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Vol. 16 - N°.16

July 17, 2020

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Summer in the North-Shore region

PAGE 6



Starting July 18
Masks are
mandatory
see PAGE 3



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Starting July 18 wearing a face covering in public is mandatory

Fines for businesses and individuals

Masks or face coverings will be mandatory in all indoor public spaces across Quebec, beginning Saturday, July 18.

That coincides with the start of the province's two-week construction holiday, when tens of thousands of Quebecers take their summer vacation.

"It's not fun wearing a mask, but it's essential. It's better to wear a mask than to be confined at home," said Premier François Legault in making the announcement last Monday.

The regulation applies to everyone age 12 and up, although Legault said even children as young as two could be encouraged to wear a mask. People with a medical condition that precludes them from wearing one will be exempted.

Hefty fines for all

Legault said the government took time before making masks mandatory to get people used to the two-metre distancing rule, which he said is the most important one to follow.

The indoor mask regulation will apply to retail stores, malls and recreational centres and any other enclosed public space, including restaurants, whenever someone is not seated at a table.

To start, only businesses will face fines. Business owners are responsible for applying the new regulations. If they fail to, they could face fines of between \$400 and \$6,000.

As of Aug. 1, individuals who refuse to wear masks could also face fines. For now, that won't happen, but people without masks could be denied entry to indoor establishments.

Dr. Karl Weiss, a microbiologist and the head of infectious diseases at Montreal's Jewish General Hospital, said wearing a mask is a temporary measure that has to become as much of a habit as stopping for a red light.

Weiss said several studies have proven the effectiveness of using a mask to limit the spread of coronavirus micro-droplets.

Financial impact worries businesses

The Canadian Federation of Independent



Quebec Premier François Legault presents the new rules around mandatory face coverings where business owners would be responsible for informing customers that they must wear a mask while inside their establishment..

Business (CFIB) said although its members understand that asking customers to wear masks is important to contain the spread of COVID-19, they are concerned about the cost.

"Only 20 per cent of Quebec businesses are earning their usual income for this time of year," said the CFIB. "Many cannot afford to lose customers and will bear the additional costs of purchasing personal protective equipment (PPE)."

The federation is asking for financial assistance to purchase PPE for workers.

The last thing Quebec's merchants want is to close up shop because of an outbreak of COVID-19, said Stéphane Drouin of the Quebec retail council.

For Étienne Cummings, director of public relations and government affairs for Quebec City's chamber of commerce, the new regulation was a logical next step, although it will not be easy for merchants to turn away customers who refuse to wear mask.

He said he hopes the new rule won't discourage Quebecers from continuing to support local businesses.

When wear a mask or a face covering

Wearing a mask or face covering that covers the nose and mouth will also be mandatory in enclosed or partially enclosed public places from July 18, 2020 for people age 12 and over.

This obligation, with exceptions, will apply in particular in the following places:

- a retail business;
- a service company (e.g., pharmacies);
- a professional's private office;
- a place where municipal or government services are offered;
- a personal care business (e.g., hairdressers, beauty care);
- a shopping mall;
- a place of worship;
- a place where cultural or entertainment activities or services are offered (e.g., movie theatre, concert hall, museum, etc.);
- a rental room or other venue used to host events, such as conferences and conventions;
- a place where sports or recreational activities are practiced;
- a restaurant or bar;
- a common area, including an elevator, of a tourist accommodation establishment;
- educational institution (except pre-school, primary and secondary schools), including colleges and universities;
- a train or bus station, a river station, a metro station or an airport.

Wearing a mask or face covering will also be mandatory to access or move around a lobby, reception area or elevator in an office building other than an apartment building.

Children under 12 years of age, people whose particular medical condition prevents them from wearing a mask and people who are unable to put on or take off a mask by themselves do not have to wear a face covering. However, for children between 2 and 12 years of age, wearing a face covering or mask is recommended.

Masks and face covering with a clear window

People who work in customer service are being asked to wear a face covering that has a clear window in order to promote communication with hearing impaired people, people learning the language, people with intellectual disabilities, an autism spectrum disorder or a cognitive impairment, for example.

Workers will be allowed to return to their offices as of Saturday, with restrictions...

Starting Saturday, employers in Quebec can start calling their employees back to the workplace, as long as the office is filled at no more than 25 per cent capacity.

Employees who need to carry out certain activities in person, or who are having trouble working from home because of family obligations, should have priority in returning to work,

Labour Minister Jean Boulet explained during a news conference Wednesday.

But, he said, a work-from-home policy is still strongly recommended.

Quebec's workplace health and safety board (CNESST) has created awareness raising tools and training to ensure people returning to the workplace can do so safely.

Those who are back at work will have to wear

a face covering in all common areas, especially places like elevators or entrance halls where physical distancing is not possible.

Employers will also have a duty to make sure that their workplaces will be safe and comply with guidelines from public health, which includes asking employees if they have been exposed to COVID-19, or been in a place, like a bar, where they could have been exposed.

"It's also a question of economic vitality," said Boulet, pointing out that having so many people working from home has reduced economic activity in downtown Montreal.

Having more workers in offices should help restaurants and businesses, said Chantal Rouleau, the provincial minister responsible for Montreal.



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Opinion & Editorial



Why some people are immune from scandal – until they're not

Scandals are violent shocks to social systems in which public figures may fall from grace. Societies have long been captivated by scandals embroiling powerful people.

Film producer Harvey Weinstein and financier Jeffrey Epstein come easily to mind, as does American actor Johnny Depp, whose libel case against a U.K. tabloid has attracted significant attention.

Politicians also populate this list, including failed Paris mayoral candidate Benjamin Griveaux, former U.S. senator Larry Craig and former Italian prime minister Silvio Berlusconi, now member of the European Parliament despite an endless list of scandals.

Yet not all scandalous acts result in a scandal or produce the same consequences. How can we explain the fact that some prominent figures seem able to resist the consequences of their behaviour and to be seemingly immune from scandals?

The traditional view on scandals in social science, the "objectivist" perspective, holds that there is a direct, linear relationship between the severity of behaviour in question and its social consequences. To casual observers as well, scandals are usually perceived as naturally resulting from severe transgressions: Where there's smoke, there's fire.

In contrast, a more recent "constructivist" perspective sees scandals as social-cultural events driven in large part by media reporting. Here, misconduct is neither necessary nor sufficient for a scandal to occur: some scandals result from rumours, while much bad behaviour never gets activated into scandal.

