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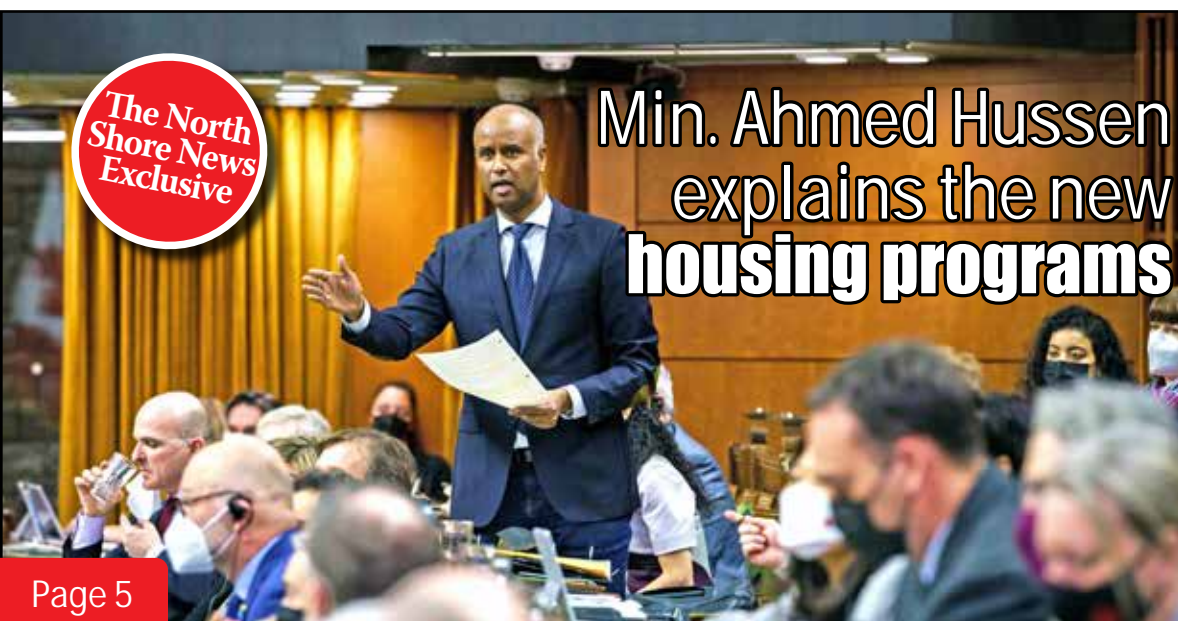
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# Fans and colleagues pay last respects to Habs legend Guy Lafleur

Gainey, Houle, Cournoyer among ex-teammates who paid homage to 'The Flower'



MARTIN C. BARRY  
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The remains of former Montreal Canadiens legend Guy Lafleur lay in state at the Bell Centre earlier this week, as fans and former team colleagues paid a final tribute on Sunday and Monday to Lafleur who passed away on April 22 at age 70.

A national funeral was held on Tuesday May 3 at 11:00 a.m. at Mary Queen of the World Cathedral in downtown Montreal. Some of Guy Lafleur's former teammates shared some special memories of the Hockey-Hall-of-Famer.

Shortly before the start of the Bell Centre tribute, they gathered to share their favorite memories of Lafleur. As reported on NHL.com, a few of the alums included Yvan Cournoyer, Lucien DeBlois, Bob Gainey, Rick Green, Réjean Houle and Chris Nilan.

## Gainey's memories

Bob Gainey shared this anecdote about the homecoming of Guy Lafleur after he joined the New York Rangers. "The first time the Rangers came to play at the Forum, he was not involved in the game, he was injured, so the expectation just built until he was going to make that appearance. At some point in the game, the score was tied and he had both New York Rangers goals.

"There were still a few of us left on the team who had been playing with him, and so we weren't quite sure whether to cheer or not cheer for him," Gainey added. "Ultimately, the Canadiens won the game, but I thought it was just an incredible story of perseverance and



PHOTO: Club de hockey Canadien - Communications

still being able to show flashes of brilliance that used to be so common, but maybe aren't so common now."

## Réjean Houle remembers

Réjean Houle said: "What I remember most about Guy is, when we weren't playing well, which wasn't often, Scotty Bowman divided us into two teams and made us practice 5-on-5, 4-on-4 and 3-on-3. At 3-on-3, nobody could rival Guy Lafleur. If he had space on the ice,

you couldn't catch him. He was a notch above everybody else. When it was 3-on-3, everybody skated to the bench quickly so they wouldn't have to practice against him because he was so good."

Fans wishing to honor Lafleur's memory by contributing to the Guy Lafleur Fund for Cancer Research can make a donation in his name to the Fondation du Centre hospitalier de l'Université de Montréal (CHUM).

## Cournoyer remembers



"When I saw him for the first time in Verdun, I said, 'Wow! I'd won five Stanley Cups before he arrived," said Cournoyer. "I said, 'With this guy, I'm going to win more Stanley Cups.' And I was right.

"I've been thinking about Guy the last two years when he started to get sick and having problems with his health, but you don't forget a guy like Guy," added Cournoyer.

"I'm talking about the man. The man is so popular, but he deserves it. He's a natural with the people. Guy loves everybody and everybody loves him. He's just a natural guy. We were together for 40 years, and every time we see each other, we shake hands. I'm going to miss him everyday."



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# Guy Lafleur: A final goodbye for a legend

**GEORGE GUZMAS**  
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With the full support of his family, the Montreal Canadiens administration and the Quebec government held a “farewell ceremony” for Guy Lafleur.

Popular pilgrimage: For two consecutive days, on Sunday May 1 and Monday May 2, tens of thousands of people waited to say goodbye to their “hero” in the area normally used by the Montreal Canadiens team at the Bell Center.

As they waited, most had a lot to say about their hero. His wife, two sons and family members were there, receiving condolences from strangers, but also from those who felt the same grief for the loss of Lafleur, as though he were a member of their own families.

## The Funeral

The procession from the Bell Center to the Cathedral was accompanied by the Montreal Police Department, including its cavalry. The national funeral for Guy Lafleur took place on Tuesday May 3, at Marie-Reine-du-Monde Cathedral and was – like Lafleur – open to all without exception. For those who wanted to watch outside, an open-air square was created and in the center there were two giant screens.

The route of the procession, as well as the ceremony were broadcast on television networks, on the Internet, as well as on screens inside and outside the cathedral. The coffin, wrapped in the colors of the Montreal Canadiens team, was carried by former teammates of the “Blond Demon,” making its entrance before many officials and at least a hundred people from the general public.

Several public figures from all walks of life were present to say goodbye to the big hockey star. Among them were the Prime Minister of Canada, Justin Trudeau, and the Premier of Quebec, François Legault.

The narration of the ceremony, as well as the presentation of the speakers, was made by the voice of the Montreal Canadiens at the Bell Centre, Michel Lacroix.

## Patrick Roy

Former goalkeeper Patrick Roy didn’t hesitate to praise Guy Lafleur, whom he considers one of the greatest, both in terms of sports and people. “In the 1970s, all the young hockey players in Quebec dreamed of being Guy Lafleur. I dreamed of becoming Ken Dryden to play one day on the same team as Guy Lafleur.”

