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Vol. 16 - N°.10

May 15, 2020

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Schools to reopen smoothly...

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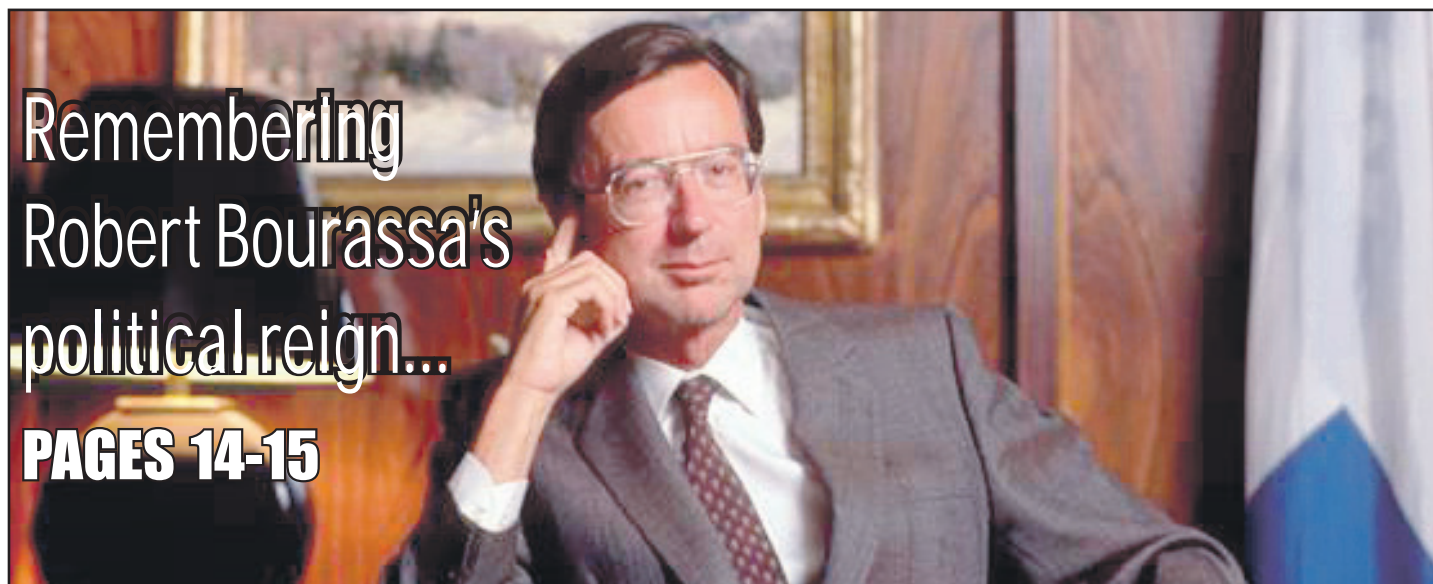
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**We can gradually restart normal activities
while protecting ourselves!**

Information and advice inside.

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In order to gradually restart activities safely, let's continue to protect ourselves.

The gradual restarting of activities in various economic sectors and businesses is a shared responsibility. Everyone has a role to play to keep things orderly and safe.

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SWLSB schools reopen smoothly

"We're taking things nice and slow" says Paolo Galati SWLSB chairperson

It felt like the first steps in a new world, a new reality created by an unrelenting virus that forced the planet in an unprecedented lockdown. Children driven by their parents or arriving by school bus returning to the first schools that opened in Canada after 2 months of isolation. Things will not be the same to be sure, yet no matter how different the school environment has become, one cannot deny the optimism and warm feelings we get seeing some degree of normalcy returning to our lives



DIMITRIS ILIAS
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A masked SWLSB chairman Paolo Galati in a modified anti-Covid-19 classroom. Galati: "We're taking things nice and slow" says Paolo Galati SWLSB chairperson

8 schools reopen

Arundel, Grenville, Laurentia, Laurentian, Morin-Heights, Rawdon, Sainte-Adèle and Sainte-Agathe Academy elementary schools opened on May 11th. Four out of the eight schools did a progressive reopening until Wednesday. Initially 9 schools were supposed to reopen but Joliette was included in the greater Montreal met area and its opening date pushed back to the 25th of May. "Overall, the feedback was very positive and everything went smoothly at the school level as well as the transportation level. We are taking things nice and slow" said Paolo Galati, Chairperson of the board of commissioners of the Sir Wilfrid Laurier School board. The remaining 18 elementary schools are expected to open on May 25th.

A lot of prep work

Paolo Galati and Gaëlle Absolonn, DG of SWLSB, both did their inspection tours last week for the safety measures put in place. They spoke with administrators and teachers who were prepping their classes. The teachers admitted to some initial anxiety which dissipated for the most part after they went into the buildings and were able to experience first hand the new reality. Some schools sent videos and pictures to students in order for them to know what to expect and parents prepared their children for all the new safety measures. "I can reassure you that the school teams worked tirelessly all week to be ready for the opening and I thank them all" said Galati. He noted that there were some challenges like narrow corridors, smaller classrooms and the difficulty that younger students have to properly social distance which were overcome thanks to a lot of teamwork and creative space restructuring.

25% of students returned

311 out of 1325 students from the 8 schools returned according to Mr. Galati. 200 of them

were bused. There are parents that are waiting one more week to see how things go. "25% returning is a good percentage because we can do a small roll in" said Galati. "We took all necessary measures in accordance with the ministry in order to provide the maximum degree of safety to our students, staff and families and as an executive member of the Quebec English School Board Association I meet with the other boards once a week to discuss what everyone is doing safety-wise and how we can improve our services" added Galati.

Safety measures

Here is a general idea of the safety measures from the Quebec Government that the schools have to take in order to avoid the spread of the virus:

People must avoid greetings that involve physical contact, as well as sharing items.

Groups must take their recess and move about the school at different times.

Telework must be prioritized if staff are not required to be in the school to carry out certain tasks.

As much as possible, people must avoid Students and staff must limit the items they carry with them between school and home and must bring their own lunch.

Students and staff who have a condition that increases their risk for serious complications of COVID-19 are advised to stay home until September 2020.

Reorganization of rooms

The number of children per group, the teacher-child ratio and the physical organization of rooms must take into account the need to comply with the physical distancing standard of 2 metres at all times.

Using visual markers in order to comply with the physical distancing standard of 2 metres is encouraged.



The physical organization of rooms must take into account the need to comply with the physical distancing standard of 2 metres at all times.

Some facilities such as libraries and computer laboratories are closed.

Play structures may not be used.

Health and hygiene measures

Alcohol-based hand rub, soap and disposable paper towels are provided for students and staff to encourage very frequent handwashing during the day.

Hand hygiene must be performed when entering the school, before and after each recess, before and after eating food, after blowing your nose and when leaving the school.

Tissues are provided for students and staff in order to comply with cough and sneeze etiquette.

Rooms are cleaned daily.

Washrooms and surfaces that are touched

regularly (door handles, switches, offices, computer equipment, microwave ovens, drinking fountains, faucets, etc.) are cleaned with the usual cleaning products several times a day.

Items that are shared by several students are cleaned after each use.

Staff in elementary schools are not required to wear a face covering. However, anyone who would like to do so can read the information sheet Wearing a Face Covering in Public Settings This hyperlink will open in a new window. to find out how to make a face covering and how to use it properly.

Staff in educational childcare services are provided with additional personal protective equipment, since it is impossible to maintain a physical distance of 2 metres between themselves and the young children under their care.

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Opinion & Editorial



Adieu Steve Bletas - A man for all seasons, a mind, heart and soul for all reasons

Pained by the visible shock of his family, friends, colleagues, and the city of Laval at large, we mourn the untimely passing of Steve Bletas on May 6, 2020.

Our community has suffered an irreparable loss. Steve Bletas's accomplishments are many and varied, from needle trade, entrepreneur, handball coach, school committee activist, first and longest-serving chairman of Sir Wilfrid Laurier School Board (1998-2012), member of the STL (Société de Transport de Laval) Board of Directors since 2015, representing paratransit service users, member of various local and provincial educational, cultural and social committees, among many other public associations he chose to assist. His professional accolades go on and on. But he was much more. Above all, a family man, community leader, and friend to many. Like many, I'm struggling to quantify, to somehow gather all that Steve Bletas did and meant to us. I don't think it's possible. However, I know I'll always have a smile when I encounter something he has touched.

Conviction and perseverance that can only be realized with great spiritual foresight. His visionary insight was the foundation of a leadership strategy that Steve carefully built in his many tasks, professional and personal. He fled personal health persecution through involvement in, and commitment to, important organizations, including 14 years as Chairperson of the Laurier School Board, but not before leaving in the pages of educational history a matchless legacy of forgiveness and dignified dealings with all whom he encountered. Even when affirming that the insults of those who opposed him tightened his chest

with pain, he never stopped reciprocating in acts of kindness.

Steve Bletas proved to be an example of an intellectual giant, and a beautiful example of a man dedicated to family, friends, and community. Everyone who knew him loved him and held him in high esteem. He was always proper and correct in his dealings with others, which I believe is properly termed "righteousness". He was always humble and genuinely interested in his colleagues and friends. He was simple and unpretentious. One of his favorite things to do was to sit and have coffee or breakfast and listen to everyone's story.

Big stature, powerful intellect, and impressive achievements all set him apart. But when these attributes co-exist with gentleness, service to others, and the self-forgetfulness that is true humility - there we are in the presence of grace. He was someone who had his life in such wonderful balance - always to be content, out-going, and a perfect gentleman.

Steve Bletas embodied that kind of grace which is the basic culture of our community. In fact, most of the time he inevitably took the higher road of not responding at all, hoping to one day penetrate their harsh hearts. Steve learned not to allow emotions and actions to be hijacked to the point where decision-making was driven by other than divine instruction. He was brought into a world which he served so well for so long, but left it too soon. It's a blessing in the lives of people whom he personally touched, and it will be a blessing in the wider world, which has been made better for his efforts.

As we remember and honor Steve, who was indeed a great man of our generation, with

hearts of gratitude, we acknowledge and praise him for his talents and efforts in navigating his quest for betterment of education in Laval and beyond.

He was a brilliant man with extraordinary negotiating gifts and talents which he combined with deep devotion and commitment, reverberating with dignity and fairness. He was modest and humble and didn't think much of himself. And yet there was nobody who could stand on principle more firmly. In doing so, over the years, he built up a body of work, both in majority opinions and dissenting reactions, that demonstrates extraordinary wisdom.

