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VacciBUS gets a ministerial visit!



MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

The Minister of International Relations and La Francophonie, Minister of Immigration, Francization and Integration and Minister responsible for the Laurentians region, Nadine Girault, visited Sainte-Agathe-des-Monts, on June 25, to meet the team of professionals working in the mobile vaccination unit, the VacciBUS. “I was impressed by the immense organization and the work that is carried out by each of the

professionals in the VacciBUS. I hope that this great initiative of the CISSS des Laurentides will encourage even more people to protect themselves with the vaccine against COVID-19 and thus hope for a return to normal life even more quickly,” the Minister underlined. 214 doses were administered during the passage of the VacciBUS from the beach at Sainte-Agathe-des-Monts. “All summer, in the Laurentians, the vaccine will reach out to people in the area. Already, we can see a favorable response from the population when using VacciBUS. The activities of this mobile unit began on June 19. During each outing, nearly 150 doses are administered,” said

*“All summer,
in the Laurentians,
the vaccine will
reach out to people
in the area.”*

Caroline Chantal, director of the vaccination COVID-19 campaign in the Laurentians. Until August 15, the CISSS des Laurentides VacciBUS will travel the roads of the Laurentians to be present in various events and busy places or in a municipality to facilitate access to vaccination. The population can therefore receive a first or a second dose of the vaccine against COVID-19, always according to the available dose allocations, without an appointment, in a bus specially equipped for the occasion. To follow the passage of VacciBUS one can consult the schedule of walk-in clinics at santelaurentides.gouv.qc.ca

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OPINION & Editorial



There are only two "races" of people: the decent and the indecent

Good people and bad people can be found in every group

We're all influenced by the environment we grow up in and our life experiences. We thus adopt paradigms in our effort to make sense of the world around us.

Sometimes these perspectives serve us well but other times our core beliefs prevent us from seeing the truth. Yet there is perhaps nothing more life-giving than experiencing the discovery of an ultimate truth.

By observing human behaviour in Nazi concentration camps, psychologist and Jewish prisoner Viktor Frankl came to several important conclusions.

In the group of prison guards, there were some sadists but there were also few who risked their lives to save prisoners. vast majority, however, simply went along the cruelty. Frankl also noticed these distinctions existed among the prisoners, though not in the same proportions. The Nazis relied heavily on prisoners called "kapos" to keep other inmates in line, and they could be quite sadistic as well.

Frankl concluded there were only two "races" of people: the decent and the indecent, and both are found in every group.

This being true, how ridiculous is all our Islamophobia, anti-Semitism, categorization of followers of any religion, political party, members of any gender, people of any nationality or ethnicity.

There are good people and there are bad people in every group. There are people who live principled lives, respecting their neighbours and the environment, seeking truth, living in humility, and embracing a love for all humanity. There are also people who are selfish and manipulative but, on the surface, are indistinguishable from anyone else.

Perhaps even more importantly, Frankl points out that in each of us we find the same potential for good or bad. No person is purely virtuous or evil. Each of us makes choices every day that either make the world better or lead down

the path of destruction, and we do not always know which choice leads in each direction.

This being the human condition, what can any of us do?

First, it is important not to judge others. Each person is dealing with challenges we cannot begin to comprehend. We need to humbly ask ourselves: "If I was in that person's situation, knowing what they know and not knowing what they don't know, would I have chosen differently?"

We can reflect on the behaviour of those who came before us, but it is far more important to ask ourselves what we can do to improve the world around us, as well as ourselves. Ancient wisdom has always told us to ask: "What's the truth in this situation? What is the respectful thing to do? How can I show love and compassion for myself and my neighbour?"

Given that there will always be a small group of people who advocate for a lack of compassion, it's vital that we courageously challenge their views. As convenient and logical as these opinions may appear, selfishness, irrational fear, greed, and disrespect for those who share the planet with us will always lead to our demise.

What does this mean for those of us living in a world where genocide is still commonplace?

We can be like the concentration camp guards who simply allowed the cruelty around them to continue or we can be like the guards who maintained their humanity by embracing the humanity of others.

Frankl witnessed the very worst and the very best of people. His writings give us a clear and truthful understanding of our human paradigm.

