



Pointe-Calumet, Sainte-Marthe-sur-le-Lac, Sainte-Thérèse, Saint-Eustache



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YEAR IN REVIEW 2022

















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2023 budget: Deux-Montagnes is seeking to limit the

effects of inflation

MARIA DIAMANTIS

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The 2023 budget of the City of Deux-Montagnes was adopted on December 19th 2022 by the members of the municipal council in a special meeting. Although the financial year was drawn up in a particularly difficult economic context, it shows a responsible budget, achieving the objective of sound management of public finances, according to the city's announcement. Thus, it was announced that in 2023, the increase in the tax bill for a residence of average value will be 3.2%, or less than half of inflation.

Like other Quebec cities, the City of Deux-Montagnes has been suffering for several months now from the effects of the marked increase in the cost of living and the slowdown in residential construction. This situation has the effect of increasing the costs of financing and supplies necessary for the proper functioning of the services and activities provided to its citizens. For example, the costs for the purchase of chemicals for the water treatment plant have more than doubled, and the costs of waste collection have also jumped. At the same time, we are witnessing a slowdown in private investment, thus limiting the influx of new income.

"We are aware that the economic context greatly affects taxpayers, which has forced us to show the greatest rigour. Choices have been made to allow us to maintain the level of service that Deux-Montagnais are entitled to expect while respecting their ability to pay," said Mayor Denis Martin.

Future investments

The City of Deux-Montagnes will invest, through its three-year capital plan, a historic amount in its infrastructure (\$18M). This will include, among other things, the stormwater management project and the limitation of overflows, particularly during spring floods. Also, the noise barrier will be finalized, as well as the development of Centennial Park. It should be noted that the City obtained substantial provincial and federal grants (nearly \$12M) to carry out these projects.

"For the municipal council, budget exercises are an opportunity to apply the principles of good governance, with the main objective of offering the people of Deux-Montagnes a sustainable living environment in which to live. I would like to thank the elected officials and the managers in place for the efforts made to design this budget, which limits the pressure on households as much as possible," concluded Mayor Martin.



Death at the Saint-Eustache Dollarama

The man Danny Piché allegedly beat up died

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A visit to Dollarama could be very expensive for a man who may have reported a manslaughter charge there. Danny Piché, 40, is the main and only suspect of the Saint-Eustache Police Department in a murder story that occurred last Thursday, December 29th, in Saint-Eustache.

According to the information released to the media around 9 a.m., Piché was seen drinking wine at the Place St-Eustache shopping center, on Arthur-Sauvé Boulevard. He then insulted a passerby, Richard Gagnon, 59 years old. Shortly after, Piché would have done the same with Gagnon's companion.

The two men who were arguing then entered the Dollarama mall.

Fearful, Mr. Gagnon placed himself in a

defensive position when his assailant allegedly started punching him in the head. At one point, a violent strike thew Mr. Gagnon to the ground and he hit his head against a store shelf, according to the information released. The suspect, according to the same sources, approached his victim in panic to help him, after he understood the extent and gravity of the situation.

After spending long minutes on the ground, Richard Gagnon was transported to a hospital center, where he was pronounced dead later in the evening. Many witnesses observed the scene. It is also thanks to their collaboration that the police were able to quickly handcuff Danny Piché.

Currently detained, the suspect for his part appeared the next day at the Saint-Jérôme courthouse for non-compliance with conditions. He also had numerous ongoing criminal cases on his record. He is expected to face a manslaughter charge.

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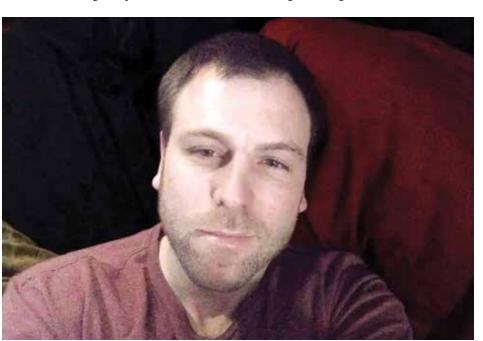
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• The North Shore News • January 13, 2023

Centraide Laurentides 2022 campaign: the City of Saint-Eustache exceeds its objective

MARIA DIAMANTIS

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At the end of a campaign led by an organizing committee, made up of employees from several municipal departments, the City of Saint-Eustache was proud to give Centraide Laurentides an amount of \$23,608.92, well surpassing its goal of \$20,000. This sum benefits more than 55 community organizations in the Laurentians, which support vulnerable populations in the area in various ways. This amount gives the City of Saint-Eustache the first rank of municipalities in the Laurentians contributing to the campaign.

The municipal councillor for the Plateau-des-Chênes district and responsible for community affairs, Ms. Nicole Carignan-Lefebvre, was enthusiastic about this surge of generosity that has animated municipal service employees and elected officials. "The City of Saint-Eustache has been happy to support Centraide Laurentides for many years. In a context like today's, it is all the more important to contribute when you can, because these sums are sent to organizations

providing assistance services related to breakdown assistance, food aid, and support for people living in vulnerable situations," she said.