Steve Bletas learned how to lead a good and honorable life, about treating people with dignity, courtesy, respect, and kindness. He learned about the importance of putting all of his managerial skills and talents towards serving others. He was tough, a fierce competitor, but he didn't view life as a zero-sum, winner-take-all game that required the use of force, power, or naked aggression to succeed. He was much a connector and collaborator. He cared less about power and status; he was only interested in results and impact. Most importantly, he would never seek personal gain at the expense of or by belittling others.

His final years were spent fully engaged on all fields of action. What emerges from this broader, up-close and personal view of Steve Bletas is the picture of a man for our times, born a generation too early.

If there's ever a case where grieving and sorrow should become a celebration of life well-lived, it is in the case of Steve Bletas. He lived a great and influential life, a life of integrity, kindness, and service.

We mourn and celebrate the extraordinary and remarkable life of a 66-year-old man who devoted his life to service. His legacy will stand as an example to all of us is to persist in our pursuit of progress in Education and in all paths of life.

We can only hope that those he served so well, such as the Sir Wilfrid Laurier School Board, will honor him and his memory of which he is so deserving for his inexhaustible efforts for the betterment of Education. Steve Bletas was an inspiration—a lesson in a life well-lived in the service of others. He will be missed.

True, Steve Bletas is not a candidate for sainthood. True, that in the annals of the history of humankind, the burial of an individual is often a fleeting tip of the hat, a fond good-bye and let's carry on with our lives. But make no mistake, this Memoir of mine regarding the life of Steve Bletas is meant to ensure that the good that he did will not be interred with his bones. Yes, he was gruff, tough, rough, ambitious and often intractable and hard-to-get-along-with, but he was real and more than up to the tasks he undertook. I invite those who loved him and those who didn't to remember that he was just as much a teddy bear as he was an angry bear, and for that I will give him a great big hug and a fond farewell, until...

The Laval News expresses deep sorrow for the loss of an outstanding citizen and an inspirational member of the Laval community. We extend our deepest and most sincere condolences to his family and friends.

He will always remain, to many, "A man for all seasons and a man for all reasons."

Renata Isopo

To re-open or not re-open schools is the question by educators and parents. Damned if you do, damned if you don't.

When school buildings started to close down due to coronavirus, many teachers and parents thought the disruption would only last a couple of weeks. As school closures extended, many have clung to the idea that if they made it to the Fall, life would return to normal. That's not looking so certain now.

Teachers' unions are warning that sending educators into crowded buildings without widespread testing and extensive and proper preparation for COVID-19 will simply amount to an unacceptable risk. This is unequivocally

the worst time in educators', students', and parents' lives. Officials are flooded with questions that they have no fail-proof answers to except, "it will be done slowly and starting with the youngest kids." And worries about a second wave of infections have left many wondering what once felt far-fetched: Should students just keep staying at home?

Students and teachers not returning in the Fall would bring a host of challenges. Parents would have to face the continued burden of finding or arranging emergency child care, limiting their ability to kick start the economy.

Students without computers are disadvantaged, and students refusing on-line Special Education services would almost go without the support they would have received in person.

But COVID-19 can be deadly. Reopening schools will require reasonable assurance to teachers, students, and parents that they're safe. There has to be a system in place testing all students and staff such as daily temperature checks, and tracing of those who come into contact with someone who shows symptoms. Even though there may be eagerness to return to the classroom, no student, teacher, staff

member should be back in school until reliable protections are in place. Surely, the government has taken this into serious consideration before announcing the reopening of schools.

The question is: Why haven't school boards been preparing for a return to school, having advanced notice that the school shutdown would probably be ending, in May? There was ample time to secure the schools with the necessities in order to be reasonably ready for school re-entry. QESBA (Quebec English

► Continued on page 16

The views, opinions and positions expressed by columnists and contributors are the author's alone. They do not inherently or expressly reflect the views, opinions and/or positions of our publication

<p>THE NORTH SHORE News</p> <p>3860, boul. Notre-Dame, # 304, Laval, QC H7V 1S1 Tel: (450) 978-9999 • Fax: (450) 687-6330 E-mail: editor@the-news.ca</p> <p>10,000 copies Distributed to North Shore area</p> 	<p>Publishers: George Bakoyannis George S. Guzman</p> <p>General Director: George Bakoyannis</p> <p>VP Sales & Marketing: George S. Guzman sales@the-news.ca</p>	<p>Graphic Design: Elena Molter Thomas Bakoyannis</p> <p>Advertising Consultants: Peter Stavropoulos peter@newsfirst.ca</p> <p>Jean Paul Chamberland</p>	<p>Editorial Staff: Martin C. Barry Avleen K. Moka Renata Isopo Savas Fortis Dimitris Ilias Fabienne Mercier James Ryan Alberto del Burgo</p>	<p>Layout: Media Trek Distribution: DIFFUMAG Printing: TC. TRANSCONTINENTAL</p> <p>Member of Quebec Community Newspapers Association & Canadian Community Newspapers Association</p> <p>QCNA CNA</p> <p>ISSN number : 1923-0648 Annual subscription : \$97³⁸ tax incl. • Per copy</p>	<p>National Representation: RÉSEAU SÉLECT TEL: 1-800-361-7262 ext 241056</p> <p>Project funded in part by Canada</p>  
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Internet giants should pay their share

Newspapers have never been so loved — and never been so neglected.

The thirst for coverage of how the COVID-19 pandemic is turning the world upside-down has doubled, even tripled, the audiences of news publishers over the past two months. Readers have turned overwhelmingly to trusted news sources for information on the impact of the deadly virus on their communities.

Skyrocketing demand for your products is supposed to drive revenues in the same direction. Yet the very existence of many news outlets is in question as they deal with falling revenues that have caused layoffs, pay cuts and closures.

In the news business, as in so many areas, the COVID-19 crisis has highlighted and magnified a festering problem — publishers are not paid for content that is widely used in the digital world.

The big search and social platforms sell billions of dollars of advertising, but don't share it with news publishers who generate content that attracts a lot of eyeballs to those platforms. It's a bit like a TV network broadcasting a concert by Celine Dion, but not paying for her songs.

It will take action by the federal government to tackle this problem. The COVID-19 experience shows why action needs to be taken now.

Other governments have acted. Australia has announced it will force Google and Facebook to pay for news content, sharing ad revenues with publishers. The Australian government fast-tracked plans to do this because of the collapse in news-media revenue related to COVID-19.

Google and Facebook have some programs to support journalism, but they have always refused to negotiate any kind of comprehensive compensation for the content of news publishers that appears on their platforms.

Canadian daily newspapers have valiantly kept churning out the news over the past decade while watching revenues fall by 50 per cent, to \$1.6 billion in 2018. That content often generates the clicks that generate internet ad revenues, which more than quadrupled over the decade, to \$7.7 billion. Facebook and Google have gained a chokehold selling ads on their platforms, and account for three-quarters of the online ad market in Canada.

Newspapers have developed significant digital businesses, selling advertising and subscriptions, but the revenues generally fall far short of supporting the robust newsrooms that were traditionally underwritten by print advertising.

In this environment, something had to give eventually. COVID-19 has burst it wide open. In COVID-19 terms, this case has gone from testing positive to requiring attention in the intensive care unit.

The federal government has provided extraordinary short-term measures to support workers and businesses, including the news industry. However, a more lasting, sustainable solution is needed to ensure independent, fact-based journalism is alive and healthy across Canada in the future.

The federal government could mandate a system of royalties in which the internet giants would have to negotiate payments with a coalition of publishers.

This kind of system has long existed in the music industry. It's why TV stations can't steal Celine Dion concerts and radio stations have to pay to play songs.

Organizations representing musicians, songwriters and publishers collect royalties on their behalf every time their work is used commercially, from radio stations to bars, restaurants and even gyms. These groups have their own challenges with the internet, and argue digital platforms are reaping massive value from their work without proper compensation.

However, the basic system generates hundreds of millions of dollars for music creators and performers. SOCAN, which represents creators and publishers, reported 2018 royalties of \$375 million. That amount would pay for the salaries in all the newsrooms of all the daily newspapers in Canada. And it's five per cent of internet advertising in the country.

Google and Facebook support some journalism, but the support is limited. Both have announced COVID-19 emergency relief funding. Facebook's emergency funding paid a maximum of US\$5,000 per publication.

In 2018, Google announced the Google News Initiative, a plan to invest US\$300 million over three years to fight misinformation and bolster journalism. The American News Media Alliance estimates that in the same year, Google earned US\$4.7 billion in the United States through news-related search and Google News.

The Facebook Journalism Project provides assistance such as newsroom training and an accelerator program to help digital publishers develop their businesses. But there is no direct funding of newsrooms. It's like paying for guitar lessons for musicians, but not paying them to perform.

(Full disclosure: the *Winnipeg Free Press* has received funding from Facebook as part of its accelerator program and its emergency COVID-19 relief.)

In the COVID-19 crisis, news publishers across the country have proven once again just how important their performance is to informing Canadians. It's time for the federal government to push Facebook and Google to provide real support for our newsrooms so they can keep doing this vital task.

*This is an op-ed written by News Media Canada chair Bob Cox.
It was published Tuesday, April 28, by the Winnipeg Free Press.*

An urgent message to the Government of Canada from the publishers of Canada's major newspapers

Around the world, governments are moving to correct an historical inequality that dates back to the birth of digital media platforms.

In April 2020 alone, Australia and France both announced plans to make sure Google and Facebook pay their fair share, instead of exploiting tax loopholes while making billions of dollars off the back of original content producers.

We, the undersigned publishers representing the vast majority of Canadian newspapers, call on Ottawa to follow the example of France and Australia.

The situation is urgent, with media companies suffering huge advertising revenue declines because of the Coronavirus pandemic. Other governments recognize the need for speedy intervention. Both France and Australia have set deadlines to have mandatory solutions in place by July. That means paying for copyrighted content and sharing the advertising dollars and data that flow from it.

We encourage the Federal Government to follow the advice of its own expert panel set up to review the Broadcasting and Telecommunications Acts, which recommended similar measures. The model exists. The need is clear. Let's apply those principles of fairness in Canada, and do it now.

Respectfully,

George Bakoyannis
George Guzman
Co-publishers



John Boynton
Publisher



Bob Cox
Publisher



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Health Canada is warning Canadians of the risks of purchasing unauthorized test kits to diagnose or detect COVID-19

Unauthorized test kits claiming to diagnose or detect COVID-19 put your health at risk

Dangerous Products: Test kits, including sample collection kits, claiming to diagnose or detect COVID-19.