Each of us will leave a legacy. Will our descendants be inspired by the good we've done, or will they spend their lives trying to heal the wounds we've caused?

The choice is ours.

Gerry Chidiac




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Thérèse de Blainville PD as active as ever

MARIA DIAMANTIS

Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

During the summer season the RIPTB is as active as ever. From park patrols to informing citizens about safety the department engages daily with the North Shore citizens. Here are a few of the most recent activities and info sessions:

Bike patrol.

The RIPTB was present in the parks to ensure a healthy and safe living environment for the children who are present. The police department is keen to be present in green spaces and visit day camps throughout the summer.

Moving?

All means are good to move, but the RIPTB urges caution and respect of the Highway Safety Code (CSR). Article 471 of the Highway Safety Code provides that it is prohibited to drive a road vehicle, the load of which:

- is not securely retained or sufficiently covered so that no part of it - can move or become detached from the vehicle.
- is placed, restrained or covered in such a way as to reduce the driver's field of vision or to mask its lights and headlights;
- is placed, restrained or covered in such a way as to compromise the stability or handling of the vehicle;
- is not placed, retained or covered in accordance with the regulations made on load securing standards

The "grandparents scam"

The RIPTB has received calls in connection




*It is essential to
remember certain tips
to protect yourself and
your loved one.*

with cases of the "grandparents scam". It is essential to remember certain tips to protect yourself and your loved one.

When someone close to you asks for money over the phone, ask them personal questions, such as their father's first name or their city of birth. You can even question that person in relation to a specific memory that only they can recall. Ask him to call you back in 10 minutes.

This will allow you to take the time to check with another family member.


On the phone, always refuse to give your credit card number to someone you haven't contacted yourself. Don't be afraid to hang up if the person insists. If you believe you have been the victim of fraud, file a complaint with your police department and report the case to the Canadian Anti-Fraud Center (1 888 495-8501).



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The CISSS des Laurentides is looking for host families for young people aged 12 to 18

MARIA DIAMANTIS
Local Journalism Initiative Reporter
For The North-Shore News • info@newsfirst.ca

The Integrated Health and Social Services Center (CISSS) des Laurentides is actively looking for interested and able people to become host families for young people aged 12 to 18.

The shortage of resources is still considerable for this clientele. In fact, the Laurentians region is faced with a significant increase in requests for accommodation, for all its clienteles. The CISSS des Laurentides calls on people who have acquired knowledge in the health and social services network or life experience with this age category to express their interest in becoming a foster family for a youth in need. It should be noted that all measures will be taken to avoid the gathering of people wishing to obtain information on the various basic criteria to become host families.

New digital technologies now offer the possibility of holding meetings at a distance, thus facilitating the sharing of information.

Interested citizens can contact the CISSS des Laurentides at recruitment.rtf.ciesslerau@ssss.gouv.qc.ca



New in Charbonneau Park: Rosemerites Can Soon Rent Human-Powered Watercraft



Starting July 3, between 9 a.m. and 6 p.m., residents will have a chance to rent canoes, kayaks or stand-up paddleboards (SUPs) for adventures on the islands and marshes of the Mille Îles River at the Charbonneau Park waterfront chalet, 50 Charbonneau Street. Rosemerites will always enjoy a 15% discount on these rentals, upon presentation of a valid Citizen's Card or an ID that displays their address.

Canoe rentals as well as single or double kayak rentals start at \$37.50, \$34.60 and \$51 respectively for a three-hour period, and SUPs, \$31, for two-and-a-half hours. A one-hour introductory session may also be

reserved during the first visit for \$15.50 to \$25.50, depending on the watercraft. Family packages are available as well. Full

Thanks to an agreement between the Town of Rosemère and Éco-Nature, this new service is part of an ambitious regional recreational and utilitarian transportation project launched by Éco-Nature and its municipal and regional partners. In addition to contributing to the conservation and enhancement of the Mille Îles River and its tributaries, this project provides water sports enthusiasts with greater access to the river on the Rosemère territory.