It's not the act itself, therefore, but rather the

media that distinguishes transgressions that remain private from those that make a stir.

As the fourth estate, the media publicize salient behaviour, activating public opinion and disapproval. Media attention problematizes the behaviour in question, pressuring other institutions to react. Media coverage also ensures that the reputations of scandal protagonists are assailed, leading to potential stigmatization. No media, no scandal.

Why then do some seem immune from scandal?

We take a constructivist perspective on what drives media reporting and the consequences of this attention. We outline five factors that influence how scandals get activated, which in turn explains why some figures fall from grace while others remain untouched.

First, the media are more likely to create a scandal when transgressions disrupt established norms. When public figures who hold themselves up as paragons of morality are revealed to violate the social order they purport to uphold, a scandal is sure to follow.

In 2007, conservative U.S. senator Craig was arrested for lewd conduct in a Minneapolis airport bathroom. He subsequently pleaded guilty to disorderly conduct and resigned. It was not his behaviour per se, but the inconsistencies with social rules he openly supported that the media problematized.

Even figures whose appeal lies in their ability to flout norms – like Berlusconi – will find themselves enmeshed in scandal when they broach norms that affect their supporters personally and negatively.

Second, media coverage of wrongdoing only activates a scandal when it speaks to powerful and interested social groups. Audiences are not homogeneous: what is egregiously offensive to some is unremarkable to others. Those who operate at the intersection of multiple, diverse interest groups may seem immune from scandal because only some constituencies find a particular behaviour objectionable. A scandal is only likely to emerge if the most powerful audiences are willing to act upon the transgression.

Consider a political figure, like presumptive U.S. Democratic presidential nominee Joe Biden, who was accused by conservative politicians and media outlets of securing seats on the boards of international firms for his son Hunter. However, the intelligence community, Democratic party, mainstream media and especially voters did not agree, and the issue fizzled.

Heinz-Christian Strache, Austria's onetime vice-chancellor and head of the Freedom Party (FPÖ), didn't receive similar support in May 2019 when a video was released of him proposing to offer government contracts to the supposed niece of a Russian oligarch. In the ensuing corruption scandal, he was forced to resign, new elections were held and the support for the far-right FPÖ collapsed.

Third, the relative status and credibility of a media outlet also impact attempts to publicize scandalous behaviour. The media not only publicize transgressions but also shape scandal narratives. Attempts to delegitimize the media (for example, by calling them "fake news") may help transgressors reduce the impact of their wrongdoing. Both Donald Trump and Berlusconi regularly attack the media (an irony in Berlusconi's case, given his media-driven fortune).

Not all outlets enjoy equal reach or credibility: scandals typically emerge from the most prestigious outlets. While public shaming is common on social media, it typically damages individual reputations without rising to the level of scandal unless picked up by more prestigious outlets.

This may be changing given shifting news consumption patterns. On social media it's easier to target different groups with specific information, as proved by the Cambridge Analytica scandal. Even when a scandal erupts, the balkanization of the media implies that different groups may receive contrasting framings, reducing the impact of the scandal on the transgressor.

Fourth, whether the media are attentive to a transgressor, and whether that transgression

leads to scandal, is in part a function of who the transgressors are. Some public figures are protected from scandals by the halo effect that emanates from previously held public opinion – a strong reputation, high status or celebrity can immunize transgressors from what would normally be negative outcomes that might stem from discreditable behaviour.

When audiences are emotionally attached to, preoccupied with, or revere a public figure – as pop music fans were of Michael Jackson during his lifetime, for example – positive feelings prevent them from rationally evaluating evidence. By choosing to overlook questionable actions, they're able to avoid engaging in the difficult sense-making process that would force them to challenge their prior feelings.

Finally, both the media and the public are subject to scandal fatigue when too many scandals appear one after another.

Cultural sociologist Mark Jacobs has theorized about a "system of scandals," whereby the over-reporting of scandal by the media can potentially normalize it. As Jacobs writes, "scandals germinate in fields of secrecy and corruption," but too many scandals can exhaust audiences and their moral appetite for punishing potential wrongdoers. The current U.S. president comes notably to mind.


The fact remains that some public figures are able to resist creating a scandal better than others. Political figures have status, authority and legitimacy that can protect them, but also visibility that can pull them down.

Corporate leaders answer to a different set of stakeholders but the activation and fallout from corporate scandals are similar to those in politics, as shown by the differing treatment of business leaders in the LIBOR scandal.

The constructivist perspective provides some explanation by exploring how the interaction of the media with multiple audiences can construct scandals. Over time, conditions may change: audiences may withdraw their support; societal norms evolve under the influence of previous scandals; the credibility, reputation, and status of public figures and organizations change.

The process of scandal construction is constantly in flux, and that too helps explain why some individuals are immune from scandals, until they are not. The Conversation

Marco Clemente



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Deux-Montagnes council meeting

Debt Load cut by 60% in Just Five Years



DIMITRIS ILIAS
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For The North-Shore News
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The City of Deux-Montagnes during its monthly council meeting on Thursday July 9th filed its consolidated financial statements. While the city's sound financial health was evident, the highlight was the 60% reduction in its net debt in just five years. Consolidated net debt decreased from \$ 44.5 million in 2014 to \$ 18.3 million in 2019.

An impressive reduction in the debt load can only be achieved by the sound management of public funds under the city's administration and confirm its strong capacity to develop in a responsible manner, while offering diverse and quality services to the city's residents.

"Our financial performance demonstrates a great deal of discipline on the part of elected municipal officials. City managers also play a key

role in achieving organizational and financial goals. I would like to personally thank them," said the mayor of Deux-Montagnes, Denis Martin. "This good management of finances also makes it possible to react to unforeseen events, such as the spring flood that occurred in 2019, without jeopardizing the budgetary future of the City," added the Mayor.

A positive balance sheet

The City ended 2019 with an operating surplus of \$1.6 million, which represents 5.7% of the original budget. This good performance is due to an increase in revenues of more than \$1 million and a decrease of \$0.6 million in expenses and other tax items.

Among the investments of \$5.1 million made in 2019, more than \$ 4.5 million was allocated to urban infrastructure (permanent dyke, sewer and aqueduct network, Armitage park) and for the upgrading/enlarging of the fire station. For these investments, subsidies have been recorded



for an amount of \$ 2,774,000 : \$ 1,407,000 for the permanent dyke and \$ 1,366,600 for the fire station.