What to do: If you have purchased an unauthorized test kit that claims to diagnose or detect COVID-19, do not use it or rely on its results. Consult your local health authority for recommendations on testing and testing services for COVID-19. If you have any information on the potential false or misleading advertising or sale of products that have not been authorized by Health Canada, report it.

Health Canada is warning Canadians not to buy home diagnostic test kits, including mail-in sample collection kits, claiming to diagnose or detect COVID-19 because they may provide inaccurate or false results. These products have not been authorized by Health Canada, which means they have not been reviewed for safety, quality or effectiveness.

Health Canada has authorized COVID-19 test kits intended for use only by healthcare professionals or trained operators.

The Department continues to monitor websites for false claims and is work-

ing with online retailers to ensure that unauthorized COVID-19 diagnostic or detection test kits are removed from their websites.

Health Canada is also working with the RCMP to take action when unauthorized test kits are found to be sold in Canada, including a recent seizure of over 1500 test kits in B.C.

Selling or advertising health products that make false or misleading claims is illegal in Canada. The Department takes this issue seriously and will use all mechanisms and tools at its disposal to stop these activities.

What you should do

- If you have purchased a test kit that claims to diagnose or detect COVID-19, do not use it or rely on its results. Consult a healthcare professional if you have any concerns.
- If you think you may have symptoms of COVID-19, take an online self-assessment or call your local public health authority.
- Your local public health authority can provide recommendations on locations for testing and testing services for COVID-19.



- If you have any information on potential false and misleading advertising or the sale of products that have not been authorized by Health Canada, report it.
- Read the information Health Canada has posted on the risks of buying

drugs, natural health products or medical devices online if you are considering buying health products over the Internet.

- Report any health product adverse events to Health Canada.

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Quebec's restaurants need more working capital to successfully reopen

Restaurants Canada looks forward to working with the Quebec government on efforts to help foodservice businesses reopen.



(NEWSWIRE) - A new survey from Restaurants Canada has revealed that most foodservice businesses in Quebec might not have enough cash flow to successfully reopen their doors to diners.

As the province moves forward with lifting emergency measures, restaurants will need more support remaining viable until they are on a path to full recovery.

Survey reveals most restaurants will struggle to resume dine-in operations

About seven out of 10 survey respondents said they are either very or extremely worried that their business won't have enough liquidity to pay vendors, rent and other expenses over the next three months.

While the Canada Emergency Commercial Rent Assistance (CECRA) program might provide some restaurants with relief, rent obligations continue to be a challenge for many:

- At least one out of five independent restaurant operators are dealing with a landlord who is not willing to provide rent relief, either through the CECRA program or some other arrangement.
- 14 per cent of independent restaurants haven't been able to pay rent for April and nearly 20 per cent aren't able to pay rent for May, despite not having an agreement from their landlord to postpone those payments.

Restaurants Canada to play an active role supporting reopening efforts

"The resiliency of our industry won't be enough to keep restaurants from facing financial difficulties over the next few months. As they gradually reopen their dining rooms, there

will be a need for continued support," said David Lefebvre, Restaurants Canada Vice President, Federal and Quebec. "This week the Government of Quebec hinted that restaurants would receive support to help them reopen. This was welcome news and Restaurants Canada looks forward to helping make this a reality. We are also fully committed to supporting the development of reopening protocols."

Before the start of the COVID-19 pandemic, Quebec's nearly \$18 billion foodservice industry represented 4 per cent of the province's GDP and was the province's third-largest private sector employer. If conditions do not improve, the province's foodservice sales could be down by as much as \$3.3 billion for the second quarter of 2020 and the industry might not be able to recover the more than 175,000 jobs it's lost due to COVID-19. Restaurants Canada is optimistic that efforts to support the industry can improve these outcomes and avoid worst-case scenarios.

Restaurants Canada is urging further action in the following areas where foodservice businesses continue to need support to have a fighting chance at survival:

- **Commercial tenant protections and rent relief.** While the CECRA program responds to one of the greatest challenges for restaurants, many will be unable to secure any protection or relief through this mechanism, through no fault of their own. A broader rent relief program is needed to capture businesses that have experienced a significant decline in sales but do not meet the current qualifying threshold. Commercial tenant protections also continue to be needed for those not benefiting from this program

to relieve pressure while all stakeholders come to the table to develop immediate and long-term solutions. Some provinces, like New Brunswick and Nova Scotia, have already taken action on this front. Quebec could follow their lead and place a temporary moratorium on evictions and distress actions to protect commercial tenants until solutions are reached.

- **Help with cash flow and rising debt levels.** Most restaurants are small and medium-sized businesses that were already operating with thin profit margins before COVID-19. With significantly reduced revenue coming in for most foodservice businesses, many have already depleted their reserve funds, or soon will. Existing measures may need to be expanded and new solutions continue to be welcomed to ensure restaurants will have enough working capital to reopen their doors. Due to the perishable nature of their inventories, many suffered unrecoverable losses when physical distancing measures began and will also need support to restock as they reopen.
- **Assistance with labour costs.** While the federal government's 75 per cent wage subsidy is helping some restaurants keep staff on payroll, those that are now preparing to reopen are concerned about being able to access this support in the months ahead. Further assistance from the Quebec government in this area would be welcome, along with an extension of the Canada Emergency Wage Subsidy (CEWS) program by a few months.

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City of Rosemère council meeting of May 11th

The council meeting took place online with Mayor Westram alone in the council chambers and the rest of the members and DG online from their homes.



DIMITRIS ILIAS
Local Journalism Initiative Reporter
For The North-Shore News
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City reopening

The Mayor announced the gradual reopening of the City as of May 25th if all goes well. The mayor reminded the citizens that since the town is part of the greater Montreal area, businesses and schools will follow the opening instruction pertaining to Montreal. The city offices will also open gradually taking into consideration the necessary safety measures. All the details will be announced shortly.

The old Rosemere Golf course- no trespassing

The mayor reiterated that this is a private lot and that it is forbidden for people to use it as a park, as their private gold course, or for picnics. At the moment there is no signage indicating it is a private property, but the owner has every right to forbid entrance. The city has an agreement to allow the use of the golf course during the winter for a variety of winter sports but not for the summer.

Budget

Rosemère tabled its financial statements for the year ended December 31, 2019. The report showed a budget surplus of \$532,000, representing 1.6% of the operating budget. This surplus is attributable to the sound management of the Town's finances as well as several non-recurring and variable items. "Our team takes great pride in managing municipal finances with care and diligence, just like any of our



residents would with their household budget," said Rosemère Mayor Eric Westram.

Revenue and expenses

The surplus in 2019 is largely due to the vitality of the real estate market. Revenue from transfer taxes was \$815,000 higher than forecast. The Town also succeeded in obtaining an extra \$308,000 in government grants during the year. In terms of additional expenses, the Town's public transit contribution increased by \$511,000, while flooding and ice storm expenses

amounted to \$368,500. The weather conditions in spring 2019 were problematic in this respect. Note that the Town also generated savings in additional expense items in 2019 to the tune of \$288,700.

Investments to improve the community environment

During the year, the Town invested in the living environment for the whole community. Accordingly, some \$2.5 million was directed to sewer and water infrastructure rehabilita-

tion. More than \$826,000 was also invested in the Town's roads, streets and sidewalks, while \$410,000 went toward street lighting systems to enhance public safety.

Stable level of community debt

As at December 31, 2019, the debt payable by all residents was \$25.8 million. "The debt collectively shared by the community is relatively stable, which is something we've continuously striven to achieve," Mayor Westram added.

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Two Mountains Horticultural Day

In this exceptional time of pandemic, the City of Deux-Montagnes announces that it will hold its 15th edition of the event by exceptionally offering home delivery for the first 1,800 registered residents, which represents a similar quantity compared to previous editions. Always awaited and appreciated by the Deux-Montagnes residents, this event was to be held on Saturday, May 23rd. In the current context of COVID-19, where all gatherings are prohibited, the City adapts to the exceptional situation, much to the delight the gardening enthusiasts!

The first 1,800 Deux-Montagnes residents who register online will receive free and securely three plants of their choice from a selection of annual flowers, perennials or herbs to start their gardening project. This initiative is part of the City's beautification program and is organized to encourage residents to take care of their flower beds and gardens on their properties.

"For many citizens, the period of confinement and physical distancing is difficult. We believe that this plant delivery, which is initiative by the City, will bring cheer and colour to our community, in the same way that receiving a bouquet of flowers brings joy when received," said Deux-Montagnes Mayor Denis Martin.

How to participate?

Citizens of Deux-Montagnes who wish to receive their three free plants must simply fill out a registration form created for the occasion on the City's Web site, no later than May 10. Please note that only one registration per address is accepted. Citizens who do not have access to a computer to register can do so by phone at 450 473-2796, ext. 1125.

Secure delivery

The plant delivery will be done without contact and without appointment by the Public Works Department, who will deposit the plants outside the property. The handling of the pots/boxes will be done with vigilance, in compliance with the sanitary instructions regarding COVID-19.

Delivery will start on May 19 and may take a few days. It will not be possible to guarantee citizens when they will receive their flowers order.

This special edition of Horticultural Day benefits greatly from the participation of the Caisse Desjardins Saint-Eustache-Deux-Montagnes which, for the 11th consecutive year, is the main financial partner.

CISSS des Laurentides-Mental Health Week-Get Real

(NSN) The theme of the Mental health week this year May 4 to 10, 2020 is *Get Real!* In our society, while we are commonly asked how we are, we too often reply with a mere formality saying we are fine. Answering sincerely provides an opportunity to truly connect with another person.

Because everyone needs social connection, self-isolation is a challenge. The CISSS des Laurentides encourages everyone to call a family member, an old friend or colleague, and speak to them from the heart. This will help create a feeling of closeness, of social support, despite physical distance.

During the pandemic

One in every five individuals will experience a mental health issue or a mental illness during their lifetime. However, beyond the statistics, the current pandemic can affect individuals psychologically. In such an unprecedented situation, many people may experience stress, anxiety and depression. Anyone experiencing these symptoms can dial 811 at any time to reach the Info-Social hotline.

In the Laurentians, all patients active and on waiting lists have been contacted by the CISSS des Laurentides to gain an accurate understanding of each situation and to intervene where necessary.

Thérèse-De Blainville police to the rescue



(NCN) One of the small stories you don't see often, since it does not carry the fear factor of big virus announcement but important enough to lift someone's spirits.

In the picture above 2 officers of the Thérèse-De Blainville PD came to the rescue of this little girl by becoming bike mechanics.

