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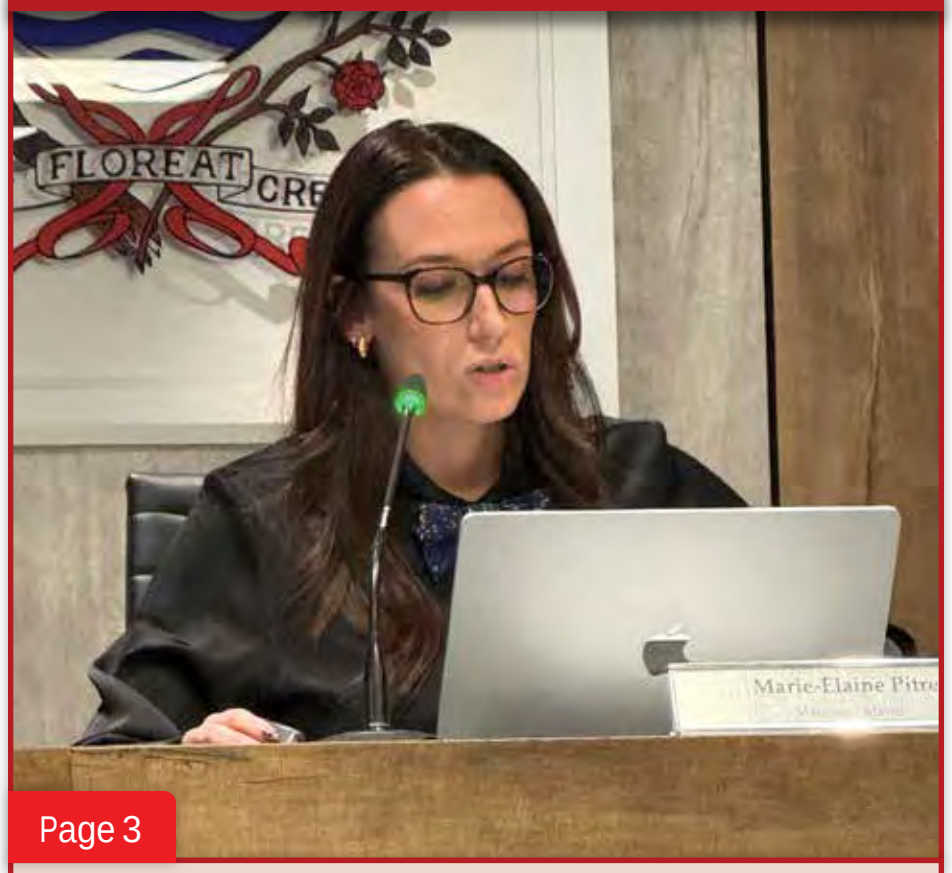
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Rosemère city council: Movember, salary increase, crime, and urban planning



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Mayor Marie-Elaine Pitre presides over the Nov. 9 meeting of Rosemère city council. (Photo: Alessandro Commisso, The North Shore News)

Deux-Montagnes city council: labour dispute, infrastructure, and highway noise



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Mayor Denis Martin listens to concerns raised by members of SCFP Local 1620 during the public question period at the Nov. 12 Deux-Montagnes council meeting. (Photo: Alessandro Commisso, The North Shore News)

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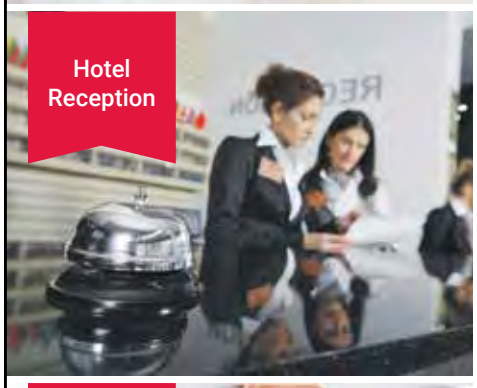
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Tragedy strikes at Deux-Montagne REM station

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A young woman died Monday November 9 after being struck by a REM train near the Deux-Montagnes station, prompting a major emergency response and the suspension of service on the network for several hours.

Emergency crews were called to the scene shortly after 11:30 a.m. following reports of a collision involving a pedestrian and a REM train. This incident was said to have happened on the Deux-Montagnes line between stations Deux-Montagnes and Grand-Moulin. Police, paramedics and transit officials quickly arrived at the station, where the woman was later pronounced dead.

Authorities have not publicly released the identity of the victim but sources say she was from St-Eustache.

The incident led to significant service disruptions on the Deux-Montagnes branch as investigators worked to determine the circumstances surrounding the fatal collision. Passengers travelling through the area were directed to alternative transportation options while police secured the scene and gathered evidence.

According to the Régie de police du Lac des Deux-Montagnes, investigators do not believe criminal activity played a role in the woman's death.

"We can confirm no criminal act has occurred," said Jean-Philippe Labbé, inspector with the investigations division of the Régie de police du Lac des Deux-Montagnes.

Police have provided few additional details, and the investigation remains ongoing. Authorities have not indicated whether any witnesses are being sought, nor have they commented on the events leading up to the collision.

As part of the investigation, officers examined the area surrounding the station and worked alongside REM officials to document the scene before train service could resume. The interruption affected commuters travelling between the North Shore and Montreal, with delays lasting for several hours before operations gradually returned to normal.

The fatality has shocked many local residents, particularly given the station's role as one of the key transportation hubs on the North Shore. Since the launch of REM service in the region, thousands of commuters have relied on the Deux-Montagnes station each week to travel to and from work, school and other destinations throughout Greater Montreal.

While serious incidents involving trains remain relatively rare, Monday's tragedy serves as a reminder of the dangers associated with railway infrastructure and the importance of respecting safety barriers and restricted areas surrounding active tracks.

Messages of sympathy and support began appearing online throughout the day as news of the incident spread across the region. Residents expressed their condolences to the victim's family and loved ones while acknowledging the impact the event may have had on witnesses, first responders and transit employees who were present at the scene.

Officials have not announced when additional information may be released.

For now, investigators continue to examine the circumstances surrounding the death, though police have reiterated that there is currently no evidence suggesting criminal involvement.

Blainville police investigates allegations that children were locked inside school locker

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Blainville police have confirmed to the North Shore News that an incident involving young children allegedly being locked inside a metal locker at an elementary school in the Centre de services scolaire des Mille-Îles (CSSMI) did take place.

As first reported by journalist Philippe Bonneville of 98.5 FM, children between the ages of five and seven were allegedly placed inside the locker by school staff as a way to calm them down when they became agitated or disruptive.

The locker reportedly contained padded walls and was allegedly used on several occasions to isolate students. A photograph of the locker, believed to have been taken at the undisclosed school, was also shared online.

Bonneville, who did not disclose the name of the school involved, also reported that four school employees, including a teacher and a special education technician, have been suspended in connection with the situation.

The North Shore News contacted the Blainville Police Department, which confirmed that the matter is under investigation. However, police declined to identify the school, the children involved or the teacher allegedly connected to the incidents. They also declined to identify how many students and educators were involved.

Police explained that the file has only recently been opened and investigators need to speak with additional people before they can establish a clearer understanding of the circumstances surrounding the allegations.

The Direction de la protection de la jeunesse (DPJ) is also reportedly involved in the matter and is expected to play a significant role in the investigation. The agency's involvement is aimed at ensuring the well-being of affected students and helping to prevent similar incidents from occurring in the future.

