S. to Muslims, and adopting new and radically protectionist U.S. foreign trade policies that would probably precipitate trade wars after brushing aside international trade agreements such as NAFTA and the more recent Trans-Pacific Partnership.

In the meantime, Trump has stated that he admires Russian President Vladimir Putin. This ought not be surprising, taking into account that fundamentally they are both oligarchs who believe that raw individual strength should determine who's fit to lead a nation, rather than democratic principles. If Trump should go on to win not just the Republican nomination but also the presidency, the world could well find itself looking at a new and ascending political order defined increasingly by oligarchs.

With all that's negative about the man, on a more positive note Trump may actually not be as bad as he initially seems. One has to take into account that he is a native of New York City and that New Yorkers typically have a very rough and rude exterior. But they're also known for being big hearted under the right circumstances and for getting things together with major acts of generosity when the need calls for it. So here's to hoping that Donald Trump falls into this latter category and that if he becomes President of the U.S. a more humane side to him will emerge and he becomes more of a statesman.

– Martin C. Barry –

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Trudeau Liberals' first budget contains immigration measures

Finance Minister outlines spending to Newsfirst Multimedia

MARTIN C. BARRY

In a conference call from Ottawa with journalists from media all over Canada last week, federal Finance Minister Bill Morneau told Newsfirst Multimedia that the Liberal government's 2016 budget proposes to reduce immigration processing times to prioritize family reunification, while increasing funding for settlement programs to better welcome newcomers.

Reducing poverty

Morneau also said the federal government is "committed to strengthening Canada's place in the world by ensuring that Canada's international assistance priorities are focused on poverty reduction and by promoting peace and security."

This year, according to Morneau, the government intends to admit 300,000 new permanent residents — the highest number since more than a hundred years ago when people were fleeing hardships and conflicts leading up to the First World War. Morneau said budget 2016 proposes to reduce processing times and make family reunification a priority in Canada's immigration system.

Resettling Syrian refugees

He said the government intends to resettle an additional 10,000 government-assisted Syrian refugees in 2016, and reduce immigration processing times to help reunite families faster. In a statement issued by Morneau's ministry, they say "Canadians have been deeply affected by the refugee crisis in Syria and the surrounding region and have expressed the desire to

In November 2015, the Government committed \$678 million over six years, starting in 2015-2016, to resettle 25,000 Syrian refugees by February 29, 2016, and by committing to resettle an additional 10,000 government-assisted Syrian refugees over the course of 2016. Budget 2016 provides \$245 million more over five years for the identification, overseas processing, transportation and resettlement of the additional 10,000 Syrian refugees.

"We are committed to getting permanent housing for the Syrian refugees who've come to Canada," Morneau told Newsfirst Multimedia regarding some of the ways that the above sums will be spent, while adding that Immigration Minister John McCallum had previously stated that he believes permanent housing can be found by June for the 25,000 Syrian refugees who arrived in Canada by the end of February.

> We are committed to getting permanent housing for the Syrian refugees who've come to Canada'

Resettlement procedures

"That is certainly our target in that regard," Morneau continued. "I think you can imagine that the processing initiatives for the next group of immigrants coming is similar in the sense that we need to interview people, do health reviews and we need to ensure that we resettle people in a way that allows them to start their lives in Canada."

According to Morneau, the 2016 budget offers immediate help to those who need it most and lays the groundwork for long-term economic growth. As of Jan. 1, he added, the Liberal government's new middle-class tax cut will affect roughly 9 million Canadians who can expect to receive a bigger paycheque as a result.

Another measure in budget 2016, the government's new Canada Child Benefit, is being promoted by the Liberals as "a simpler, tax-free, more generous, targeted benefit that helps those who need it most: the middle class." They say that starting in July, nine out of ten families will receive more money than they did under the previous government.

Infrastructure spending

Morneau said budget 2016 signals a new



Prime Minister Justin Trudeau congratulates Finance Minister Bill Morneau for his first budget presentation.



Prime Minister Justin Trudeau and Finance Minister Bill Morneau.

the quality of life for Canadians "today and in the future." This includes new investments in infrastructure that total more than \$120 billion over the next decade. As an immediate first step, the government will invest \$11.9 billion in modern and reliable public transit, water and wastewater systems, affordable housing, and in retrofits and repairs to protect existing projects from the effects of climate change.