As the weather gets warmer it is important for children isolated in their homes to start enjoying the simple and healthy pleasures of a bike ride whilst knowing that our police has them covered for roadside assistance.

Guy Benedetti exonerated by the Order of Engineers of Quebec

(NSN) The director general of the City of Rosemère, Guy Benedetti won his case following a complaint lodged in July 2017 by the Office of the Syndic of the Ordre des ingénieurs du Québec (OIQ). The complaint pertained to the period when Benedetti served as the Director General of the City of Longueuil between 2005 and 2012. The judgment was rendered on April 7 by the OIQ's Disciplinary Council, Daniel Lord presiding. In a press release sent to North Shore News, the mayor of Rosemère, Eric Westram, said that he welcomed this news with great satisfaction.

"In January 2018, we expressed our support and our confidence in the Director General during the media release of this news and its outcome confirms that we were right to give him our full support. The verdict is unequivocal and exonerates Mr. Benedetti," announced Mr. Westram, proud of the result for the person at the helm of the municipal public service of Rosemère.

"Guy Benedetti has an impressive track record. His experience, his leadership and his thoroughness contribute significantly to the realization of

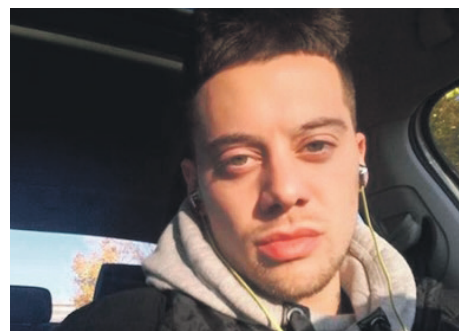


major projects in the City," said Eric Westram who wished to thank all of the city council and staff of the City for the support given throughout the disciplinary process and the confidence they maintained in Mr. Benedetti.

"In light of this news, we look to the future very positively," concluded the mayor.

To learn more about the decision rendered by the OIQ, please contact the City's communications department.

Two now charged following rash of cell phone tower fires



Sûreté du Québec officials in Sainte Adèle said last week that they had charged a man and a woman suspected of having set up to seven cellular telephone service towers on fire in the Laurentians and in Laval – including cell towers in Chomedey and Fabreville.

Following reports of more cell tower fires in Sainte Jérôme and Blainville last week, the SQ said it had arrested Justin-Philippe Pauley, 28, and Jessica Kallas, 25, described as being in their 20s, around 1:30 am on May 7. Over the past week, there were also fires at cell phone towers in Prévost and Piedmont in the Laurentians.

In recent years there have been incidents in some parts of the world involving vandalism to 5G cell phone towers. The incidents are thought to be linked to unfounded rumours 5G towers help spread COVID-19. As well, there has been

controversy over the Chinese government's high-pressure campaign to have its 5G system made by Huawei installed in western countries. In some incidents, it is believed, vandals mistook 3G and 4G towers for 5G.

Pauley and Kallas are charged with setting fire to Telus cell phone towers in St-Jerome and Blainville, according to the court filing. They were also charged with mischief. Provincial police said there were seven such blazes recently.

Last week, Prime Minister Justin Trudeau tweeted about the fires. "Vandalizing cellphone towers does nothing but threaten emergency services and impact the daily lives of Canadians across the country," Trudeau wrote. "These recent acts are serious criminal offences and carry severe penalties."



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Boisbriand
450-430-5572

2605, D'Annamasse Str.
Boisbriand
450-433-6226



We can gradually restart normal activities while protecting ourselves!

In the coming weeks, activities will gradually resume in Québec, with the consent and collaboration of public health authorities. The reopenings will occur in phases, depending on the type of activities and the geographic zone. You can check information about the reopening phases on the Government of Québec website: [Québec.ca/coronavirus](https://quebec.ca/coronavirus)

Throughout this process it will remain essential to abide by protective health directives, which limit the danger of the virus spreading. If you have COVID-19 symptoms, it is equally crucial to follow the recommendations for home isolation in order to avoid transmitting the disease to others.

Abide by the protective health recommendations

After you go out in public, monitor yourself for symptoms and abide by the following recommendations.



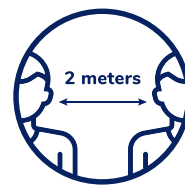
- Wash your hands frequently with soap and warm running water for at least 20 seconds.
- Use an alcohol-based hand rub if soap and water are not available.
- Practice proper cough and sneeze etiquette:



Cover your mouth and nose with your arm to reduce the spread of germs.



If you use a tissue, dispose of it as soon as possible and wash your hands afterwards.



- If you must go out, stay at least 2 meters (around 6 feet) away from people who do not live in your household.
- If you are unable to stay at least 2 meters away from others, wear a face covering.
- If you are sick, avoid all contact with more vulnerable people such as seniors and people whose immune system is weakened or that have a chronic disease.
- Avoid direct contact when you greet someone, such as shaking hands, and use alternative ways to greet people.



- Avoid all indoor or outdoor gatherings with people who do not live in your home.

Face coverings

Wearing a face covering is recommended in public settings whenever physical distancing is not possible. For example, this could be when you go shopping for groceries or take public transit.

When you wear a face covering in public, you must also follow other safety measures, such as hygiene.

If you are sick, stay home. If you must go to a medical clinic or the hospital, wear your face covering until you are given a procedure mask.

Children under 2 years of age and people with respiratory difficulties or who are handicapped or unable to remove their face covering without help, should not wear one.

You can learn more about the correct use of a face covering and how to make one by viewing the short videos on the Government of Québec website:

Québec.ca/couvre-visage



Scarf



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made of paper or
a tightly woven fabric



Bandana or
a tightly woven fabric

Resources

If you are concerned that you might have COVID-19 or have symptoms like the appearance or worsening of cough, fever, difficulty breathing and/or loss of smell or taste without nasal congestion, call one of the following phone numbers: 418 644-4545, 514 644-4545, 450 644-4545, 819 644-4545 or 1 877 644-4545 (toll free throughout Québec) to be directed to the appropriate resource. If you are a hard-of-hearing person, call 1 800 361-9596 (TTY toll free).

Québec.ca/coronavirus

 **1 877 644-4545**

Québec    

Dr. Alan Green: Extended COVID-19 shutdown best for recovery

With COVID-19 still spreading and uncertainty remaining as to whether there will be second wave of the virus next fall, questions are being raised as to the approach that should be taken – with economic recovery paramount in many people's minds.

According to the Johns Hopkins University School of Medicine, there are more than three million confirmed COVID-19 cases in 185 countries and territories. And without any doubt, the coronavirus pandemic is having a devastating impact on the global economy.



MARTIN C. BARRY
marty@newsfirst.ca

The economic impact

Many businesses have been closed for nearly two months, which has caused layoffs and furloughs. Countries are creating economic recovery plans and guidelines for reopening businesses in phases with proper precautions.

But how long can an economy feasibly remain closed down? Should government officials give in to growing public impatience and begin to allow life to come back to normal? Or should they continue, at least for now, with the shutdown?

Should they consider taking a systematic approach – acknowledging there will be an estimated “collateral” casualty count – as measured against damage to the economy from a continuing shutdown? Or do we go on pursuing COVID-19 protective measures until infection and mortality rates reach safe and satisfactory levels – no matter how long that takes if this proves to be necessary?

Virus must be contained



“We’re hearing a lot of people and politicians who look at the economic damage, which is awful, and say *Oh gosh, we have to re-open to save the economy*,” says macroeconomics expert Dr. Alan Green, department chair and associate professor of economics at Stetson University in Central Florida.

“But what I’m saying, and what I think every economist that I’ve seen publicly say something is saying, is that they’re doing it backwards. Even if you legally allow everything to re-open, the economy’s not going to recover until the virus is contained.”

On the one hand, he maintains, dropping

enforced protective measures won’t necessarily help to restart the economy. As people begin circulating openly once again, remnants of the highly contagious SARS-CoV-2 virus will begin spreading again, sickening more people while causing the level of public fear and apprehension to escalate once more.

Could backfire, says economist

“Part of this instinct to try and move quickly to re-open in order to get the economy going really is probably going to backfire,” Green said.

“What will have to be the priority is the public health aspect of broader testing, knowing where the virus is, waiting until case loads have declined, to a point where you can actually keep testing and tracing. So that once we re-open, if there are outbreaks in different areas, we can close them off more precisely.”

As for the alternative argument, that we should balance potentially escalated casualties against the greater economic losses from not moving forward faster, Green said he has a problem with that line of thought.

Says health should come first

“It assumes that the total number of deaths from the virus is kind of fixed and inevitable,” he said. “It implies that a lot of people are going to die either way, so we might as well trudge on ahead and get the economy moving. But the total number of deaths is not fixed at all. It’s completely dependent on the public health response.”

“And again the point I’m trying to drive home as an economist is that if we kind of proceed, and there are going to be some deaths but we’re just going to try and open the economy, people are going to be afraid and they’re not going to participate in the economy and we will still be in a major recession. And they’ll be justified in being afraid, because people don’t want to die and people don’t want to get their family members sick. So if the virus is not contained, then there’s no way things go back to normal.”

Maintain shutdown, he says

His advice? “Keep the economy closed down longer, which we can afford to do, dramatically ramp up testing so we can know where the virus is, and then trace people who’ve got it,” said Green. “And although it’s still a bit early, that seems to be working, at least in some other places.”

He argues that in emphasizing the importance of the human toll, in the long run this will favour a better economic outcome. “Because if we contain the virus, then we can actually re-open with less fear because we’ll have more accurate information, more people will come back and participate. So you get a much better economic recovery with the right public health measures.”

Plandemic: A rebuttal

Plandemic, an upcoming documovie has caused a stir among a North American population that has to deal with an avalanche of information concerning COVID-19. Dr. Christos Karatzios, Assistant Professor of Paediatrics/ Infectious Diseases at the Montréal Children’s Hospital, decided that enough was enough with the conspiracy theories which in the end endanger public health. Here is his rebuttal:

So many people have sent me the video clip of a supposedly upcoming “documovie” called “PlanDEmic” asking me what I think?

So...what do I think? It’s like sending an FBI agent a link to the X-Files series and asking if it is true.

Is the world this gullible and dangerously naive? Or are you on the fence or actually secretly/publicly believe that this pandemic is a colossal hoax in order for the “Deep State” or “Illuminati” or some other malevolent secret society (these people target the WHO and the UN now) to set up a “One World Government”? Have all the doctors and nurses and health care workers who have fought to save the lives of all those unfortunate people who have died or come near death from COVID-19 been secretly working for this evil society? Have all those families who lost loved ones been lying to everyone? Ask yourselves if you are willing to accept this shameful theory. Have we lost all faith in our doctors and nurses? How dangerous is that for the fabric of our society?