Various activities to encourage donations

From November 7 to 25, 2022, the members of the organizing committee went into overdrive to encourage municipal staff to donate. Chocolate sales, auctions, raffles, lunch box dinners, sales of handmade objects, etc.; everything has been done to increase the amount accumulated annually by donations to the source (employees contributed an amount with each pay). Holding these activities added more than \$2,000 to the total.

"It's always heartening to see municipal staff pull together for such a great cause, and I would like to highlight the contribution of all the people who are committed to helping the less fortunate, either by being a member of the committee or by organizing activities to increase the amounts raised. When we add up the contributions of everyone, whether small or large, we arrive at a significant amount that can really improve the living conditions of many people here in our region," said Mayor Pierre Charron.



Marie-Sol Perreault-Desharnais, Deputy Director General of Centraide Laurentides, Pierre Charron, Mayor of the City of Saint-Eustache, François Bélanger, Deputy Director General of the City of Saint-Eustache, Nicole Carignan-Lefebvre, Municipal Councilor of the Plateau-des-Chênes district, Lea Lovric, development officer in the Communications Department.

Mtre Catherine Blais-Adam, Rosemère's New Town Manager

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The Rosemère City Council announced the appointment of Catherine Blais-Adam as Rosemère's new Town Manager just before the holiday season. Mtre Blais-Adam had already been serving as interim Town Manager since Guy Benedetti's departure last June. Employed by Rosemère since 2020, Mtre Blais-Adam previously held the positions of Director of Legal Services and Town Clerk. Catherine Blais-Adam has solid experience in the municipal world and its management. She has worked for the town of Sainte-Anne-de-Bellevue, among other municipalities.

"I am very proud of this appointment, which provides an opportunity to promote a resource who was already working for Rosemère. As Town Clerk and interim Town Manager, Catherine Blais-Adam has demonstrated—beyond a shadow of a doubt—her ability to successfully fulfill this strategic role. Her knowledge of the municipality's dossiers and issues, as well as those of the MRC, will ensure a smooth transition within the administration. Mtre Blais-Adam brings a new vision of managing municipal affairs," stated Eric Westram, Mayor of Rosemère.

Mtre Blais-Adam has always worked in the municipal field and is a member in good standing of the Barreau du Québec. A recognized manager among her peers, her strategic vision and leadership will be an asset to the entire Rosemère community, according to the City's press release.

Mtre Blais-Adam chaired the youth committee of the Corporation des officiers municipaux agréés du Québec (COMAQ) from May 2020 to December 2022, and has been a member since it was established in 2017. The mission of this committee, which is made up of young professionals, includes promoting the municipal sector among the next generation of municipal officers. Mtre Blais-Adam also served as vice-president of COMAQ local 10 from 2018 to 2020, representing the regional network connecting members in Montréal and Laval.





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OPINION & Editorial



Get ready for an economically challenging 2023

For economic prognosticators, the year that just ended threw up some big surprises, including the first land war in Europe since 1945, spiralling inflation, and a series of rapid-fire interest rate increases as panicked central bankers rushed to tame soaring prices.

Few, if any, forecasters anticipated these developments – a stark reminder of how hard it can be to predict where the economy is headed.

The good news is that overall economic output (gross domestic product, or GDP) and employment in Canada have more than fully rebounded from the brief COVID-induced recession of 2020. Indeed, for at least the past year, Canada's economy has been operating above potential, meaning demand has exceeded supply.

This has fed an alarming jump in inflation and aggravated widespread labour shortages. Spendthrift governments are part of the inflation story: both the Trudeau government and several provinces have continued to throw large dollops of money at an economy that no longer needs any "fiscal stimulus."

Economic momentum recently has been flagging amid slower global growth, rising interest rates and tumbling housing markets. The weakness is set to intensify into 2023. Canada will struggle to crank out positive economic

growth this year. While we may avoid a technical recession (defined as two consecutive quarters of declining GDP), mainly owing to a fast-growing population, at best Canada is set for a "slowcession" as economic activity basically grinds to a halt.

Higher interest rates and steeper borrowing costs are the main reasons for the economic downturn. Both the Bank of Canada and the U.S. Federal Reserve look to be close to finishing their policy tightening after a flurry of interest rate hikes starting last March. But because monetary policy works with a lag, the economic pain from last year's soaring interest rates will be felt over the next year or more.

What about inflation?

On average, the all-items Consumer Price Index (CPI) was up by 6.8 per cent last year, more than triple the Bank of Canada's official two per cent target. Most Canadian forecasters believe inflation will retreat, albeit gradually, toward an annualized rate of 2.5 to three per cent by the end of 2023. This reflects the impact of sagging housing markets, muted consumer spending, sluggish global growth, and further improvements in manufacturing supply chains that were disrupted by the pandemic.

As the economy cools and inflation diminishes, the Bank of Canada will ease its policy

stance, with interest rates likely to decline toward the end of the year. But Canadians should not expect mortgage and other borrowing costs to drop all the way back to the record low levels seen in 2021.