The passionate and energetic work of the municipal administration and the support of all the actors involved contributed to making

Deux-Montagnes a city where life is good and where people thrive. This kind of positive energy will be all the more essential in the months to come, as the city closely monitors the effects of COVID-19 on public finances.

A hundred trees on Boulevard Deux-Montagnes

Construction and repairs many times take a toll on the environment.



DIMITRIS ILIAS- NSN

The city of Deux-Montagnes, taking very seriously its duty towards the citizens providing a healthy and green environment has taken measures to protect it.

In the wake of work to restore Boulevard Deux-Montagnes, the 29 trees that were in the median of this main artery has all been preserved and replanted in two City parks (Mikael Kingsbury Park and Louis-Warren Park). In addition to this action to protect the city's forest heritage, three times the number of trees will be planted along Boulevard Deux-Montagnes at the end of the work, scheduled for mid-September.

More specifically, the City of Deux-Montagnes

will plant, next fall, 90 large-caliber trees (already large in size) on the boulevard Deux-Montagnes, between the railway and the boundaries of Saint- Eustache. The tree species that will enhance the city's environment have also been selected for their good resistance to urban conditions, in particular their tolerance to de-icing salts.

With the heart of protecting, conserving and developing its urban forest heritage, the City of Deux-Montagnes also adopted its first tree policy last June. The latter aims to frame various actions concerning the trees that are found on its territory. It can be viewed on the City's website.

Rinsing of fire hydrants in Deux-Montagnes

DIMITRIS ILIAS- NSN

The City of Deux-Montagnes will conduct the annual inspection of fire hydrants from July 13 to 27, 2020. The work, which was to initially starting on June 23, had to be postponed by the contractor.

The rinsing work will be carried out Monday to Thursday, between 7 a.m. and 5 p.m. In addition to ensuring the proper functioning of fire hydrants, this operation is essential to maintaining the quality of the drinking water distribution network. It allows to evacuate the particles which have formed on the walls of the water mains and to detect possible leaks.

The detachment of iron particles in the water pipes may cause cloudy water and reddish coloring. It is recommended to run cold water for a few minutes, until the water returns to its normal appearance.

Colored water can be consumed and therefore poses no health risk.

Before using household appliances, such as a washing machine or dishwasher, you must first make sure that the water is colorless to avoid soiling clothes or dishes.

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Midsummer escapes in North Shore cities



DIMITRIS ILIAS
Local Journalism Initiative Reporter
For The North-Shore News
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As Quebec relaxes the confinement measures and thanks to good news relating to the slowing of the pandemic in Canada, many North Shore cities are reopening with some beautiful activities for their residents and visitors.

Sainte Marthe sur le Lac



Cool down with a trip to la Sablière beach in Sainte Marthe sur le Lac

For the water enthusiasts, a trip to la Sablière beach in **Sainte Marthe sur le Lac** will surely not disappoint. The beach opened on June 29th. In order to provide visitors with a safe environment, measures have been put in place. All beach users must wash their hands before entering the site, respect social distancing and the principles of respiratory hygiene. The number of visitors to the site will be limited to allow the requested distance.

As a preventive measure, boat rentals will not be possible. It is also recommended that citizens bring their own water because the fountain will be closed.

Blainville



Blainville offers the opportunity to visit the exhibition *Lumière sur la Collection* which includes this painting by Francine Bouchard.

For the art lovers, **Blainville** offers the opportunity to visit the exhibition *Lumière sur la Collection* which, as of July 16th, is presenting a selection of works from the Permanent Collection of Works of Art and Crafts of the City of Blainville, accompanied by informative texts on the works and artists. It is interesting to note that the works in the Collection have not been presented at the exhibition center since 2007. A visit to the exhibition requires an

appointment. For more information, art lovers can consult the city website.

The City of Blainville's Permanent Collection of Works of Art and Crafts brings together more than 200 works that present a wide variety of techniques, styles and disciplines.

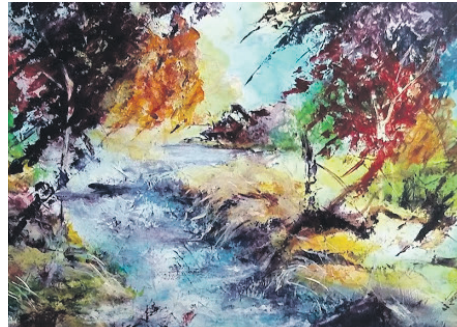
With the Permanent Collection, the City strives to supervise the acquisition, distribution, documentation and conservation of works mainly from artists and artisans born, living or having lived in the MRC Thérèse-De Blainville.

The main disciplines targeted are painting, sculpture, photography, mixed media, engraving, works on paper (watercolor, pastel, etc.), works of public art and integration into architecture as well as works of art from fine crafts.

Lorraine

In the city of **Lorraine**, one can participate in a discovery pedestrian rally that will take visitors to most of the beautiful areas of the city. With family or friends, people can explore the city by answering the questions proposed in two pedestrian rallies. The 2 different routes cover the north and south parts of the city, and residents can choose the closest point to their house by consulting the rally's maps on the city website

Sainte-Thérèse



Sainte-Thérèse also boasts its own artistic endeavors with a new public art work called *Sonata for a village*

Sainte-Thérèse also boasts its own artistic endeavors with a new public art work called *Sonata for a village*, when art tells history.

In its desire to animate the Village culturally, the City of Sainte-Thérèse installed on July 8th the work *Sonata pour un village* by artist Isabelle Gagné, on one of the exterior walls of the Quartier Belmont. This imposing and colorful light panel can be admired at the intersection of Dubois and Turgeon streets.

It is thanks to a competition on the theme Teresian heritage: the history of pianos that the artist Isabelle Gagné stood out for her creativity and artistic approach. "Madame Gagné has managed to transpose several pieces of archives from our rich history into a vibrant and modern work, but marked by a sweet nostalgia", said Mrs. Sylvie Surprenant, mayoress of Sainte-Thérèse.

This public art project is the second of three light panels that will be installed in the Village by 2021. In 2019, the work "Carpool" by Yannick Picard on the theme of the community was displayed on the wall of the café On. The third panel planned for 2021 will address the theme of the family and will be installed on the Maison du Citoyen.