So what do I think of Judy Mikovits, who is the “protagonist” of this trash that is supposedly a “documentary”? Here we go:

Almost everything she says is a lie. She has a bone to pick with Anthony Fauci it seems. She also has a new book and needs to make money after being stripped of her job and being arrested for falsifying data and stealing lab material including laboratory cells delivered to her house “by mistake”.

She was hired in the 90s by an alcohol, tobacco, and gambling magnate in the US Midwest who has a daughter with the controversial “Chronic Fatigue Syndrome”. She was a paid researcher in his lab and she had a vested interest to make the link of a mouse retrovirus (similar to HIV) as a cause of Chronic Fatigue Syndrome. His “institute” had a vested interest to come up with results so then they could create some form of therapy or cure for Chronic Fatigue Syndrome. She manipulated data and came up with results that were later retracted completely from the medical literature because no one was able to reproduce them ever again.

Does this remind you of Paul Wakefield and his study of a link between MMR vaccine and autism? It should. Robert Kennedy Jr, the lead antivaxer in the USA, is Judy Mikovits’ friend and collaborator. He is a supporter and sponsor of her. He wrote the prologue for her recent book. So when she says she is not “an-

ti-vaccine” in the video, she lies. In the past she has claimed that 30% of global vaccines contain a cousin of HIV and are making us ill. In the video she claims that the flu shot makes people susceptible to “coronavirus”. By the way, she laments how patents and “Big Pharma” have tainted science. Does she forget how Paul Wakefield actually had a secret patent to create his own measles vaccine while discrediting the established MMR? Oops. How about the fact that she worked for a millionaire tycoon out in Nevada to find the “cure” for “Chronic Fatigue Syndrome”? Oops.

She even performed another study for Chronic Fatigue Syndrome (after the original was criticized by everyone) that showed no link with the mouse retrovirus and she even admitted to this. Her colleagues on the original Science paper that was retracted admitted to faulty science. She was eventually fired from that institute and then stole its lab material. This is what she was arrested and not for “speaking the truth”.

What she says about HIV and coronavirus are dead wrong.

What she says about the flu shot “causing coronavirus” is completely false. The army study she quoted did not claim what she claims it did:

The study concluded that when you vaccinate people against the flu...you get immunity and stop seeing as much flu and start seeing other common viruses being more prevalent (such as cold viruses like the simple cold coronaviruses and human metapneumoviruses)...Because you are getting rid of the main culprit of respiratory disease in the winter (the flu). Therefore, you can see the background noise with common cold viruses that is usually drowned out by the massive flu when there’s no vaccine.

This was the highlight of that study:

1. We examined virus interference in a Department of Defense dependent population.
2. Vaccinated personnel did not have significant odds of respiratory illnesses.
3. Vaccinated personnel were protected against influenza.
4. Odds of virus interference by vaccination varied for individual respiratory viruses.

So what she is saying is nonsense to those not trained to pick up the gibberish she is peddling. It is dangerous nonsense during a deadly pandemic and she is simply crazy.

I think I almost fell off my chair when she stated that masks activate our own covid and we get reinfected.

The same people behind this video are the same people who believe vaccines kill, who believe Bill Gates will inject us with microchips, who believe that 5G is what is causing COVID-19, who believe that the lockdowns that happened to **save our health care system** before the first wave were wrong, and they are the same people who are out protesting in the US to open beaches and casinos and whatever they deem necessary.

I think that’s all I have to say about this person and anyone similar to her. Beware of quacks! She and others are allowed to be storytellers but if she is endangering public health, she will find herself behind bars again.

I have a job to do for which I gave an oath when I accepted to sacrifice my youth, to eventually be able to save lives; Your lives and the lives of your children.

Enough.

Christos Karatzios, MD

Associate Investigator, RI-MUHC, Glen site
Child Health and Human Development Program
Centre for Innovative Medicine
Assistant Professor, Department of Pediatrics,
Faculty of Medicine, McGill University
Department of Pediatrics, Division of Infectious Diseases, MUHC

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My name is COVID-19...and I am not alive!

An in-depth interview with Dr. Christos Karatzios, Assistant Professor of Paediatrics/ Infectious Diseases – Montréal Children's Hospital (Part 1)

Covid-19. Although we call it sneaky, silent killer, elusive and all kinds of epithets usually attributed to living organisms, covid-19 is not alive. It is a piece of RNA code wrapped in a protein shell. It cannot self-replicate and needs our cells to do its dirty job. There I go humanizing it again! And although most of us want this new coronavirus to die horribly, scientists like Dr. Christos Karatzios see it exactly for what it is: A parasite that does not even deserve to be called microorganism which deserves, however, enormous respect and knowledge in order to eliminate it.



DIMITRIS ILIAS
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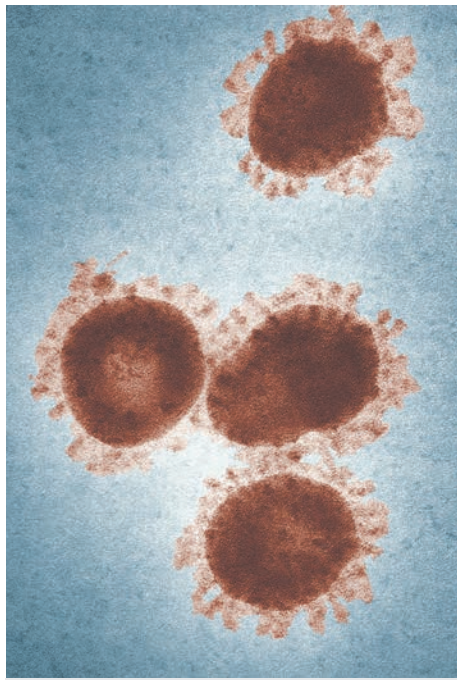
New effect on children- Kawasaki syndrome

Lately, a lot is being discussed about a larger than usual number of kids being admitted to the hospital with an inflammatory syndrome called Kawasaki.

"Children started coming in with Kawasaki syndrome for which there is no test. More like a clinical hunch" said Dr. Karatzios. It is a disease originally seen in Asian kids and no one knows what is causing it. Effects include prolonged fever, face rashes, red eyes, cracked red lips, swollen strawberry looking tongue, swollen hands and feet, eventually attacking the heart. The past few weeks reports all over the world have been showing an increased number of children coming in the hospital with weird atypical Kawasaki syndrome, leading doctors to believe that some infectious agent is causing this. Covid-19 is the obvious culprit since that is the only infectious agent that is present compared to last year. "St-Justine looked at their patients; half of them tested positive to Covid, half of them not. The children who tested negative had antibodies developed for covid-19" said Dr. Karatzios. All that means is, that at some point those children developed antibodies, killed the virus and later developed Kawasaki syndrome as an auto-immune reaction to their own antibodies. The scientific community is closely monitoring this new development.



Dr. Christos Karatzios, Assistant Professor of Paediatrics/Infectious Diseases – Montréal Children's Hospital



An electron microscope picture of covid-19 viruses

Still very rare

All this scary stuff shows yet another baffling aspect of this virus. However, when it comes to children, cases of covid-19 are still very rare. "Less than 5% of the total covid-19 infections are children not to mention that children do well against the virus or are asymptomatic" said Dr. Karatzios. Out of this 5% in 4 million, only a few dozen ended up in the hospital (24 in the UK, 15 in the US a few in Montreal etc.) and out of those, an infinitesimal percentage died.

Covid-19 the hijacker and your body's response

This virus is no different than others in the way it operates. It hijacks the cells of your body (your DNA, your enzymes, your proteins) to create copies of itself. The body realizes that there is something happening that it does not like and sends messages to the immune system to send white blood cells to the infected area to swallow up the intruders. Those white blood cell first responders eat up viruses, chop them up and present them on their surface for other immune cells to come and learn about the enemy. Then the immune system starts to process...

In the end it creates antibodies. These Y shaped soldiers are released in large numbers in the body and attach themselves to the virus which they now know very well. Antibodies attached to a virus can kill it by preventing the virus from entering a cell or by making the virus more appetizing (recognizable) to white blood cells to eat it. Later the body creates memory cells that contain the blueprint of those antibodies in case the virus attacks again and that is how immunity develops.

Herd immunity

I asked the doctor if the virus could be eliminated without a vaccine. "Yes but you would get a lot of dead and sick people from this" was his adamant reply. He explained that in order to develop herd immunity 60 to 70 percent of people have to have contracted the virus and developed antibodies to it. "As a society, do we want to sacrifice a lot more people, like in Sweden which did not follow the lockdown approach of the rest of the world, in order to develop herd immunity?" questioned Dr.

Karatzios. Flattening the curve means we spare our health system a massive influx of patients. Flattening the curve means we do not have to decide who lives and who dies like in Italy. The virus will always be there, but we take the time to develop our weapons against it while minimizing our casualties. It's a war thing!

Vitamins to douse the flames after a war

"There is no magic formula as to how to strengthen our immune system. But you can send your immune system to the gym by resting, sleeping 7-8 hours and eating a balanced and healthy diet" said Dr. Karatzios. He proceeded to emphasize the importance of fruits and vegetables for the vitamins they have which are very useful to the body as antioxidants. "When your immune system is fighting a war, some white cells kill viruses by pouring peroxide on

them. If this inflammation is allowed to happen at a very prolonged and extreme way, it can lead to problems like cancer and can lead to an overactive immune system so the vitamins put the brakes on the immune system." said Dr. Karatzios.

Vitamin D

There are a few studies that show that vitamin D is kind of protective against respiratory viruses and influenza. So, people that have low levels of vitamin D, people who live in climates where there is not enough sun or do not consume vitamin D rich foods have more problems with respiratory viruses. Even with covid-19 there is a suggestion that sunnier places in the world tend to fare better than places with vitamin D deficiency. "A few studies show that Vitamin D helps to boost our immune system a little bit. Not a cure but it helps."



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Quebec Liberals celebrate Robert Bourassa

Former insiders recall October Crisis and launch of James Bay Project

They recalled their times living or serving alongside one of the most highly-regarded p

THAT'S WHAT I'M THINKING

Robert Vairo

Will the real leader please stand up!

