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Spring Flood Season: Safety Measures and Precautions

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Rosemère Recognizes Outstanding Community Members

Honouring five residents and one organization as exceptional citizens

MARIA DIAMANTIS

Local Journalism Initiative Reporter for The North Shore News
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This April 22, the City of Rosemère held its Honoured Citizen awards ceremony, where it recognized the excellence of five of its residents and one organization. The winners' families and friends as well as a number of dignitaries attended this gala evening where the awards were presented in the form of a certificate and an honorary medallion. The award recipients also had the opportunity to sign the municipality's Golden Book.

This tradition of holding an Honoured Citizen event began in 2017 and is held every two years. Nominations are submitted in 11 distinct categories: Culture, Community, Environment, Humanitarian, Sports, Education, Youth, Business, Science, Technologies and New Media, and Posthumous.

In 2019, the City added an award named in honour of one of its most prominent builders and former mayors in Rosemère's history: the Yvan-Deschênes Award.

For the 2023 edition, the selection committee has chosen the following award recipients:

- Harry-Vincent Miko, for his social and academic skills as well as for his medals won at Expo-Sciences and Super Expo-Sciences Hydro-Québec (in the Science and Education categories).
- Elisabeth Dohrendorf, for her nearly 40 years of volunteer work with Rosemère's Meals-on-Wheels (Community category).
- Matt Cullen, for his exemplary perseverance and his title of World Junior Champion on the 10-metre platform, awarded by the Official FINA World Junior Championships (Sports category).
- Caroline Foley, for her volunteer work and dedication to the promotion of artists in the region (Culture category)
- Walter F. Young, for his volunteer work with numerous organizations in Rosemère as well as at the provincial and national levels (Posthumous category)
- Académie des arts Trouve ta voie, for helping people with differences to develop



Councillor Stéphanie Nantel, Harry-Vincent Miko (one of the 6 honourees) and Mayor Eric Westram.

their artistic abilities and to find fulfillment through art (Yvan-Deschênes Award)

In this statement, Rosemère Mayor Eric Westram expressed his gratitude and appreciation for the outstanding contributions made by the residents and organization being honoured. He acknowledged the effort that went into the nomination process by thanking those who took the time to submit a nomination. This reinforces the idea that this event is a community effort, rather than a decision made solely by the mayor

or other officials.

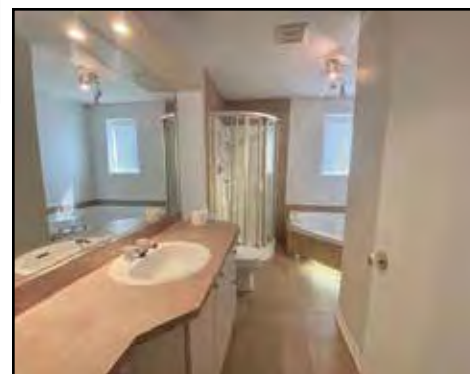
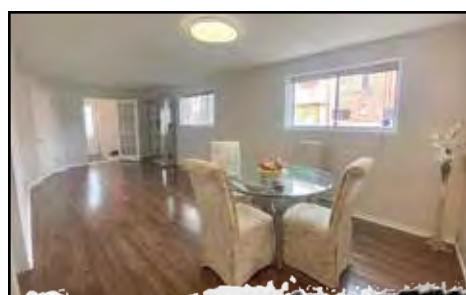
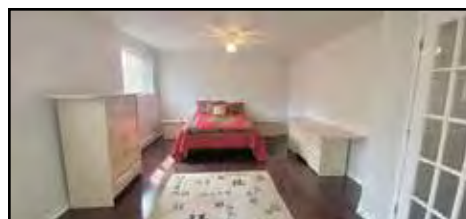
"We are honouring residents and an organization that do our town proud! This event gives us a chance to highlight their work, their commitment, their perseverance and their determination. These residents and this organization are truly outstanding and serve as inspiring examples for all Rosemerites. I would also like to thank everyone who took the time to submit a nomination," stated Rosemère Mayor Eric Westram.