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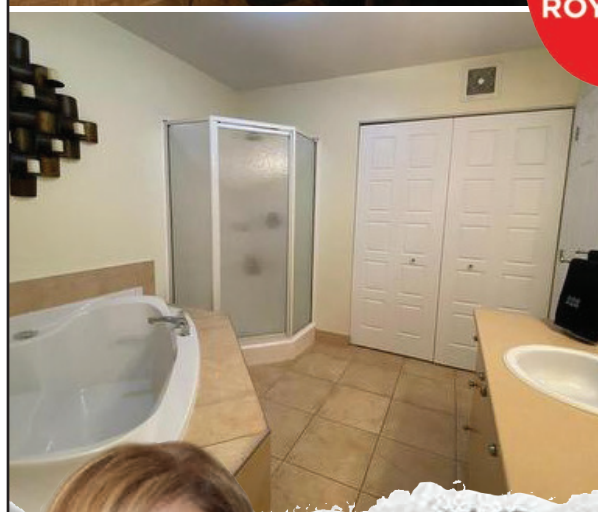




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Rename Chalet Charbonneau

Enter Contest!

After nearly a year of work, the new Charbonneau Chalet will be inaugurated at the end of the summer. For the occasion, the Town of Rosemère is holding a contest among its citizens to ensure that its name will reflect the unique character of its community.

To participate, residents must share the name proposal on Facebook by commenting on the post provided for this purpose by July 18. The new name will be unveiled at the building's grand opening later this summer. The winner of the contest will be invited to celebrate this major milestone for the Town of Rosemère and receive a \$100 gift card to Place Rosemère!

- The name selected will be the one that best meets the following selection criteria:
 - The name must be easy to pronounce and original in nature;
 - The name must have a parallel with the location of the chalet, i.e. the shore of the Rivière-des-Milles-Îles;
 - The name must reflect the rich historical heritage of the Town of Rosemère;
 - The name must not be that of a living personality.
- Only Rosemerites are eligible for the contest and a selection committee will be formed to identify the grand prize winner. The committee reserves the right not to retain any name submitted.

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The Foibles of Money

Q I am a career banker with a nice little sideline as an investor. My style is not high risk with bitcoins, penny stocks, and the like. I try to buy the best companies when they temporarily stumble.

I try to advise others. When my aunt would call and ask, "What do you have for me, son?" I was able to help her make some money.

I have not had results that were as good with my best friend. I was helping him run some money, and at the one-year mark, he had a 95% return; \$8,000 turned into \$15,600. His portfolio was doing better than mine on a percentage basis, because he was far more aggressive and less risk averse than me.

Even so, we could have done better if he had listened to me.

The thing is I advised him to sell one position, or at least one part of it, in which he had a big gain. He and his wife love the industry and she would not let him. This stock is down.

One stock he bought without us talking, and another he bought against my advice. Now, the \$15,600 is down to \$13,800. At one time, he was holding cash from a stock sold for a gain. I said sit tight until we find a bargain, but that cash was burning a hole in his pocket. Why?

I advised my younger cousin to buy a pot stock that I have a huge gain in. He researched the industry, and told me he bought another one just like mine. But he lost his ass on the one that was "like mine". Why?

It reminds me of an old episode of The Mary Tyler Moore Show (showing my age here). Lou Grant was losing on football bets with his bookie. Then, he began winning using Ted Baxter's system but it wasn't any fun anymore.

Lou then bet his entire bankroll on the Super Bowl, even though Ted's system did not allow for any bet on the Super Bowl. Lou lost but was happy. It was fun again.

What part of human nature is this? Is it just a guy thing, because my aunt did not have it?

Cameron

A Cameron, let's talk about your aunt first. Her attitude is, "Money is good, it makes my life more secure, and listening to Cameron is way easier than laying bricks for a living." She doesn't care if she is betting on the guy

with the hot hand or betting on a guy smarter than the rest. She just wants the money.

We would call her a realist.

Then there are your cousin and your best friend. We have a general comment about them. When you realize people usually act from their most base nature, it becomes easier to understand their behavior.

Your cousin wants a sense of mastery. He wants to control something. Investing successfully will give him that feeling, the feeling of a do-it-yourself project done well.

He's also troubled by FOMO, the fear of missing out.

"Cameron had fantastic success betting on a Canadian marijuana stock. How hard can it be? The sector is booming. I don't need due diligence. I simply need to throw my hat in the ring so I don't miss out.