Also Residents of **Sainte-Thérèse** will be able to enjoy a musical break at the Village on Thursdays July 9, August 13 and September 10, between 11:45 a.m. and 1 p.m. 15. The events will take place at Place Lagoa (intersection of rue Blainville Ouest and rue de l'Église) with Angèle Courville and Philippe-Emmanuel David performing a popular repertoire with guest artists.

"The summer season was marked by the cancellation of the traditional summer shows so popular in Sainte-Thérèse. Despite everything,

we are happy to be able to present citizens with alternatives and to highlight the musicians of the region. The schedule for these musical breaks has been designed to offer festive moments during lunch time, especially to people who work near the Village!", said mayor Sylvie Surprenant.

Each event will be colored by the background and musical style of the invited artists. Here is a preview of what to expect:

July 9 | Texts set to music, with author Frédéric Lapierre and pianist Mathieu Bourret

August 13 | For the pleasure of being together, with drummer Sébastien Céré

September 10 | Songs from another time, with the duo Prairie Comeau

In order to respect the physical distance measures required in the context of COVID-19, red self-adhesive discs will be placed on the ground to indicate to spectators where to place themselves in order to appreciate the show safely.

Access to all the events is free. In case of intense rain or thunderstorm, they will be canceled.

Deux-Montagnes



In Deux-Montagnes, residents only can enjoy free yoga and tai-chi classes.

In **Deux-Montagnes**, residents only can enjoy an escape from the day to day stressful reality and nurture their inner calmness thanks to free yoga and tai-chi classes. The yoga classes take place every Monday at the Parc Armitage, corner chemin d'Oka and 26e Avenue with Sarra Tidjani. The tai-chi classes take place every Wednesday in the same location with instructor Sylvie Gagnon.

Saint-Eustache

In **Saint-Eustache** the corporation of the Moulin Légaré has launched its summer season to welcome visitors in a friendly and safe atmosphere with the gradual return of visits to heritage attractions and guided walking tours.

Residents and visitors are encouraged to rediscover the exhibitions presented at the Espace Muséal du Manoir Globensky, the permanent exhibition *La Rébellion de 1837 dans le Comté des Deux-Montagnes* and the temporary exhibition *From maple to cane: looks past and present on maple syrup production* which has been extended until September 27th.

Guided tours of the Légaré mill will also be offered four times a day

Finally, three commented pedestrian circuits will be offered alternately at 11 a.m., from Saturday to Tuesday, from July 11 to August 25, 2020, namely the *On the footsteps of the patriots*, the *Historical Circuit of Old-Saint-Eustache* and the *Cemetery Circuit of Saint-Eustache*.

"The present situation provides us with the opportunity to take advantage of the tourist attractions very close to the house. This summer, come and discover or rediscover all that Vieux-Saint-Eustache has to offer. Also, do not miss the opportunity to take a tour of the public market, every Saturday, and visit the shops on rue Saint-Eustache which are open and accessible during the last phase of the work. Local purchasing is vital!" declared the mayor Pierre Charron.



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Rosemère against racism

Town of Rosemère Suspends its Facebook and Instagram Ads

DIMITRIS ILIAS- NSN

As the war against racism expands the Town of Rosemère, is following in the footsteps of a number of organizations, institutions and municipalities and joining in! It is therefore suspending its advertising on Facebook and Instagram social networks until the end of July.

"In 2020, racial discrimination is unfortunately still present in our society, in various forms. Last June, we adopted an anti-racism resolution, and today we are backing up our words with concrete action. Rosemère is supporting the #StopHateforProfit movement mainly to denounce and urge social networks such as Facebook and Instagram to stop turning a blind eye to hateful and racist content on their platforms. I encourage other cities and towns to join this movement in order to help us develop a community without discrimination," stated Rosemère Mayor Eric Westram.

The #StopHateforProfit campaign was launched on June 19 following the death of George Floyd and the worldwide protests. The initiators of this campaign—the Anti-



Defamation League, the National Association for the Advancement of Colored People (NAACP) and other organizations—are asking major advertisers to stop advertising on Facebook and Instagram for one month. Many large corporations have joined in, in an effort to convince Facebook and other online social platforms to crack down on hate and racist groups.

Email fraud in Laval and in Rosemère

Individuals who would have successfully infiltrated corporate email boxes and then defrauded companies of several hundred thousand dollars were the target of a major police operation on Tuesday north of Montreal.

Four searches were underway at the end of the morning in three residences in Laval, as well as a business in Rosemère.

According to the authorities, several people who may be involved in the fraudulent scheme have been arrested.

"Specifically, between May 12 and June 4, 2020, the suspects allegedly managed to infiltrate

merchant mailboxes and divert payments, via fraudulent messages, to new accounts," said the Sûreté du Québec (SQ) in a press release.

"We encourage merchants to check and strengthen their IT security system if necessary and to agree to more than one verification with their customers, ideally verbally, when it comes to making a change of account, or a transfer for a payment," added the SQ.

The operation was led by the SQ's major crimes investigators, in collaboration with the police from Mascouche and Terrebonne.

A new captain on the helm of Rosemère's Clerk Division

DIMITRIS ILIAS- NSN

Rosemère announced the arrival of Catherine Blais-Adam as Director of Legal Services and the Clerk Division, on July 6, 2020, following a rigorous selection process.

In a press release sent by the city of Rosemère, it was stated that Mrs. Blais-Adam has always worked in the municipal field since becoming a member in good standing of the Ordre du Barreau du Québec. She is a manager recognized by her peers and her strategic vision and leadership is expected to be an asset to the entire Rosemère community.

"Mrs. Blais-Adam has all the skills needed to brilliantly meet the challenges of this position for the benefit of our community. Her expertise within the municipal community, combined with that of all the employees in the Clerk Division, is a valuable asset to our organization," stated Guy Benedetti, Rosemère's Town Manager.

Mrs. Blais-Adam has been the Chair of the Youth Committee of the Corporation des officiers municipaux du Québec (COMAQ) since



Catherine Blais-Adam now is the Director of Legal Services and the Clerk Division

May 2020, and a member of that committee since 2017. This committee is made up of members age 35 and under, whose mission includes promoting the municipal world to the next generation. Also, Vice-President of COMAQ Section 10 from 2018 to 2020, representing the regional network linking members on the island of Montréal and Laval, Catherine Blais-Adam has succeeded in maximizing the many opportunities for meetings, exchanges and training with her peers from the municipal sector. The combination of her various professional experiences has enabled her to acquire expert knowledge of municipal legal and political issues.