The allegations have also drawn a strong reaction from Quebec Education Minister Joël Arseneau, who publicly condemned the reported practice on X. Arseneau said he was deeply disturbed by the allegations and expressed disbelief that such a situation could have occurred in a Quebec school.

"I have been informed of the unacceptable practice that was taking place at the Centre de services scolaire des Mille-Îles and I unreservedly condemn it," Arseneau said.

He stressed that intervention methods used with students must follow recognized best practices while respecting their safety, dignity and individual needs.

"Under no circumstances should students be confined to lockers," the minister added.

The situation has raised serious concerns about the methods used to manage behavioural challenges in elementary school settings and the measures in place to protect students.

While Blainville police have confirmed the incident, the investigation remains in its early stages. Authorities are continuing their work and gathering information before providing further details.

23-year-old man dead following suspected road-rage stabbing at Place Rosemère

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A 23-year-old man is dead following a violent confrontation in the parking lot of Place Rosemère on Monday, November 9, in what investigators believe may have been an extreme case of road rage.

The victim has been identified as 23-year-old Steven Gaudette.

According to reports the incident happened shortly before 6 p.m., when two motorists who had apparently been involved in a dispute on the road ended up at the shopping centre.

The two men, aged 19 and 23, reportedly got into a physical altercation near the Dollarama and Urban Behavior stores. During the confrontation, the younger man allegedly pulled out a knife and stabbed Gaudette several times.

After the stabbing occurred, the suspect then contacted his father, who arrived at the scene quickly. The two reportedly attempted to transport Gaudette to the hospital themselves but were intercepted by police a short distance away. They were still in the parking lot when police caught up to them.

Gaudette later succumbed to his injuries shortly after.

The Sûreté du Québec (SQ) took over the investigation. Police confirmed that the two men did not know each other and that there was no known family connection or link to organized crime.

Mark Tessier, spokesperson for the Sûreté du Québec, told the North Shore News that investigators are considering several possible scenarios, including road rage.

"Road rage is one of the hypotheses we're looking at," said Tessier.

The 19-year-old suspect was also injured during the confrontation and was taken to hospital. His injuries were not considered life-threatening.

Although he was arrested and questioned by investigators, the SQ confirmed that he was subsequently released at the request of the Directeur des poursuites criminelles et pénales (DPCP), without conditions or a promise to appear in court. No criminal charges had been filed as of November 18.

Investigators have interviewed witnesses and collected surveillance footage from cameras surrounding the shopping centre. The investigation remains ongoing as police work to establish exactly what happened before, during and after the confrontation.

The deadly stabbing is also the second major criminal incident to draw attention to Place Rosemère in less than two months. On September 21, a jewellery store inside the shopping centre was targeted in a brazen robbery involving masked suspects armed with hammers and pepper spray.

Although there is no indication the two incidents are connected, the latest tragedy is likely to raise further questions about security at one of the North Shore's major shopping destinations.

For residents who regularly visit Place Rosemère, a fatal stabbing in a busy shopping centre parking lot is an unsettling reminder of how quickly an ordinary day can turn tragic.

Residents challenge council over pay increase

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Rosemère's city council on Nov. 9 opened with something a little different this time around. All members of council were wearing bow ties in support of Movember.

Movember is a global movement held each November to raise awareness and funds for men's health issues, including prostate cancer, testicular cancer, mental health, and suicide prevention. Since a majority of Rosemère's council members are women, the bow ties offered a fitting way to show their support for the campaign.

Debate on salary augmentation

The first question period was dominated by questions surrounding council's proposed salary increase, listed under section 6.1 of the agenda. Two residents took issue with the item, including resident René Villeneuve and former mayor Eric Westram. The proposed adjustment would see elected officials' remuneration increase by 4.95 per cent in 2026.

After a brief explanation of the proposed increase, Westram directed a pointed question to Mayor Marie-Elaine Pitre.

"By how much are salaries for elected officials being increased?" asked Westram.

Mayor Pitre responded that the increase is tied to the Consumer Price Index (CPI), a measure of inflation that tracks changes in the cost of living. Municipalities often use the CPI when adjusting compensation to ensure salaries keep pace with rising costs for goods and services such as housing, food and transportation.

In this case, the proposed 4.95 per cent increase reflects the inflationary adjustment established under the city's remuneration bylaw. While some residents questioned the size of the increase, council maintained that the adjustment follows a formula already in place rather than representing a discretionary raise approved on a year-to-year basis.



Former Rosemère mayor Eric Westram poses a question to council during the public question period at the Nov. 9 municipal meeting. (Photo: Alessandro Commisso, The North Shore News)

The discussion sparked several follow-up questions from residents, with some expressing several concerns.

Rene Villeneuve mentioned that regular workers are facing the same inflation increases. Mayor Pitre responded by saying she completely understood that but they're going based off of what CPI recommends and nothing else.

"It seems like it's a lot of money but in reality, it's only $14,000," said Mayor Pitre.

The $14,000 is set to be spread across the entirety of the administration.

Fighting crime on the North Shore

Council also adopted an important motion to strengthen public safety in the region. This motion called on the federal and the newly elected provincial government to take better action on the rise of recruitment of minors by criminal groups.

Mayor Pitre mentioned that this is a major priority for the town of Rosemère. She also mentioned how they want to adapt new laws in order to target the adults that are running these organizations. By doing this, this will in turn protect minors who are being exploited.

This motion was adopted in lieu of 34-armed robberies in 2026 according to the SPVM. These robberies were targeting jewellery stores and luxury clothing stores all over Montreal and the North Shore.

These brazen attacks were even carried out at Place Rosemère when five teenagers robbed tens of thousands of dollars from Bijouterie Ricci in September. The youngest perpetrator was only 13 years old.

New urban planning advisor

The city of Rosemère has officially created a permanent urban planning advisor position and appointed a candidate to fill the role, according to a resolution adopted at council's Nov. 9 meeting. The new position, listed under item 8.2 of the agenda, forms part of the municipality's ongoing efforts to strengthen planning and development oversight as Rosemère continues to face growth and redevelopment pressures.

Urban planning advisors play a key role in evaluating development proposals, ensuring compliance with municipal bylaws and urban planning regulations, and advising council on matters related to land use, housing and community development. They also work closely with residents, developers and internal municipal departments on planning-related files.

Demolition of properties

A discussion broke out during the question period when several residents voiced concerns about the future of two homes located next to the R.C. Church of Saint Francis Cabrini on Grand-Côte.

Among those addressing council was Rosemère resident Paula Price, who said the properties hold deep personal significance for her family. Price explained that her mother, Margaret, lived at 325, chemin de la Grande-Côte, while her parents resided at 327, chemin de la Grande-Côte. While it remains unclear whether the properties were sold directly to the city, they are no longer in family hands.

The issue is one that has been gaining attention in recent months. Residents have closely followed developments surrounding 327, chemin de la Grande-Côte since the municipality acquired the property and later approved the removal and donation of furniture and other contents from the home, leading many to speculate about its future.

Another resident, Carla Young, used her time at the microphone to urge council to reconsider any plans that could lead to the loss of heritage buildings. Young said she had spent part of the morning speaking with representatives from the MRC, who informed her that the municipality's inventory of protected properties "is not exhaustive."

She argued that the homes represent an important part of Rosemère's history and identity.

"Everybody knows that 327, chemin de la Grande-Côte is going to be demolished, but we're going to fight it," she said. Young added that the homes are part of the town's heritage and helped shape Rosemère into the community it is today.