"Our plan will recapture the hope and optimism for the future that existed in previous generations, and put it to work for the next," the Finance Minister added. "Real change is not just about today or tomorrow. It is about revitalizing the economy in the years and decades to come, so that it works for the middle class and helps those working hard to join it."



Do you know that you should exercise more, but you can easily find a thousand excuses to postpone any sort of physical activity? Those days are over; your excuses are no longer going to work, because the most common arguments can easily be refuted.

I'm not motivated. It's probably because you haven't found an activity you enjoy. What about dance, karate, tennis or bodybuilding? Think about what you'd like to do and take advantage of free trial sessions. Eventually, you'll find something you like, and you may even start looking forward to it every week.

I don't have the time. When you love an activity, you can usually find the time for it, even if it means cutting back on your TV watching a bit. How about climbing the stairs? It won't take you much longer than waiting for the elevator. And once you've signed up for some sort of physical activity, put it in your agenda and stick to your new routine.

I don't have the money. Most municipalities offer a wide range of activities at affordable prices, and sports like running and ice skating require minimal equipment

I'm too tired. Fatigue is often caused by inactivity. Start exercising gradually and you'll quickly see your energy levels increase. If you're too tired in the evening, think about exercising in the morning.

I have a bad back, knees. Physical activity is often beneficial and helps strengthen the joints. However, be sure to consult your doctor in order to choose a sport that is suitable for your condition.

So, no more excuses. It's time to exercise!

Osteoarthritis is the most common form of arthritis. It is a chronic disease that affects the joints (usually the fingers, knees, hips, neck and back) and that is characterized by abnormal wearing of the cartilage. That's the cushion that allows bones to move freely in a joint and that absorbs shocks caused by movement.

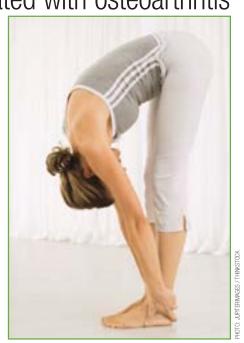
When the cartilage is damaged, the bones rub together, causing pain, stiffness and restricted movement. So far, medical science has been unable to reverse the destruction of cartilage; as a result, osteoarthritis is incurable. However, there are ways to get relief for the symptoms.

Healthy diet. A balanced diet provides the body with the nutrients and energy it needs, and it also helps you maintain a healthy weight. Being overweight puts extra pressure on your joints and is thus another risk factor for osteoarthritis.

Exercise. Physical activity strengthens the muscles that surround and support the weakened joints and increases their mobility, which reduces pain. Some exercises improve range of motion (stretching), strength (lifting weights) and endurance (cycling, swimming, etc.). Low-impact activities are also beneficial (yoga). Ask a health professional for more details.

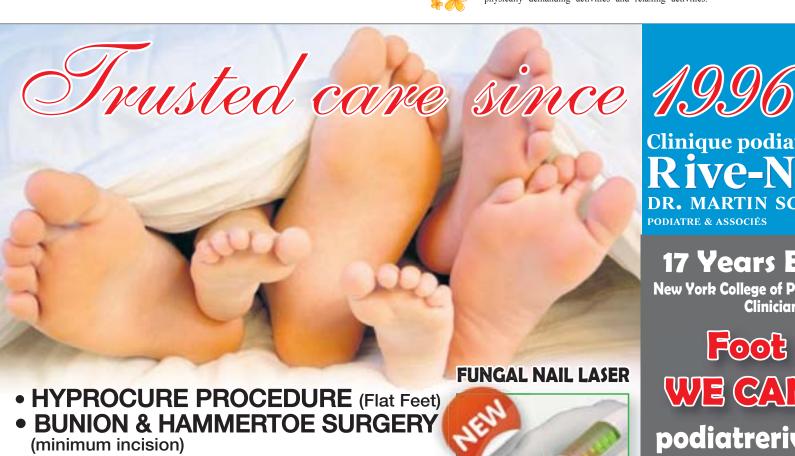
Heat and cold. Heat relieves stiffness, soothes muscle spasms and improves range of motion. Cold reduces swelling, pain and blood flow to the inflamed joint.

You can further protect your joints by alternating between physically demanding activities and relaxing activities.