“He was a player bigger than life whose achievements and skills knew no bounds,” said former Habs goalkeeper Patrick Roy. “He was the idol, the hero, the inspiration, the living



proof that one can and should dream even big elusive things,” he stressed.

In the end, Ginette Reno, Lafleur’s favorite singer, gave a wonderful rendition of her hit song, ‘L’Essentiel’.

## Larry Robinson

“Guy was a little crazy as a teammate,” said the man nicknamed ‘Big Bird.’ “Sometimes he scared the children. We were sitting in the locker room and getting ready to jump on the ice. Guy could break water bottles and there was a little motivational speech. He often told us that we wanted to play hockey because we did not want to stay in school.

“Guy always came in first in the arena,” Robinson added. “He had smoked four or five cigarettes and drank five coffees. But that was his routine. He loved hockey so much. It seemed like that to me.”

## Mario Tremblay

Mario Tremblay also dipped into his memories to talk about the last of the three great Habs “tenors,” the other two being Maurice Richard and Jean Béliveau.

“For six years, he was the top scorer. I told the children: we are lucky, we are on the bench and we see this performance every night, we get paid to see it, it is beautiful!

“The beauty of it is that Guy is from Thurso and has never changed despite being a big star. We, the younger ones, have learned from this, to see these guys being so successful and remain humble. When we talk about the passage of the torch ... In the 1970s, they were all good guys. No one thought they were someone else. Everyone left their selfishness at the door. It comes from Guy Lafleur, Jean Béliveau and Serge Savard.”

## Lafleur’s son Martin



His son’s, Martin Lafleur speech about his father was moving. “Early in my life, I realized I had a great father as a man. There are so many things I admire in my father. What immediately

comes to mind is that he always took care of his family despite his many commitments. He was proud of us, even in the difficult times we went through as a family. He always wanted the best for my mother, my brother and me. He wanted to take care of everyone, even people he did not know.”




## In the sky

As reported, CF-18 planes flew in the air near the cathedral as the coffin came out of the cathedral. The aircraft honored Lafleur as an honorary colonel in the Royal Canadian Air Force. His name as an honorary colonel was written outside the CF-18 cockpit with the inscription: “Col (h) Guy Lafleur ‘Démon Blond’ N°10.” The whole process was followed by a long period of applause from the people who were present at the cathedral. Outside, Frank Sinatra’s song “My Way” was played – one of Lafleur’s favorites. The applause and shouts of “Guy, Guy, Guy” were louder than Sinatra’s voice!



Pallbearers stand by Lafleur’s casket outside the cathedral. (Radio-Canada)



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**SALE FOR NON-PAYMENT OF TAXES**

**PUBLIC NOTICE** is hereby given by the undersigned, assistant town clerk of the Town of Rosemère, that the immovables described hereafter will be sold at public auction in the Municipal Council Room of the Town Hall, 100 Charbonneau Street, Rosemère, Québec, J7A 3W1, on **Wednesday, June 1<sup>st</sup>, 2022, at 11 a.m.** in payment of municipal and/or school taxes and duties on transfers of immovables, as the case may be, including interests and charges plus any charges incurred subsequently, unless said taxes, interests and charges are paid prior to the sale, in compliance with the *Cities and Towns Act* (L.R.Q., c. C-19).

These immovables will be sold with buildings and dependencies erected upon them, as the case may be.

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FRANCINE BÉLANGER, OMA  
Assistant Town Clerk



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# OPINION & Editorial



## Mother's Day latest victim of wokism gone mad

*The University of Manchester has told its staff not to use the word mother while celebrating Mother's Day in an attempt to promote diversity*

**H**appy Mother's Day!  
Oh, I'm sorry. Have I offended you? Please accept my apology, especially if you're a student at the University of Manchester in England.

I came across a story a while back with the click-bait headline "Manchester University bans the word 'mother' ahead of Mother's Day."

I checked it out, fully expecting a parody from some smart-aleck website like The Onion. But no, the story came from The Irish Post, a 50-year-old media outlet that rather modestly calls itself "The Voice of the Irish."

Faith and begorrah, sure enough the story is true, although claiming the word mother has been banned is a tad hyperbolic. While the headline is overwrought, the University of Manchester in England has told its staff not to use the word mother in an attempt to promote inclusivity and diversity.

The suggestion comes from the university's "equality, diversity and inclusion" team, which is every bit as wildly woke as the name implies. The team has put together a guide that "outlines how to use inclusive language to avoid biases, slang or expressions that exclude certain groups based on age, race, ethnicity, disability, gender or sexual orientation."

The guide includes all the usual stuff (spokesperson, not spokesman; humankind, not mankind) and a few I hadn't thought of (cover or staff, rather than man; workforce, not manpower). But when it comes to the ever-evolving and baffling world of sex and gender identity, the University of Manchester goes all in.

The guide states that it prefers "you or they/their/them, not he/she or him/her," "partner rather than husband or wife," and "everyone/colleagues, rather than ladies and gentleman."

The university sent out this message to its staff, who were apparently looking for guidance on how to handle the thorny, explosive issue of Mother's Day.

"A reminder," the college's woke patrol wrote, "that it's Parent or Guardian's Day this Sunday, so don't forget to send your Parent or Guardian some flowers, and be sure to give her – oh, I'm sorry – 'them' a call."

This story caused a minor uproar in England, with one MP calling it "wokery gone mad."

I'm confused. Who would feel discriminated against, offended or excluded by using the word mother? We all have, or had, a mother. You either are or are not a mother. It's not really that complicated.

What I find most disturbing about this ridiculous story is the fact that someone actually gets paid to come up with this stuff. There's an entire industry of companies or institutions that will train you in diversity and/or inclusion; dozens of them pop up in even a cursory Google search. (If diversity training was a career option when I was young, I would have considered it, just because it's a guaranteed job. But no-o-o-o, I had to go into *journalism*. What a dope.)

I get the whole idea of diversity and inclusion. Diversity is what Canada is all about, after all. Just watch any Canadian TV commercial. Canadian advertisers have gone overboard with diversity. My favourite is an ad for Fitbit that features a lesbian couple – one Black, one Asian – a combination that likely exists only in the imagination of an advertising executive. That pretty much ticks all the boxes.

But who exactly feels excluded by using terms like mother or father? Trans men who want to be mothers? Trans women who want to be fathers? Wait, is that even possible?

I noticed a subtle change in the language in a recent news story from CBC. The story stated that "pregnant people" can safely get a COVID-19 shot. Pregnant people? Is this word usage so we don't exclude, what, pregnant men?

Suffice to say, I don't think we're under any immediate threat of losing the terms Mother's Day or Father's Day. A backlash against wokism is taking shape and I suspect idiocy like Parents' Day will get laughed out of existence.

Mind you, if Hallmark starts producing Happy Parents' Day cards, we're doomed.

*Maurice Tougas's*



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# Liberals commit to making housing more affordable across Canada

Ahmed Hussen feels certain Ottawa is well-positioned to meet targets by 2024



MARTIN C. BARRY  
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Federal Minister of Housing, Diversity and Inclusion Ahmed Hussen says he is confident his ministry will be able to double the number of homes built in Canada in the next ten years, while being on target to meet quotas for new affordable and social housing by the time the Trudeau government's current mandate comes up for renewal as early as 2024.