As for the financial markets, investors will be relieved to see the back of 2022. Stocks sold off savagely last year, while fixed income markets (where bonds are traded) posted their worst performance in centuries, crushed by a toxic mix of high inflation and escalating interest rates. Globally, the combined value of publicly traded securities plunged by an estimated U.S.\$30 trillion in 2022. The coming year should bring some recovery in North American stock and bond markets.

With a global recession at the doorstep and the domestic economy losing steam, Canadians should prepare for a challenging 2023. At this point, the most likely scenario is a brief and shallow recession over the first half of the year before economic activity picks up toward the end of 2023. Risks to the outlook are tilted to the downside: they include how the Russia-Ukraine war unfolds in the coming months, the extent and duration of the looming U.S. economic downturn, and the impact of higher interest rates on heavily indebted Canadian households.

Jock Finlayson

ANGRY? FRUSTRATED? ANNOYED?



Pre-Christmas storm fiasco galvanizes angry demands for better air passenger rights

MPs, consumer advocates want accountability from Sunwing and other airlines in Canada

MARTIN C. BARRY

marty@newsfirst.ca

Were you among the thousands of people from across Canada whose travel plans were overturned just before Christmas when airlines postponed or cancelled flights as a major storm wreaked havoc across Canada and the U.S.?

While Air Canada and other airlines got caught up in ensuing mess, if anything it was Canadian low-cost carrier Sunwing that got hit with the most flack.

Sunwing apologizes

Sunwing issued an apology to passengers it left stranded, while insisting, however, that "most of our customers enjoyed their holidays with minimal disruption." Hundreds of passengers were affected by Sunwing flight disruptions, which began to pile up on Dec. 22 due to weather. Some customers were stranded for days in tropical destinations amid a flurry of cancellations, winter storms and a breakdown within the airline's digital communication systems.

In some widely-reported cases, Sunwing travellers were abandoned in Mexico for days with little or no communication and hotel lobby floors as beds. Well into the Christmas holiday period, many still didn't know when they'd get on a flight back to Canada

'Incredibly sorry'

Sunwing Travel Group CEO Stephen Hunter and Sunwing Airlines president Len Corrado said they were "incredibly sorry for letting our customers down. We regret that we did not meet the level of service our customers expect from Sunwing.

"We had clear failures in execution, particularly in responding to weather-related delays and the aftermath of severe weather disruptions, which limited our ability to reposition aircraft and crew to other airports to help alleviate the backlog in flights."

However, after Sunwing issued its apology, federal Transport Minister Omar Alghabra tweeted that he had spoken with the company and "what happened is completely unacceptable," he wrote

New Air Passenger Protection rules

"Canadians expect airlines to keep them informed and manage disruptions. I will continue to work with Sunwing to make sure this doesn't happen again."

Alghabra's office noted that the government recently strengthened its Air Passenger Protection Regulations. For its part, Sunwing said it is actively accepting eligible claims for compensation and would fully comply with Ottawa's Air Passenger Protection Regulations. Sunwing said passengers who were affected by the delays can submit a claim through its website for compensation or a refund.

As of September 8th, the new regulations are in force, applying to flights that are cancelled, or where there is a lengthy delay, for reasons outside of an air carrier's control, including major weather events or a pandemic.

Enforcing travellers' rights

Last week in Ottawa, the chair of the House of Commons transport committee was calling on the airlines, as well as Via Rail whose operations were also thrown into chaos, to publicly explain what caused the travel nightmare.

Liberal member of Parliament Peter Schiefke, who chairs the House of Commons' Transport, Infrastructure and Communities Committee, said he planned to convene a committee meeting and call for representatives from both companies to appear as witnesses. In a Tweet, he said Canadians deserve answers for "unacceptable delays and cancellations" over the holiday season.

MPs unite for passengers' rights

At the same time, opposition MPs teamed up to call for an urgent meeting of the House of Commons' Transport, Infrastructure and Communities Committee to discuss the treatment of passengers over the holiday season and to hear directly from the minister responsible.

"Hundreds of Canadians were stranded over the holidays due to extreme weather and poor customer care on the part of Canadian airlines and VIA Rail," read a letter sent to Schiefke, signed by the committee's five NDP and Conservative members. "These difficulties add to the troubling treatment of air passengers during the pandemic. Canadians deserve timely answers and accountability."

In addition to discussing Canadian air and rail passengers' experiences, the opposition parties wanted the committee chair to make plans to have Transport Minister Omar Alghabra appear and field questions.

Minister's words not enough, says NDP

"It's not enough for the Liberal Minister to tweet that the situation was unacceptable," NDP transport critic and committee member Taylor Bachrach said in a statement.

"He's the minister charged with overseeing Canada's transportation system and has specific powers under legislation. If anyone can do something to protect passengers, it's him. Canadians deserve to know what steps he took during the crisis and plans to take in the future to protect passengers."