"But I want my own pick, so when I get my big win, it isn't due to Cameron."

In addition, if he felt you were bragging, he feels envy (he wants to possess what you possess), threatened (my mastery is in doubt), and competition (I'll show that smarty pants Cameron).

Then there's your best friend; money burns a hole in his pocket. That sounds like the itch of the gambler. It's the excitement! Your friend and his wife "have a good feeling" about an industry, the way some people have a good feeling about "sectors" in a casino. They prefer poker to blackjack or craps to slots.

Much of their preference is simply good, old-fashioned greed. They want to take advantage of your advice, but they still want more. However, your best friend and his wife haven't made any money yet. Their chips are still on the table. It won't be money until they cash out.

And honestly, if you examine your own motives, you feel possessive about their winnings, as if they are losing your winnings. What would you like? You'd like your little ducklings to follow you and thank you for their success.

People are funny about money. Some are more likely to tell you about their sexual life than about how much money they make. When it involves money...money often doesn't have a bonding effect on relationships, it has a breaking the bond effect.

What's in it for others in giving you credit? For most people, the answer is nothing. Your guidance becomes their savvy decision to invest their money.

That goes back to our first premise. When you realize people usually act from their most base nature, it becomes easier to understand human behavior.

Wayne & Tamara



Hearty Beef Stew! It's nothing new!!

Let's take it slow today. I love using my slow cooker. Remember the commercial for the Ronco oven? set it and forget it? Well, I actually don't have that machine but the next best one is my faithful slow cooker! It was one of my most cherished gifts from my wedding. That's what I love about the slow cooker, you can do so many chores and even leave your house to do errands while your supper is simmering away.

This is a hearty, savory slow cooker stew with potatoes, carrots, celery, broth, herbs and spices. Once this is served to your plate, you won't be slow gobbling it up!!

The beauty with the slow cooker, the meat always comes out tender and the vegetables perfectly cooked!

This recipe is very easy. It's the classic, using basic ingredients. Feel free to use any other vegetables. If you are planning to use sweet potatoes or peas add them to the last two hours of cooking. They tend to cook very fast and especially the sweet potatoes they will come out mushy if cooked too long.

A little history! Did you know:

Slow cookers achieved popularity in the US during the 1940s, when many women began to work outside the home. They could start dinner cooking in the morning before going to work and finish preparing the meal in the evening when they came home.

A company based in Chicago was inspired by a story from his mother which told how back in her native Lithuanian town, her mother made a stew called cholent, a traditional Jewish stew, which took several hours to cook in an oven. An inventor Robert Glen Martin, from Boonville, Missouri, was to develop Naxon's bean cooker into a large scale production model which could cook an entire family meal, going further than just cooking a bean meal. Martin also designed and produced the mass-making machines for Rival's manufacturing line of the Crock-Pot. The cooker was then reintroduced under the name "Crock-Pot" in 1971.

Recipe Easy as 1-2-3 and 4!

1. Prepare your beef. First, you'll need to trim the beef of excess fat. Flour the beef cubes and brown the meat (just helps to create additional flavor)
2. Add the liquids. Pour your beef broth, can of beer, tomato paste, worcestershire, balsamic vinegar, bay leaves, thyme and salt and pepper into the bowl of your slow cooker. Stir together with the beef until combined.
3. Next stir in the garlic, onion, leeks, carrots and potatoes. Cover and cook on high for 5-6 hours. The longer it cooks, the better and more tender the stew will be. (Add the peas and sweet potatoes at the remaining 2 hrs of cooking)
4. Thicken it. Once the stew is done, add the cornstarch to the broth and stir in, Enjoy!