Orthotics or a cane could be useful, and painkillers (including acetaminophen) and anti-inflammatories can relieve discomfort. Ask your doctor about the best solutions for you





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The North Shore News • April 2, 2016

St-Eustache Hospital gets \$10,000 for cancer psychology support

Fundraiser held by local Pharmaprix staff, clients and owners

(NSN) The clients and staff of six Pharmaprix stores on the North Shore and in the Lower Laurentian region were instrumental recently in raising \$10,000 for the Centre intégré de santé et de services sociaux (CISSS) des Laurentides.

Cancer psychological support

The initiative, which was part of Pharmaprix's Tree of Life campaign, took place in support of a Saint Eustache Hospital program for providing psychological counselling to women diagnosed with cancer.

"We are profoundly touched by the devotion of the owners of the Pharmaprix stores as well as the support of all the people from the Lower Laurentian region," said Julie Boucher, director of multidisciplinary services at CISSS des Laurentides. "Together we will be able to continue to offer women the necessary support to give them courage and strength to start and pursue their struggle against cancer."

A community effort

For her part, Yvonne Khamla, owner the Pharmaprix in Saint-Eustache, told guests at a cheque presentation that the extraordinary results of the 2015 campaign attested to the support and commitment of the clients and employees who took part. She also mentioned that Pharmaprix has formed partnerships with local, regional and provincial groups concerned about women's health.

The local Tree of Life campaign took place from Sept. 12 to Oct. 15 last year. The Pharmaprix store owners involved were Julie Turgeon (Blainville), Maria Corcodel (Rosemère), Sylvain Meilleur (Blainville), Yanic Lapointe (Deux-Montagnes and Saint-Eustache) and Yvonne Khamla (Saint-Eustache).

A19 Coalition appeals for highway's completion

Larocque wants government to 'get its act into gear'

(NSN) A coalition of municipalities and organizations lobbying for the completion of Autoroute 19 to the North Shore says the project appears to have been pushed aside in the priorities of provincial infrastructure construction and maintenance planners.

According to the Coalition pour le parachèvement de l'autoroute 19 which is headed by Bois-des-Filion mayor Paul Larocque, the A19 project ranks low on the latest list of infrastructure compiled by the province.

"We are asking the government to get its act into gear and to respect commitments made publicly by Premier Jean Charest in 2010 and reiterated by the three major political parties," he said in a statement last week. "We must finish what was started in 1973," added Larocque.

The completion of the A19 would involve the creation of a four-lane limited access highway between autoroutes 440 and 640, with special reserved lanes for public transit leading towards the Laval Metro station as well as privileged parking in Bois-des-Filion and Terrebonne. Larocque noted that currently the amount of traffic carried along the A19 route is more than six times greater than originally planned.



Five charged after drug-related assault in January

Thérèse-De Blainville Police conclude investigation

(NSN) Investigators with the Régie de police Thérèse-De Blainville have released the results of an investigation conducted following a drug-related shooting incident which took place last Jan. 23 in the parking lot of a Boisbriand restaurant near Grande-Allée Blvd.

Numerous charges

According to the report, five suspects were arrested and arraigned at the St. Jerôme courthouse between Feb. 14 and March 3. The charges against them include aggravated assault, assault inflicting injuries, illegal use of a firearm, illegal possession of a firearm, concealment of appearance, mischief, conspiracy and use of a firearm in a criminal act.

The police said the following individuals are charged: Dany Morin-Lefebvre, 22, of Boisbriand, David Robert-Themens, 20, Maxime Binette, 24, Tommy Beaulieu, 20, and Éric Sarrazin, 23 (the last four being from Pointe-Calumet)

Drug trafficking

According to the police, the 20-year-old victim contacted them after being repeatedly stabbed with a knife. He was transported to hospital where he underwent emergency surgery to save his life. In the meantime, a perimeter was set up around the crime scene.

A subsequent investigation conducted over six weeks by the police revealed that drug trafficking was involved. "Thanks to the efforts of the police, we were able to proceed with the arrest of the suspects quickly and lay serious charges against these individuals," said a Régie de police Thérèse-De Blainville spokesperson. "We consider it important to reassure the population that such acts are rare and that we take the necessary steps so that they remain isolated cases."





home with no obligation!



Construction proceeds in Deux-Montagnes

on 28th Ave. lot

Fourteen housing units to be built on controversial property

'We're happy that

this is concluded,'

says Deux-Montagnes

mayor Denis Martin

MARTIN C. BARRY

Deux-Montagnes mayor Denis Martin has done what no mayor was able to accomplish in the eight years prior to his taking office: he appears to have finally resolved an almost decade-long conflict that set homeowners near 28th Ave and Oka Rd. against a property developer and the city over the future of a large vacant lot.