Mayor Pitre pushed back on the suggestion that a decision has already been made, telling residents that nothing is set in stone. She noted that the future of 327, chemin de la Grande-Côte will be discussed further at an urban planning meeting scheduled for Nov. 18.



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OPINION & Editorial

Hackers turned up the heat on Europe's grocers. Is Canada ready?

A second wave of suspected cyberattacks on European supermarkets has exposed a vulnerability that Canada's food industry should take seriously. Grocery stores in at least nine countries reported refrigeration failures. One Swedish supermarket said its refrigeration systems had been remotely set to 50 C. Across the affected stores, tonnes of food had to be thrown out. An earlier wave had already hit stores in France, Belgium and the Netherlands.

The economics explain why refrigeration is such an attractive target. Fresh food has a limited shelf life, and grocers and processors depend on a steady flow of deliveries. A few hours of disruption can mean discarded inventory, missed shipments and lost sales. Even when the equipment comes back online, a grocer may still have to discard products if it cannot establish how warm they got or for how long.

The same vulnerability exists in Canada. A cyberattack can force a company to replace inventory, reroute shipments and pay for emergency repairs. Over time, repeated disruptions and higher spending on cybersecurity can put upward pressure on food prices. How much reaches the checkout depends on competition and on who has the bargaining power to pass those costs along.

Ransom is one possible motive. With perishables, attackers have leverage because the cost of waiting rises by the hour. Paying can encourage further extortion, while refusing can leave a company absorbing a substantial loss. The European incidents also raise the possibility of deliberate disruption for its own sake. Public frustration with grocery prices is real, but it tells us little about who was behind these attacks or what they wanted.

For years, cybersecurity barely registered at many food industry conferences. It deserves a place alongside food safety. Refrigeration is the obvious example, but a breach at a processing plant could also interfere with ingredient controls, allergen labelling or the records needed to trace a contaminated batch. Automation helps companies run more efficiently. It also makes it more important to know who can access production controls and how quickly staff can intervene when something goes wrong.

Major grocers and manufacturers are already investing in more resilient facilities and systems. The harder question is what happens when they ask their suppliers to meet the same cybersecurity standards. A national retailer can spread the cost of monitoring, audits and staff training across hundreds of stores. A family-owned processor with a single plant has far less room to absorb those costs. Losing a major retail account over a requirement it cannot afford could put an otherwise viable business at risk.

Canada's largest grocers have enough influence to set cybersecurity standards across much of the food supply chain. They can also help suppliers meet them. Common requirements, shared training and technical support would make it easier for smaller processors to protect their operations without paying for a separate compliance program for every major customer.

Perishability gives attackers a deadline they can use against any food company. A grocer can invest heavily in protecting its own warehouses and still lose a shipment when a supplier's plant goes down. Helping that supplier stay operational is part of protecting the grocer's own business.

Dr. Sylvain Charlebois

Canada could lose out on the global oil boom

The world wants more oil, but higher prices and growing demand are no guarantee Canada will reap the full benefits

Higher gasoline and diesel prices are squeezing consumers, but they are also giving Canada's economy a significant boost. According to TD Economics, Canadian energy exports have increased by an average of $4.5 billion per month over the past six months, strengthening producer revenues, incomes and government coffers.

Diesel has become an increasingly important export. Its share of Canada's energy exports has more than doubled since the outbreak of the U.S.-Israel conflict with Iran, reaching 13 per cent of total energy exports and generating more than $2 billion per month. While those gains benefit the broader economy, higher fuel costs continue to reduce household purchasing power and increase operating costs for businesses.

The conflict involving Iran and concerns over shipping disruptions through the Strait of Hormuz have highlighted the world's dependence on Middle Eastern energy supplies. Countries seeking secure alternatives are increasingly looking toward stable producers such as Canada.

The United States remains Canada's dominant customer, purchasing about 90 per cent of Canadian crude exports in 2025. However, the Trans Mountain expansion has begun diversifying markets. According to ATB Economics, Canadian oil exports to Asia averaged $515 million per month between June and October 2024, compared with negligible volumes before the pipeline expansion entered service.

Governments in Ottawa and Alberta are also advancing plans for Pacific Link, a proposed pipeline capable of moving one million barrels of oil per day from Bruderheim, Alta., to a deepwater terminal near Delta, B.C., creating another potential gateway to Asian markets.

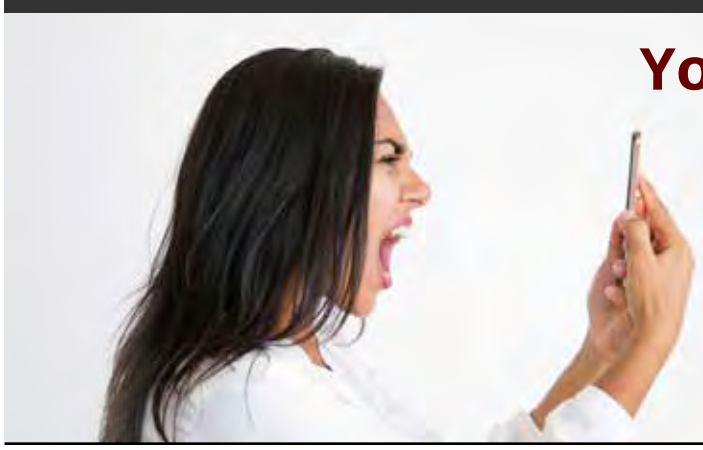
Canada's ability to respond to higher prices is also improving. In Alberta's Clearwater formation, producers can drill and bring new wells online much faster than traditional oilsands projects, allowing them to react more quickly to market opportunities.

Yet challenges persist. On Oct. 15, Western Canadian Select traded at a discount of US$26.40 per barrel to West Texas Intermediate. Transportation constraints, refinery disruptions, growing domestic production and increased competition from Venezuela's returning heavy crude exports continue to weigh on Canadian prices.

Canada has a rare opportunity to expand its role in global energy markets. But capitalizing on that opportunity will require more than higher oil prices. Expanding export infrastructure, reaching new customers and reducing dependence on the U.S. market will ultimately determine how much Canada benefits from shifting global energy dynamics.

Rashid Husain Syed

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Labour dispute takes centre stage at Deux-Montagnes council meeting

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Before the Nov. 12 city council meeting even began, the sounds of whistles, chants and noisemakers echoed throughout the area surrounding city hall as members of the Syndicat canadien de la fonction publique (SCFP) and their supporters gathered to protest ongoing contract negotiations with the City of Deux-Montagnes.

An estimated 150 to 200 demonstrators assembled outside city hall ahead of the 7 p.m. meeting, waving flags and marching through the area while police directed traffic on either side of the street. The demonstration had already been underway for some time before council convened and continued throughout much of the evening.

Among those present was SCFP representative Fanny Demontigny, who said workers have grown increasingly frustrated after years without a new collective agreement.

"Thirty-five members here have been without a collective agreement for almost four years, so it's unacceptable," said Demontigny.

According to Demontigny, employees have also spent years seeking wage increases.

"They've been fighting for an augmentation in salary for almost six years," she said.

Demontigny added that union members are prepared to continue demonstrating for as long as necessary.

"We represent over 143 members, and we're going to be here if we have to come back every week. We'll do it because they need that support, and apparently, the employer right now is not negotiating at all," said Demontigny with conviction.

SCFP speaks first

Acknowledging the large demonstration taking place outside city hall, Mayor Denis Martin allowed a representative of SCFP Local 1620 to address council first during the public question period.