Rosemère lifts watering ban

The Town of Rosemère lifted on July 7th the watering ban notice that had been in effect since June 18. However, the Town is asking citizens to be careful with their drinking water consumption and to respect the watering by-laws in force.

« We thank our citizens for the respect of the ban over the past week. In this regard, if we observe resurgence in water consumption, we will be forced to re-issue a complete watering

ban. We ask you, as responsible citizens, to use drinking water responsibly with the ultimate goal of ensuring fire safety on our territory at all times in case of emergency », stated Rosemère Mayor Eric Westram.

Citizens can therefore resume their activities, such as washing cars and watering the lawn, in accordance with the watering bylaw in force. Residents who do not comply with the bylaw are liable to a fine of up to \$2,000.



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PUBLIC CONSULTATION

on the use of a mobile application for notification of exposure to the coronavirus

The Gouvernement du Québec is assessing the possibility of providing a mobile application for intelligent phones, that could be used to inform users if they are exposed to the virus.

Objectives of the application:



- Inform users by means of an alert if they have been near an individual who has received a positive COVID-19 result.



- Protect others, in the event of a positive COVID-19 result, by anonymously notifying users whom they met over the previous 14 days.

The scenario being examined is that of a **FREE, ANONYMOUS, SAFE, CONFIDENTIAL** application **WITHOUT GEOLOCATION or TRACING.**

Votre
gouvernement

.....

It would be up to each citizen to decide whether to install the application. It would also be possible to deactivate it at any time, or to completely erase it.

The effectiveness of this application will depend on the uptake rate among the population.



Before considering the use of the application, the Gouvernement du Québec considers it essential for citizens to be able to express themselves on this issue.

This consultation will make it possible to inform the population and gauge their interest in such an application, and to properly identify their concerns.

.....

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Nous sommes heureux de pouvoir vous accueillir de nouveau dès le 3 juillet! Après le long confinement, nous faisons tout pour vous servir dans les meilleures conditions possibles afin que vous puissiez vous divertir en toute sécurité.

Comme il s'agit d'un local privé, nous avons mis en place des conditions d'accès et des règles d'hygiène pour votre sécurité ainsi que celle de notre personnel :

- Garder une distance de 2m dans les aires communes;
- Dans les salles de cinéma, laisser au moins 2 sièges libres entre chaque groupe/famille. Par contre, toutes les rangées peuvent être occupées;
- Jeter les verres usagés, les emballages de friandises et de mais soufflé dans les poubelles;
- Maximum de 50 personnes par salle de cinéma;
- Désinfectant disponible à l'entrée.

Lors de la réouverture, notre personnel qui aura été préalablement formé avec les nouvelles procédures sanitaires, assurera l'application de celles-ci. Dans un esprit de respect mutuel entre notre clientèle et le personnel et en tant que devoir collectif, nous vous demanderons de suivre attentivement les consignes lors de vos prochaines visites. C'est une question de respect. C'est une question de solidarité. Si vous présentez des symptômes grippaux, nous vous demandons de reporter votre visite.

Ensemble, nous ferons face à cette épreuve avec succès!

Vincenzo Guzzo I
VINCENZO GUZZO
Président et Chef de direction des Cinémas Guzzo

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Dear clients,

We are happy to welcome you again as of July 3! After the long confinement, we are doing everything to serve you in the best conditions so you can enjoy your time with us safely.

As this is a private establishment, we have put in place conditions of access, rules & regulations for your safety and for the safety of our staff:

- Keep a distance of 2m in the common areas;
- In cinema auditoriums, leave at least 2 seats free between each group/-family. However, all the rows may be occupied;
- Throw away used cups, candy wrappers and popcorn bags in the trash;
- Maximum of 50 people per cinema auditorium;
- Disinfectant is available at the entrance.

For the reopening, our staff has been trained on the new sanitary procedures and they will ensure that they are properly applied. As a matter of collective duty and mutual respect between our clientele & our staff, we will ask you to follow the instructions carefully upon your next visits. It is a matter of respect. It is a matter of solidarity.

If you have flu-like symptoms, we ask that you postpone your visit.

Together, we will get through this!

Vincenzo Guzzo I
VINCENZO GUZZO
Cinémas Guzzo President & CEO

#HelpUsKeepYouSafePickUpYourTrash

Firepits on the sights of Saint Eustache

The dangers of a beloved summer pastime



DIMITRIS ILIAS
Local Journalism Initiative Reporter
For The North-Shore News
dimitri@newsfirst.ca

It is a very common sight! Families gathered around an open fire inside a metal firepit. Marshmallow roasting, stories and laughter, sparks ascending in the summer twilight and a feeling of camping in the wild transported right in one's backyard.

Yet for all their cozy feelings, firepits are becoming more and more the target of strict city laws, limiting them or outright prohibiting them. The climate is getting warmer and the dangers of forest fires are increased, neighbors are disturbed breathing in someone else's smoke since there is no chimney to lift high up and new studies alert for the dangers of chemicals inhaled and the problems they can cause to our lungs.

Know Your Risk: Fire Pit Burning

Fire pit burning in both urban and rural areas creates smoke that contains many pollutants and irritants which can cause or aggravate lung health problems as well as negatively impact air quality. Environment Canada and Health Canada have identified many hazardous chemical substances in wood smoke, including:

PM10 (inhalable particulate matter less than 10 microns in diameter) consists of a mixture of microscopic particles of varied size and composition, and has been declared a toxic substance under the Environmental Protection Act. These particles can be inhaled deep into the lungs, leading to serious respiratory problems especially among those with pre-existing cardiopulmonary illness.

Carbon Monoxide (CO) can reduce the blood's ability to supply necessary oxygen to the body's tissues, which can cause stress to the heart. When inhaled at higher levels, CO may cause fatigue, headaches, dizziness, nausea, confusion and disorientation and, at very high levels, can lead to unconsciousness and death. Fire Prevention Canada advises that CO detectors be installed in every home that has a combustion appliance or an attached garage as CO is a colourless, odourless and tasteless gas.

Oxides of Nitrogen (NOx) can lower the resistance to lung infections. In particular, nitrogen dioxide can cause shortness of breath and irritate the upper airways, especially in people with lung diseases such as emphysema and asthma.

Volatile organic compounds (VOCs) can cause

respiratory irritation, loss of coordination and illness. Some VOCs emitted by wood-burning appliances, such as benzene, are known to be carcinogenic.

Formaldehyde can cause coughing, headaches and eye irritation and act as a trigger for people with asthma.