Gabor Lukacs, founder of the Halifax-based independent non-profit Air Passenger Rights group, took issue with Sunwing's and the other airlines' claims they were caught off-guard by the pre-Christmas weather disruption. "That's the airlines' story that there was a storm," he said during an interview with Newsfirst Multimedia.

Storm no excuse, says APR's Lukacs

While acknowledging that a severe weather disturbance did indeed sweep across virtually all of Canada and the U.S., he added that "a storm doesn't require keeping travellers on the tarmac for twelve hours.

"A storm does not prevent airlines from re-booking passengers as needed once the storm is over. What we are seeing here is that as usual, the airlines are trying to blame somebody or something else."

In a report Air Passenger Rights submitted to the House of Commons Transport Committee on the Air Passenger Protection Regulations in December, ironically just a few days before the fateful storm struck, the group suggested that Canada's passenger protection regime is unnecessarily complex, creates barriers to access to justice for passengers, and does not offer adequate protection to Canadians.

APR'S Key proposals

The Air Passenger Rights report urged harmonization with the European Union's passenger protection regime, and provided five key recommendations for amending Canada's air passenger protection laws:

Establish simple criteria for automatic standardized compensation of passengers for flight



Gabor Lukacs, who heads Air Passenger Rights, delivered a set of key recommendations to the House of Commons Transport Committee in December just a few days before the storm that threw many Canadians holiday travel plans into chaos.

delay, flight cancellation, and denial of boarding. Impose a clear burden of proof on airlines to present evidence about the circumstances of a travel disruption.

Establish common sense definitions for "flight cancellation" and "denial of boarding."

Codify the right to a refund in the original form of payment of the itinerary if the passenger chooses not to travel due to a flight's cancellation,

delay, or denial of boarding by the airline.

Impose enforcement measures that include mandatory and minimum penalties, and higher maximum penalties.

"The status quo is untenable," the 29-page document concluded. "The [...] framework should be harmonized with the European Union's passenger protection regime, which has been tested and proven to work for more than 16 years."

NEW PLANNING PROGRAM

PUBLIC CONSULTATION

JANUARY 16, 2023 6:30 P.M.

As part of the civic engagement process, ongoing since 2018, surrounding the Town's new urban vision, this meeting is an important step leading up to the adoption of the planning program.

Community Centre

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JANUARY 2022

Level of alert raised: hospitals on the verge of a breakdown in services In other news: Snow Castle Challenge and Liza Poulin appointed to the Union des municipalités du Québec

MARIA DIAMANTIS

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Due to the onslaught of the Omicron variant hospitals triggered the maximum alert level and moved to level 4 of load shedding, which means postponing even more surgeries to free up staff. The CISSS des Laurentides Integrated

Health and Social Services Center exceeded the level 3 target and asked Quebec to move up to 4th. If the Omicron variant occupied little intensive care, it overflowed the floors of hospitalizations, and not necessarily because of its severity. The absences of health workers in isolation have tripled since December 19, thus considerably reducing the reception capacity of establishments.

Over 1,114,000 doses had been administered (as of January 11) in the Laurentians since the start of the vaccination campaign and the operation was progressing at a good pace according to Alain Jutras, director responsible for the COVID-19 vaccination file at the CISSS des Laurentides, during a conference call with regional media.

By March 14, 2022, Theresians of all ages were invited to participate in the Snow Castle



Challenge. This contest provided the perfect opportunity to play outside and enter for one of the many entry prizes.

Participating was simple. Build a snow fort or castle in the backyard or in a park near, and take a picture of it. In 2011, two nurses from Matagami had the idea of creating the Fort en

Famille project with the aim of getting children active who do not usually involve themselves with a lot of winter sports. With the support of the Kino-Québec consultant from Baie-James, a first event was held.

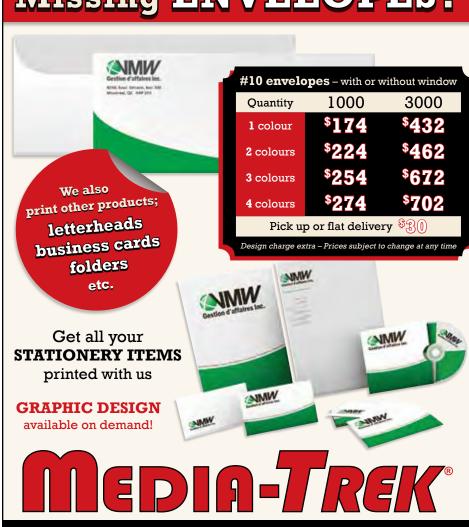
The new Mayor of Blainville, Liza Poulin, was appointed to several positions and to the

Union des municipalités du Québec and the MRC de Thérèse-De Blainville in sectors of activity related to fields of action deemed as priorities by the municipal administration, such as the environment, natural and recreational environments and culture.