Speaking on behalf of the union's members, SCFP Local 1620 president Christopher Brown delivered a lengthy statement outlining what he described as the frustrations of municipal employees who have been working without a collective agreement for three years.

Brown said workers feel negotiations have stagnated and argued that conditions have gradually deteriorated as discussions continue without a resolution. According to him, employees who contribute daily to municipal operations feel their concerns are not being adequately addressed despite the role they play in delivering services to residents.

"The employees who contribute daily to the well-being of our municipality," Brown said, are the people caught in the middle of the dispute.

Much of Brown's criticism centered on the city's salary offer. He argued that employees are effectively being asked to accept concessions to their working conditions in exchange for wage increases, something he said members are unwilling to do.

According to Brown, the salary gap currently being discussed amounts to roughly five per cent, but workers believe financial gains should not come at the expense of protections and conditions that have already been negotiated over previous agreements.

"You're making us pick between higher pay and worse working conditions," Brown told council.

Several union members in attendance applauded throughout the intervention, and many later exited the council chamber after Brown finished speaking.

Mayor Martin characterized the situation as a normal part of the collective bargaining process and defended the city's position at the negotiating table.

"This is all part of negotiations," Mayor Martin said. "The city is offering something very reasonable and fair."



Members and supporters of the SCFP fill the council chamber at the Nov. 12 Deux-Montagnes council meeting, carrying signs highlighting the ongoing labour dispute between unionized employees and the municipality. (Photo: Alessandro Commisso, The North Shore News)

Residents raise development concerns

The labour dispute was not the only issue discussed during the meeting.

Resident Rémi Gagnon questioned council about ongoing residential development in the municipality, asking how local infrastructure, particularly the aqueduct system, would be able to support additional housing projects.

Gagnon also raised concerns about speeding and increased traffic on 6th Avenue, arguing that the influx of new residents and commuters travelling to access the REM has placed additional pressure on neighbourhood streets.

According to Gagnon, traffic issues in his area have worsened in recent years, with speeding, illegal parking and reckless driving becoming regular occurrences. He believes the increase is directly tied to ongoing residential and commercial development, which continues to bring more people into the city. During the meeting, council approved eight additional development-related projects under Section 8.2 of the agenda.

In response, Martin said the municipality's infrastructure remains capable of accommodating significant growth.

"With a population of about 18,000, we're still well below the capacity of our aqueduct and supporting infrastructure, which can accommodate at least 30,000 residents," he said.

Martin also emphasized that municipalities do not independently decide to build housing developments but must operate within Quebec's planning framework.

"We do not construct stuff, we're tasked with making a plan according to the law," he said.

The Mayor explained that municipalities are obliged to follow provincial regulations and planning objectives, particularly as Quebec continues to encourage the construction of additional housing units.

Highway 640 ruckus

The issue of noise generated by traffic on Highway 640 was also raised during the public question period.

Resident Diane Sicotte told council that excessive vehicle noise has become a recurring issue for residents living near the highway, particularly during the spring, summer and early fall months. Living near 20th Avenue, Sicotte said the sound of roaring engines, revving motorcycles and frequent backfiring can often be heard from morning until late in the evening.

According to Sicotte, the problem appears especially noticeable near the western end of Highway 640 in Saint-Joseph-du-Lac, where motorists and motorcyclists frequently accelerate after leaving popular summer attractions such as the Beach Club and Super Aqua Club.

Sicotte said she has contacted both the Sûreté du Québec and local police services in the past in an effort to address the issue. While additional patrols have been carried out over the years, she said residents have noticed little improvement.

"At times, the noise is so overwhelming that residents cannot comfortably sit outside on their own patios," Sicotte said.



SCFP representative Fanny Demontigny stands outside Deux-Montagnes city hall ahead of the Nov. 12 council meeting, where union members gathered to protest ongoing contract negotiations with the municipality. (Photo: Alessandro Commisso, The North Shore News)

In response, Mayor Denis Martin said there is little the city can do directly, noting that Highway 640 falls outside the municipality's jurisdiction. He added that increasing police enforcement along the highway would be "complicated" due to the number of municipalities connected by the corridor, including Saint-Joseph-du-Lac, Sainte-Marthe-sur-le-Lac and Saint-Eustache.

Sicotte then suggested a more coordinated approach between the municipalities affected by the noise problem, calling for greater collaboration between cities and police services in an effort to reduce the disturbances.

Martin said the city is continuing to examine possible solutions, noting that municipalities such as Rosemère face similar issues despite not having the advantage of Deux-Montagnes' existing sound barrier along portions of the highway. He added that constructing larger noise barriers would likely require financial participation from the Ministère des Transports du Québec (MTQ) and could ultimately result in higher costs for taxpayers.

Speaking with the North Shore News following the meeting, Sicotte said she intends to continue pressing the issue and searching for ways to demonstrate the impact the noise has on residents living near the highway.



A wall of remembrance: Sainte-Thérèse honours veterans with new public mural

MARIA DIAMANTIS
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Unveiled during Remembrance Week, the artwork celebrates a century of the Royal Canadian Legion while connecting the city's military heritage with future generations.

A building that has long served as a gathering place for veterans in Sainte-Thérèse now carries a permanent tribute to their service. A new public mural, entitled Souvenons-nous (Let Us Remember), has been unveiled on the exterior of the Royal Canadian Legion's Branch 208, transforming an ordinary wall into a visible reminder of sacrifice, memory and community history.

The mural was officially inaugurated on November 7 at 1 Lamarque Street, just days before Remembrance Day. The City of Sainte-Thérèse announced the completed project on November 11, coinciding with commemorations across Canada.

Visible from Boulevard du Curé-Labelle, the artwork honours Canadian veterans and marks the 100th anniversary of the Royal Canadian Legion.

The project was commissioned and financially supported by the municipality and created by SAUTOZIEUX, an artistic collective founded by professional muralists Marie-Chantal Lachance and Nathaly Lessard.

Working in collaboration with the local Legion and a project committee, the artists developed a work intended to connect the experiences of past generations with those who will encounter the mural in the years ahead.

For Sainte-Thérèse, the project represents more than another addition to the city's growing collection of public art.

The mural also recognizes the role of Branch 208, an organization whose presence provides a local connection to Canada's military history and the continuing importance of supporting veterans.

The inauguration brought together Mayor Christian Charron, Legion Branch 208 president Réal Marcotte, municipal representatives and the artists responsible for the work.

Charron described the mural as another chapter in the story of Sainte-Thérèse, emphasizing its importance both as a tribute to veterans and as a reminder of the history of the city's Quartier des Cent Maisons.

That connection between public art and local identity is increasingly evident throughout Sainte-Thérèse, where murals have been used to bring historical and cultural themes into everyday public spaces.

Unlike monuments that residents must deliberately visit, a mural situated along a busy road becomes part of the daily landscape.

Motorists, pedestrians and younger residents who may know little about the experiences of previous generations will encounter the artwork simply by passing through the neighbourhood.

Its timing is particularly meaningful.

As the number of surviving veterans from earlier conflicts continues to decline, communities face the challenge of preserving their experiences and ensuring that remembrance remains relevant to younger Canadians.

Public commemorations, educational initiatives and permanent artistic tributes offer different ways of meeting that responsibility.

The new mural does not replace the traditional Remembrance Day ceremony. Instead, it extends the act of remembrance beyond a single date on the calendar.