Polycyclic aromatic hydrocarbons (PAHs) are a group of chemicals produced from the uncontrolled burning of carbon-containing materials. Prolonged exposure to PAHs is believed to pose a cancer risk.

Dioxins and furans are highly toxic and can pose health risks even at low exposure levels. Exposure of these chemicals has been linked to cancer and developmental disorders.

Acrolein can cause eye and respiratory tract irritation.

Permits required in Boisbriand

Ever since the ban of fireplaces and wood ovens in Montreal, more and more cities are limiting solid fuel burning. Even the cities that allow firepits clearly state that a firepit is allowed only if the neighbors are not bothered by it. For example, in Boisbriand it is forbidden to make a fire outdoors without a permit issued by the Fire Safety Service after verification of the premises. The authorities may restrict or refuse this type of permit if the weather conditions do not allow it, if the conditions indicated on the permit are not respected or if the danger has increased. It is also forbidden to make a fire outside on days when the speed of the sale exceeds 20 km / h. There must be constant and adequate supervision by an adult responsible person during the outdoor fire. The person responsible must be able to decide on the measures and actions to take to maintain control and to extinguish it. Also the permit does not release the person who obtained it in the event of a complaint or a nuisance with regard to the environment and the neighborhood. In this situation, the burning is automatically suspended.

Saint-Eustache bans them

In Saint-Eustache the municipal by-law concerning public peace, good order and certain nuisance (RM 1776) prohibits open fires (that is to say outdoors) at all times in urban areas.

It is prohibited to cause pollution by the emission of smoke, soot, carbuncles or harmful gases, regardless of whether an installation complies with municipal by-laws.

However, it is permitted to prepare meals on an open fire using an outdoor fireplace, the installation of which complies in all respects



(design, height, etc.) with the zoning by-law RM 1675, subsection 6.2. 8.

On top of the ban mobilization of the Fire Safety Service teams involve costs for the municipality and taxpayers and the city wants to prioritize them for real emergencies.

The city of Saint Eustache warns that failure

to comply with municipal regulations in force, may result to a fine.

The warm feelings that an open fire brings us have to now be replaced by a sense of responsibility for our fellow humans and the environment we all live in.

Sainte-Thérèse takes steps to thwart vandalism at the Le Boisé community garden

Last summer, the Le Boisé community garden, located at the corner of Saint-Pierre and Éloi-Filion streets, experienced its greatest great wave of theft and vandalism since its creation, more than twenty years ago. To meet this challenge, the City of Sainte-Thérèse will put in place a series of dissuasive measures.

The majority of vandals operated at night in places that are less well-lit and where there is little traffic. To alleviate this scourge, the City of Sainte-Thérèse will raise the height of the fence from 4 feet to 8 feet on all four sides of the site and will add a high-performance light powered by a solar panel that will detect movement.

The municipality's investment in securing the premises will amount to a total of \$ 15,000.

"The situation at the Le Boisé community garden is deplorable. Gardeners invest money, but also a lot of time to maintain their garden and provide the care required to ensure the development of their plants. This is why the City of Sainte-Thérèse will intervene in order to dissuade vandals from taking such action," said the mayor of Sainte-Thérèse, Mrs. Sylvie Surprenant.

In a spirit of collaboration, citizens who witness acts of vandalism are encouraged to report them to the Régie intermunicipale de police Thérèse-De Blainville.





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Direct? Answers

from • Wayne & Tamara

Hopscotch

I have been married a year and a half and am happy. I love my husband very much, however, I cannot get my ex-boyfriend out of my head.

My ex and I were together for six years. We had a lot of fun and loved each other very much. We knew we were going to spend the rest of our lives together. We were engaged and planned a huge wedding. Then I got cold feet and walked away from it all.

I have only seen him one or maybe two times since then. We were only split up six months when I met my husband. My husband and I dated six months, then we got married. Yes, we moved fast. A part of me wonders if I moved so fast to get over my ex.

There has not been a day that I don't think about my ex. He works for the city we live in, and every time I see a city truck I look to see if it is him. I dream about him.

My husband has no idea how I feel. He and I were having a rough patch, and I ran to my ex, but only through phone calls. I cried to him about how I made a mistake and married the wrong man.

It would kill my husband if he knew I felt this way. I did contemplate leaving him, but I just can't hurt his feelings.

My family thinks I am crazy for feeling like this. They loved my ex too, but feel my husband can take better care of my daughter and me because he has more money. I use my own money, so that is not even a big deal for me. I pay my own bills and have my own checking account.

My ex and I did everything together, while my husband and I have almost nothing in common. I don't know what to do or why I feel this way. Can you please give me some advice!

Avery

Avery, Olympic gold medalist Brad Lewis said one of the most important lessons he ever learned came when he had a job as a roofer. After Brad gained a little experience, his friend and mentor let Brad frame a roof on his own. Working alone, it took him several days and the roof ended up cockeyed.

Brad expected his mentor to show up and give him a quick fix, but when his mentor arrived, he took a hammer to the roof. In 10 minutes he knocked down every board Brad spent days putting up. It was a tough lesson to learn, but



sometimes, getting to the root of a problem is the only possible solution.

You say so little about your daughter we surmise she is not the child of either man. So you had a child with one man, then dated another man for six years, while he acted like a parent to your daughter. For the last two years, your husband has been playing that role.

Where is your daughter in all of this? She seems to be nowhere in your story except as an expense line in your budget. Nowhere in your letter is there concern for her stability. She is going from man to man to man, just as you are.

You can call the relationship with your ex "love," if you want, but you left him at the altar. Now you claim he is the lost prince. What you don't say is that he wants you back.

You called a man you injured to complain about another man, and you refuse to consider why you didn't marry him. How do you explain that to yourself? If you can't answer that question, you have no business going back to him.

You are merely comparing your discards against each other, as if you can't stand to be out of a relationship, even when the relationship is wrong.

The problem is not your husband, it is not your ex, it is you. That is why you must get to the root of what you have done and why.

Like Brad Lewis, you need a mentor to talk you through your problems, starting with your relationship to your parents, your daughter's bio father, your ex, and your husband. You need to understand why you go from man to man to man with none of them being the one for you and your daughter.

You are the roofer, and you had the hammer. You made this life. To a woman with no will of her own, every man looks like the answer. But that's not the case. The answer is to get to the root of the problem.