FEBRUARY 2022

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The Rosemère budget released

In other news: Robbery investigated, Lorraine donates and surgeries resume

MARIA DIAMANTIS

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The city of Rosemère released it budget for 2022. In a document provided through the city's official website the operating budget was set to \$34,322,100 with a 2.25% increase in general taxes and rates on the average residential tax bill. The Infrastructure Fund contribution is 0.0105 per 0.0105 per such that the suc property) and the overall increase in the average residential tax bill is 3.25%, below the CPI*. The city will continue to use of remainder of Quebec government financial assistance for COVID-19. The main projects for 2022 were: the access to and use of the Grand Coteau Forest, the Urban forest master plan, the Plan to fight and adapt to climate change and the ongoing emerald ash borer action plan. In the operating budget new infrastructure taxes were introduced following a consultation with the Rosemère citizens in 2020 in order to create a fund for the investments required to maintain and strengthen the city's infrastructure. The 2022 increase was equivalent to 1% on the average residential tax bill and this



Increase is to be revised upward in the coming years to meet investment needs.

The Régie intermunicipale de police Thérèse-De Blainville investigated the circumstances surrounding a robbery that occurred on Tuesday February 8th 2022 in a convenience store located at 2 business boulevard in Boisbriand.

As the epidemiological situation in the region improved, the Centre intégré de santé et de



services sociaux (CISSS) des Laurentides gradually increased surgical procedures to shorten waiting lists and wait times. Reducing operating rooms activities during the fifth wave of the pandemic was necessary to respond more massively to COVID-19-related needs while the region was at the highest Alert Level 4.

The City of Lorraine donated \$3,062 to Centraide Laurentides, at the end of its annual campaign, last December. This significant amount will allow several organizations overseen by Centraide to offer respite to people



in the region, whether by offering them food aid, Centraide listening or psychological support.

MARCH 2022

School police officer applies the Heimlich maneuver on a choking student

In other news: Blainville releases results of a survey, flood management in Deux-Montagnes, and revitalization of the Grande-Côte street

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On Wednesday, February 23, around 11:35 a.m., RIPTB school police officer Isabelle Giguère was monitoring the situation in the cafeteria of Polyvalente Sainte-Thérèse at the start of lunch hour. More than 1500 students were seated at the time, when a young Secondary 2 student stood up and looked at the policewoman who was nearby, panicked, holding his neck with his hands, he tried to cough, but the air was not passing through. He was literally suffocating. She immediately started the Heimlich maneuver which saved the student's life.

Isabelle Giguère has been a police officer for more than 25 years, throughout her career, this

is the third time that she has helped save a life. A school police officer for 15 years, this is the first time she has had to react so quickly. The staff of the RIPTB highlighted with great gratitude the excellence of the work accomplished by officer Isabelle Giguère. According

to their statement, the role of police work goes far beyond the application of laws and regulations. They consider themselves community partners.

The City of Blainville made available the results of a survey carried out among 630 adults in Blainville from May 10 to June 1, 2021. People had been invited to respond online.

In Deux-Montagnes, the transitional regime

for the management of shorelines, the littoral and flood zones, put in place by the Quebec government, came into effect on March 1st 2022. This transitional framework replaced the Policy for the protection of shores, littoral zones and floodplains, in addition to allow the lifting of the special intervention zone (ZIS) established following the historic floods of 2019.

In Boisbriand, the city planning advisory committee (CCU), announced at a press conference the extensive public participation process regarding the revitalization of the Grande-Côte street.







APRIL 2022

Housing co-op project realized in Rosemère

In other news: Public consultation in Saint-Eustache, North Shore youth wins, Sainte-Marthe-sur-le-Lac partnership



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Responding to a need for more housing options for seniors in Rosemère, a small group of citizens from the area, have been collaborating on a housing co-op project

that they would love to see take place in Rosemère. Though the project initially was conceived due to the lack of options the elderly have in the town once they are ready to sell their homes, the project expanded to also serve the citizens that are affected by the increase of rent, ballooning house prices and the general inflation happening since the beginning of Covid.



The Saint-Eustache population was invited to participate in the second part of the public consultation in connection with the City's Urban Mobility Plan. In this new exercise, citizens and business people were invited to share their priorities with respect to the road, pedestrian and cycling network, public transportation and travel safety. With the Urban Mobility Plan, the City aims to adopt improved transport planning by following the best planning practices, to achieve a better balance of transport modes, and to identify the problems of connections on the territory as well as the gaps active mobility.

Though the project initially was conceived due to the lack of options the elderly have in the town once they are ready to sell their homes, the project expanded to also serve the citizens that are affected by the increase of rent, ballooning house prices and the general inflation happening since the beginning of Covid.

Brianna Fasoli, a vocal student at Chroma Musika studios which specialize in youth vocal training in Boisbriand and Ville Saint-Laurent won second place at the Just for Kids vocal competition. At the night of the performance, she interpreted a 90 second



segment of Warrior by Demi Lovato.

The City of Sainte-Marthe-sur-le-Lac announced its partnership with the organization Au Grenier populaire for the collection of used furniture and household appliances.