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Rosemère's Dandelion Challenge!

MARIA DIAMANTIS
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info@newsfirst.ca

For the second year in a row, the City of Rosemère is participating in the Dandelion Challenge, an initiative of Miel & Co. The challenge encourages Quebecers to delay mowing their lawns to provide nectar and pollen for bees, which is important for the start of plant pollination season and providing one-third of our food. There are no specific dates for the challenge since the grass is not at the same stage in the different regions of Quebec.

The City of Rosemère will be mowing its green spaces except for sports fields at the right time before the seeds are dispersed. Citizens are also

invited to delay the first mowing to benefit bees and pollinating insects.

The Dandelion Challenge is a great opportunity for Rosemerites to support local pollinators, which are essential for a healthy ecosystem. Delaying the first mowing can help to give bees and other pollinators a much-needed boost to their populations, which in turn can ensure that our food supply remains plentiful.

Although dandelions are often seen as a pest or an unwelcome weed by many people, they have many beneficial qualities. They are not just a source of pollen and nectar for bees, but also a source of nutrients and medicinal compounds. The leaves of the dandelion plant are rich in vitamins and minerals, and the roots can be used to make tea with numerous health benefits.

Furthermore, the dandelion plant can also help to fight climate change by improving soil quality with its deep roots, which can in turn help to sequester carbon from the atmosphere. By allowing dandelions and other spring flowers to grow, we can help to promote healthy soil and a healthy ecosystem, which can help mitigate the effects of climate change.

The city of Rosemère cautions residents that it's important to note that the Dandelion Challenge does not mean that lawns should be left unmanageable. Instead, the challenge encourages delaying the first mowing of lawns until the dandelions and other spring flowers have had a chance to provide pollinators with the nutrients they need.

The Dandelion Challenge is an excellent way



for residents to support local pollinators and promote a healthy ecosystem. Delaying the first mowing can ensure that bees and other pollinators have the resources they need to thrive. So, the next time anyone sees a neighbour's yard full of dandelions, there is no need to be alarmed, as it is for a good cause!

Saint-Eustache's Proactive Measures for Citizen Safety During Spring Flood Season

MARIA DIAMANTIS
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The city of Saint-Eustache is taking proactive measures to ensure the safety and well-being of its citizens during the spring flood season. The Mille Îles River is particularly prone to flooding during this time, which is why the city is closely monitoring the river's movements and urging residents to take precautions to protect their property.

Residents living in flood-prone areas are advised to take the necessary steps to prevent damage to their homes and belongings. They are instructed to move valuable items from basements to higher floors, elevate items on shelves or tables, and safely store hazardous products that could contaminate their homes and harm their health.

The city is also providing sandbags to residents to help prevent floodwater from entering their homes. Sandbags can be obtained at the Henri-Renaud fire station with proof of residency.

In addition, the city encourages residents to sign up for the automated alert system that notifies citizens of emergency situations by phone, email, or text message. This system will keep residents informed of any major events or evacuation notices, as well as water boil advisories, road closures, and major construction work.

Another important reason why citizens should be prepared for flooding is to ensure their safety.

Floodwaters can be dangerous, and in extreme cases, they can be life-threatening. Being aware of the risks and taking the necessary precautions can help citizens avoid injury or even death.

Moreover, being prepared for springtime flooding can also help to reduce the burden on emergency services. When citizens take preventive measures, it can lessen the need

for emergency services to respond to incidents and allow them to focus their efforts on those who require immediate assistance.

To stay informed, residents can also visit the city's website and social media pages, as well as the Ministry of Public Security and the Montreal Metropolitan Community websites for additional resources and information.

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OPINION & Editorial



Higher productivity can meet the labour shortage challenge

*But governments must first reduce the tax burden on companies
to give them the room they need to improve their productivity*

Quebec has a shortage of workers. Before the start of the pandemic, the lack of labour was already one of the top concerns of Quebec companies. The situation hasn't improved since then.

In the fourth quarter of 2019, Quebec companies had over 126,000 job vacancies. Today, that number has practically doubled to 246,230 job openings in the province.