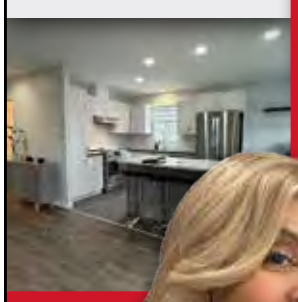
For Sainte-Thérèse, Souvenons-nous is both a work of art and a public statement: the sacrifices of those who served deserve a place in the city's collective memory, not only every November, but throughout the year.

FOR SALE

CHOMEDEY – LAVAL

Enjoy the best of both worlds in this stylish two-bedroom, open-concept condo. Located in the heart of the action, this home features a beautiful kitchen designed for both daily life and hosting. Commuting is a breeze with immediate access to major highways and a location just minutes from the Lachapelle Bridge. Best of all, you'll never hunt for a spot with two dedicated parking spaces (one garage, one exterior).

MLS: 23852845



CHOMEDEY – LAVAL

Discover this 1 bedroom, 1 bath, newer construction condo ideally located in the heart of Laval, just steps from groceries, pharmacies, schools, parks, daycares, restaurants, and public transit. The open concept layout features large windows that flood the space with natural light, complemented by quality finishes throughout. This well built concrete and steel structure offers superior soundproofing between floors, two elevators, and a convenient storage locker. Also enjoy access to a cardio gym on the main floor and a stunning rooftop terrace with panoramic views. Easy to visit! Must see!

MLS: 13585109



OPEN HOUSE
Sunday, November 22, 2-4 pm
4476 3rd Street, Chomedey, Laval
cross street 97e Avenue

Welcome to this bright corner lot bungalow with 3+1 bedrooms in the heart of everything. Featuring a brand new roof, and many other updates with a renovated kitchen and bathroom. Inside, enjoy bright living spaces with a functional layout designed for modern everyday comfort. The spacious corner provides enhanced privacy and generous outdoor space, perfect for relaxing or entertaining family and friends. Close to everyday amenities, grocery stores, pharmacies, parks, and highways 13, 15 & 440. Must see!

MLS: 26640993

NEW



FOR RENT

PARK-EXTENSION – MONTREAL

Welcome to this bright main floor unit. 3 bedroom apartment designed for comfort and convenience. Renovated kitchen and bathroom with in unit washer/dryer. Enjoy access to a private backyard, perfect for relaxation or outdoor dining. Minutes from schools, local churches, and shopping centers. Ready for immediate occupancy. Contact me today to schedule a viewing.

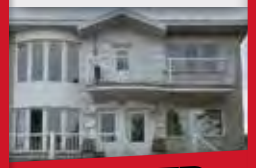
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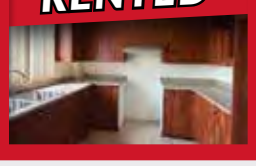
CHOMEDEY – LAVAL

Bright 5 1/2 situated in a prime location, offering 3 generous bedrooms 1 full bath. Steps from major shopping destinations, grocery stores and daily amenities. Quick access to main highways and public transportation. Located close to all schools, parks and community services. Available now.

MLS: 20380508



RENTED



CÔTE-DES-NEIGES – MONTREAL

Apartment for 4 ½ for rent. Newly renovated 2 bedroom apartment located in the Cote-des-Neiges/ Notre-Dame-de-Grace close to all amenities, shopping, schools and transportation. Incuded are all stainless-steel appliances, fridge, stove, dishwasher washer/ dryer and cooking fan. Close to all services, restaurants, hospital and pharmacies.

MLS: 19933966



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Blainville Police and citizens strengthened community ties during “Crime Prevention Week”

NEWSFIRST MULTIMEDIA
info@newsfirst.ca



Crime Prevention Week brought police officers and residents together through a series of engaging community activities focused on safety, awareness, and building stronger connections.

One of the week’s highlights was the popular Coffee with a Cop event, where officers welcomed citizens in a relaxed and friendly setting to share a conversation over a cup of coffee. The informal gathering provided an opportunity for residents to ask questions, discuss concerns, and learn more about the work being done to keep their neighbourhoods safe.

The event encouraged meaningful exchanges on a variety of topics, including crime prevention, public safety, community well-being, and everyday challenges faced by local residents. More importantly, it allowed officers and citizens to connect on a personal level, helping to strengthen the bonds of trust that are essential to a safe and vibrant community.

Participants appreciated the opportunity to speak directly with police officers outside of emergency situations, while officers welcomed the chance to listen to residents and gain a better understanding of the issues that matter most to them. The conversations reflected a shared commitment to working together to maintain a secure and welcoming environment for everyone.

The week also included a special Friendship Dinner for local seniors, where police officers delivered an informative presentation on fraud prevention. The session focused on educating participants about some of the most common scams currently being used by fraudsters, particularly those targeting older adults.

Through real-life examples and practical advice, officers explained how residents can recognize warning signs, avoid becoming victims, and report suspicious activity. The presentation generated considerable interest and discussion, as many attendees shared their own experiences and concerns about fraudulent schemes. The activity not only provided valuable information but also reassured seniors that support and resources are available should they ever need assistance.

For police officers, these community outreach initiatives are an important part of prevention efforts. While law enforcement plays a key role in responding to incidents, building strong relationships with the public remains equally important. Events such as Coffee with a Cop and the Friendship Dinner help create opportunities for open dialogue, encourage collaboration, and foster a greater sense of community involvement.

As the week ended, organizers expressed their sincere gratitude to everyone who participated in the activities.

The strong turnout and positive exchanges demonstrated the importance of community engagement in promoting safety and well-being. By taking the time to meet, listen, learn, and share, residents and police officers alike contributed to a stronger and more connected community.

Crime Prevention Week served as a reminder that public safety is a shared responsibility and that meaningful partnerships between citizens and police continue to play a vital role in creating safer neighbourhoods for all.

Six arrested after series of suspected arson attempts targeting Blainville business

MARIA DIAMANTIS
info@newsfirst.ca

Police investigation draws attention to threats and intimidation facing commercial establishments.

Six suspects have been arrested following an investigation into a series of suspected arson attempts targeting a business in Blainville, a case that has prompted police to remind local merchants about resources available to address intimidation, threats and extortion.

The arrests were reported November 12, following investigative work by the Blainville Police Department.

Authorities indicated that the investigation concerned several attempted criminal fires directed at a commercial establishment. The case has now reached the stage where proposed charges are to be submitted to Quebec’s Director of Criminal and Penal Prosecutions.

The investigation remains ongoing.

Police have not publicly established a motive in the information available, and it would be premature to conclude that the incidents were connected to organized crime or a particular extortion network.

Nevertheless, the case brings attention to a broader public-safety concern: the vulnerability of businesses when they become targets of deliberate property damage, threats or repeated intimidation.



An attempted fire can have consequences extending well beyond the premises directly targeted. Depending on the location, nearby businesses, employees, customers and neighbouring properties may also be placed at risk.

Even when an attempt does not result in a major fire, repeated incidents can create uncertainty for business owners and employees.

The Blainville Police Department used the occasion to remind merchants about its participation in Project UNIS, an initiative intended to help prevent violence, intimidation, threats and extortion.

Such prevention efforts recognize that commercial security involves more than responding after a crime has occurred. Business owners must also be able to report suspicious behaviour and seek assistance when they believe they are being threatened.

Police are encouraging residents and merchants to report suspicious activities or attempted extortion through the department’s telephone line at 450-434-5300. Information can be provided confidentially.

For business operators, the investigation raises practical questions about prevention, security and the importance of reporting concerns before situations escalate.

The arrests also represent a significant development in the investigation, although they do not constitute proof of guilt.