A controversial project

On March 24, a special meeting of Deux-Montagnes city council was held to pass a minor derogation to move a parking area for a residential development on the property a little

closer to Oka Rd. in accordance with the expressed wishes of nearby residents.

Two homeowners who had been deeply involved in the issue, Monique Lauzon and Peter Largie, attended

the meeting, although neither expressed opposition to the derogation motion during question period. Going back as much as 10 years ago, residents of 28th, Lakebreeze and other nearby street had grown increasingly vocal in their objections to plans by Gestion Benoit Dumoulin to build housing on the property.

Lawsuit at one point

When the former administration rejected GBD's plans, the company launched a lawsuit against the city which was later resolved to most people's satisfaction. Over the years, the lot underwent a series of re-zonings that sought to respond to nearby residents' wants and needs while seeking at the same time to satisfy the developer.

Asked whether he thought the situation had finally reached a satisfactory conclusion, Mayor Denis Martin said in an interview with the North Shore News earlier this week, "I would say so," while adding that the final plan calls for six condo units by the side of Oka Rd. and eight single-family houses spread out and stretching back across the property all the way to the edge of Lake of Two Mountains.

CMM rules enforced

In the end, according to the mayor, it was an authority beyond the City of Deux-Montagnes that largely ended up settling the matter. Several years ago, the Montreal Metropolitan

Community (CMM)'s master plan for urban development in the greater Montreal region obliged municipalities to adopt plans for new development which densify urban layout.

The minimum amount of housing required by the CMM for the lot in question was 14 units. If anybody had a problem with that, there wasn't much if anything that the City of Deux-Montagnes could do. All the same, the mayor insisted, "I think everybody's happy with the minimum

which is respecting surrounding neighbours. It's a good conclusion."

Condos ready in July

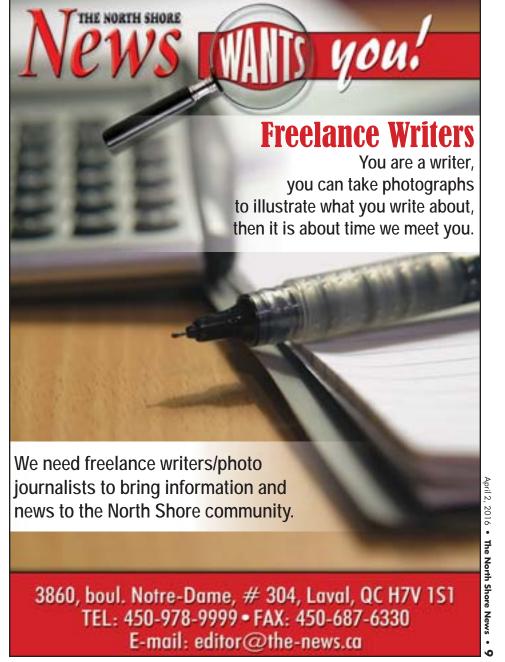
As for the time frame for construction, according to Mayor Martin the condos along Oka Rd. are set to be completed and occupied by July 1. As for the single-family homes further inside the lot, they're set to be completed when the sub-divided properties are sold by GBD.





Eight properties on the vacant lot on Oka Rd. near 28th Ave. are being sub-divided for single-family homes, while six condo units will be built along Oka Rd.

"We're happy that this is concluded," added the mayor. He said part of the reason everything got sorted out properly was the application of diplomacy. "We discussed with the entrepreneur at the same time as with the residents to try to negotiate. The city now gains from seeing a beautiful lot developed which adds value to our tax base. The developer is also happy and the residents are too because the project is preserving the view of the lake."



YOUR HOROSCOPE

for the week of April 3 to April 9, 2016

The luckiest signs this week: Gemini, Cancer & Leo



ARIES

A small health problem could take on alarming proportions. You manage to solve the problem once and for all by taking the situation seriously.



TAURUS

You find yourself surrounded by people. Your friends invite you to all sorts of activities, each one more exciting than the next.



GEMINI

You end up shouldering a lot of responsibilities, either at work or at home. You need to sort out your priorities and stop procrastinating.



CANCER

A trip could be organized on the spur of the moment. You discover a new form of spirituality that leads you towards a beneficial state of well-being.