In a statement issued in early April with the Liberal government's 2022 budget, the government said it recognized that it is becoming increasingly challenging in Canada to find a safe and affordable place to live.

## An ambitious plan

An important part of the Trudeau government's plan to boost the availability of affordable housing is a Housing Accelerator Fund, which will make \$4 billion available to the country's largest cities, facilitating their ability to accelerate their housing plans towards a target of 100,000 new mid-range homes by 2024-25.

According to the ambitious plan, the government wants to double housing construction over the next decade, with additional provisions that include a \$1.5 billion investment to extend its Rapid Housing Initiative to create a minimum of 6,000 more affordable housing units across Canada.

## A range of measures

As well, the government wants to help out first-home buyers by introducing the Tax-Free First Home Savings Account to allow them to save up to \$40,000; by doubling the First-Time Home Buyers' Tax Credit to \$10,000; by providing up

to \$1,500 in direct support to home buyers; by extending the First-Time Home Buyer Incentive to end of March 2025 to allow first-time home buyers to lower their borrowing costs; and by investing \$200 million to help develop and scale up rent-to-own projects across the country.

In addition to these measures, the government says it wants to curb unfair practices that have been driving up the price of housing in the last few years, by imposing a two-year ban on foreign capital coming into Canada to buy residential real estate, as well as by taking steps to make property flippers "pay their fair share."

## Multifaceted approach

"We're tackling speculation, we're tackling foreign investment, and eventually all of those measures taken together will make a difference," Hussen said in a phone interview with Newsfirst Multimedia. "Canadians understand that the housing sector is complex, and our tax system is also complex."

"So, we're moving deliberately in a comprehensive manner to make sure that we're addressing different aspects of this challenge. With that kind of approach, you begin to have an impact, because you're not just tackling one thing – you're tackling supply, you're tackling speculation, you're tackling demand, you're tackling access, while also dealing with unfair business practices. Because we're doing all of it, I believe it will have an impact."

## Help coming, says Hussen

Although the country's residential real estate market still shows no signs of cooling off, Hussen said the Trudeau government remains "dead-focused on recognizing that Canadians need help to purchase their homes. They need help to access their due home-ownership and we need to take action to increase supply."

"The issue is not just about price increases," he continued. "The issue is also just availability of housing supply. We're taking leadership there, but we're also been taking leadership on accessibility and fairness while cracking down on speculation and building more affordable housing. So, that's what we're focused on and hopefully all of those things will start to bring down prices and make housing more affordable for Canadians."

## Not meeting demand

Hussen noted that Canada currently has the fastest growing population of the G7 countries (including France, Germany, Italy, Japan, the UK and the U.S.), although our supply of new housing has not kept up with the demand. "So, we have to take the initiative and do what we can to increase the housing supply in this country," he said.

This year's budget marked the third time since Justin Trudeau first became Prime Minister in 2015 that his government promised to provide Canadians with more affordable housing, but failed to deliver in the first two tries.

According to some real estate sector estimates, housing in Canada is now 100 per cent more costly than when Trudeau first moved into the Prime Minister's Office, with the average price of a Canadian home now being \$869,000, compared to \$430,000 around seven years ago.

## Unfulfilled pledges

Following earlier pledges to impose a two-year



The North Shore News Exclusive

ban on residential real estate foreign ownership, the minority Liberal government had to back off, although the government may now well be able to follow through because of a deal they struck recently with the opposition NDP, who have pledged to support Liberal government initiatives until 2024.

In the meantime, Ahmed Hussen is sounding more confident than ever that the Trudeau government will finally be able to honor its long-delayed housing promises. "It is in our budget and we will be doing everything that we can to make sure that we move ahead on these measures which we promised Canadians," he said.

# Ottawa's Covid support programs for businesses end on May 7



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The Canadian Federation of Independent Business is calling on the federal government to help the hardest hit Small and Medium Enterprises across Canada deal with their COVID-related debt.

Small businesses are not only facing a long and challenging road to recovery – only 40 per cent are back to normal revenues for this time of the year, according to new data from the CFIB.

The survey results show only a quarter of business owners (27 per cent) say they are fully recovered. Among the many obstacles standing in the way of a full recovery, says the CFIB, is the staggering level of fresh Covid-related debt small firms have had to take on during the pandemic.

## Businesses in deep debt



"Two-thirds of small businesses (65 per cent) have had to take on debt, at an average of \$160,000, just to survive the past two-years," says CFIB president Dan Kelly. "For almost 900,000 business owners, up to \$60,000 of this debt is in the form

of a government-backed Canada Emergency Business Account loan."

Kelly says Ottawa's 2022 budget "missed an opportunity to forgive a larger portion of these loans for the most deeply affected small businesses." All major Covid support programs end on May 7, 2022.

## Rising business costs

The CFIB says a huge number of small businesses are also facing major challenges with rising costs for energy, inputs and insurance (90 per cent), as well as increases to government-imposed costs for carbon and payroll taxes (82 per cent). The federation believes this may explain why almost three-quarters (72 per cent) of small business owners failed to find the measures in the 2022 federal budget particularly helpful to their situations.

## Seeking debt forgiveness

As such, the CFIB is calling on the Liberal government to provide help to the hardest hit SMEs with their COVID-related debt by raising the forgivable portion of their CEBA loan to at least 50 per cent, while extending the repayment deadline beyond December 2023.

The CFIB is also asking the government to help new businesses that were excluded from the CEBA program and to forgive a portion of other federal COVID-19 loan programs like HASCAP. Small business owners can add their voice to CFIB's petition calling for more debt relief at [cfib.ca/covidpetition](https://cfib.ca/covidpetition).

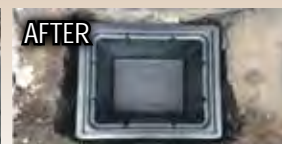
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# Celebrating MOMS everywhere



## 3 ways to give your mom a break on Mother's Day



One of the best gifts you can give your mom for Mother's Day is time off. Here are three ways to make her day more relaxing.

**1. Take care of dinner.** Whether you invite her out for a quick bite or prepare a multi-course feast, your mom will be delighted to share a meal with you — especially if she doesn't have to cook it herself.

**2. Detail her car.** Though you can wash your mom's car in the driveway yourself, for superior results, you should take it to a professional. Car detailing specialists will clean and wax the exterior and can also treat leather seats or remove stains and smells from the upholstery.

**3. Do the chores.** Make your mom happy this Mother's Day by cleaning the house from top to bottom. You can even hire a professional to wash the windows. Additionally, you could drop her clothes off at the dry cleaner to be laundered or the tailor to be mended.

While you cross items off your Mom's to-do list, consider sending her to the spa to relax and unwind. She's sure to love being pampered.



## Mother's Day around the world

Every country has its own Mother's Day traditions. Here are a few ways this occasion is celebrated around the world.

### GERMANY

The second Sunday in May is considered a day of rest for moms across the country. It's also an opportunity for children to spoil their mothers. The day usually begins with a tasty breakfast and flowers, followed by a family walk. Mother's Day in Germany typically ends with a hearty meal.



Though traditions vary, one thing is universal: Mother's Day is an opportunity for people to celebrate the most important woman in their life.

### ENGLAND

In the U.K., the fourth Sunday of Lent, which is usually in mid-March, is known as Mothering Sunday. Originally, it was a day for servants to take off and spend with their family. Now, it's customary for sons to give their mom flowers and for daughters to bake a cake made of dried fruits and almond paste.