• Incl. 1 year monitoring

January 13, 2023 • The North Shore News

MAY 2022

An A+ for Rosemère's Library

In other news: White on White returns, overflowing ERs in the Laurentians and green-thumb happiness in Deux-Montagnes

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Rosemère's municipal library had every reason to be proud since its has achieved an overall rating of 92% for all services offered to its residents in 2019. This rating, awarded by the BiblioQUALITÉ program, illustrated the outstanding quality of Rosemère's library, both in terms of the services provided to residents and the staff hired. "In 2019, Rosemère's library saw a 10% increase in loans over 2018, which is great news. The number of activities offered is also up and we continue to actively develop programming each year," stated Eric Westram, Mayor of Rosemère.

BiblioQUALITÉ's rating is based on a series of quantifiable indicators derived from the guidelines for Québec's public libraries. The indicators are: hours of operation, surface area, seating capacity and human resources. In addition to these indicators, there are two additional considerations: extra points if the library has abolished late fees and a penalty if library membership is fee-based.

The City of Rosemère announced the return—after a two-year pause—of the White on White



cultural event, at Pioneer Park. With "The Venetian Ball" as its theme, the event was organized by the Rosemère Artists Gathering (RAG) and was financially supported by the city, the Corporation de développement culturel et sportif de Rosemère (CDCSR) and several other sponsors.

It was a problem that was exacerbated by the pandemic but nevertheless brewing for many years. Overflowing ERs in the Laurentians. The CISSS des Laurentides reminded the population by once more asking in the beginning of

May to avoid emergency rooms in the event of non-emergency health problems.

One more city assisted its green-thumbs to beautify their gardens was Deux-Montagnes. The municipality's Horticultural Day was back in the spring in its traditional format at the municipal garage. On Saturday, May 28, 2022, between 9 a.m. and 2 p.m., the citizens of Deux-Montagnes were invited to come and get various plants free of charge in order to undertake their gardening project.



JUNE 2022

Saint-Eustache Hospital expansion finally starts in June 2022

In other news: Blainville got youth grant and Deux Montagnes announced plans for Canada day

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The long awaited expansion process for the Saint-Eustache Hospital finally started. The Member of Parliament for Deux-Montagnes, Benoit Charrette, on behalf of the Minister of Health and Social Services, Christian Dubé, announced the beginning of construction work at the Saint-Eustache Hospital to accommodate the new nuclear medicine unit.

The development of nuclear medicine at the Hôpital de Saint-Eustache was an important addition to the offer of care and local services for the population of the Laurentians region.



This project provides the establishment with a brand-new pavilion on three levels, with a total area of just over 3,100 m2, replacing the modular ones located on the facade. The new construction makes it possible to add clinical-administrative spaces. The calls for tenders

for the construction were launched earlier in spring 2022, and work is expected to continue until 2024.

The Government of Quebec, through the Youth Secretariat, has awarded the City of Blainville a grant totalling \$28,500 for the realization of the 2021-2022 action plan of the youth commission. This action plan, the result of a consultation conducted with residents aged between 18 and 35, revolves around six themes which are diversity and inclusion, the environment and urban planning, transport and mobility, civic and democratic participation, culture and leisure, and health and safety.

As one more Canada birthday approached, the mayor of Deux-Montagnes and the organizing



committee announced on June 13th, 2022, the festivities program for the 1st of July. That was going to be the 51st edition of Canada day in the beautiful town and a break finally from the restrictions of the pandemic. Deux Montagnes was also the only North Shore city to host an official Canada Day celebration.

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PLAYING WITH MATCHES

I just found an old boyfriend I dated when I was 14. Tom has been married now for 10 years. Happily, I might add. He told me so. My problem is his wife hates me.

When my husband and I are at this couple's house, she acts fine in front of him, but when he leaves the room, she makes remarks about us leaving. When he returns, she says, "You don't have to leave. We're not pushing you out."

My thinking was to get to know him all over again, and her also. I have to admit Tom has asked inappropriate questions, like when he asked me if I would pop up somewhere with just a long coat on. Or the time he mentioned my breasts and said, "Where did you get those?" His wife laughed and said we are the same size.

One thing, though, she has implants and I don't. We were at a bar and because it's such a long drive home, Tom thoughtfully invited us to spend the night at their house. She said she just put clean sheets in the spare bedroom, but when we got there, she made it known we were not welcome.

All my life I grew up with other girls not liking me, and the married ones don't want me around their husbands. I'm very religious and would never commit adultery. I don't even look at Tom

Years ago when we dated, I was shy, and he intimidated me. Now I speak right up, and it's nice for a change. All three of us get along, it's her I don't know what to do about. I am having nightmares because it is bothering me so much.

Gale, in the "The Shawshank Redemption," a convict named Andy Dufresne is serving life for two murders he didn't commit. When

Andy comes across evidence which will clear him, he tells the warden.

The warden is a corrupt man who is using the prison to line his own pockets. He pretends not to understand. He will never free Andy because Andy knows about his dirty dealings. Exasperated, Andy blurts out, "Are you being deliberately obtuse?"