There is a lot of emotion in the air. Family and friends are ready and willing to help you with a complicated situation at home. The problem is sorted out very quickly.



VIRGO

It's always much easier to get along with people who you're not emotionally involved with. It will be especially important to discipline your children this week.



You have to take lots of little details into consideration. A major promotion awaits you at work, but you'll need to negotiate better conditions.



SCORPIO

You are a passionate person, and if you're single, love comes knocking at your door. This could involve an old friend who declares his or her love for you.



SAGITTARIUS

Your plans to move should begin to take shape. You give top priority to the needs of your family, even though it means that your schedule is hectic over the coming days.



CAPRICORN

You're tempted to treat yourself to a new car. You need to be reasonable about this expenditure in order to avoid any unwelcome financial



AQUARIUS

The emotional aspect of your life occupies a prominent place in your heart. Take the time to have a good conversation in order to understand what the tension is in your relationship.



PISCES

You now have the energy to tackle numerous problems in order to resolve them. You're happy to be able to deal with all those things that have been worrying you.

e break

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PUZZLE NO. 816

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- 5. Particle
- 9. Hair goo
- 12. Bend 13. Compress
- 14. Lumberman's tool
- 15. Close in time 16. O.K. Corral gunfighter
- 17. Between nine and eleven
- 18. Croc cousin
- 20. Most towering 22. Lunch meat
- 24. Radio spots 27. Grocery vehicle
- 28. Housetop 32. Unlock again
- 34. Functional
- 36. Waiter's handout 37. Salami vendor
- 39. Young fish 40. Backrub
- 43. Attack 46. Identifies

ACROSS

- 51. Count calories 1. History 53. Ambition
 - 54. Summer fruit
 - 55. Notion

DOWN

2.

4. Ache

5.

1. Sharp pain

Territory

Shout to a cat

Rink surface

Sufficient

9. Fence opening

Large hairy spi-

56. Threat word 57. Knock sharply

50. Opponent

- 58. Weather measurement: abbr.
- 59. Bamboo, e.g.

31. Travel by plane 33. Mountain cat

35. Symbol

30. "

19. Grand Prix, e.g.

instrument

23. Election result,

and running

Gang'

21. Old stringed

perhaps

25. Low grade

26. Mom's boy

24. Tentacle

- 38. Admiration
- 41. Tax-return
- inspection 42. Full of enthusiasm
- 43. Distantly 44. Bicarbonate of
- Powerful speaker 45. Leak slowly
 - 47. Lawn pest
 - 48. Diminish
 - 49. Child's snow slider
- 10. Former spouses 52. Dance noisily 11. Pre-Easter sea-

Sudok

PUZZLE NO. 552

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

	9		1				5	
					6	2	8	
3	1					4	6	
	7		2			1	4	
					1	8		6
				7				
		5			3		1	
					4			
8		4			2			

PUNCTUALITY

A company owner was asked a question, "How do you motivate your employees to be so punctuaĺ?"

He smiled & replied, "It's simple. I have 30 employees and 29 free parking spaces. One is paid parking."

SCHOOL INTERROGATION

" What did the gangster's son tell his dad when he failed his school examination?

"Dad, they questioned me for 3 hours but I told them nothing!"

Custom made printing

1000 Post Cards \$97 4" x 6", Full colour, 2 sided

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Taxes extra. Prices are for PDF files. Format based on specifications. Graphic design not included but very affordable. Minimum order \$100. Delivery charges may apply.



Julie's Chatter Julie Laver · laver.julie@gmail.com

Send your events and activities info three weeks before.

HOLY CROSS REGIONAL PARISH

For more detailed information, please call the office at 450-621-2150 on Tuesdays or Thursdays 8:30am to 3:30pm

April 8th, Military Whist Parish Center, 555 Lefrancois, Rosemere

TBA Garage Sale
Parish Center, 555 Lefrancois,
Rosemere
TBA Bake Sale TBA

CHRIST CHURCH UNITED

214-14th Avenue, Deux-Montagnes www.christchurchunited.com Worship Sunday at 11:45 a.m. everyone is welcome.

"Out to Lunch" for all residents of the area. Come and join us for a free lunch at Christ Church (address above) every Tuesday at 12:30 p.m. until 2:00 p.m.