The identities and ages of the suspects, the exact number of attempted fires and the extent of any property damage were not established in the publicly available report reviewed for this article.

Those details, along with any eventual charges, will be important in determining the full scope of the case.

For Blainville’s commercial community, the immediate significance is clear: six people have been arrested in connection with a series of serious incidents, and police are continuing their investigation.



Tip from the public leads to drug-trafficking arrest in Sainte-Thérèse

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Police searched two residences and a vehicle following weeks of investigative work, seizing drugs, ammunition and other items.

A tip from the public has led to a drug-trafficking arrest in Sainte-Thérèse, illustrating how information supplied by residents can develop into a larger police investigation.

The Régie intermunicipale de police Thérèse-De Blainville (RIPTB) confirmed that officers carried out an operation on November 12 following several weeks of investigative work and surveillance.

According to the police service, the investigation began after information was received from members of the public. Detectives subsequently gathered evidence that allowed them to obtain search warrants for two residences and a vehicle.

The searches resulted in the seizure of cocaine, hashish, bladed weapons, .357 Magnum ammunition, Canadian currency, a cellphone and a vehicle.

One suspect was arrested and remained in custody pending a court appearance, police reported.

The RIPTB did not disclose the quantities of drugs seized, the estimated value of the confiscated property or the suspect's identity in its public announcement. Nor did the statement identify the precise locations of the two residences.

Those details are significant because the presence of drugs, weapons and cash during a search does not, by itself, establish the full scale of an alleged trafficking operation.

Any criminal allegations must ultimately be examined through the judicial process, and the arrested individual is presumed innocent unless proven guilty.

For Sainte-Thérèse residents, the case highlights an important aspect of local policing that often remains out of public view. While emergency calls and visible patrols are familiar elements of police work, investigations into suspected drug distribution can involve surveillance, evidence gathering and judicial authorization before officers make an arrest.

The police service emphasized that cooperation from the public was instrumental in launching the investigation.

That relationship can be particularly important in residential neighbourhoods, where unusual activity may first come to the attention of people who live or work nearby.

However, suspicious behaviour does not necessarily indicate criminal activity, and investigations must distinguish between information that raises concerns and evidence capable of supporting criminal charges.

The RIPTB serves Sainte-Thérèse, Boisbriand, Lorraine and Rosemère, making drug-related investigations a regional public-safety concern rather than an issue confined to a single municipality.

The November operation demonstrates how a citizen report can lead to a sustained investigation and eventually a police intervention.

What remains to be determined is the outcome of the judicial proceedings and whether investigators will identify any broader connections to drug distribution in the region.

For now, police have confirmed one arrest and several seizures, while the legal process will determine what follows.



More than 1,500 new trees: Sainte-Marthe-sur-le-Lac invests in a greener future

MARIA DIAMANTIS
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An autumn planting campaign brings 1,578 trees to the municipality, raising expectations for the long-term development of its urban canopy.

A tree planted today may take decades to reach its full potential, but its benefits can eventually be felt throughout an entire neighbourhood. From providing shade during summer heat waves to absorbing rainwater and improving the appearance of residential streets, trees are increasingly recognized as essential elements of municipal infrastructure.

In Sainte-Marthe-sur-le-Lac, a major autumn planting initiative has added 1,578 trees to the city's territory.

The municipality's efforts were highlighted in a November 16 announcement describing its continued commitment to urban greening.

The number is significant, particularly for a suburban community where residential development, roads and other paved surfaces compete with natural vegetation for available space.

Urban trees provide benefits that extend beyond aesthetics.

During hot weather, their shade can reduce surface temperatures around sidewalks, parking areas and buildings. Leaves also contribute to cooling through evapotranspiration, a natural process in which water is released into the atmosphere.

Trees can also intercept rainfall and help reduce the amount of water flowing immediately into stormwater drainage systems.

These benefits are increasingly relevant as municipalities consider how to adapt their infrastructure to changing weather patterns, including intense rainfall and prolonged periods of summer heat.

For Sainte-Marthe-sur-le-Lac, which has experienced the consequences of major flooding in the past, the relationship between land development, vegetation and water management is particularly important.

However, tree planting should not be confused with flood protection infrastructure. Trees can contribute to managing ordinary surface runoff, but they cannot replace dikes, drainage networks or other engineered measures designed to address major flood risks.

The success of the initiative will also depend on what happens after the planting work is completed.

Newly planted trees require suitable growing conditions, adequate watering and protection from damage. Their survival rates, species diversity and eventual canopy coverage will determine the long-term environmental value of the investment.

The announcement reviewed for this article did not establish the precise distribution of the 1,578 trees, their species or the overall cost of the planting program.

Those details would help residents assess whether the initiative is concentrated in public parks, residential areas, roadside corridors or other municipal spaces.

The broader objective of urban greening is not simply to increase the number of trees planted in a single season, but to develop a healthier and more resilient landscape over time.

For Sainte-Marthe-sur-le-Lac, the newly planted trees represent a visible investment whose full benefits will emerge gradually.

The challenge now is ensuring that today's planting effort becomes tomorrow's lasting urban forest.



Saint-Eustache's Innoparc Albatros attracts new expansion project

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Nicolas Guay, press attaché for Benoit Charette; Sonia Turenne, Martine Parent and Lyne Marineau, from CPE Les Explorateurs; Marie-Pier Côté, director of IDÉ Saint-Eustache; Marc Lamarre, mayor of Saint-Eustache.

EZCOMMUNICATIONS announces plans to expand in the city's business park, bringing renewed attention to local economic development.

While much of the public discussion surrounding municipal development focuses on housing construction, traffic congestion and the cost of infrastructure, another form of growth is taking place in Saint-Eustache: the expansion of businesses operating within the city's industrial and commercial areas.

On November 11, a new expansion project involving EZCOMMUNICATIONS inc. was announced for the Innoparc Albatros business park.

The development represents another step in the evolution of a district intended to accommodate business activity and support the city's economic development.

For Saint-Eustache, attracting companies and encouraging existing enterprises to expand are important components of maintaining a diversified local economy.

Business parks can provide space for companies whose operational requirements are difficult to accommodate in traditional commercial streets or residential neighbourhoods.

Depending on the type of enterprise, these requirements may include specialized facilities, access for commercial vehicles, storage space and room for future growth.

The Innoparc Albatros project also raises questions about how municipalities balance economic development with the infrastructure needed to support it.

New or expanding businesses can generate employment opportunities and contribute to the municipal tax base. However, they may also increase demands on roads, water and sewer networks and other public services.

For residents, the value of economic expansion is therefore measured by more than the construction of additional buildings.

The nature of the jobs created, the long-term stability of the investment and the compatibility of new operations with surrounding neighbourhoods are equally important considerations.

The announcement reviewed for this article confirms the EZCOMMUNICATIONS expansion initiative but does not establish the project's total investment, construction timetable, expected number of new jobs or precise building specifications.

Those details will be important in evaluating the project's economic significance.

It would also be premature to suggest that the expansion will necessarily produce a particular number of jobs or generate a measurable increase in municipal revenues without supporting figures.

Nevertheless, the project illustrates the continuing role of local business development in shaping Saint-Eustache's future.

As municipalities compete to attract investment, the availability of suitable land and infrastructure can influence where companies decide to establish or expand their operations.

For Saint-Eustache, Innoparc Albatros provides a location where such growth can be concentrated and planned.

The challenge will be ensuring that economic expansion produces lasting benefits for the community while remaining compatible with the city's broader development priorities.