Ingredients

- 1 tablespoon olive oil
- 3 pounds stewing beef cubes trimmed of excess fat
- Freshly ground salt and pepper
- 1 1/2 cups beef broth (or water)
- 1 can beer (or wine/water/beef broth)
- 2 tablespoons tomato paste
- 1 tablespoon worcestershire sauce
- 1/2 tablespoon balsamic vinegar
- 1 teaspoon dried thyme
- 2 bay leaves
- 1 teaspoon salt
- Lots of freshly ground black pepper
- 1 whole chili pepper
- 4 garlic cloves,
- 1 large white Spanish onion cut into chunks

- 1 cup chopped leek
- 4 -5 large carrots peeled and cut into 1/2-inch diagonal slices
- 2-3 stalks celery cut into diagonal slices
- 1 pound yukon gold potatoes, diced into 1/2 inch cubes
- 2 tbsp cornstarch to add to the broth at the end of cooking only
- 2 tbsp flour to cover the beef cubes for browning
- 1 cup frozen peas
- 1 large sweet potato cut into chunks

Instructions

1. Add 1 tablespoon olive oil to a large skillet and place over medium high heat. Brown the (floured) beef, seasoned with salt and pepper for 5 minutes. Transfer to large 6 or 8-quart slow cooker.
2. Next add in beef broth, beer, tomato paste, worcestershire sauce, balsamic vinegar, thyme and salt and pepper. Stir together with the beef until combined, then add in garlic, onion, carrots, leeks, celery and diced potatoes. Cover and cook on low for 5-6 hours on high.
3. Add in frozen peas and sweet potatoes (if using) and cook at the remaining 2 hours
4. Once the cooking stops, remove 1 cup of beef broth from the slow cooker and transfer to a medium bowl. Whisk in 2 tbsp cornstarch until there aren't any lumps remaining. Add back to the slow cooker and stir to combine.
5. Transfer into bowls and Serve with bread ...enjoy!

Wayne & Tamara Mitchell are the authors of YOUR OTHER HALF (www.yourotherhalf.com) • Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: DirectAnswers@WayneAndTamara.com

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How to describe your ideal boss in a job interview

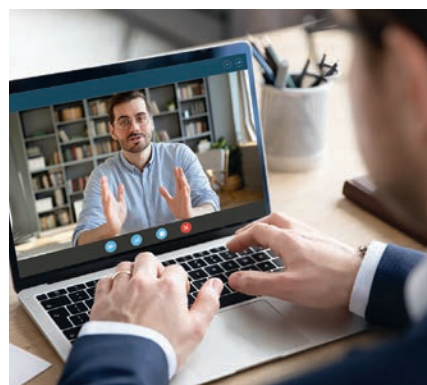
As part of the interview process, you might be asked to describe your ideal boss. While it's useful to know whether a prospective employer's management style suits your preferences, this can be a delicate question to answer. Among other things, you don't want to come across as being a needy employee or having problems with authority.

While it's important to give an honest answer, playing it safe by listing vague, positive attributes such as "fair" and "respectful" doesn't provide the recruiter with much information about who you are or what you expect from your employer. After all, who would want a disrespectful manager who doesn't treat employees fairly?

Therefore, it's best to provide a precise description that highlights both your ability to work independently and follow directions. Plus, by avoiding obvious answers, you'll show that you've taken some time to reflect on the subject. For example, you could mention that you value managers

who clearly communicate expectations but also encourage independent work.

Additionally, you can support your description with a few concrete examples from previous jobs to highlight your ability to adapt to various leadership styles. Just make sure to focus on what you look for in a boss rather than the qualities you dislike. Lastly, remember to never criticize a prior supervisor as this will likely reflect poorly on you.



How to hire someone for a remote position

If you need to hire someone for a remote position, you should look for a candidate who can work effectively from home. Here's how to find the right person for the job.

Seek out candidates with the right qualities

Telecommuting isn't for everyone, and some people aren't as productive when they work from home. To help narrow down your search for a remote employee, look for key qualities such as:

- Proactive communication skills. Since most exchanges with a remote employee happen over the phone and through email or instant messaging, you need someone who can clearly express their ideas. Consider having candidates take a writing test.
- Strong initiative. Remote employees must be able to complete their work without direct and constant supervision. You can reach out to former employers to learn more about a candidate's ability to work autonomously.
- Focus and organization skills. Someone who works from home needs to be adept at managing their time, establishing priorities and maintaining concentration despite distractions (especially if they have children at home).

Ask questions to assess an applicant's suitability

Use the interview process to further evaluate whether a candidate is well-suited for a remote position. For example, you should ask:

- Do you have any experience working remotely?
- Are you comfortable using platforms such as Zoom and Skype?
- How do you remain focused when working from home?
- What strategies do you use to stay productive at home?