N.B. Children must be accompanied by an adult. All donations will be greatly appreciated. Volunteers welcome. For more info please contact Christ Church 450-473-4784 or Stella Cox 450 623-5192

Upcoming Services:

April 3rd, Congregational lunch

April 7th,

Dominoes and Laughs 1-3 p.m. First Thursday of the month. Come join the fun.

C.E.S.A.M.E. DEUX-MONTAGNES

328 Grande-Côte St-Eustache, Québec 450-623-5677

In partnership with parents, C.E.S.A.M.E, a non-profit organization, aim to maintain and improve mental health, especially with children aged 0-5 years old, preventing development difficulties related to life conditions by offering help to children, parents and community. In order to do this, C.E.S.A.M.E offers stimulation workshops for children and guide parents or lead them toward resources.

We are taking subscription for next fall, offering many services to children and families, helping with issues such as language, behaviour, social or mental disabilities.

Feel free to call us anytime in order to register for your child or have any information.



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Minimum 4 lines \$15.00 (140 characters) Any subsequent line \$3 (block of 35 characters)

Legal notices For company dissolution: Minimum \$45+tx For name change: Minimum \$75+tx

Payment must be received prior to publication.

Payment: === ===



Monday-Thursday 9 A.M. to 5 P.M. Friday 9 A.M. to 1 P.M.

Place an ad in person at:

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By email: classifieds@the-news.ca

By fax: 450-687-6330



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0040 HOUSES FOR SALE

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0140 **ROOMS FOR RENT**

LOOKING FOR a Roommate to share my 5 1/2 apartment with in Laval. I do have a couple of bad qualities (I

snore, sleepwalk, scream and throw things while I sleep), but I am a kind and loving person. You will have a room all to yourself, you have free parking in the front. If my mom comes over you will also have home cooked meals. For more info call me Elvira at: 514-936-5252.

FOR SALE

QCNA (QUEBEC Community Newspapers Association) can place your classified ad into 23 weekly papers throughout Quebec - papers just like the one you are reading right now! One phone call does it all!

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Trucks & Cars Any Condition **TOP \$\$\$**

(514) 363-6010 8 a.m. 11 p.m. 421 St. Antoine Ste-Dorothée

0810

LOST AND FOUND

LOST: LAST week while

shopping at Carrefour Laval, my 6/49 ticket fell out of my pocket. My numbers were: (06-27-30-

34-35-42) and the Bonus was (16). If found, please call me at: 514-936-5252.

As it is the winning num-

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0490 CAREGIVER

CAREGIVER SER-VICES offered for elderly, house cleaning, transport available, call Maria 450-682-0535.

0700 **EMPLOYMENT OPPORTUNITIES**

FARM WORK Overseas: dairy, beef, sheep, crop farms & horticulture operations host & employ young Canadians ages 18-30. Work, Travel, Experience! International Rural Exchange: office@ irecanada.ca 306-489-4407 www.irecanada.ca

0840 LEGAL NOTICE

AVIS DE DEMANDE DE DISSOLUTION Avis est par les présentes donné que le Organisation de Football Montréal Voyageurs constituée en vertu de la Loi sur les compagnies (Québec) et ayant son siège social au 318 - 5210 Riviera, Montréal, Québec H9Z 2Z6 demandera au Registraire des entreprises du Québec la permission de se dissoudre. Signé à Montréal Le 2 avril, 2016.

CYNTHIA KEOTENIAN Prenez avis que Cynthia Keotenian, dont l'adresse du domicile est le 435, rue de Callas, Laval, Québec H7W 4V2, présentera au Directeur de l'état civil une demande pour changer son nom en celui de Cynthia Markareh. Laval, le 15 février 2016 CYNTHIA KEOTENIAN

43326-9-2

0910 HEALTH SERVICES VALENTINA IRENE Villazon Sanchez Prenez

avis que Felipe Lambert

Morell, dont l'adresse

du domicile est le 3330

boulevard Cartier Ouest

appartement 105, Laval

Québec H7V 1J9, a déclaré

au Directeur de l'état civil

être le père de Valentina Irene Villazon Sanchez,

née le 20 mars 2011 à

Montréal et fille de Irina

Maria Villazon Sanchez

En conséquence, le sous-

signé requiert du Directeur de l'état civil qu'il

inscrive son nom comme

père de Valentina Irene

. Villazon Sanchez dans

l'acte de naissance de

cette dernière et dont le

nom de famille sera mod

ifié pour se lire comme

suit : Lambert Villazon

Prenez en outre avis que

toute objection d'un

tiers à laprésente décla-

ration doit être notifiée

aux déclarants, à l'enfant

mineur âgé de quatorze

ans ou plus et au Directeur

de l'état civil au plus tard

dans les vingt jours de la dernière publication d'un

avis de cette déclaration

Montréal, le 26 janvier

2016 FELIPE LAMBERT

MORELL 43288-8-2

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Ron MacKenzie

Vicky Parisella

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April 2, 2016



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DESCRIPTION DU POSTE Date de début : Aussitôt que possible