You, too, are being deliberately obtuse. Are you that bored with your own marriage? The truth is, you want this flirtation and the thrill of pursuit, and you don't care what that does to this woman's

Gale, you are standing in your living room pouring gasoline on the carpet and chairs. What we say may not make a difference, but if you are asking for our permission to strike a match, the answer is no.

Wayne & Tamara

SELF-DECEPTION

I've been married twice before, once at 17 and again at 23. I got married for the wrong reasons. I'm now 33 and have been in a relationship for two years with a woman, 29. My girlfriend has said from the beginning that she wants to get married.

I told her from the beginning I was never getting married again. Recently she's been bringing it up, and I'm too scared to say I don't want to marry her. It breaks my heart to see her cry. Do I tell her the truth, even though I know it will hurt her?

Stefan, two years ago she said she wanted marriage, and you warned her you didn't. You each made your position perfectly clear, and you each ignored the other person's position. Instead of breaking up, you continued forward and got intimately involved.

You each deceived the other, trying to get what you wanted. You each deceived yourself by pretending you didn't hear what the other person desired. These two years haven't made much difference in what you want, but they make a great deal of difference in what she wants. It's not enough to speak honestly. You must act honestly. Wayne & Tamara

Stefan

WAYNE & TAMARA MITCHELL are the authors of Your Other Half (www.yourotherhalf.com) Send letters to: Direct Answers, PO 964 Springfield, MO 65801-0964 or email: <u>DirectAnswers@WayneAndTamara.com</u>

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Sainte-Thérèse major works

Shoring up the Charron stream

MARIA DIAMANTIS

Local Journalism Initiative Reporter for The North Shore News info@newsfirst.ca

The city of Sainte-Thérèse announced important major works in its territory from January 9 to June 30, 2023, 7 days a week, from 7 a.m. to 7 p.m.

This work, nearly 75% funded by the Government of Quebec, is being carried out in collaboration with the Ministry of Public Security and the Land Movements Section of the Ministry of Transport. As of January 9, access roads to the construction site will be laid out on Rue du Ruisseau and Rue Joutel.

Objectives of these works

These works have two main functions: Prevent the risk of large landslides, by using riprap to counterbalance the masses of soil contained in the embankments on either side of the stream, and to prevent the risk of slopes falling, by protecting the bottom of the slopes against the erosion of watercourses.

Types of work

The stabilization interventions consist of a massive riprap of the bed of the watercourse

and the revegetation of the slopes of the Charron stream.

Due to the constraints of the terrain, the work must be carried out during the frost period (until approximately March 31) OR during the summer dry season (from May 15 to approximately October 15). These periods are more conducive to soil stability and prevent flooding in the watercourse.

To achieve the objectives and limit the duration of the work this summer, it can be carried out continuously, i.e. 7 days a week, from 7 a.m. to 7 p.m.

Traffic and presence of trucks

A large quantity of rocks will be required for the work to be carried out, which will cause heavy traffic on boulevard du Domaine and rue du Ruisseau. The contractor will notably build access roads from rue du Ruisseau, rue Hemlock and rue Joutel (in Blainville). Worksite bypass roads will be put in place.

To facilitate truck traffic, parking may be prohibited on certain street sections and near certain intersections. Residents, workers and visitors must respect the signage that is installed. Motorists and pedestrians should exercise caution around heavy vehicles.

The Thérèse-De Blainville PD warns of phone fraud

MARIA DIAMANTIS

Local Journalism Initiative Reporter for The North Shore News

For the past few months, the RIPTB has noticed that people have been victims of financial fraud by telephone calls from false representatives. This is why the RIPTB calls on the vigilance of citizens and those around them to prevent this type of fraud.

Modus operandi

How to recognize suspects:

The fraudster communicates with the victim by telephone by falsely presenting himself as an employee of a financial institution, such as an advisor or an investigator, or even as a police officer.

This false representative may be aware of certain banking transactions carried out by the victim, which he mentions to them in order to gain credibility and gain the trust of the latter during the call.

Once the link has been established, the false representative explains to the person that they have been the victim of fraud and offers them solutions so that they can protect their assets, or obtain new debit or credit cards.

Different Stratagems

The false representative uses different schemes to get the victim to take action.

In addition, he asks the senior to send him his bank cards with his personal identification numbers (PIN) in order to obtain new ones.

Sometimes, he even offers the victim to put the prepaid cards or his debit or credit cards with the corresponding PINs in an envelope so that someone can pick them up.

The false representative can also ask the

victim to put this envelope under the carpet outside the front door, in the mailbox or even offer to pick it up in person.

Prevention Tips

- Do not rely systematically on what is written on the screen of your telephone to confirm the authenticity of your interlocutor. There is, for example, software that allow them to modify the display of the real call number (number of your financial institution).
- If in doubt, hang up and verify the authenticity of the call by contacting your institution or your police department directly.
- No police department, government department or financial institution asks to transfer funds by cryptocurrency to make the purchase of prepaid cards, and does not offer to pick up your cards at home to pay off a debt caused by an alleged fraud, or to protect your assets.
- Never give your bank cards or PINs to anyone, under any circumstances, unless you are at your financial institution in person or have contacted the police yourself.