Unless a pool of workers roughly the size of the population of Longueuil suddenly appears, these positions will not be filled anytime soon just by relying on recruitment.

Thankfully, there's another way to meet the challenge of a staffing shortage: increasing productivity.

Being more productive doesn't mean putting in more hours and sacrificing one's weekends. To measure productivity, we divide the size of the province's economy by the total number of hours worked.

Productivity, therefore, represents the average contribution of an hour of work to the province's economic activity (salaries, taxes, profits). Increasing productivity means producing more per hour worked.

In 2021, the most recent year for which the data are available, Quebec's average productivity was \$54.50 per hour worked. In Ontario, productivity averaged \$59.40, while the Canadian average was \$61.50.

The gap might seem small, but when multiplied by the number of hours worked by all

Quebec workers, this lower productivity costs Quebecers billions of dollars each year.

And comparing ourselves to other developed countries is no better. A study from HEC Montréal's Centre for Productivity and Prosperity shows that the productivity gap between Quebec and OECD countries has grown wider since 1981.

While Quebec's productivity lag dates back to the start of Confederation, we shouldn't be fatalistic about it. Ontario workers themselves have nothing on Quebec workers.

Instead, it's the quality of the physical capital available to workers (such as machinery, equipment, and infrastructure) that is the main determinant of productivity. And that's where the gap comes from.

So if Quebec underperforms in terms of productivity, it's because our provincial and local governments have not managed to create an environment conducive to investment in productive physical capital.

We're paying the price today for their failings, with lower incomes and living standards than our fellow Canadians and a heavier tax burden for a comparable basket of services.

And since this gap stems from our governments' decisions, it's up to them to introduce the most favourable public policies to stimulate investments in productivity.

The economic literature is very clear on the relationship between companies' tax burden and their level of investment in machinery,

equipment, and infrastructure.

For instance, a 2010 study looking at 85 countries, including developing countries, found a "consistent and large adverse effect of corporate taxes on both investment and entrepreneurship."

Same thing for a 2019 study looking specifically at Canadian provinces. Its authors confirm that there is an inverse relationship between the level of corporate taxes and the level of investment, productivity, and economic growth.

Just this past July, another study from the National Bureau of Economic Research noted that corporate tax cuts lead to increases in GDP and productivity, with a maximum effect five to eight years after the cuts.

It's true that there are some studies that refute the impact of the tax burden on investments in productivity. It should be noted, however, that these remain marginal compared to the overwhelming majority of economic literature that confirms the inverse relation between taxes and investment levels.

Quebec companies are calling for help, loud and clear. But governments are not magicians: they can't just conjure up a quarter of a million workers out of thin air.

What they can do, however, is reduce the tax burden on companies to give them the room they need to improve their productivity. That's the public policy governments should look at, if they really want to relieve the adverse effects of the labour shortage.

Nathalie Elgrably-Lévy

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RoseAnna Cirino will run in June 4th by-election for Mayor Westram's team

(NSN) RoseAnna Cirino will run as representative of Mayor Westram's team -InnovAction+, to fill the Councillor position of for District No. 5 in the by-elections on June 4 in Rosemère. The former city councillor Melissa Monk resigned following her move to Ontario.

Mayor Westram and leader InnovAction+ party, praised the "entrepreneurial experience" and the "great involvement" of RoseAnna Cirino within the community. "We have been fortunate to have Melissa's great expertise and dedication over the years. Being able to attract a high-quality person like RoseAnna shows the fertility of talent of our city" he said, as he announced Mrs. Cirino candidacy.

Rosemère resident for 28 years

A resident of Rosemère for 28 years, RoseAnna Cirino is the owner of the Universel travel agency. She is Involved with the Girl Guides of Canada and has devoted her time to other organizations such as the Rosemère/Lorraine Soccer Association and the Rosemère Curling Club. RosaAnna Cirino is proud to have chosen Rosemère to raise her children, who are now accomplished adults. "I am now getting to a point in my life where I want to and I can contribute more to helping my community," says the candidate. According to her The InnovAction+ team is meeting the conditions that will allow to achieve a positive impact on citizens' lives. "The respectful and unifying leadership of Mayor Westram's team -InnovAction+ is in line with my values and beliefs," she said. "We have the team to manage our city in a humane and responsible way to face the various challenges that are on our doorstep." Rosemère residents will of District 5 will go to the polls on Sunday, June 4, or in advance on May 28.