Notre entreprise, une pâtisserie artisanale Portugaise, est actuellement à la recherche d'un(e) cuisinier(ère). Vous aurez les fonctions principales suivantes :

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Nous recherchons:

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PLATEAU MONT ROYAL Detached corner street building excellent location in the heart of Le Plateau Mont Royal. 2 commercial units on the main floor as well as 4 apartments upstairs consisting of 2x 4.5 and 2x 3.5. Ideal for owner occupant wishing level, large, beautifully finished basement with 2xd 6.00 to operate their own business. to operate their own business. Great potential!!!



FABREVILLE JUST LISTED Detached 6plex consisting of 5x 41/2 and 1x 31/2 units excellent location close to highway and public transportation. Building has been very well maintained by the owners. Units are always rented and each one has their own parking spot. Build-ing with little maintenance and easy to operate.



family. Main floor open concept living/dining room, kitchen with wood cabinets and dinette open to family



NOTRE DAME DE L'ILE PERROT Beautiful, custom built property with an incredible of view of the St Laurence river, 2nd waterfront lot of 9353 SE also included in the sale with dock. Onen concent in the same with fock. Open concept living/dining rooms with hardwood flooring. Large, completely renovated kitchen with dinette which leads to 3 season solarium.3+1 bdr 3 full baths, huge basement with second kitchen.



CHOMEDEY PLACE RENAUD Well located duplex in a great location on a quiet street consisting of 2 x 5 1/2 units 2 outdoor parking spaces roof done in 2007, units always rented Priced to sell!!!



CHOMEDEY Large duplex with bachelor and double garage in a very desirable area of Chomedey close t services such as public transport, schools, churc shopping and parks. Well maintained throughout



IN MEMORIAM & OBITUARIES



CAPRALIS, Nicolas 1929 - 2016

Passed away on March 23rd, 2016 at the age of 86, Mr. Nicolas Capralis, beloved husband of Mrs. Eugenia Nikas. Besides his wife, he leaves to mourn his family, relatives and friends.



VEZINA, Armand 1926 - 2016

Passed away on March 18th 2016, at the age of 89, Armand Vézina, beloved husband of the late Lucille Boissonneault. He joins his sons the late Jean-François and the late Clément. He leaves to mourn his children Carmen, Claude, Mario, Raynald, Denis (Jacinthe) and Anne

(Michel), his grandchildren Steve, Stéphanie, David, Guillaume, Magalie, Mickael, Audrey, Sébastien, Jonathan, Rébécca, Kevin, Noémie and his 7 great-grandchildren, his brother Alphonse, his sisters Fernande, Yvette, his brothers-in-law and sisters-in-law, nephews, nieces and friends.



WILLIAMS. Yvonne 1939 - 2016

Passed away, peacefully, surrounded by her family, on March 14, 2016 at the age of 77. Loving mother of Derek Stewart and Ann Marie Gordon Johnson, as well as mother-in- law of Elisabeth Pinto and Dennis Johnson. Cherished grandma of Melissa, Symantha, Stephen,

Liane, Nicole and great- grandmother of Kymora. She will also be greatly missed by her brothers, her sisters and also many relatives and friends.

MANCONI, Claudette (born Fortier) 1936 - 2016

Peacefully passed away on March 13, 2016 at the age of 79, beloved wife of Frank Manconi, devoted mother of Lynn (Robert) and the late Eric, cherished grandmother of Victor- Martin, Vanessa and Anna. Claudette was genuinely loved and will be sincerely missed by family and friends.



CENCI, Giacomina 1943 - 2016

Passed peacefully away on Friday, March 11, 2016 in her 72nd year, surrounded by her loving children. Leaving to mourn Joe, Maria (Randy), Domenic (Maggie), Carmen (Tom), Angie (Jesus), their father Salvatore Sciascia, and grandchildren: Damian, Amanda, Matthew,

Jonathan, Jessica, Daniel, Justin, Megan, Mackenzie, Sara and her brothers and sisters.