The EZCOMMUNICATIONS project offers another opportunity to examine how business investment can contribute to the local economy, and what residents ultimately gain from that growth.



Budget 2026: Canadians support many of the measures, **but few expect personal benefits as concerns about affordability and deficits persist**

DAVID COLETTO, ABACUS DATA

A new Abacus Data survey conducted immediately following the release of the federal government's 2026 budget finds Canadians approaching the government's economic agenda with mixed feelings. While more Canadians approve than disapprove of the Carney government, relatively few believe the budget will make their own lives better, and many remain unconvinced that its fiscal commitments are achievable.

The survey of 1,500 Canadian adults, conducted November 6 to 7, finds that just 17% describe Budget 2026 as good news, while 20% consider it bad news. Another 32% see a mixture of good and bad news, and 30% have not formed an opinion.

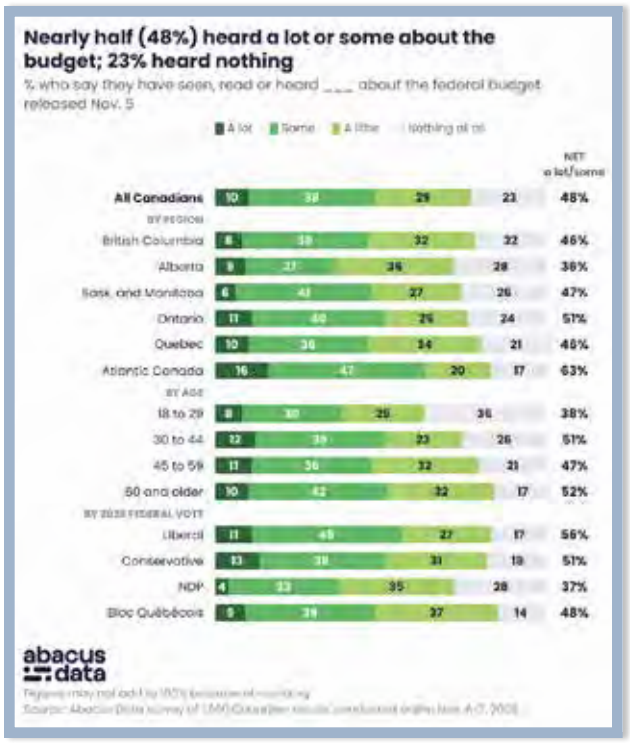
The findings reveal an important tension. Canadians are generally supportive of many of the government's specific proposals, particularly those involving caregivers, homelessness, housing, and grocery assistance. But that support has not translated into widespread confidence in the budget as a whole.

The government appears to have a stronger case when it comes to Canada's economic sovereignty than when it comes to improving household affordability. And while Canadians recognize the potential benefits of investment, many are concerned about the amount of money being borrowed to finance it.

Most canadians have heard about the budget, but their initial reactions are mixed

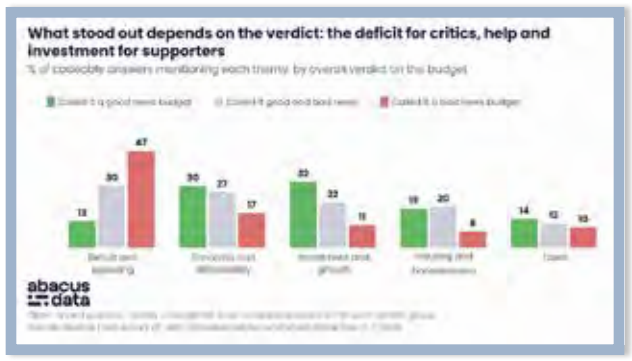
Two days after the budget was tabled, 77% of Canadians report having seen, read, or heard at least something about it. Almost half (48%) say they have heard a lot or some, while 29% have heard a little.

Despite this relatively high level of awareness, Canadians have not reached a clear verdict.



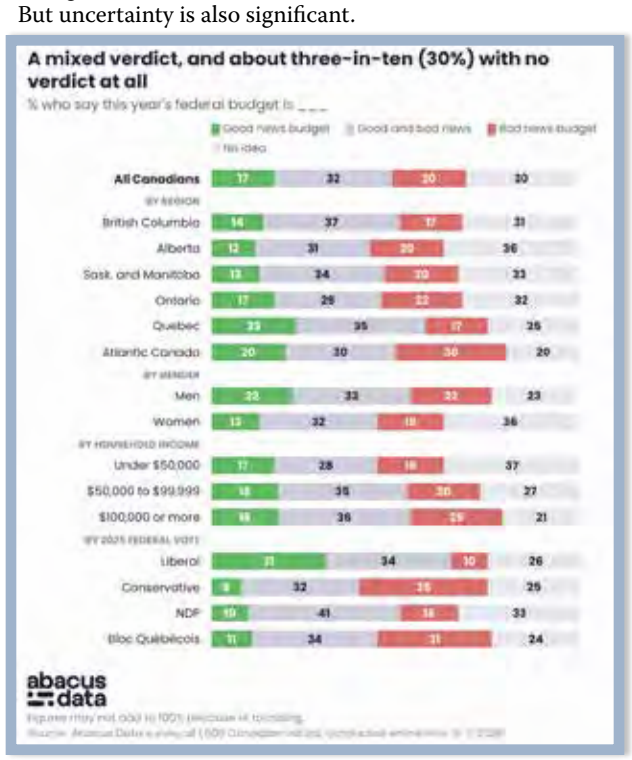
About one in three (32%) describe the budget as containing both good and bad news. Another 30% say they really have no idea whether the budget is good or bad.

Only 17% consider it good news, compared with 20% who describe it as bad news.



Political affiliation shapes these assessments considerably. Among those who voted Liberal in 2025, 31% see good news and 10% see bad news. Among Conservative voters, the pattern reverses, with 35% describing the budget as bad news and just 8% as good news.

But uncertainty is also significant.



Among women, 36% have not formed an opinion, rising to 41% among women under 45. Similarly, 37% of Canadians living in households earning less than $50,000 are unsure how to assess the budget.

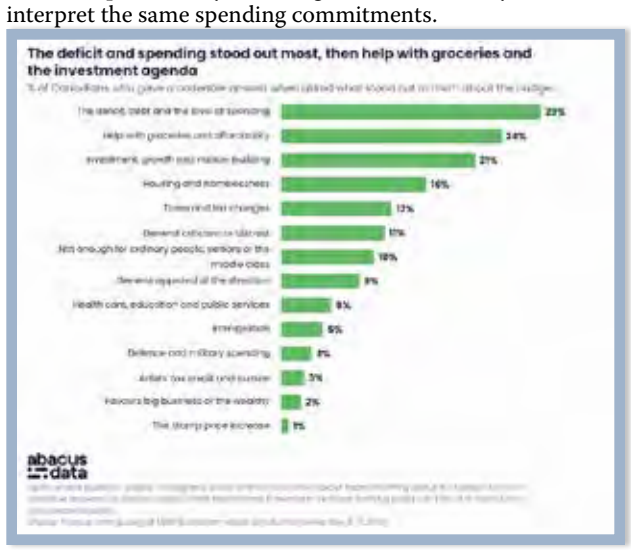
These findings suggest that while the budget has generated considerable attention, its political and public impact is far from settled and for many, may never become something that shapes their views.

Canadians recognize a spending budget, but interpret that spending differently

When Canadians who had heard about the budget were asked what stood out to them, the deficit, government debt, and the amount of spending emerged as the most common themes.