In the event of fraud or a situation that appears to be fraudulent:

- Check the validity of the call; contact your institution yourself using an official telephone number.
- You should not be ashamed if you are a victim: the fraudster is an excellent manipulator. Report it.
- In an emergency, call 9-1-1 or your local police department.

Contact:

- Canadian Anti-Fraud Center: 1-888-495-8501 antifraudcentre-centreantifraude.ca
- Elder Abuse Help Line: 514 489-2287 aideabusaines.ca;

The North Shore News • January 13, 2023

HOROSCOPE

Week of JANUARY 15 TO 21, 2023

The luckiest signs this week:

SAGITTARIUS, CAPRICORN AND AQUARIUS



ARIES

You'll have to elbow in to get this promotion. If you give it your all, you'll be rewarded. Fortune smiles on the bold. A spontaneous getaway or trip will get organized.



TAURUS

In the face of a changing family situation, you'll consider moving to a more suitable environment. You must give a vital decision much thought before taking



GEMINI

You'll contemplate going back to school or enrolling in a training course. You'll have to negotiate with strangers and converse in another language at work or



CANCER

You'll have to tie up many loose ends at work, which will take a long time to finish. You'll finally get your hands on the right treatment or medication for chronic issues regarding your health.



LEO

Despite some reluctance, you'll find yourself in a situation that takes you to the top. This situation will have many people talking for years to come. Your pride is bound to swell.



VIRGO

While taking care of your home and family, spoil yourself and have some fun. You may also have to prepare food for loved ones in need.



Much travel is in store. Family and friends will need your services and a listening ear. You'll receive an abundance of gratitude and appreciation from them.



SCORPIO

Love is top of mind. If you're single, you'll meet that special someone who wants to make a long-term commitment. If you're in a relationship, you'll make long-term plans to solidify your union.



SAGITTARIUS

This week, your exceptional interpersonal skills will come in handy. You'll organize an event that turns out to be a huge success. All your initiative will have a surprising impact on your future.



CAPRICORN

This week, your life will be full of spectacular twists and turns. However, time isn't on your side. Although the path may be unclear, one of your dreams will become more attainable.



You'll feel drained after a few stressful days. However, you'll feel particularly creative and make a masterpiece that brings you success.



PISCES

You'll be pressed for time and unable to put off specific tasks any longer. You'll be responsible for emergencies and important files at work, which will help boost your career.

ee Break

CROSSWORDS

ACROSS

- Off yonder
- 5. Siesta
- 8. Hubbub: hyph. 12. Rigging line
- 13. Building addition
- 14. Dazzled
- 15. Like some stockings 16. Beer-like brew
- 17. "You ____ Me 18. Rigorously enforced
- 20. Picnic insect
- 22.___ school 24. Scary
- 28 Pixie
- 31. Fireplace residue 32. Earthenware pot
- 33. Be sick 34. Inventory
- 36. Letter after cee
- 37. Crush 39. Toddler
- 40. Superman's letter 41 Plains tent

- 42. Disregard
 - 44. Curved line
 - 50. Hero
 - 53. Deli bread
 - 56. Mood
 - 57. Electrified particle
 - 58. Spoken
 - 59. Bird feed
 - 60. Future bloom
 - 61. Spill the beans

DOWN 1. Painting and dance

- 2. Shoe filler 3. Imitator
- 4. Immerse again
- Most tidy
- " | Need
- Guilty, e.g. Winery employee 9. Have bills

- 46. Pasture
- 23. Album entry 55. Babble wildly
 - 25. Traveled
 - 26. Chills

10. Burrow

11. Offbeat

21 Cravat

19. Party intruder

- 27.___ out (barely manages)
- 28. Side of New York
- 29. Citrus fruit
- 30. Babble
- 35. Applaud
- 38 Closed tightly 43. Fortuneteller's card
- 45. Bassinet
- 47. Confront
- 48. Arena shape 49. In good health
- 50. Common contraction
- 51. Buck's mate 52. Single
- 54. Personal pronoun

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

. 800		2				5	4		9
E NO.									
777N	7	5		2	6				
J .		6			1		8		
		4		8	2			1	
							9		5
			5				1		
		3	2	9	7	6			
			8						3

Last Issues' Answers

S L O P L I M O L A B |T|H|A|WAUTO A G O UNIT PEN REEK RETAR DOT PAINER TILE STROBES EPISODE I D A H O NYLON STOW ASK NASAL TODO BOOR I F S N A P D R Y OWNS CLEF GLEE HOST

We print all

Business,

200 for

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7	7	ვ	6	8	2	9	4	1	5
	5	4	2	6	7	1	8	9	3
•	8	9	1	4	5	3	6	2	7
	4	2	5	9	6	8	7	3	1
1	9	6	3	2	1	7	5	4	8
4	1	8	7	3	4	5	2	6	9
	2	5	8	1	9	6	3	7	4
١	6	7	9	5	3	4	1	8	2
	3	1	4	7	8	2	9	5	6

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