Finally, be sure to discuss your expectations about flexible work hours and confirm which time zone a prospective employee is based in.



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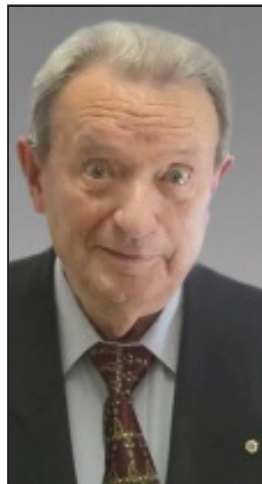
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In Memoriam & Obituaries



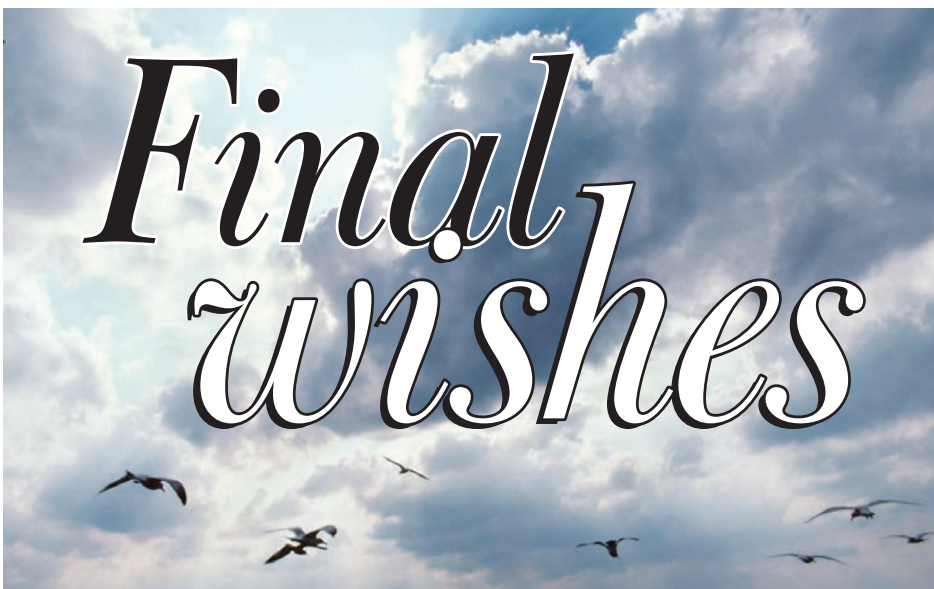
Larivière, François
1965 - 2021

At the CISSS des Laurentides, in Lachute, on June 25, 2021, passed away at the age of 55, François Larivière. Predeceased by his father Bernard, he is survived by his mother Marie-Claire Boucher, his sister Sylvie (François Monette), his brother Sylvain, his nephew Guillaume Lecorps (Marie-Jeanne Bernier) as well as other relatives and friends.



Valiquette, Jean
1930 - 2021

At the CHSLD de Lac-Mégantic, on Wednesday January 13, 2021, at the age of 90 years and 3 months, passed away Mr. Jean Valiquette. He was the son of the late Léo Valiquette and the late Antoinette Lacasse, residing in Lac-Mégantic formerly of Prévost. He is survived by his children Louis (Lucie Lessard), Pierre (late Ginette Boisvert) and Paul (Johanne Brisson), his grandchildren Jessica (Paul-André Lachance), Lori-Anne (Jonathan Vinette) Éliane (Vincent Blouin), Catherien (Louis-Joseph) and Gabrielle, his great-grandchildren.



Maintaining the quality of life of your loved ones



Life insurance exists to protect the surviving members of your family from financial loss associated with your death. Theoretically, people who have the most to gain from taking out life insurance are those who will leave others in need when they die, such as a spouse or children.

By taking out sufficient life insurance, you can guarantee the preservation of your family's lifestyle and goals in the event of your death. The first step is to evaluate your personal situation. The best way to go about this is to establish an up-to-date financial plan that takes into account your family's needs. The goal is to calculate the immediate living expenses that must be met so that your family will not have to deal with any financial worries in case of death.