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Surprise your mom this year!

Are you all out of Mother's Day gift ideas? Do you want to give your mom something unique that's different from what you've given her in the past? Here are a few original gift ideas to inspire you.

UNIQUE FLOWERS

Flower bouquets are old news. Instead, why not book a timeslot at a local garden and pick a bouquet of tulips together? If your mom prefers at-home activities, get her a flower bouquet in the form of a craft project, like paint by numbers or origami. For a more classic option, consider an everlasting rose that will stay beautiful for years to come.

PERSONALIZED ITEM

Pick out your best family photos and have them printed on an attractive, fun or practical object. Mugs, t-shirts, blankets, puzzles, pillows, drink coasters and bookmarks are some of the many possibilities.

LOCAL PRODUCTS

Create a gift box filled with local products, like handmade soaps, craft beers, cured meats, spirits, body lotion, jams, clothing, candles or anything else you think your mom might like. It'll give you a chance to make new local discoveries.

ART

If you have a decent budget, get your mom a piece of art from a local painter, sculptor or photographer. Choose something to match the decor in your mom's home or which holds a special meaning.

A DIY KIT

If your mom is the hands-on type, gift her a DIY kit so she can make something useful, such as a candle, wool blanket or terrarium. If she's a foodie, gift her a DIY cheese, bread or gin kit.

ACCESSORIES OR BEAUTY PRODUCTS

Upgrade your mother's hair dryer or flat iron to a more powerful model, or gift her personalized products based on her age and skincare needs. For example, collagen facial oil, lip care, brightening serum, foot cream, perfume and makeup are great options.

Visit the stores and boutiques near you to find a gift to surprise and delight your mom.



5 last-minute Mother's Day gifts

Mother's Day is coming up fast. Do you have a present for your mom yet? If not, here are five last-minute gift ideas guaranteed to put a smile on her face.

1. COFFEE OR TEA. Stick to what she loves or introduce her to a few new flavours.

2. BEAUTY PRODUCTS. Let your mom know she deserves to be pampered from head to toe. There's something for every mother, from nail polish and makeup to bubble bath and scented body lotions.

3. SWEETS. Candies and chocolates are classic Mother's Day gifts, just be sure to choose what she enjoys.

4. A SUBSCRIPTION. Spoil your mom with magazine subscription, a streaming service or a monthly box from her favourite brand.

5. A BOOK. If you know which genres and authors she likes, the staff at a local bookstore can help you find a great read. Complete the gift with a personalized bookmark.

No matter what you give your mom for Mother's Day, be sure to include a card with a heartfelt message. It's a token she's likely to treasure for years to come.



HAPPY Mother's Day

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Mother's Day

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It's your day, Mom



4 mothers who made history

These four women not only left their mark on their children, they also made innovations that changed the world.



SIRIMAVO BANDARANAIKE
Politician (1916-2000)

When she was elected prime minister of Sri Lanka in 1960, Sirimavo Bandaranaike became the world's first female non-hereditary head of government in modern history. She served in this role for three non-consecutive terms.

Two of her three children followed her into politics. Her daughter, Chandrika Kumaratunga, was the fifth president of Sri Lanka, and her son, Anura Bandaranaike, held numerous positions in parliament, notably Speaker, minister of higher education and minister of foreign affairs.

MARIE CURIE
Physicist and chemist (1867-1934)

Not only was Marie Curie the first woman to receive a Nobel Prize, she also remains the only person to have ever received Nobel Prizes in two different sciences.



In 1906, she shared the award for physics with her husband, Pierre Curie, and her colleague,

Henri Becquerel, for their research on radiation.