Robert Bourassa. On this 50th anniversary of his election, you can't help but wonder how much better he would have handled this pandemic. I reported regularly, some times daily on Bourassa for then PULSE NEWS in the 70's, 80's and 90's. I know that Quebecers had the utmost respect for one of the great, some say the most successful Premier, who first and foremost was an economist, but one who ruled with compassion and kept the party where it belonged, in the center of the political spectrum. Quebec enjoyed the best of economic times with Bourassa at the helm. Not the warmest of orators, but an intelligent and very sensitive man whose devotion was totally to Quebec. His persona would never have allowed our long term homes to reach the shameful state that exists today. He would have held health and the economy in balance, a record Quebecers would have lauded. But we will never know with certitude, because that was then, and this is now.

True leaders stand out in times of crisis, like Ontario's Doug Ford. Ford speaks from the heart in simple everyday language. He's genuine, empathetic, and tough. When President Trump stopped our N95s to Canada, Ford said "now we know who our friends are". When Trump suggested reopening the borders with Canada, "Absolutely not. I don't want them (Americans) in Ontario". And he does not want Quebecers in Ontario either. Note the road block to Gatineau cottage country. His approval rating has soared to an astounding 83% according to latest survey. On the recent assault rifle ban, an upfront challenge to Ottawa. "Put the money at the border" because that's how illegal guns get into Canada. So I find myself watching Ford the most, then Premier Francois Legault, who use to have a reassuring image, still enjoys popularity rating in the 90% range. But error after error have spelled disaster. The first to close schools in Canada, the first to reopen. Anxious to spark the economy, he reasons teachers back in the classroom would care for the children of the employees back on the job. He has lost control of the massively layered bureaucracy governing long term care homes. Understaffed, underpaid, with no real infection control, plagued with staff walk outs. Legault's call for volunteers to put a stop to our dying seniors has been a failure. So it's now the always reliable army at our seniors' homes!

Have you watched Dr. Bonnie Henry, BC's chief health physician? She is cautious, calm, communicates extremely well with her audience, like a kind, reassuring nurse at your bedside. The result, BC first to flatten the curve. She is so popular, her BC designed and manufactured John Fluevog shoes sold out.

In the neighbouring province, Alberta's head physician, Dr. Deena Hinshaw is more popular than anyone in her government at 88% approval according to the latest poll. Unlike Quebec, Alberta has limited bureaucracy for quick and effective decisions. Except for the meat processing plants fiasco, Alberta is a leader with massive early testing and a low threshold of reporting so that public health rushes into seniors homes to offer immediate support. They love Hinshaw out west, even selling out of a "periodic table dress" she wore one day.

At the federal level Dr Teresa Tam, taking a lot of heat for relying on WHO, which in turn relied on China's false data. Despite several premiers outcry, she was late to advise her boss to close borders to the US. She was late screening at our airports, late in closing the border to China, with no mention of Taiwan. Taiwanese were wearing masks long ago and reacted swiftly. One of the first to successfully shut down the virus. But Tam took her cue from the WHO, which does not recognize Taiwan. Seems many Canadians forgive. Her almost daily appearance, and tax payer paid commercials have vaulted this virtually unknown to fame.

Top expert on infectious disease, the tireless Dr. Anthony Fauci, in quarantine, now getting body guard protection because of threats on his life. Why? Because he speaks the truth, and the truth hurts. Isn't it refreshing to hear leaders like Dr. Fauci speak to us clearly and frankly, often contradicting his boss President Trump and still have his boss's back. Not an easy task when the boss is President Trump. Fauci boldly predicts the virus will return this autumn (US election) and the hand shake is history. By the way, if Trump fires him, he has a job. Said Italian infectious disease director Dr. Giuseppe Ippolito, "The world needs Fauci!"

The governor of New York, "Andrew Cuomo takes charge" Rolling Stone magazine. He is the boss. Governor Cuomo and his virus infected younger brother are a hit on CNN. The governor regularly challenges Trump. Cuomo is genuine, factual, bold, and wise. On reopening the economy "We have to temper our desire and emotions with our intelligence". On schools of tomorrow, "revolutionize" and "re imagine" education. Thumbs up.

Justin Trudeau is a smooth politician. He has eastern Canadians in the palm of his hand despite the fact he exploited COVID-19 to try to give himself unlimited and unchecked taxing and spending powers till the end of 2021. Canadians are nonetheless thankful for generous and much needed direct deposits to mitigate total economic collapse. Trudeau, and his hair's daily appearance have bounced his popularity to 73%.

My favourite leader is 39 year old New Zealand Prime Minister Jacinda Ardern. Her leadership style makes her "the most effective leader on the planet" THE ATLANTIC. She is soothing, reassuring, with a firm reign on authority and credibility. "We will see results" she said weeks ago. And they have. New Zealand is Virus free today.

Let's not forget the leaders who are not on screen every day. The leaders of the front line health workers. Thank you.

In the end, true leadership is having our own sovereign decision makers. No WHO, no external influence, but reliance on Canada's brains in health, food, transport, manufacture of essential products. All MADE IN CANADA. I'm waiting for that day.

In the meantime, stay a hockey stick length away, eh.

That's what I'm thinking.



First comeback: October 15, 1983, Robert Bourassa wins PLQ leadership
PHOTO: Archives The Greek Canadian News



September 1989: Robert Bourassa wins second consecutive term
PHOTO: Archives The Greek Canadian News

Bourassa's legacy and impact

ect

political leaders ever to govern Quebec



Looking back on former Liberal Premier Robert Bourassa's accomplishments and political legacy, it's sometimes a little hard to believe that during the mid-1970s he was looked upon by many as the most reviled political figure in Quebec.

As leader of the PLQ – a party that always strove to be in the middle of the political spectrum, while trying to reconcile both ends – Bourassa's downfall was almost inevitable during that highly nationalistic era.



MARTIN C. BARRY
Local Journalism Initiative Reporter
For The Laval News
marty@newsfirst.ca

A rock and a hard place

He would find himself caught between the increasingly powerful sovereignist forces in Quebec – demanding greater protections for the French language and culture – and the English-speaking minority, protesting the degradation of their rights. The Anglos would largely abandon the Liberals in 1976 – allowing the PQ, for the first time, to form a government.

Many aspects of Bourassa's political life came up during an online homage held by the PLQ in a Zoom videoconference channel last Saturday morning for card-carrying party members and their guests.

50th anniversary event

The virtual gathering marked the 50th anniversary of April 29, 1970 – the date when Robert Bourassa formed his first provincial government and, at age 36, became the youngest premier in the history of Quebec.

Bourassa would go on to win four mandates, although in two distinct time frames – 1970-1976 and 1985-1994 – periods that are sometimes referred to as Bourassa I and II.

Eight former insiders (including his daughter, as well as a past Liberal Minister of Finance) recalled their times living or serving alongside someone that historians have come to regard as one of the most successful political leaders ever to govern Quebec.

Among the more noteworthy instances recalled during the videoconference: Guy Langlois, who was Bourassa's chief of staff in Quebec City in 1970, remembered the moment when he and Bourassa first learned of the events that would trigger the October Crisis.

Kidnapping of James Cross

"We had gone to New York to meet John Rockefeller," said Langlois. [Bourassa had travelled to the U.S. to seek financing for the massive James Bay hydroelectric project.]

"So we came back to Montreal and we met with Jérôme Choquette, the Minister of Justice, at a hotel on Côte de Liesse where he briefed us on the situation following the kidnapping of James Cross."

A short time later, in Sorel about 60 kilometres east of Montreal where Bourassa (who had married into the wealthy Simard family) would spend time with his wife and in-laws, Choquette informed him over the phone that Liberal Labour Minister Pierre Laporte had by now also been taken hostage by the Front de libération du Québec.

Start of October Crisis

Langlois said he told the one police officer assigned to stand outside to guard Bourassa that he should go fetch the handgun he'd left in his car, and call for additional police reinforcements to protect the Premier from the impending terrorist threat.

According to Langlois, Bourassa then placed a call to Prime Minister Pierre Elliott Trudeau in Ottawa, and convened an emergency meeting of the provincial cabinet at the Queen Elizabeth Hotel in Montreal. "That was the beginning of the October Crisis," Langlois said.

A 'loss of innocence'

Bourassa's daughter, Michelle, was only four years old when the October Crisis erupted. She said she can still remember the night she was scooped out of bed, placed in a car and driven off in a motorcade guarded by motorcycle police to a safe place.

"For me the October Crisis, I think, was a kind of loss of innocence," she said, recollecting that around the same time she was also with her

parents in their living room at home when the FLQ Manifesto was read out on TV. And she remembered when the news of Laporte's death was announced.

On a happier note, Ronald Poupart, who was Bourassa's director of communications and at one time also the PLQ's executive-director, recalled what was undoubtedly to be Bourassa's and the Quebec Liberals' proudest accomplishment – the James Bay project.

James Bay Project

According to Poupart, Bourassa and the PLQ leadership made the conscious decision to shine a spotlight on the announcement as an optimistic counterpoint to the negative impact the October Crisis had on Quebec.

[Bourassa had been working on a vision of the James Bay project since at least 1969 when he was still a PLQ backbencher; he then made it a plank in his platform for the Liberal leadership, before going on to win the 1970 election.]

Ironically, according to Raymond Garneau, who was Treasury Board President in the Bourassa cabinet, the Parti Québécois, which had elected its first MNAs to the National Assembly in 1970, were critical at that particular time of such large hydroelectric projects – preferring nuclear energy instead.

"Imagine today, if we had chosen to launch ourselves into nuclear energy," noted Garneau. "What a disaster it would be because of all the environmental concerns."



Seen in this screen capture from the PLQ's online videoconference last Saturday are (clockwise from top left, ending in the centre) ex-Bourassa chief of staff Guy Langlois, former Bourassa director of communications and ex-PLQ d-g Ronald Poupart, current PLQ d-g Véronique Tremblay, ex-Bourassa press attaché Sylvie Godin, former Bourassa cabinet minister Raymond Garneau, former Bourassa chief of staff John Parisella, Bourassa's daughter Michelle Bourassa, and Jean Masson, the first president of the PLQ's youth commission.

Direct? Answers

from • Wayne & Tamara

The "Why" Doesn't Matter

I am writing about love sickness. My husband had a long-term affair with a woman who was also married. I have spent hours on the internet reading anything I could find trying to find answers as to why. My spouse still refuses to admit his affair.

I ran across information pertaining to limerence. What are your thoughts on love addiction?

Noelle

Noelle, our first thought after reading your email was, love addiction? His? Hers? Or, Yours?

It sounds as if you are still with him. It sounds like a 'he's doing whatever he wants' situation. It sounds like you are looking far and wide to legitimize staying.