Wayne & Tamara

Wayne & Tamara Mitchell are the authors of
YOUR OTHER HALF (www.yourotherhalf.com) • Send letters to: Direct Answers,
PO 964 Springfield, MO 65801-0964 or email: DirectAnswers@echowork.com

The Baking Soprano

by Maria Diamantis



Famous Greek moussaka

Moussaka? Did you say, Moussaka? Ok it's not the exact words from the Academy Award winning movie Zorba the Greek, one of the most memorable scenes from the movie, (Dance? Did you say Dance?) I do get excited with this dish, and so did Zorba when Basil, asks him to teach him to dance. This is one of the most traditional dishes in Greece and was made famous by the French-trained Greek Chef, Nikólaos Tselementés. I grew up with his cook book, and which Greek household didn't own his culinary book? There are many versions and of course other countries that do this recipe, but my favourite one is the one I'm going to share with you, my mother's. Straight from her Tselementes cookbook!

This is a classic recipe that has three layers. They are separately cooked before being combined for the final baking: a bottom layer of sliced potatoes and zucchini, topped with a layer of meat sauce (lightly cooked with chopped or puréed tomatoes, onion, garlic, and spices (cinnamon, allspice and black pepper) then sliced eggplant sautéed in olive oil; topped with another layer of the meat sauce, another layer of the sliced eggplant and a final top layer of Béchamel sauce

Famous Greek moussaka

INGREDIENTS:

Vegetables

- 3 potatoes
- 5-6 tablespoon(s) olive oil
- 2 large zucchinis, medium
- 2 large eggplants
- salt
- pepper

meat sauce

- 1 onion
- 2 tablespoon(s) olive oil, for sautéing
- 1 clove(s) of garlic
- 3 pinches granulated sugar
- 1/2 teaspoon(s) nutmeg
- 1 level teaspoon(s) cinnamon
- 1 tablespoon(s) tomato paste
- 500 g ground beef
- 400 g canned tomatoes • salt
- pepper

Béchamel sauce

- 100 g butter
- 100 g all-purpose flour
- 750 ml milk, 3,5%
- pepper, ground
- 1 pinch nutmeg, ground
- 100 g parmesan cheese, grated
- 3 egg yolks

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INSTRUCTIONS

Vegetables

- Peel the potatoes and slice them into thin rounds. Fry in a little olive oil
- Slice the eggplants and zucchini into thin rounds and fry in a separate pan for 5-10 minutes.
- Remove with a slotted spoon and transfer to a baking pan lined with paper towels to absorb the extra grease

Meat sauce

- Sauté the chopped the onion and add to pan.
- Finely chop the garlic and Sauté for 2-3 minutes until they caramelize nicely.
- Add the ground meat and Sauté until golden brown.
- Add the tomato paste and chopped tomatoes and simmer for 5-10 minutes until the sauce thickens.
- Add the sugar and spices
- Season with salt and pepper. You can add fresh herbs like parsley or basil

Béchamel sauce

- Place a pot over medium heat.
- Add the butter and let it melt.
- Add the flour and whisk until it soaks up all of the butter.
- Add the milk in small batches while continuously whisking so that no lumps form.
- As soon as the béchamel sauce thickens and bubbles start to form on the surface, remove from heat.
- Add the nutmeg, salt, pepper, 100 g parmesan and 3 egg yolks. Whisk thoroughly

To assemble

- Preheat oven to 350 degrees F
- In a 10x12 inch baking pan, spread a layer of the bechamel sauce (gives it a foundation) and layer the potatoes with the zucchini.
- Add some of the meat sauce
- Add some bechamel sauce
- Layer the sliced eggplant and add cover with more meat sauce. Repeat the same step
- Add final layer with bechamel sauce on top of the eggplant and sprinkle grated Parmesan
- Bake for 35-40 minutes.
- When ready, remove from oven and allow to cool before cutting.



Deadline:
WEDNESDAY before publication at 1 p.m.

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In Memoriam & Obituaries

PAQUETTE AUBIN, Jeannine

1932 - 2020



In St-Jérôme, on July 8, 2020, passed away Mrs. Jeannine Paquette at the age of 88 years, beloved wife of the late Reynald Aubin. She is survived by her children Gustave (Desneiges), Françoise (late Maurice), Ginette (late Robert, Alain), Lucie (Pierre), late Yvon (Jocelyne), Alain (Diane), Mario (Louisa), Chantal (Sheldon), Benoit (Sylvie), her grandchildren Ludovic (Jacynthe), Nady Eva (Sébastien), Médéric (Jennifer), Stéphane, Nadine (David), Annick and Joël (Carl), Sandie, Charles (Mélanie), Simon (Valérie), Francis (Fannie), Marie-Ève (Jonathan), Émilie (Gabriel), Olivier (Mélanie), Kim (Carmelo), Valérie, Xavier (Cindy), Mélina (Yannik), Bradly (Amanda), Mitchel (Kristina), Brent (Bianca), Darren (Mélanie), Daphney (Vincent).

TARDIF GUILBAULT, Micheline

1945 - 2020



From Saint-Eustache, on July 10, 2020, at age 74 passed away Mrs. Micheline Tardif, wife of Mr. Jean-Paul Guilbault. Besides her husband, she leaves to mourn her daughters, Josée, Hélène (Benoit) and Luce (François), her 6 grandchildren, Laurie, Valérie, Justin, Xavier, Joanie and Satah-Melia, as well as her 2 rear- grandchildren, Noah and Elysa and other relatives and friends.

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BLAIS, Michel

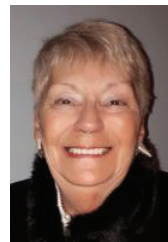
1950 - 2020



In Saint-Jérôme, on July 3, 2020, at the age of 69 years passed away Mr. Michel Blais, beloved husband of Mrs. Gabrielle Fex. Besides his wife, he leaves to mourn his daughters Mélanie (Louis), Josée (Éric), his grandchildren Patrice, Raphaël, Anthony and Maéva, the sons of his wife Marc and Luc, his sisters Lise and Monique, his brothers Jacques, Raymond and André, his brothers-in-law, sisters-in-law as well as many other relatives and friends.

LATOUR LEMAY, Francine

1946 - 2020



In St-Jérôme, on July 3, 2020, passed away at the age of 74 years Mrs. Francine Latour, beloved wife of the late Mr René Lemay. She leaves to mourn her children Nathalie Lemay (Jean-François Plasse), Eric Lemay (Josée Plouffe), her grandchildren Mégane, Alexis, her sister Ghislaine, her brother Michel, other relatives and friends.