In 1911, she won the prize for chemistry for the discovery of the elements polonium (named for her native Poland) and radium. Her research was crucial in the development of X-ray equipment.

Marie and Pierre weren't the only ones in their family to win Nobel Prizes. Their daughter, Irène Joliot-Curie, shared the prize for chemistry with her husband, Frédéric Joliot-Curie, in 1935.

VERA RUBIN
Astronomer (1928-2016)

American astronomer Vera Florence Cooper Rubin made a major scientific breakthrough when studying the rotation of galaxies early in her career. She discovered that galaxies rotate too fast to hold their shape if the only thing holding them together is the combined gravitational force of their stars.

Her observations and calculations led to the theory that dark matter holds them together. It's theorized that there's as much as six times more of this invisible matter in the universe as there is visible matter.

Dr. Rubin was equally known for her work making astronomy more accessible to women, and she mentored many aspiring female astronomers.

Throughout her groundbreaking career, Dr. Rubin raised four children who all went on to

achieve PhDs in the sciences.

VALENTINA TERESHKOVA,
Cosmonaut (1937)

On June 6, 1963, 26 year old Valentina Tereshkova became the first woman to travel to space. During her three-day solo flight aboard the space capsule Volstok 6, she orbited the earth 48 times.



As a young woman, Tereshkova worked in a tex-

tile plant and skydived as a hobby. Her interest in skydiving played a part in her being chosen out of more than 400 candidates to be among the first group of female cosmonauts.

After her historic flight, she went on to obtain a doctorate in aerospace engineering.

Tereshkova married fellow cosmonaut Adrian Nikolayev and had a daughter named Elena. As the first child born to two parents who had been to space, Elena was the subject of medical interest. No medical issues were found, however, and Elena grew up to become a doctor.

Record breaking mothers

To celebrate Mother's Day, here are some eyebrow-raising records set by mothers all over the world.

OLDEST MOTHER TO CONCEIVE NATURALLY

According to the Guinness Book of World Records, the oldest woman to conceive naturally was Dawn Brooke from the United Kingdom. In 1997, she became pregnant at 59 years old, and went on to give birth to a healthy baby boy.

SMALLEST MOTHER

Stacey Herald, an American woman with a rare genetic condition measuring just 2 feet, 4 inches tall, became the world's smallest mother in 2007. She gave birth to a total of

three children, despite her doctors warning her that being pregnant could kill her.

LARGEST GATHERING OF NURSING MOTHERS

On May 4, 2006, more than 3,700 mothers gathered at a stadium in Manila, Philippines to breastfeed. The event was held to promote breastfeeding in the country and to break the previous Guinness World record.

LARGEST NUMBER OF CHILDREN

The record for largest number of children goes to the wife of Russian peasant, Feodor Vassilyev. She's said to have given birth to 69 babies between 1725 and 1765. She had 16 sets of twins, seven sets of triplets and four sets of quadruplets.

Happy Mother's Day!



Happy Mother's Day!



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Happy Mother's Day!

The members of Rosemère's Town Council wish all mothers a day filled with love and kindness.

Mothers—you give so freely.
Take a few moments to receive in turn!

 ROSEMÈRE



A new partnership between RIPTB and Maison d'accueil le Mitan

With a goal to improve support for victims of domestic violence

MARIA DIAMANTIS

Local Journalism Initiative Reporter for The North Shore News
info@newsfirst.ca

The Régie de police Thérèse-De Blainville (RIPTB) and the Maison d'accueil le Mitan have joined forces to improve the services offered to victims of domestic violence in their community. Through a new memorandum of understanding, signed between the two organizations, victims of domestic and coercive violence will now receive better support and follow-up services. The agreement allows police officers to communicate victims' personal information directly to Mitan, following a police intervention, so that they can receive follow-up support within 48 hours.

This new agreement is an important step forward in improving the safety and well-being of women in the community. According to Chief Inspector Serge Harvey, in charge of the Criminal Investigations Division, the new agreement will improve the services offered to women who are not only victims of domestic violence but also those affected by coercive violence. The partnership between the Régie de police and Mitan will provide greater access to support services for women who need it most.