Love addiction? Is that like midlife crisis, sex addiction, or any other form of excuse-making for the wrongdoer. Having your life revolve around what someone else did to you is no way to live. Maybe one day you will realize that. But now, you are spending your life, searching and searching, looking for a way to make this okay. That is a useless quest. You are not getting past his adultery. You must examine why you are still there. That's where to look.

What is your reason? It can't be that you are loved. It can't be that you are cherished.

He cheated. That cannot be altered. That cannot be undone. He changed your future. You wouldn't be on this worthless quest if he hadn't cheated on you.

It's like you are still showing up at the place you used to work after the boss fired you. Maybe your search will end when he leaves you for another woman, or when the other woman refuses to put up with you being in the picture.

At this point, it is a situation of your own making. He created it, but you are the one maintaining it. You are the third wheel in his love affair.

Your description of your husband's affair is extremely brief. You'd like to interpret it in terms of limerence or love addiction.

Why can't it simply be that he would rather be with her, but she won't permit it? Why can't it be that he wants to get from her what he thinks is lacking in you? Why can't it be that he loves you so little he would put you through hell to get what he wants? Why can't it be that he lives with you but loves her?

The problem with limerence and love addiction as explanations is that everything we do—everything—can be explained in terms of some region of the brain or some biochemical or neurological process.

It doesn't matter whether it's courage on the battlefield or cowardice on the battlefield, going to the grocery store or deciding not to go to the grocery store. Everything we do can be explained in terms of the hypothalamus, dopamine, oxytocin, or some other process or chemical. The problem for you is that none of those explanations will get you anywhere. None of those explanations are actionable by you.

John Searle is a philosopher of the mind. Searle says,



"One and the same event has a level of description where it's neurobiological, and another level of description where it's mental, and that's a single event, and that's how nature works."

John Searle offers this example. "I decide to lift my arm and the damn thing goes up." We can explain that in terms of acetylcholine, axon end-plates, and ion channels. Or we can say, "I decided to lift my arm and the damn thing went up." Either way, it's the same event. We can talk about your husband's "limerence" in terms of serotonin, norepinephrine, and messages between brain cells, or we can say, "He has sex with another woman."

Either way, it's the same thing.

We can talk about his "love addiction" as an intimacy disorder, a phenomenon on a biaxial continuum, or a special case of OCD, or we can say, "He has sex with another woman."

It's the same thing.

In the same way, the intense pain you feel can be explained as your brain chemicals acting up. We can even list some of those chemicals or parts of your brain. We can speculate, for example, that your cortisol (stress hormone) is up and your dopamine (the feel-good hormone) is down.

But does that solve anything? Does that make the pain go away? Of course not. On the mental level it's the same thing. "He cheated and destroyed my life."

We mentioned courage and cowardice on the battlefield. If the true explanation for both is simply brain chemistry, then we can give medals to the coward and withhold medals from the courageous, or we can give medals to both or medals to neither.

Do you understand the point?

You wouldn't be writing if his behavior was okay with you. We won't give you limerence or love addiction to explain your lack of courage in not leaving the man who ended your marriage.

Why is your quest endless? Because the only answer is leave, and you won't do that.

Shakespeare said it one way, Hemingway said it another, but the point is simple. The coward dies a thousand deaths, but the brave die but once. Your quest to excuse your husband's behavior has you dying a thousand deaths.

Wayne & Tamara

Wayne & Tamara Mitchell are the authors of

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To re-open or not re-open schools...

◀ Continued from page 4

School Board Association) once again has taken an unwelcome and unprecedented stance in interfering in what is none of their business. The angry-phones are attacking the Ministry of Education for announcing an early return to school, according to them. Is it really early? Two months later? The Ministry of Education can't be blamed for the school boards not doing a lot more than they've done in preparation for that day to come — reopening of school doors.

In response to QESBA's press release, the EPCA, English Parents' Committee Association of Quebec has expressed its disappointment with the position QESBA has taken. "The group representing Quebec's 9 English school boards has declared that no English school board will open until individual boards have decided for themselves, notwithstanding the government and Ministry of Education's decision," the QESBA lobby group has arrogantly and inappropriately stated. EPCA has countered with the legal response that "as the official voice of parents and students in Quebec's English public schools, EPCA is best placed to relay the preoccupations of parents and is surprised that others have chosen to speak on our-your-be-half, and taken such a public position without properly consulting Quebec's English school parents' committee."

Surprisingly or not so surprisingly, QESBA comments on, criticizes, analyzes what is the obvious —imperfections of a plan which in reality belongs to the school boards. Then, why hasn't QESBA dutifully handed over the \$800,000+ membership fees collected back to the school boards -- money that comes from the public purse and belongs to the students. The membership fees used to fight Bill 40 without the stakeholders' consent will certainly buy plenty of hand sanitizer, soap, paper towels, masks, plastic barriers and more, much more, during this very difficult economic time. Is QESBA turning COVID-19 into a political agenda through false and illegitimate representation for our students not to return to school?

Remote learning may be the new normal until schools have a robust system in place such as contact tracing. Schools are to space desks six feet apart, limiting students to 15 per class, and limiting how much student groups mix. Yet, there's no mention of teachers, students and staff of wearing masks and if there are

provisions for plexi-glass divisions between the teachers' desks and the students. After all, bank tellers and pharmacies have provided this division. Why not schools, through their school boards? Schools are planning for multiple scenarios but have no clear idea what they are and how they'll work.

The educational Big Wigs are considering how they can cut down on the time children spend in big groups and institute some form of social distancing. That means closing the cafeteria and playgrounds, dispensing with assemblies and extracurricular activities, and monitoring bathrooms. Even with these changes, whether it's possible to keep kids apart from their classmates in any meaningful way is far from clear. More sweeping efforts to keep students apart by educating different groups in shifts with different teachers, or on alternate days, wouldn't fully solve the conundrum facing working parents for Pre-K to grade 6, but it would be a step in the right direction.

However, each school board has decided to handle the matter differently and how they see fit. Some unanswered questions are: Should schools be considering whether they should invest in different school desks, install plastic barriers, or outfit buildings with hand-washing stations, changes to the physical structure of the buildings and transportation. These type of things are different under normal circumstances. Trying to, on the fly, outfit the buildings in a way to stay six feet apart throughout the course of the day and wash their hands every hour isn't exactly a small task. And, some are worried even if they come up with solid plans for reopening schools, parents will choose to keep their children home. Parents want answers and they're frustrated about that. School boards must provide those answers.

The nine English school commissions represent over 100,000 students. The frustration of the teachers and parents is clearly demonstrated by the petition circulating which has already collected over a quarter million signatures requesting that schools reopen in September. Yes, the government hasn't helped matters with its flip-flop on whether teachers and staff aged 60-69 can and will be expected to return to the re-opened opened schools, another conundrum faced by school boards, but the question still stands — Will September be any different than what we have now? Can anyone really tell? Not likely! Damned if you do, damned if you don't.

Renata Isopo

Construction resumed on May 11th at the REM Deux-Montagnes Train Line



(NSN) Following the most recent directives from the Government of Quebec, the sites of the Réseau express métropolitain (REM) resumed their activities from May 11. All measures to ensure the health and safety of workers will be deployed and applied with rigor. The departments of the organizations (REM, NouvLR and GPMM) will ensure systematic and sustained monitoring of the situation with the competent authorities.

With this lifting of government directives

regarding the suspension of all construction sites, execution of the planned work will resume in order to ensure the modernization of the Deux-Montagnes line and the Mont-Royal tunnel.

This work required the complete closure of the section of the Deux-Montagnes line located between Du Ruisseau station and Central station as of May 11 and will be carried out in coordination with Mobilité Montréal in the implementation of mitigation measures.

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The Baking Soprano

by Maria Diamantis



Quarantine Spanakopita



When I was a student at the McGill Music faculty, my colleague asked me do you like to bake? I replied with a question, do I like to eat? She then said, I guess we (operatic singers) all love to eat.. let's face it, the most popular blogs, shows, articles, etc. are mostly all about food and recipes! Well, I chose to do an article, totally inspired by this quarantine. Normally before this isolation, I couldn't and wouldn't bother with baking. Of course, having a Greek mother, she would never understand why I couldn't find the time to bake anything. Picture a Greek mother questioning her daughter: "I don't understand why you don't bake, it's not difficult!"

Well guess what mom, now I have the time! But then the next question was: Do I have all the ingredients? The other day, I was craving a very popular Greek food, Spanakopita [Spinach-pie] (technically, according to the ingredients found in this food, it is called Spanakotiropita [Spinach Cheese-pie], but who wants to pronounce all of that?

So, I made a checklist: Spinach (duh), dill, onions, hey I even have chopped leeks in my freezer! Chicory (found it in the vegetable drawer, so anything goes, anything leafy is a great addition or substitution) Feta Cheese (phew), Olive oil and finally Phyllo dough...Uh oh! None of that!

Ok it's not going to happen, forget it, I'm not running out to the grocery store... again...Do I really need to wait in line for my turn, wear a mask, get disinfected and the worst of it all, is that interrogation! "I don't have the symptoms, nope I didn't travel abroad, NO!! I wasn't exposed to anyone who has covid", all this time answering with muffled no's whilst my glasses fogging up from my mask.

Don't get me wrong, I'm very grateful for all these precautions taken!

This is when I dug into the pantry, and opened the container of flour, donated by my mother of course, being Greek, she has everything in stock...and a rolling pin! Yay, I'm ready to make my own Phyllo dough. It turned out delish!

Here's the recipe:

First, Make the dough:

- 2-2 1/2 cups all purpose flour
- 1/2 tspn salt
- 2/3 cup warm water
- 1 tsp dry yeast added to the water (wait 10 minutes for it to activate)
- 1/8 olive oil
- 1 tbspn red wine vinegar
- Makes apx 2 sheets (12 inches x 10 inches) each, once rolled up, it becomes 10 inches x 3 inches

Simply add flour to a mixing bowl and form a small well in the centre of the bowl. Add the rest of the ingredients, combine them well with your hand and knead into a ball. Leave it aside to rest

Make the filling:

Ingredients:

- 2 onions, chopped
- 1 spring onion, finely chopped (optional)
- 500g spinach, washed and roughly chopped (18 ounces)
- 200g feta cheese, crumbled (7 ounces)
- 1 egg, beaten
- 1/4 cup rice, or any other grain to absorb moisture, like quinoa, or bulgur wheat
- 1-2 tbsps fresh dill, chopped (optional)
- salt and pepper to taste

Instructions for the filling:

To prepare the filling for this spanakopita recipe, sauté the onions in some olive oil until softened. Add the spinach in batches and cook until wilted. Cool it in a bowl, then squeeze out any excess liquid(this is why you need the grains for extra protection, you don't want a soggy Spanakopita) and mix in the feta, egg, spring onion and season. Set aside

Back to the dough.