### BRAZIL

On the second Sunday in May, Brazilian children celebrate Mother's Day by putting on a show for their mom. After attending mass, extended families gather for a big barbecue to mark the occasion.

### ETHIOPIA

Rather than landing on a fixed date, Mother's Day takes place at the end of the rainy season in the fall. The festivities begin with a traditional dish prepared by the children while their mothers relax. Singing and dancing are highlights of the celebration, which lasts three days.



## Tender moments with MOM

### Flowers for the mothers in your life

Giving flowers on Mother's Day is a time-honoured tradition. If you're looking to show your mom, your grandmother or the mother of your children that you care, here are some suggestions.

#### CUT FLOWERS

Fresh bouquets are sure to please the ladies in your life. Offer them bundles of cut roses, gerberas, tulips, camellias, carnations, irises, lilies or birds of paradise. Select blooms in their favourite colours or fragrances, or let your florist make a custom arrangement.



#### FLOWERS FOR THE GARDEN

If the mother you're celebrating has a green thumb, consider giving her a new plant for her garden. Pretty perennials like primroses and peonies or flowering shrubs like rhododendrons and lilacs are


all good choices. Assess the landscaping of the yard to help you make the right choice. Alternatively, ask a professional at your local nursery for suggestions.



#### FLOWERING POTTED PLANTS

There are many types of flowering plants that make great Mother's Day gifts. You could get an African violet or orchid for her home, or a hanging basket or rose bush for her yard. Just be sure the person receiving your gift is interested in keeping the plant alive. When in doubt, look for easy-to-care-for plants like peace lilies and Christmas cacti.

Regardless of what type of flowers you buy for Mother's Day, remember to include a card. The best part about your gift is sure to be that it came from you.



## Happy Mother's Day!

Rosemère's Town Council wishes all mothers warm and happy moments. Nothing will replace a mother's love for her children.

May this day bring you as much love as you give.





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## Small but mighty papers deliver impact journalism

BY RUBY IRENE PRATKA

**E**very day, Trevor Greenway sees the impact of his work.

Greenway is the editor of The Low Down to Hull and Back News, an independent weekly English-language newspaper in Wakefield which covers parts of the Outaouais region.

“If you’re new to the area, the first three things you learn about are the Black Sheep Inn, Wakefield Spring water and the Low Down,” says Greenway. “People won’t read about the town council in Low or Denholm in the Ottawa Citizen or on the CBC website, but they’ll read it here.”

The 29 English-language and bilingual member publications of the Quebec Community Newspapers Association (QCNA) distribute weekly, bi-weekly, monthly, and daily to some 384,000 readers, focusing on high-impact local news. According to the QCNA, three out of five English-speaking residents of areas served by the association read their local paper. >>

## » HOLDING COMMUNITIES TOGETHER

Quebec's English-language community newspapers are part of the glue that holds their respective communities together, keeping long-departed former residents abreast of happenings in their hometown and often covering great distances.

“

*Publisher Penny MacWhirter explains that the Spec plays a vital role in the lives of English-speaking seniors, many of whom are unilingual and lack internet access.*

”

Lily Ryan is the publisher of *The West Quebec Post* (established in 1896), *The Pontiac Journal*, *The Aylmer Bulletin* and *The Gatineau Bulletin*. Ryan notes that until her father, Fred Ryan, founded the bilingual *Pontiac Journal*, no English- or French-language newspaper covered the entirety of the vast, mostly rural Pontiac region, an area that takes two hours to drive. The *Journal's* slogan is “Uniting the Pontiac.”

*The Gaspé Spec*, an English-language weekly in the Gaspé, plays a similar role, uniting far-flung English-speaking communities in Eastern Quebec. Before the *Spec* published its first edition in 1975, Gaspésians “knew more about New Brunswick affairs than they did about Quebec,” the paper's website explains. The *Spec* is the only regional newspaper covering the nearly 350-kilometre area from Rivière-au-Renard to Matapédia.

Publisher Penny MacWhirter explains that the *Spec* plays a vital role in the lives of English-speaking seniors, many

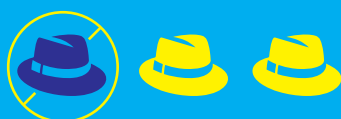
## FACTS



Local community newspapers remain the favourite source for local news. Local information is the top reason people read their community newspaper.

SOURCE: 2018 TOTUM RESEARCH STUDY OF MORE THAN 2,000 CANADIANS

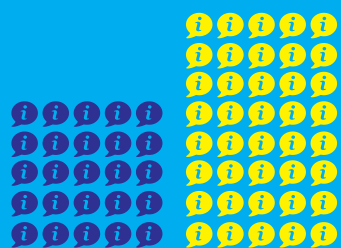
More than 450 Canadian news outlets have closed since 2008.



At least one-third of Canadian journalism jobs have disappeared since 2010.

SOURCE: DEPARTMENT OF CANADIAN HERITAGE

Community media contributes to better informed citizens:



respondents in communities with local papers are 15 percentage points more informed about local news and information than those without one.

SOURCE: BENEFITS AND IMPACT OF COMMUNITY MEDIA IN VARIOUS COMMUNITIES ACROSS QUEBEC, 2019

VISIT [QCNA.CA](http://QCNA.CA) FOR MORE INFORMATION AND RESOURCES.

of whom are unilingual and lack internet access. In the first year of the COVID-19 pandemic, the paper produced daily online public health digests, which were then shared around the community. The extra work stretched the paper's staff of four to the limit but reinforced its public service role.

## FILLING A VOID

During the COVID-19 pandemic, as large regional newspapers have shrunk further due to advertising constraints, community newspapers have filled a void and helped readers understand a rapidly changing world.

In May 2020, veteran *Montreal Gazette* reporter Brenda O'Farrell founded *The 1019 Report*, covering all 1,019 square kilometres of Vaudreuil-Soulanges. Existing local publications had closed, and the *Gazette* had stopped running a weekly segment that focused on the area.

“This area, which has one of the fastest-growing English-speaking populations in the province, had no local English media,” O'Farrell says. Her goal was to launch a “hyperlocal publication worthy of people's time,” and the weekly quickly stepped into the gap left by its vanished predecessors.

Thanks to a risk-taking town councillor, O'Farrell exposed a real estate cover-up, and her reporting led to major changes in local urban planning policy. “We were able to give voice to one person who said, ‘This is wrong,’ tease out what was and wasn't true and give people the proper information,” she says. “This is the role newspapers play in a democracy.”

## STORIES MAKING NATIONAL HEADLINES

Community newspapers are staffed by dedicated journalists who leverage the trust they have gained from years of community involvement to cover stories that make national headlines.

Last fall, a Chelsea teacher called Greenway at the *Low Down* newsroom to say her colleague, Fatemeh Anvari, had

been reassigned after wearing a hijab in class during the height of the province-wide debate about Bill 21. Greenway met Anvari, who was initially reluctant to be interviewed, and spoke to her about the story's potential impact.

“She was worried the story would put a target on her back, but she got so much support,” Greenway recalls. A Léger poll suggested that support for the secularism law dropped from 64 per cent to 55 per cent after the *Low Down* published Anvari's story; Prime Minister Justin Trudeau expressed his support for Anvari, and the story was picked up by *The Washington Post* and *The Globe and Mail*.