Maison d'accueil le Mitan is a shelter for women victims of domestic violence and their children, located in Sainte-Thérèse. The organization has been working in partnership with

the RIPTB for emergency accommodation for several years. The new agreement will allow them to offer external services to a greater number of women who need help by quickly contacting them following a police intervention.

The Mitan approach is focused on empowering women to identify possible choices and position themselves. The organization works in complete confidentiality and in alliance with the woman. They offer various services, including outpatient services, consultations by appointment, domestic violence awareness groups, and much more. Women with questions or in need of advice on domestic violence can contact Mitan directly at 450-435-3651.

This new agreement is a positive development in the fight against domestic violence in the community. It is an important step towards improving the safety and well-being of women who are victims of domestic and coercive violence. The RIPTB and Mitan partnership is an example of how organizations can work together to provide support and services to women who need it most. More needs to be done to prevent domestic violence from occurring in the first place. The community must work together to address the root causes of domestic violence and to create a culture of respect, equality, and non-violence according to the RIPTB announcement. Organizations like the RIPTB and Maison d'accueil le Mitan play an important role in this effort.

A large photograph of a golden retriever sitting at a wooden desk, looking towards the camera with its tongue out. A laptop is open in front of it. Overlaid on the right side of the image is a white speech bubble with a green border and a small bone icon at the top. Inside the bubble, the word 'Woof!' is written in large green letters, followed by 'FINALLY!' in red, and then 'Media-Trek products and services are now displayed on their website' in black. At the bottom of the image, the website 'mediatrek.ca' is written in large red letters, followed by the phone number '(450) 978-0070 | info@newsfirst.ca' and the address '304-3860 boul. Notre-Dame, Laval, QC H7V 1S1' in black.

Woof!

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DIRECT ANSWERS

FROM WAYNE & TAMARA

REALITY CHECK

teeth. What a mess, eh?

Javier

Q Two years ago, I made the greatest mistake of my life. I started dating a coworker. She is this beautiful young girl that totally captivated my world when I met her.

As time went by, I realized we have almost nothing in common, including music, food, sports, movies, and outdoor activities, to name just a few. Worst of all, there is no passion between us.

Furthermore, I do not feel welcomed at her house, and I don't fit within her circle of friends for two reasons. I'm seven years older and come from South America. Although I learned to speak English, I have difficulties saying what's on my mind, and when I mispronounce a word, I become the clown of the crowd.

When I mention how we aren't meant for each other, she becomes very emotional and begs me not to finish it. You may wonder; what's the big deal, just break it up if it's not working. I don't find that easy. We not only work in the same place, but she sits next to me.

I have the kind of job that comes only once in a lifetime. It would be hard to quit, but it would be hard to break up and see each other unless I quit. She is a wonderful girl, but we aren't meant for each other. It hurts me more than anything when she asks if I love her and I lie through my

A Javier, you have nothing in common, there is no spark between you, and her friends belittle you. That is the reality. She wants the relationship to continue. That is unreality. An ancient prayer says, "lead me from the unreal to the real." That statement applies to everything, including relationships.

The relationship you two have is not a job relationship. It is a personal relationship. You don't need to give up your job over this, but if you don't act, what happens will come back to haunt you. Accept that there will be some discomfort at work for a while.

Your letter reminds us of so many others. One man told us he just needed a date to a fraternity party. He inched toward marriage with a woman he didn't love, and they created two children. A woman recounted how she begged her mom, when her suitor called, "Tell him I'm not here!" They married and had four children.

Each marriage ended in divorce. Each divorce was initiated by the person who wanted the marriage. Realize that a person who prolongs a relationship you don't want, will leave the relationship when they no longer want it. That is the path you are on.

Wayne & Tamara

THE FIRST STEP

Q If a guy sees or knows a girl he fancies, and if he is a bit shy in asking her out, is there any other way he could do it?

Paul

A Paul, inaction turns things into monsters when they are not. Vacillation, fantasy and worry immobilize us, but doing a thing resolves a thing.