BLOBSTEIN, Hani (born Lazarovicz) Holocaust Survivor

On Tuesday, March 8, 2016, in her 99th year. Beloved wife of the late Eugene. Loving mother and mother-in-law of Cita and the late Michael Mann, David and Marlene, Harry and Susan, and Willy and Sylvie. Cherished Bubbie of Syma and Allan, Terri, Glenda (Tova), Lisa and Steve, Mitchell and Melissa, Howard, Shauna and Mark, Deborah, Nomi and Greg, Ady and Alana, Oren and Deborah. Proud great-grandmother of 13 great- grandchildren. Dear sister-in-law of Mona, and predeceased by her siblings and their spouses Ludvig, Joe and Edith, Gita and Joe, Helen and Aaron, Cili, and others that perished in the Holocaust. Special thanks to her wonderful caregivers Molly, Glenda, Zelda, and Ruth.



ANTONIOU, Steve 1974 - 2016

It is with great sadness that we announce the passing of Mr. Steve Antoniou on March 2 in Quebec at the age of 41 years. He was a loving husband, always looking after his family and friends. He leaves to mourn his loving wife Sylvia, his mother and father Anastasia and Antonis

Antoniou. His brother Paul (Bryce Billy), his nephew Antonis, mother and father-in-law Rosa and Manuel Arenal, his brother in law Carlos, as well as other family members and friends.

> Contact us today to place an obituary or in memoriam in our next issue - NO CHARGE Email: production@newsfirst.ca • Tel.: 450-978-9999

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BATMAN Y SUPERMAN:

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G | 2 hrs 31 mins | Action-Adventure |



Sequel to Man of Steel. The New Adventures of Superman, faced for the first time in Dark Knight of Gotham City, Batman.

WHISKEY TANGO FOXTROT

13+ | 1 hr 51 mins | Comedy



When reporter Kim Barker's (Tina Fey) life needs something more, she decides to 'shake it all up' by taking an assignment in a war zone. There, in the midst of chaos, she finds the strength she never knew she had. Sometimes it takes saying 'WTF' to find the life you were always destined to have.

DEADPOOL

13+ | 1 hr 48 mins | Action-Adventure



DEADPOOL tells the origin story of former Special Forces operative turned mercenary Wade Wilson, who after being subjected to a rogue experiment that leaves him with accelerated healing powers, adopts the alter ego Deadpool. Armed with his new abilities and a dark, twisted sense of humor, Deadpool hunts down the man who nearly destroyed his life.

ZOOTOPIA

G | 1 hr 35 mins | Animation |



In the animal city of Zootopia, a fast-talking fox who's trying to make it big goes on the run when he's framed for a crime he didn't commit. Zootopia's top cop, a self-righteous rabbit, is hot on his tail, but when both become targets of a conspiracy, they're forced to team up and discover even natural enemies can become best friends.

EYE IN THE SKY

13+ | 1 hr 42 mins | Dramatic Thriller |



London-based military intelligence officer Colonel Katherine Powell (Helen Mirren) is remotely commanding a top secret drone operation to capture a group of dangerous terrorists at their safe-house in Nairobi, Kenya. The mission suddenly escalates from a capture to a kill operation when Powell realizes the terrorists are about to embark on a deadly suicide mission. American drone pilot Steve Watts (Aaron Paul) is poised to destroy the safe-house when a nine-year-old-girl enters the kill zone just outside the walls of the house. With unforeseen collateral damage now entering the equation, the impossible decision of when to strike gets passed up the kill chain of politicians and lawyers as the seconds tick down.

THE DIVERGENT SERIES: ALLEGIANT

13+ 2 hrs 01 min Action-Thriller



Based on the explosive finale of Veronica Roth's #1 New York Times bestselling Divergent trilogy, ALLE-GIANT reveals the secrets of the dystopian world that has captivated millions.

MY BIG FAT GREEK WEDDING 2

13+ | 1 hr 34 mins | Comedy



The Portokalos family gathers for a massive wedding after Toula's (Nia Vardalos) parents learn that they were never legally married.

LONDON HAS FALLEN

13+ | 1 hr 39 mins | Action |



U.S. Secret Service agent Mike Banning (Gerard Butler) springs into action when terrorists attack London during the funeral of the British prime minister.

- The North Shore News • April 2, 2016



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