“

*Community newspapers are staffed by dedicated journalists who leverage the trust they have gained from years of community involvement to cover stories that make national headlines.*

”

“All political stories start at the local level, and (Anvari's) story is a great example of that,” comments *Low Down* publisher Nikki Mantell. Like Ryan, Mantell has devoted her entire professional life to community journalism.

Greenway launched his journalism career at the *Low Down* before working for a daily paper in Ottawa. In 2021, he returned to the paper as its editor.

“I did break some big stories in Ottawa, but I don't feel that they had the same impact on the readership.” Community journalists, however, can explore major stories that have an impact on people directly at home, Greenway says.

# A green helping hand to the planet in Blainville

*Launch of the environmental policy project and an awareness campaign on the waste of drinking water*



Mayor Liza Poulin surrounded by members of the Steering Committee for the new environmental policy.

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

Taking advantage of the celebration of Earth day on April 22nd, the administration of Mayor Liza Poulin officially launched the vast project of the new environmental policy and presented the members of the steering committee responsible for drawing up this document, which will be accompanied by an action plan.

“On this Earth Day, we are inaugurating a central project of this mandate. More than ever, municipalities must use their powers to contribute to the preservation of our beautiful planet and in this fight against climate change. The steering committee that we are announcing today which is made up of elected officials, municipal employees and citizens has the mission of developing a policy and an action plan that is both bold and will bring about chan-

ges in our daily habits. In parallel and within the same action plan, we are launching an awareness campaign on the waste of drinking water as well as a financial assistance program for the purchase and installation of a charging station for electric vehicles. So here are three concrete actions that we are taking on this very special day,” said Mayor Liza Poulin.

## Steering committee for the new environmental policy

Mandated by the city council to develop the new environmental policy and its action plan and supported by the organization Nature-Action Québec, the steering committee is made up of twelve people, including seven citizens and citizens of Blainville from various walks of life who will be able to contribute concretely to the work that will lead to the adoption of this policy in the spring of 2023:

Ms. Nicole Ruel, delegated councillor for the environment and ecological transition;

Mr. Francis Allaire, Delegated Advisor for the Environment and Ecological Transition;

Mr. Yannick Proulx, Senior Advisor, General Management and Town Hall;

Mr. Éric Lépine, responsible for the environment, Urban Planning Department;

Advisor for ecological transition, general management and town hall (to be confirmed);

Ms. Gabriela Turnel, member of the Youth Commission;

Ms. Ariane Delorme, representative of the business community;

Mr. Claude-André Fortin, representative of the socio-cultural community;

Ms. Valérie Aubin, citizen;

Ms. Anaïs Boutin, citizen;

Ms. Manon Chartrand, citizen;

Mr. Guillaume Chagnon, citizen.

“We are very proud of this steering committee with which we will be working over the coming months. Once again, the City of Blainville does not hesitate to call on citizens to enrich our discussions and to gather diverse opinions on a subject as vast as the environment. This policy, we hope, will unite the population of Blainville around common objectives. It is our collective efforts that will allow us to achieve these objectives,” said Francis Allaire, Advisor for the Environment and Ecological Transition.

## Awareness campaign on the waste of drinking water

Data for 2020 indicates that 26% of the drinking water distributed on the territory of Blainville was used for non-essential purposes, in particular for watering lawns, filling swimming pools and car washing “In a context of climate change where the demand for water is growing, the drinking water network, supplied by the Rivière des Mille Îles, is increasingly weakened. Hence the urgency of changing our consumption habits,” said Nicole Ruel, Advisor for the Environment and Ecological Transition.

In order to protect this precious resource, the

City has set up a communication campaign on the theme “We are at the end of the pipe! “. Playing on the expression “Being at the end of your rope”, this campaign aims to raise public awareness of the fact that drinking water is not an infinite resource and that there are direct impacts to waste. Communication actions will be visible in particular on billboards and publications on social networks. The ultimate goal is to reduce the quantity of drinking water distributed by 20%, which is equivalent to 458.5 liters per person, per day.

For example, automatic watering systems generate a major waste of drinking water when they are not used properly. Simple actions can be taken to save drinking water while having an automatic system: compliance with watering regulations, installation of timers or humidity detectors.

Saving drinking water is not only the responsibility of citizens and the City of Blainville is also taking measures to assess the consumption of drinking water on its territory with a view to reducing it. Whether it is the annual search for invisible leaks on the surface or the rinsing of one-way networks, the City is continuing to implement the Québec Strategy for Drinking Water Conservation.

## Financial assistance program for the purchase of a charging station for electric vehicles

Finally, the City of Blainville will give \$100 to people who purchase and install a station to charge their electric vehicle. A total of 55 subsidies will be available in 2022 to encourage motorists to opt for electric vehicles and thus reduce greenhouse gas emissions on the territory of Blainville. To take advantage of this program, simply complete the form available on the blainville.ca website and provide the invoice for the purchase/installation of the charging station.

# Sainte-Thérèse: city of sales!

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

With the spring weather firmly establishing itself in the North Shore, outdoor events and sales many benefitting local vendors and non-profits are on the rise.

## The Sainte-Thérèse children's sale

Sainte-Thérèse's big sale of children's items will be in full swing on Saturday, May 14, from 9 a.m. to 1 p.m., in the parking lot of Saint-Gabriel school (8, rue Tassé).

This popular event organized by the city, brings together dozens of vendors, so it's an opportunity for parents to make great finds! Toys of all kinds, clothing, play modules and more, you will find a host of items in excellent condition in one place!

“With the current context and the rising costs that we are experiencing, mutual assistance between citizens is more important than ever! These items for children offered at low prices are the delight of new families. And in addition to saving money, buyers encourage reuse, an eco-responsible option to integrate into our consumption habits,” said the mayor of the City of Sainte-Thérèse, Mr. Christian Charron.

The atmosphere will be festive! Music, activities and animation are planned for children. In addition, for those whose belly is craving a cheesy delight, the sale of hot-suisse from SOS Fondue for the benefit of the Marnaine Tendresse organization will take place on site. The event is open to everyone. In case of rain,

the sale will be held in the Saint-Gabriel school gymnasium.

## Spring garage sales in Sainte-Thérèse: Get your free permit!

Back this spring, free garage sales will take place from May 27 to 29 throughout Sainte-Thérèse. Citizens who wish to organize a garage sale during this weekend are invited to obtain their free permit by May 23. The permit application is mandatory and must be completed online at [www.sainte-therese.ca](http://www.sainte-therese.ca) > Citizen services > Garage sale.

“The spring edition of the free garage sales is the perfect opportunity for Thérésiens to finalize their spring cleaning by giving a second life to their belongings, which are still in good condition! With more than 200 addresses listed each year, citizens will have plenty of opportunities to dispose of their items or find a few for the home! “, said Mr. Christian Charron, mayor of Sainte-Thérèse. In anticipation of this weekend, a map will be published on May 25 on the Town's website indicating all the addresses where garage sales will take place in Sainte-Thérèse.



# Volunteers thanked in Saint-Eustache

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

As part of National Volunteer Week, the City of Saint-Eustache is highlighting the extraordinary work of its volunteers. In recognition of these people who have a positive impact in the community, the City has decided to pay tribute to them through a visibility and thanks campaign.