Each day, millions of guys ask girls out. Sometimes the girl says yes, sometimes no.

Either way, the world keeps turning. The playing field is more level than you realize. You may be hesitant to ask, but girls often feel stuck, waiting to be asked.

We are never guaranteed the end result. We won't know what will happen until we act. That's life. Part of getting the job is going to the interview. Part of scoring the goal is taking the field. Part of getting the girl is asking the girl.

You could send flowers and a note, but why not be direct? Clean your slate and move forward. You're not asking for a kidney or a pint of blood, just a date. Taking action sets you on the path to success, whether this particular girl says yes or no.

Tamara

WAYNE & TAMARA MITCHELL are the authors of YOUR OTHER HALF (www.yourotherhalf.com)

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IN THE NORTH SHORE

Remembering André Ouellet: A Beloved Volunteer and Community Leader

MARIA DIAMANTIS

Local Journalism Initiative Reporter for The North Shore News
info@newsfirst.ca

One of Deux-Montagnes' great volunteers passed away on April 25, 2023. Mr. André Ouellet, was well known for his community spirit and his sense of mutual aid. The City of Deux-Montagnes offered its most sincere condolences to Mr. Ouellet's family and loved ones.

A citizen devoted to his community, André Ouellet was an active volunteer until his last breath. Involved for many years in the food aid community, first with the parish, he founded the organization Dépannage Saint-Agapit (offering food assistance) in 1995 with his wife Cécile. He was still a director, having left the seat of the presidency just a few years ago. He also worked with the Maison des Citoyens and the Agapé Deux-Montagnes organization, meeting the basic needs of citizens in precarious situations.

For more than three decades, Mr. Ouellet was the mainstay of the organization of Christmas baskets in Deux-Montagnes. Helping low-in-

come families and individuals had been a full-time job for him since his retirement. More than second nature, mutual aid and solidarity defined this exceptional man.

In 2014, André Ouellet received the Prix Hommage Volontariat-Québec from the National Assembly of Quebec, recognizing his extraordinary commitment and the richness of his actions. In 2016, the City of Deux-Montagnes also paid tribute to him by designating the community hall of the Maison des Citoyens as the André and Cécile Ouellet hall.

The mayor of Deux-Montagnes, Denis Martin, saddened by the news of Mr. Ouellet's death, was full of praise for this citizen with a big heart: "André Ouellet devoted a large part of his life to reach out to fellow citizens, a bit like a guardian angel for people in need. It is a huge loss for our city. The richness of his involvement will have left indelible traces and his boundless commitment will remain in our memories for a long time. On my behalf and on behalf of the members of the municipal council, I would like to offer my condolences to the family and loved ones of Mr. Ouellet."



M. André Ouellet in 2014 as he receives the Prix Hommage bénévolat-Québec.

HOROSCOPE

Week of MAY 7 TO 13, 2023

The luckiest signs this week:
CAPRICORN, AQUARIUS AND PISCES



ARIES

You'll start planning your summer holidays. You have no intention of missing out on fun adventures with your friends and family.



TAURUS

Whether it's about your relationship or your job, you may feel the need to run away. You feel impulsive and a little confused this week.



GEMINI

You'll struggle to create peace between people or groups with opposing interests. You'll find the right words to work miracles and ensure everyone understands each other.



CANCER

It's time to get rid of toxic friends who are draining your energy. Take some me-time and spoil yourself with a natural therapy like a massage or facial.



LEO

Self-esteem is essential to achieve success. You'll be proud if you can convince yourself to accomplish a brilliant feat.



VIRGO

You'll devote time and energy to a family member and your home. You'll be inspired to take a new approach to life, including learning to live in the present moment.



LIBRA

You'll be outspoken this week. Be careful not to give away any secrets. You could be dealing with someone who doesn't speak the same language as you, and communicating with them could prove rather difficult.



SCORPIO

You'll find the financial means to undertake a significant project. Whether buying a property or starting a business, the stars will align. Many people will listen to what you have to say.