Cut the dough into 2 halves. Roll out each ball with a floured rolling pin to achieve the given dimensions. Then add the filling like you would make a wrap, or enchilada, fold each side and roll up. Baste with olive oil.

Place in a greased pan, puncture each "enchilada" several times to let the steam escape, bake in a preheated oven to 365 degrees Fahrenheit for 1hr or until crisp.

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In Memoriam & Obituaries



CORBIN, Renaud
1926 - 2020

In Saint-Eustache, on May 7, 2020, at the age of 93 years and 10 months passed away our dear father, he left to join his late wife Germaine Belzile. He is survived by his 9 children, Yves (Nicole Dupras), Jocelyne (André Bégin), Christian (Danielle Duchesne), Sylvie (Serge Binette), Régis, Dany, Linda (André Vachon), Claire (Jean-Claude Thériault) and Sylvain (Ibis Espino Choy).



ST-PIERRE, Roland
1927 - 2020

Passed away at the age of 92, Mr. Roland St-Pierre, beloved husband of the late Thérèse Bédard. He is survived by his daughter Céline (Serge Brault), his three grandchildren Anne-Marie (Jean-François), Marc-André (Emanuelle) and Émilie (Maxime), his great grandchildren Ophélie, Elena, Victor and Jules. He was the brother of: the late Joseph (late Louisa Pruneau), late Raymond (late Rose Deblois), late Wilfrid (late Jeanne-D'Arc Lemay), late Paul (late Marguerite Lemay), late Robert (late Ginette Giroux), late Camil (late Edwige Dallaire), late François (Christiane Larochelle), late Françoise (late Roméo Auclair).

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TROTTIER BÉLANGER, Suzanne
1944 - 2020



In St-Jérôme, on May 7, 2020, passed away at the age of 76 years Mrs. Suzanne Trottier, daughter of the late Hervé Trottier and the late Angéline Caya, leaving to mourn her tender husband Robert Bélanger, her beloved children Pierre-Luc and Annie (Danny Roy and his daughters Léonie and Zoé), his precious grandchildren Benjamin and Annabelle Charlebois, his only sister Marie-Ange (late Guy Martin), his brothers Frédéric (Jeanne Perrault), Simon (Aline Nadeau), Jean -Marc (Denise Reny), Réal (Alice Boire), late Onil (late Louise Monfette), late André (Marie-Ange Brière), Clément (Diane Monfette), late Richard (Carmen Houle) and his godson Antoine Martin.

TURMEL, Jacques
1955 - 2020



It is with great sadness that the Turmel family announces the death of Jacques Turmel, son of the late Jean-Paul Turmel and Marie-Marthe Turmel née Gélinas. He is survived by his brothers Pierre, Serge (Lorena Briones) and André (France Rochon), and his sisters Hélène (François Fecteau) and Luce (Ghislain Guindon), and thirteen nephews and nieces: Sébastien, Marie-Laure, Alexandre, Florence, Frida, Gaël, Arianne, Charles, Rosalie, Rachelle, Laurence, Ludovic and Marika. A native of Val-d'Or, Jacques has always been inhabited by Abitibi. We keep in him the memory of a warm being who had his heart on his hand. His bonhomme and his laughter will be missed.

LACHANCE, Rollande
1926 - 2020



In Deux-Montagnes, on May 8, 2020, at the age of 94, passed away Mrs. Rollande Lachance, beloved wife of the late Marcel Grenier. She is survived by her children Gilbert (Reine), France (André), Sylvie (André), Line (Yvon) and Guylaine (Gontran), her grandchildren and great-grandchildren, her stepchildren Huguette and Nicole, her sister Jeanine, her sister-in-law Marthe as well as many relatives and friends.

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HOROSCOPE

Week of May 17 to May 23, 2020

The luckiest signs this week:
GEMINI, CANCER AND LEO



ARIES

You'll spend a lot of time with demanding children this week. You might need to drive them around, but take advantage of the situation and have some fun together.



TAURUS

Pay attention to instructions to avoid doing the same thing twice at work. Expect some miscommunication this week and double-check your information.



GEMINI

A closer look at your budget will reveal you have the means to start a project that's close to your heart. Some details regarding your love life will need clarification.



CANCER

Your leadership skills will increase tenfold this week and a substantial pay raise awaits. Take the time to negotiate with people before making a decision that concerns them.



LEO

A dip in your energy will remind you to take better care of yourself. A new diet or treatment will improve your quality of life and help you accomplish your goals.



VIRGO

Your love life and social life aren't always compatible, and you'll need to make a choice between the two. You'll also have to adjust your priorities to balance fun and responsibilities.



LIBRA

You'll be inspired to redecorate and take on larger projects at home. Thankfully, your friends will be more than happy to lend a hand.



SCORPIO

You'll start planning your summer vacation. Don't hesitate to tighten your belt to save up for a dream trip or a pilgrimage that'll reinforce your spirituality.



SAGITTARIUS

Emotions may run high this week, but you won't lose your cool. You'll even be able to make people around you smile during tense situations.



CAPRICORN

You'll be in an excellent position to conclude an important negotiation at work. The result will prove profitable and make everyone involved happy.



AQUARIUS

You'll have to take on more responsibilities when one of your colleagues is unexpectedly absent. You may fall behind on your work, but you'll benefit in the long run. A promotion is in the works.



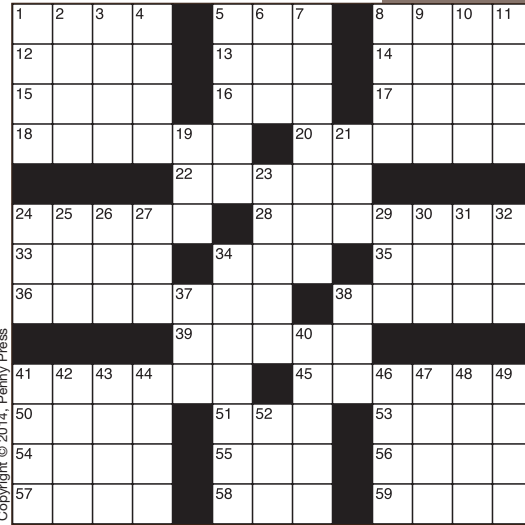
PISCES

An accomplishment you're very proud of will be recognized and appreciated. Your romantic partner will pay attention to your wishes and propose big plans for your relationship.

Coffee Break

CROSSWORDS

PUZZLE NO. 985



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ACROSS

1. Cease
5. Soak
8. Fifty percent
12. Encourage
13. Road covering
14. Oblong
15. Skin opening
16. Metallic rock
17. Staple food
18. Hi-fi
20. ____ out (distributed)
22. Pilgrim John ____
24. Look forward to
28. Extreme
33. Grassy spread
34. Waterlogged
35. Soda choice
36. Pushes against
38. Answer
39. Noodles
41. Zany
45. Yearned
50. Cropland measure
51. To each his ____
53. Holler
54. Front of the leg
55. Holiday egg drink
56. Furthermore
57. Withheld
58. View
59. Honk

DOWN

1. Has dinner
2. Horse's gait
3. Folklore giant
4. Social equal
5. Bar seat
6. Rowing blade
7. Ready the oven
8. Bugle
9. Enthusiastic
10. Tie, as shoes
11. Ran off
19. Wear away
21. "Stand ____ Deliver"
23. Put clothes on
24. High peak
25. Children's card game
26. Dazzle
27. Office holders
29. Cold cubes
30. Beat walker
31. " ____ I Need"
32. Put
34. Arms
37. Place to get fit
38. Large rodent
40. Sprinkling
41. Cher film
42. Pang
43. Leak
44. Copper coin
46. Shellfish
47. Doughnut feature
48. Slacken
49. Plummet
52. Deep sorrow

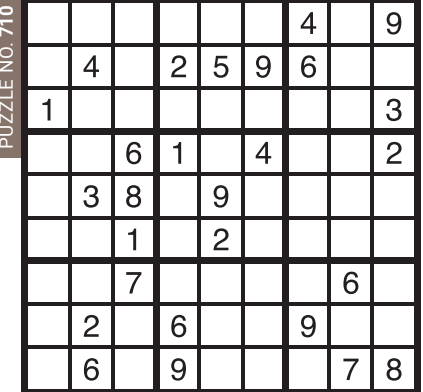
Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

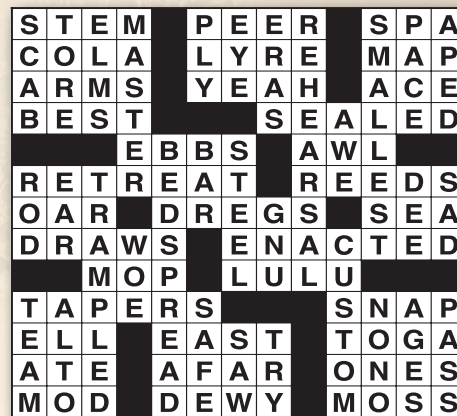
Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 710

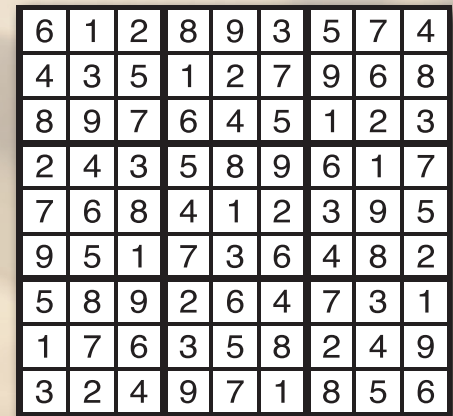


Last Issues' Answers

CROSSWORDS



Sudoku



Following the most recent requests from the provincial government regarding the spread of COVID-19, we wish to confirm that all Cinemas Guzzo will be closed till further notice.

As usual, we are monitoring the situation very closely and will adjust as necessary based on requests from the authorities. Our priority will remain above all else, the health of our employees and the public.

The Cinemas Guzzo Team



The best choice
Since 1983

TO ALL OUR EMPLOYEES WHO SINCE THE LAST FEW WEEKS MAKE A DIFFERENCE
IN OUR LIVES AND IN THAT OF OUR PRECIOUS CUSTOMERS.

Thank you!