## A promotion campaign

As part of this campaign, volunteers will be given car stickers specially designed for them, proudly indicating “volunteers on board”. In addition, all municipal vehicles will be adorned with a complementary decal that thanks community volunteers. Using this same model, a dozen posters will be placed strategically in the city to ensure optimal outreach of the volunteer function.

“With these gestures, we would like to warmly thank the over 1,000 people who get involved, both in municipal events and with recognized organizations. These men and women make an exceptional contribution to our collective quality of life and make a difference in the lives of their fellow citizens. said the mayor of Saint-Eustache, Mr. Pierre Charron.

## A growing need

In collaboration with the Community Animation Service, this campaign also aims to recruit new volunteers who would be willing to get involved. “The various organizations



are crying out for help in order to be able to continue their services to citizens. As a municipality active in the community, your contribution is also important in the various events organized. For all these reasons, we encourage you to apply to become a volunteer,” said Nicole Carignan-Lefebvre, municipal councillor, co-responsible for the community component.

## Volunteering changes lives!

To highlight the 48th edition of National Volunteer Week, the Federation of Volunteer Centers of Quebec is launching the Volunteering campaign changes life! The organization wishes to remind people that volunteering changes lives, both for the volunteers and for the beneficiaries. This act of mutual aid is also an important source of collective wealth for a society. This is the conclusion that we can draw from the career of Pierre Lavoie, who has been a volunteer for over 40 years.

# Effective partnerships for the benefit of the most vulnerable

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

On June 8, 2020, the director general of the Régie de police Thérèse-De Blainville, Mr. Francis Lanouette, proudly presented the RIPTB's strategic plan for the years 2020-2024. This plan is geared towards the themes of modernisation, trust, and efficiency.

"Sir Robert Peel, considered the father of modern democratic policing, said that the police can perform their duties only to the extent that their actions are approved by the public. This assertion is still as relevant today and remains for the RIPTB the spearhead of its actions. It is in a spirit of partnership with the community and by improving its policing model based on



proximity that the Régie intends to maintain this bond of trust" said Francis Lanouette in the spring of 2020.

"It is now accepted that the Régie is a police organization focused on the needs of its community. The various services offered,

particularly to vulnerable clientele, are often cited by our partners," he explained.

It is with great pride that we are able to inform citizens of the renewal of two important projects with partners. The first is the renewal of the agreement with the CISSS des Laurentides concerning the presence of a social worker inside the police station itself. The psychosocial workers of the CISSS des Laurentides, working closely and on site with the police officers of the RIPTB, intervene on the front line with people in crisis or whose mental state is disturbed as well as with patients requiring immediate psychosocial assistance. They only respond to police calls once the premises have been secured by the patrolers. The following objectives were achieved and will continue again this year:

Reach an adult clientele with multiple needs who are struggling with mental health problems and who are difficult to reach;

Provide support and an advisory role to patrolers in connection with the clinical component; Intervene in a concerted manner with the health and community network and the RIPTB for repeated interventions with the same individuals and liaise between the various people who can support the needs of those individuals;

The second is the renewal of the Department of Public Security's crime prevention support program for municipalities. This program allows the hiring of Catherine Murray Truchon within the RIPTB and offers second-line psychosocial intervention to vulnerable citizens and their loved ones as well as to victims of family violence.

"Her presence within the Operations Support division makes it possible to work in partnership with prevention officers, neighborhood officers and PIVOT officers on a daily basis." Concluded Francis Lanouette.

## An A+ for Rosemère's Library

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • info@newsfirst.ca

Rosemère's municipal library has every reason to be proud since it has achieved an overall rating of 92% for all services offered to its residents in 2019. This rating, awarded by the BiblioQUALITÉ program, illustrates the outstanding quality of Rosemère's library, both in terms of the services provided to residents and the staff hired.

BiblioQUALITÉ's rating is based on a series of quantifiable indicators derived from the guidelines for Québec's public libraries. The indicators are: hours of operation, surface area, seating capacity and human resources. In addition to these indicators, there are two

additional considerations: extra points if the library has abolished late fees and a penalty if library membership is fee-based. For each indicator, a rating is assigned to determine the level achieved by the library. A ribbon is also awarded for each level, with a 5-ribbon rating representing excellence. In Rosemère, a 5-ribbon rating was earned in the vast majority of the categories evaluated.

"In 2019, Rosemère's library saw a 10% increase in loans over 2018, which is great news. The number of activities offered is also up and we continue to actively develop programming each year," stated Eric Westram, Mayor of Rosemère.

While the average overall rating for Québec municipalities that are members of the Association des bibliothèques publiques du Québec (ABPQ) is 68%, the Town of Rosemère stands out even more with its 26% higher rating.

According to the city's announcement, this achievement reflects the high and increasing priority given to culture in Rosemère and highlights all the efforts made to provide residents with quality services.

### About BiblioQUALITÉ

The BiblioQUALITÉ program recognizes, on an objective and sustainable basis, the investment efforts made in public libraries by each municipality that is a member of the ABPQ or a participating regional BIBLIO network. Throughout Québec, municipalities are working to improve the living environment of their community, by actively participating in providing services to their residents, including those offered by their public library. It is hoped that achieving the highest level will serve as permanent motivation for continuous improvement of the services offered by public libraries to their various clientele.



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## Rosemère Awards \$382,000 to Community Organizations



**René Villeneuve, Town Councillor; John Paul Moutinho, President of the Association de soccer FC Loro; Eric Westram, Mayor of Rosemère; Yannick Grant, President of the Association de Hockey-Mineur Lorraine-Rosemère, and Carole Gingras, President of the Association Horizon Rosemère.**

As part of Volunteer Week 2022, which took place April 24-30, the Town of Rosemère took the opportunity to highlight the financial assistance provided to some thirty recognized sports, cultural and community organizations under its Policy for the Recognition and Support of Community and Recreational Organizations. The official photo with a symbolic cheque for \$382,000 was taken in front of the library on April 28, in the presence of Mayor Eric Westram, Town Councillor René Villeneuve and a number of representatives of community organizations.

"Every year, Rosemère makes it a point to financially support the organizations recognized on its territory in various sectors of activity, so that they can pursue their essential mission with young people, families, seniors and the

most vulnerable people in our community. It is mainly thanks to the commitment of these organizations and the generosity of their volunteers that our community is more united and well rooted in its environment, and that it is more vibrant, proud and resilient. I wish to wholeheartedly thank our organizations and their hard-working volunteers, because their contribution is vital to our well-being and to the enrichment of our living environment," stated Eric Westram, Mayor of Rosemère.

As a key player in almost every sphere of human activity and a full partner in the community, the Town financially supports the organizations it recognizes and with which it has a memorandum of understanding, in order to improve the diversified services offered to its residents.