SAGITTARIUS

Make reservations now for summer break. You're looking forward to an adventure that takes place far from home. Be mindful of the preparations, such as passports.



CAPRICORN

If you're feeling more tired than usual, it's a sign you need to slow down. Get enough sleep to recharge your batteries.



AQUARIUS

You'll find your perfect person and fall in love at first sight. You'll carve out more time for your social life, even if you feel exhausted and stressed.



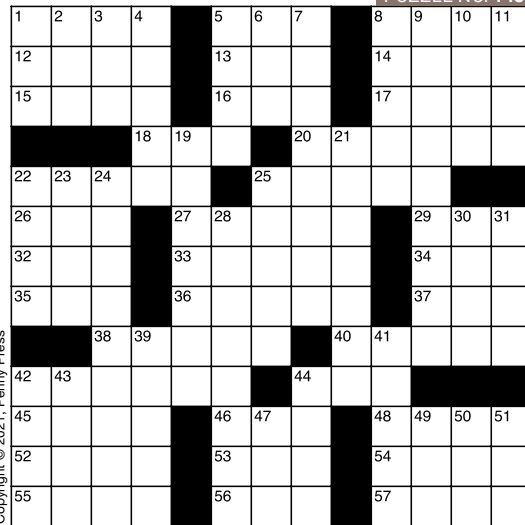
PISCES

You'll be given significant responsibilities at work. Even if you find them difficult, they'll provide excellent prospects, and a promotion will come soon enough.

Coffee Break

CROSSWORDS

PUZZLE NO. 148



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ACROSS

1. Stuns
5. Botch things up
8. Fraud
12. Chick's remark
13. Cloth coloring
14. Approach
15. Swiss archer
16. Hair cream
17. Gives weapons to
18. Frozen
20. Polar abodes
22. August, e.g.
25. Paying passengers
26. Important time
27. Excuse
29. Atlantic food fish
32. Circle section
33. Small breads
34. Keats poem
35. New York player
36. Bay
37. Whack!

DOWN

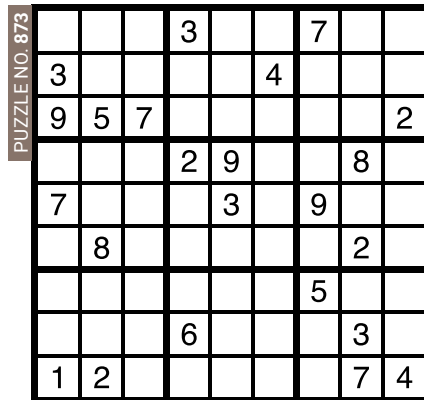
1. Competent
2. Small
3. Moray, e.g.
4. Tear in half
5. Uneasy
6. Hearty bread
7. Dependable
8. Fish feature
9. Star chart
10. Bullets
11. Military meal
19. "Swing Low, Sweet ____"
21. Tough part of a steak
22. Form of address
23. Giant
24. Type of peach
25. Occupies
28. "____ Dove"
30. Skunk feature
31. Moist
39. Actress Blair
41. Put forth
42. Papa's woman
43. ____ out (barely manages)
44. Chopped
47. Seek to persuade
49. Letter before dee
50. Coop layer
51. Puzzling

Sudoku

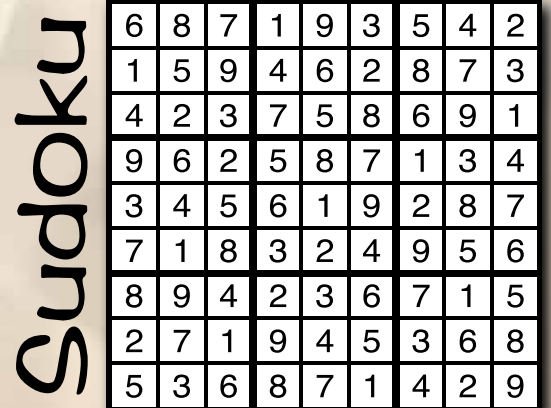
HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**



Last Issues' Answers



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