PERRON, Albert

1927 - 2020



In the regional hospital of Saint-Jérôme, on July 6, 2020, at the age of 92 years and 10 months, passed away Mr. Albert Perron, husband of Mrs. Rose Parent and in first marriage of (the late Rolande Pelletier). Mr. Perron is survived by his wife Rose, his children Yvon (Annie), Colette (Daniel), Aline (late Gaétan), Fernande and Yolande (Christian), the children of his wife Rose, Lucie (Claude), Gilles and Louise (Roland), his grandchildren and great grandchildren as well as his brothers and sisters, Xavier (late Jeannette), Simone (late Roland), late Amedé (late Jeannine), late Yvette (late Robert) and late Laurent (Clarina).

Contact us today to place an obituary or in memoriam in our next issue
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HOROSCOPE

Week of July 19 to July 25, 2020

The luckiest signs this week:
LIBRA, SCORPIO AND SAGITTARIUS



ARIES

To your delight, all eyes will be on you this week. People will be hanging on to your every word, and you'll take pride in your accomplishments.



TAURUS

You may spend part of the week indoors, and you'll take steps to improve your environment and quality of life. You might also welcome a family member back home.



GEMINI

You'll travel a considerable distance, but reconnecting with family will make it worthwhile. You may also find the means to treat yourself to a dream vacation this year.



CANCER

You'll get the answers you're looking for, but you need to be patient. You might not get speedy replies from the people you invite to an event, but everyone will show up in the end.



LEO

Despite it being a hectic week, you might struggle to focus on work rather than on having fun. However, the announcement of a promotion will help you regain your motivation.



VIRGO

There's a lot to get done this week, but confusion is in the air. Take time to think before you jump into anything. Your imagination will be in high gear, and you'll create a masterpiece.



LIBRA

You'll be surrounded by people and inevitably have to raise your voice to be heard. This will likely leave you feeling fatigued, and you'll need time to rest and recover.



SCORPIO

You'll have your hands full, and time will be in short supply this week. Even while on vacation, you'll need to schedule your days to ensure you don't miss anything.



SAGITTARIUS

You'll take a spontaneous trip. The idea of returning to school will cross your mind and could lead you to finding success in a more fulfilling career.



CAPRICORN

Strong emotions signal the need for a change. It'll take effort and courage to bring about a major transformation. However, in the end you'll regain your love of life.



AQUARIUS

You're the best person to negotiate the conditions of your future, both personally and professionally. If you go shopping, you're sure to find great deals. You'll have to make several significant compromises this week.



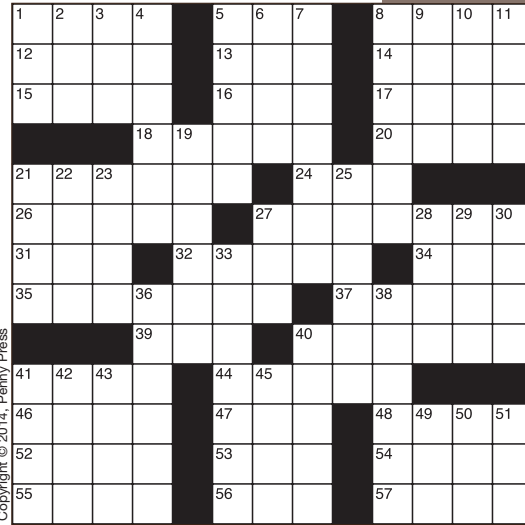
PISCES

You'll have a very busy week at work and at home. Whether you're on vacation or not, you'll have to make adjustments to satisfy everyone. Pay attention to the details.

Coffee Break

CROSSWORDS

PUZZLE NO. 990



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ACROSS

1. Footfall
5. Go down a slope
8. Send a letter
12. Opinion survey
13. Those elected
14. Military branch
15. "Having My Baby" performer
16. In addition
17. Ready to pick
18. Grimace
20. Glasgow girl
21. Sheriffs
24. "We ____ the World"
26. Indian or Arctic
27. Spire
31. Moreover
32. Chirp
34. Affirmative

- vote
35. Sweet course
 37. Book of maps
 39. "Look ____ ye leap"
 40. Globe
 41. Recipe instruction
 44. More bashful
 46. Weaver's need
 47. Boxing count
 48. October gemstone
 52. Sarge's pet
 53. Fall behind
 54. Lotion ingredient
 55. Legume
 56. Chicago transports
 57. Small child

DOWN

1. Recreation spot
2. Freight weight
3. Antlered animal
4. Blood part
5. Squelch
6. Be informed about
7. Separate
8. Actress Matlin
9. Formal solo
10. Mischief-makers
11. Soap ingredients
19. Middle point
21. Burden
22. Teenage problem
23. Unites
25. Record again
27. Decide upon
28. "Gomer ____"
29. Shakespearean king
30. Relaxation
33. Grapple
36. Speech
38. Tonsils' site
40. Makes vocal music
41. Messy person
42. Carryall
43. Minute amount
45. Cure
49. Tissue layer
50. Perfect
51. Actress Michele ____

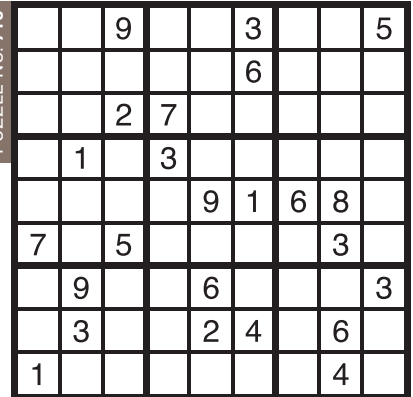
Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 715

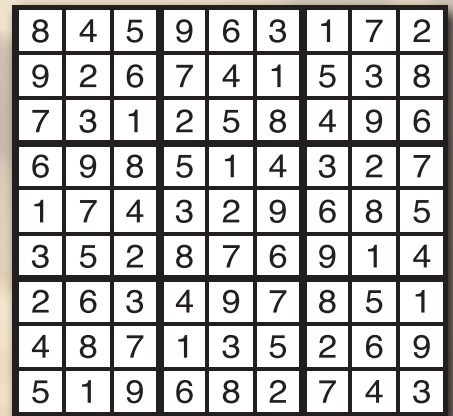


Last Issues' Answers

CROSSWORDS



Sudoku



Suggested presentation.



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