## Rosemère welcomes back the White on White Cultural Event



The City of Rosemère announced the return—after a two-year pause—of the White on White cultural event, June 10-12, at Pioneer Park. With "The Venetian Ball" as its theme, the event is being organized by the Rosemère Artists Gathering (RAG) and is financially supported by the city, the Corporation de développement culturel et sportif de Rosemère (CDCSR) and several other sponsors. The city also provides assistance for setting up the event as well as for the loan of equipment and personnel for the technical aspects of the activity. Mayor Eric Westram is pleased to once again be welcoming this summer event that showcases local artists:

"It's a privilege to have the opportunity to hold a cultural event like White on White on our territory. We have said it before and we will continue to say it in the future: culture in Rosemère is of the utmost importance. We hope to see a large number of residents here, all dressed in their best white clothes," he stated. As usual, White on White is a free event that presents an original, diversified program, including a number of interactive workshops:

"The advantage of this event is that it is suitable for both adults and families with young children. We want to make culture accessible to everyone, regardless of their age. I would like

to warmly thank Eric Girard, MNA for Groulx; Luc Désilets, MP for Rivière-des-Mille-Îles; the CDCSR, the City of Rosemère as well as all the sponsors for their great support," said Caroline Foley, President of the RAR.

An exhibition will also be on display in the library's atrium as well as on the grounds of the Recreation Department. On Saturday, the traditional Supper in White will be back. Tickets are \$35 each and will be on sale at Rosemère's municipal library, starting May 2, 2022.

### The events

On Friday, June 10<sup>th</sup> from 7 p.m. to 10 p.m. there will be mood music and visitors can visit the outdoor trail and the exhibit in the atrium. On Saturday, June 11<sup>th</sup> from 1 p.m. to 10 p.m. there will be Interactive activities, a tour of the site, artistic and musical activities, the Inauguration of Floréats en Arts and a supper in White at 7 p.m. (white clothing and ticket purchase required). Finally on Sunday, June 12<sup>th</sup> from 1 p.m. to 4 p.m. there will be artistic creation workshops for everyone a tour of the site and exhibition, artists at work outdoors, mood music and a face painting booth for the young Rosemerites.

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# DIRECT? ANSWERS

From Wayne & Tamara

## Upon Closer Examination

**Q** I have a problem plenty of people would love to have, but I simply don't know what to do. I met a man who is truly my soul mate, and he truly believes I am his. He is a professional guy in his 40s, I am a professional girl in my 30s.

When we met six months ago, we talked constantly about the miracle of finding each other. We were grateful we never married anyone else, and we felt no one in the world could have experienced such great love. It was a fairy tale come true.

He said things like, "Thanks to you, I can die knowing I was fortunate enough to experience true love once in my lifetime." We have each lived with other people before and decided not to go that route. We decided to wait until we get married. Because of our work schedules and distance, we only see each other from Saturday night to Sunday night.

Our love is like a fairy tale, but the ending is not turning out as I hoped. At the very beginning of our relationship we went on vacation for 10 days. It was heaven. We went away for another 10 days recently, and to be honest, I was expecting a marriage proposal. I didn't get one.

Six months may seem soon to you, but we are older and have been around the block. He still gushes about how much he loves me. I feel like, okay, we found each other, let's get on with it. He

is encouraging me to buy furniture for my own place, as if we will not soon be combining things.

My dad always preferred that his kids never grow up and get married, but even dad says he needs to put up or shut up. I feel bitterness coming on. How do I keep from getting so bitter it ruins our relationship? He tells me to have faith, and I do, but I don't want to run out of it.

Haley

**A** Haley, your bitterness has already burst the bubble that contained your dream. Each day on vacation you wondered, is today the day? Will the waiter bring the ring on a silver platter tonight? Will I find it wrapped in my beach towel tomorrow morning? During an afternoon walk, will he reach in his pocket and surprise me?

Not only was he not thinking engagement, he didn't even know you were! Our need for love is so strong, we often call perfect, what is not. Time reveals the difference between infatuation and love.

It's time to talk to this man from your heart, as people who genuinely belong together can talk. If you can't talk to him, you must admit you got ahead of yourself. While you wondered how to tell your dad, he was wondering, what's for dinner.

Wayne & Tamara

## Holding Pattern

**Q** My husband, 60, has moved into our motor home to "find himself." He's had counseling, is on medication, and has the typical midlife crisis I've read about. It's his crisis, but it seems to be my problem.

I'm not really married, I'm not single, I'm not even legally separated. Do I wait to see if I'm discarded like an old snotty Kleenex? I can't get on with my life because I'm in limbo. Any advice?

Dolores

**A** Dolores, the term "midlife crisis" may be the most abused phrase in the dictionary. It is used to explain away almost every problem a woman can have with a man.

As long as you wait for your husband

to decide, you will feel helpless. That helplessness will lead to depression and less active engagement in life. Your husband lacks the will to bring things to a head. You can free yourself by being proactive.

Think about the kind of relationship you have had. What is best for you now? Do you want marriage, separation, or divorce? What would your life be like if you pursued each of these courses? What possibilities—financial, emotional, social—are open to you with each course?

Have a talk with your husband and lay your cards on the table. Lay out all the options and see what he has to say. Then make your decision. It's your life. Live it!

Wayne & Tamara

Wayne & Tamara Mitchell are the authors of YOUR OTHER HALF (www.yourotherhalf.com)

Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: DirectAnswers@WayneAndTamara.com

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# A massive tree planting project

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • [info@newsfirst.ca](mailto:info@newsfirst.ca)

On the occasion of Earth Day, the Mayor of Saint-Eustache, Mr. Pierre Charron, was proud to announcing the implementation, next fall, of an ambitious Canopy plan, via which more than 4000 new trees will be planted in the urban part of the Eustachian territory, between 2022 and 2025, in order to enrich the forest cover of the City as well as the quality of life of the current and future population.

As part of the City's Urban Forestry Policy, this major green operation will serve in particular to combat urban heat islands, reduce greenhouse gas emissions and promote biodiversity. "Among the preferred locations for planting, priority is given to street rights-of-way and municipal parks. Tree species will be strategically selected to ensure the longest possible life for the tree and to maximize its benefits depending on

the location. We are also going to adapt the regulations in order to protect this collective wealth," explained the mayor.

For her part, the chair of the Environment and Beautification Commission, municipal councillor Isabelle Lefebvre, stressed the importance of a forest cover provided in the fight against climate change and in maintaining biodiversity. "Increasing the number of trees in the city reduces urban heat islands, heat-related health problems and respiratory problems. Thanks to their foliage, trees also serve as natural air conditioners and therefore represent significant energy savings. They also generate great water savings by capturing rainwater and directing it to the ground rather than to municipal sewer systems. Finally, the trees create an undeniable feeling of pride and belonging," she declared, also announcing that the City of Saint-Eustache is also committed to distributing, for a sixth consecutive year, 120 additional trees to citizens, in addition to distributing 100 tree shoots from the Ministry of Forests, Wildlife



and Parks during the month of May, Tree and Forest Month.

## **Saint-Eustache, municipality committed to ecological transition**

For the elected officials of Saint-Eustache, in the face of the environmental crisis, cities have a leading role to play in the ambitious transi-

tion underway. Taking this responsibility very seriously, and making an official commitment in this regard, the City of Saint-Eustache has thus joined the movement of Municipal Partners of Earth Day Canada, in order to draw inspiration from the most convincing experiences in terms of ecological transition. "The acceleration of the phenomenon of climate change requires us to move up a gear, for the good of future generations, which we are tackling now. I invite everyone involved in this essential fight to join us and take concrete action on this Earth Day," concluded Mayor Pierre Charron.