An estimate of final expenses should also be made, especially funeral expenses, lawyer fees, as well as estate taxes —when a death occurs, the assets of the deceased are taxed before being passed on to heirs. The policy holder's debts should also be taken into consideration, such as credit card balances, a mortgage, and personal loans.

The death of a family member will have an effect on the family budget; there will, of course, be a drop in income if the deceased worked, but this might be balanced by a reduction in certain expenses, such as groceries, clothing, and transportation. In short, a sufficient amount has to be planned for so that beneficiaries will be able to maintain the lifestyle they are used to.

Adequate life insurance can prepare you and your family for the unexpected.



Angrignon Née Malo, Marie
1944 - 2021

In Saint-Eustache, on July 2, 2021 at the age of 77, passed away Mrs. Marie Malo, wife of Mr. J. André Angrignon. Besides her husband, she is survived by her daughters Nathalie (Éric Schwen) and Isabelle (André Haeck), her grandchildren: Vanessa, Frédéric, Jérémy and Simon, her brothers and sisters, her brothers-in-law, sisters-in-law, nephews, nieces and other relatives and friends.



Ouimet, Richard
1961 - 2021

In Saint-Jérôme, on July 3, 2021, at the age of 59, passed away Mr. Richard Ouimet. He is survived by his sister Céline, his great friend Jocelyne Parent, his niece Cassandra, his nephew Maxime, his grand-nephew Xavier and his future grand-niece Océane as well as many other relatives and friends.



Gagné, Laetitia
1955 - 2021

Madame Laetitia Gagné from Grenville-sur-la-Rouge passed away on Friday June 18, 2021 at the age of 66. She was the spouse of Jean-Guy Demers. Predeceased by her daughter Cynthia. She leaves her mother Rose Emma Gagné, her daughter Gitane, her grandchildren. His sister Christine, his niece Rita and Laetitia formed a funny trio. As well as several nephews, nieces, cousins, cousins and friends.

Contact us today to place an obituary or in memoriam in our next issue
NO CHARGE Email: production@newsfirst.ca • Tel.: 450-978-9999

HOROSCOPE

Week of JULY 11 TO 17, 2021

The luckiest signs this week:
SCORPIO, SAGITTARIUS AND CAPRICORN



ARIES

Even while on vacation, you'll be in touch with work. Either you'll have your laptop with you on the patio or you'll cut your break short. You tend to be overzealous about work, much to your boss' delight.



TAURUS

Passion shines brightly in your eyes. If you're single or want to spice up your relationship, you'll try to be more eccentric to attract attention. Home will be the place to recharge your batteries.



GEMINI

Even if you plan to take a relaxing vacation in the near future, the urge to get moving will soon take over. You won't want to miss opportunities to express your point of view, and you'll spend hours pondering big questions.



CANCER

You'll consolidate rest and activity. You'll end up working on your own time, since you can't help but check your messages and complete certain tasks, even though you promised yourself you'd unplug during your vacation.



LEO

You'll enjoy shopping and pampering yourself. You'll have fun bartering with merchants and finding great deals. You'll also go on a few spontaneous adventures to get away from the daily grind and seek out some peace and quiet.



VIRGO

Take some time to recharge your batteries before you dive headfirst into an adventure. An escape is needed; let loose and go where life takes you. The artist within you will be inspired to create a masterpiece.



LIBRA

You'll have a serious attitude. Even on vacation, you'll be tempted to keep in touch with work or toil away on projects rather than relax and enjoy the moment. People close to you may need your help.



SCORPIO

Summer goes by quickly, so you'll need to be organized if you want to have time for all your planned activities. Fortunately, you'll be able to make the most of your time in the company of people you love. A trip might be organized at the last minute.



SAGITTARIUS

You'll get caught up in planning all the trips you'll take after the pandemic. You'll also cook up some big personal and professional projects. You'll feel like time is in short supply as you come up with more and more ideas.



CAPRICORN

Make the most of your days off and live in the moment. Even if you're not on vacation, you'll indulge in simple pleasures. At the very least, give yourself time to unplug by spending time in nature.



AQUARIUS

You'll experience emotions that disturb your sense of calm for one reason or another. In your love life, you'll know right away if the other person isn't being honest about their feelings. Needless to say, your energy level will be linked to your mental state.