## **Saint-Eustache green-thumbs get a helping "thumb" from the city**

**MARIA DIAMANTIS**  
Local Journalism Initiative Reporter  
For The North-Shore News • [info@newsfirst.ca](mailto:info@newsfirst.ca)

The Mayor of the City of Saint-Eustache, Mr. Pierre Charron, and the President of the Commission de l'environnement et de la beauté, Mrs. Isabelle Lefebvre, announced that the annual Environment and Beautification Day will take place on Saturday, May 7, between 9 a.m. and 3 p.m., in the parking lot of the Patriotes secondary school (99, rue Grignon). As the activity will be held under the theme "A helping hand for your vegetable garden", participants will be given a box of plants that will enhance any vegetable garden or balcony planter.

The city will also give a milkweed plants to everyone who registers for the activity. This flowering plant is essential to the life of monarch butterflies since it feeds their caterpillars. "As a city certified "friend of monarchs" by the David Suzuki Foundation, it is natural for us to contribute to the survival of this species of butterfly in danger of extinction, by encouraging the population to plant milkweed in their flower beds," concluded Isabelle Lefebvre, municipal councillor and chair of the Environment and Beautification Commission.

### **"Drive-through" formula by appointment**

Once more this year, residents must register in order to reserve a box of plants (limited quantities) and make an appointment to pick it up, by making sure to keep their electronic ticket (QR code) on a mobile device, or to bring a printed copy when picking up their plants. Only people with a ticket will receive a box of plants, one container per civic address. The city asks for the cooperation of citizens to respect the meeting time set during registration, in order to promote the fluidity of traffic and to avoid queues on the site.

"At a time when the price of food is increasing at an alarming rate, this free offer of four plants: cherry tomatoes, peppers, basil and lettuce, aims to encourage the residents of Saint-Eustache to grow their own vegetables and eat fresh, at a fraction of the cost. We hope this little nudge will get them off to a great start to the gardening season and enjoy tasty salads all summer long," said the mayor at the time of the announcement.

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# HOROSCOPE

Week of **MAY 8 TO 14, 2022**

The luckiest signs this week:  
**SCORPIO, SAGITTARIUS AND CAPRICORN**



## ARIES

Don't doubt the law of attraction when it comes to your work. Visualizing your goals in a precise way will help you achieve them quickly and with surprising ease.



## TAURUS

You'll find yourself in a situation that puts the spotlight on you and gives you the tools to set new goals. You'll take pride in your achievements, which will significantly increase your self-esteem.



## GEMINI

If you have plans to move, you'll start getting boxes and administrative tasks ready to get a head start. Alternatively, you may make plans to renovate part of your home.



## CANCER

This week, you'll deal with traffic jams and miscommunication. Look for alternate routes and charge your phone before leaving the house to avoid delays and other annoyances.



## LEO

You'll be given free rein on a project or training course. Financing and other tools will become available to you, and you'll manage to secure your retirement in a rather unexpected way.



## VIRGO

You'll be determined to better your life and improve your situation. If you take action, you'll succeed. All you have to do is take the first step to set things in motion.



## LIBRA

You may be short-tempered this week. You'll feel like you're treading water and waiting for everyone else. You may need to take a step back to move forward.



## SCORPIO

You'll organize a meeting or event that brings the whole company together at work. You'll also work with several clients, which will increase your income. Abundance is on your doorstep.



## SAGITTARIUS

A project will require special attention. You may encounter delays in every aspect of your life. For example, you'll be put on hold or choose the wrong line at the grocery store.



## CAPRICORN

Summer holidays are just around the corner. Now is the time to make plans to ensure you can visit all the attractions on your list. You may need to book a day camp for your children.



## AQUARIUS

You'll be put in a situation that inspires your work or family life. You'll have the opportunity to set new and exciting goals.



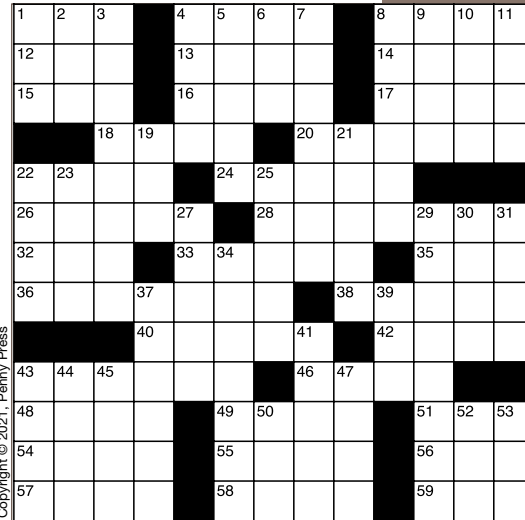
## PISCES

If you're still in the early stages of your relationship, you'll receive a marriage proposal or another gesture of commitment. Your significant other will declare their undying love for you in a big way, much to your delight.

# Coffee Break

## CROSSWORDS

PUZZLE NO. 124



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### ACROSS

1. Ship defector
4. Herring's kin
8. Graceful bird
12. Past
13. Music system: hyph.
14. Evergreen
15. Hair cream
16. Carney et al.
17. Tiny pests
18. Border
20. Admission slip
22. Savior
24. Gravy
26. Portrayal
28. Brush part
32. Orchestra \_\_\_\_
33. Brick house
35. Balloon input
36. Navigated
38. More mature
40. Fend off
42. GI's supper
43. Covered passageway

### DOWN

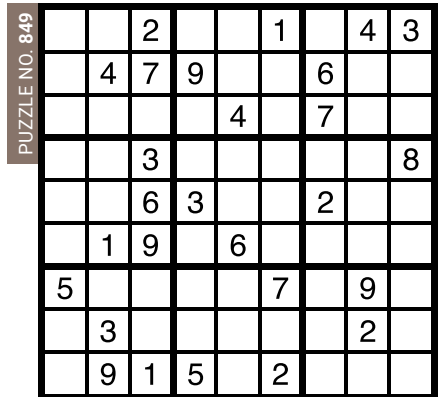
1. Scrap of cloth
2. Iron or Stone
3. Put up with
4. Kind of carpet
5. Takes on
6. Fore-and-\_\_\_\_
7. Bother
8. Gaps
9. Blink of one eye
10. Add a share
11. Robin's roost
19. Pug or collie
21. Frostier
22. Hula-Hoop's site
23. Release
25. Dwelling
27. Like a jug, e.g.
29. Wall hanging
30. Is situated
31. Botches
34. Relies
37. Rubbed out
39. Naughty child
41. Andean animal
43. Serpents
44. Gather
45. Sugar source
47. Sitting above
50. Long fish
52. Flirt with
53. Have title to

# Sudoku

## HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

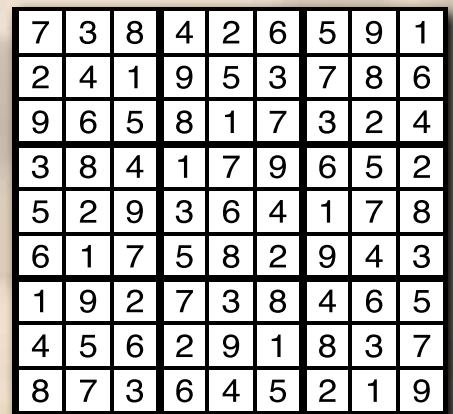


## Last Issues' Answers

## CROSSWORDS



## Sudoku



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