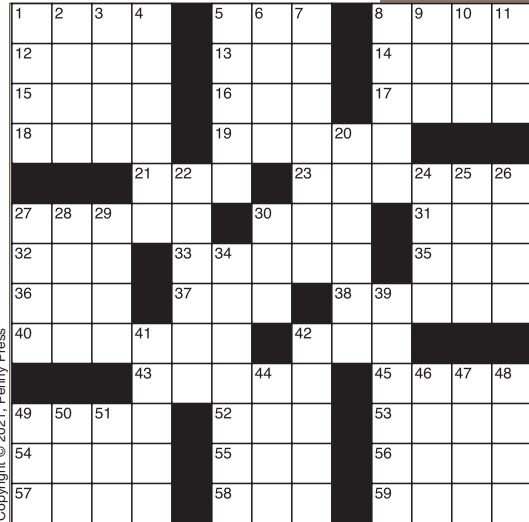
PISCES

The business world never takes a break, even in the middle of summer. You'll find golden opportunities, whether it's a lucrative contract or a valuable professional relationship. You'll find yourself quite busy with no end in sight.

Coffee Break

CROSSWORDS

PUZZLE NO. 1014



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ACROSS

1. Rowing blades
5. Stereo component
8. Woeful exclamation
12. Fib
13. Tell an untruth
14. ___ tie
15. Certain bean
16. Traveler's stop
17. Unattractive
18. ___ India Company
19. Go to see
21. Utilize
23. Job or story
27. Black-ink item
30. Write hastily
31. Rarer than rare
32. Owl's question?
33. Contest site
35. Mine yield
36. Young chap
37. However
38. Piggy-bank fillers
40. Formed
42. Pigpen
43. Full-grown
45. Makes mistakes
49. Barking sounds
52. Bumper ___
53. Oaf
54. Petitions
55. Memorable time
56. Motionless
57. ___ jerk reaction
58. Earth's upper atmosphere
59. Intense

DOWN

1. Stare
2. Vocal solo
3. Borders
4. Sculpture
5. Breathing
6. Skirt type
7. Retiree's income
8. Borders on
9. Type of cabin
10. "___ That Jazz"
11. Nutritious bean
20. Unbroken
22. Remained
24. Branding tool
25. Game missile
26. She-sheep
27. Piercing tools
28. Iranian prince, once
29. Baking ingredient
30. 707, e.g.
34. Marks down
39. Facial feature
41. Old-fashioned
42. Wander
44. Songbird
46. Went by bus
47. ___ of thumb
48. Tread
49. "___ Me No Questions"
50. Gallop
51. Professional charge

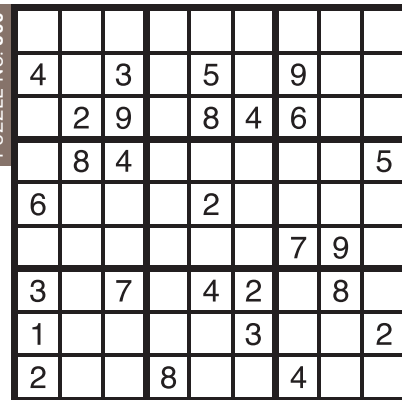
Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

PUZZLE NO. 800

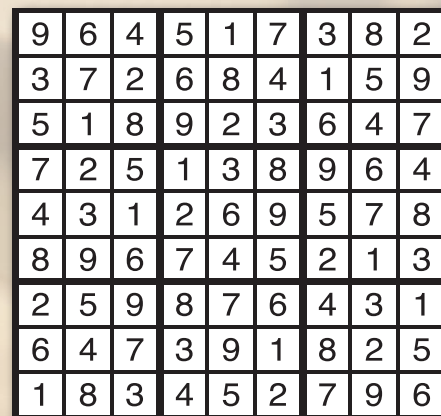


Last Issues' Answers

CROSSWORDS



Sudoku



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- Grapes
- Raspberries
- Melon or Pineapple
- Cauliflower
- Peaches
- Oranges
- Kale
- Zucchini
- Eggplant
- Potatoes or Turnips
- Onions
- Avocado
- Dill
- Lettuce
- Cucumber
- Limes
- Bananas
- Mystery Item

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- 2 Pick up your baskets on Thursday, Friday or Saturday

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