Among those providing a substantive response, 29% mentioned spending or borrowing, followed by grocery assistance and affordability measures (24%), investments and economic growth (21%), and housing and homelessness (16%).

What is particularly revealing is how differently Canadians interpret the same spending commitments.





Among those describing the budget as bad news, 47% spontaneously mentioned spending or deficits. Among those who considered it good news, just 13% did.

Instead, those with positive assessments were more likely to mention investments, grocery assistance, and housing.

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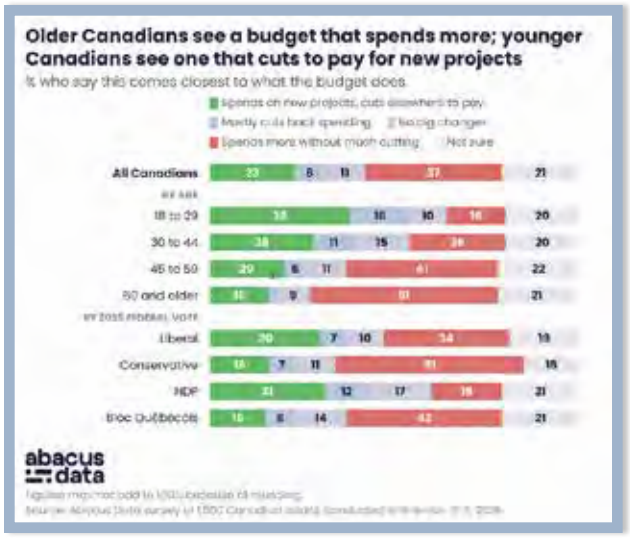


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This difference reflects two competing interpretations of the government's economic strategy.

For some Canadians, the spending represents necessary investment in the country's future. For others, it reinforces concerns about government borrowing and fiscal sustainability.

When asked to characterize the budget's overall approach, 37% believe it increases spending without making significant cuts elsewhere. Another 23% see a combination of new investments and reductions in other areas.



The government is therefore facing a public that recognizes the scale of its ambitions but is divided over whether the spending is justified.

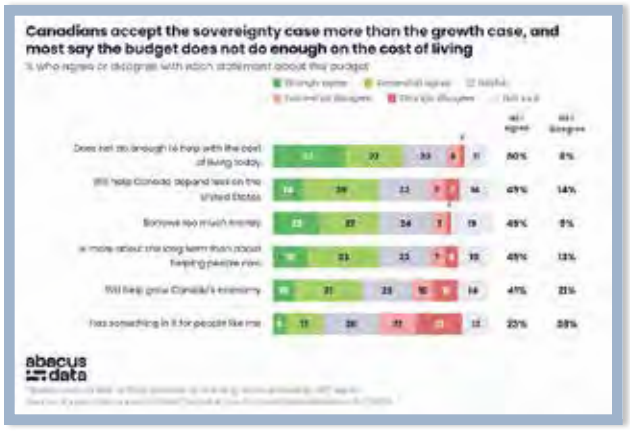
Canadians see the national purpose, but not the personal benefit

Perhaps the clearest finding is the gap between Canadians' assessment of the budget's national objectives and what they expect it to mean for their own financial circumstances.

Almost half (49%) agree that the budget will help Canada become less dependent on the United States.

Another 42% agree it will help grow the Canadian economy.

But only 23% agree that the budget has something in it for people like them, while 37% disagree.



At the same time, 60% believe the budget does not do enough to help Canadians with the cost of living today.

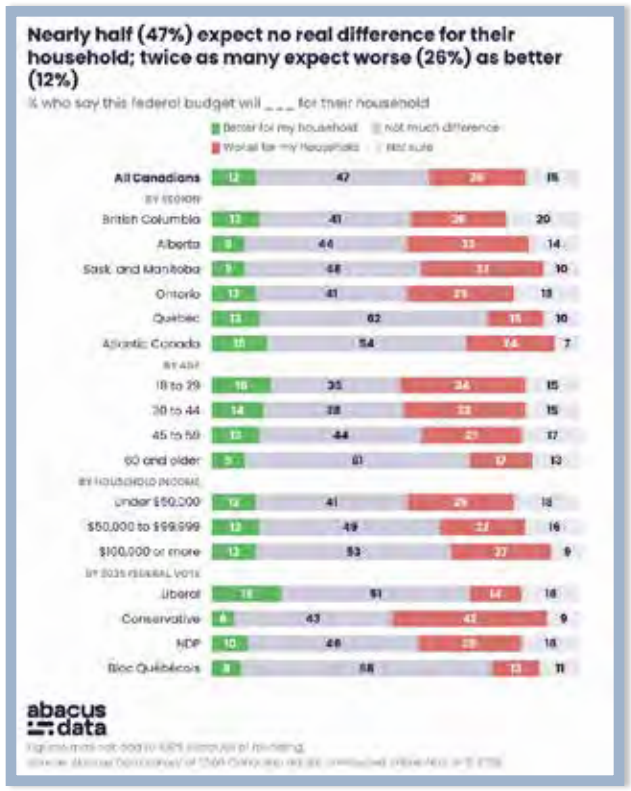
That includes 50% of those who voted Liberal in 2025, along with 74% of Conservative voters and 66% of NDP voters.

The household impact question reinforces this disconnect.

Almost half (47%) expect the budget to make little difference to their household finances. Another 26% expect to be worse off, while just 12% anticipate being better off.

Even among households earning less than $50,000, only 12% expect a positive impact.

The findings suggest that Canadians may accept the need for investments designed to strengthen Canada's long-term economic position without necessarily believing those investments will improve their immediate financial circumstances.



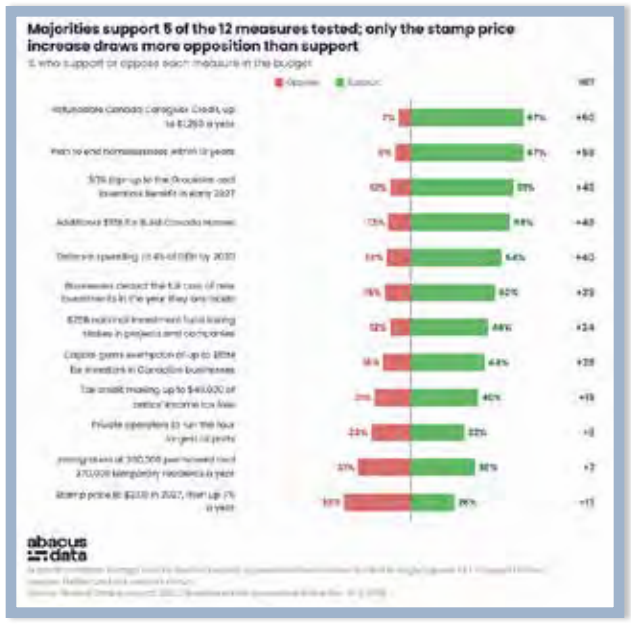
That distinction is central to understanding the budget's reception.

Individual budget measures are more popular than the budget overall

One of the most notable findings is how much more positively Canadians respond to specific measures than to the overall budget.

Of the 12 measures tested, five attract majority support, and only one generates more opposition than support.

The most popular proposals are those connected directly to household needs and social challenges.



Two-thirds support making the Canada Caregiver Credit refundable (67%) and the government's plan to end homelessness within 10 years (67%).

Another 61% support the one-time increase to the Canada Groceries and Essentials Benefit, while 59% support an additional $13 billion for Build Canada Homes.

There is also majority support (54%) for increasing defence spending to 4% of GDP by 2030.

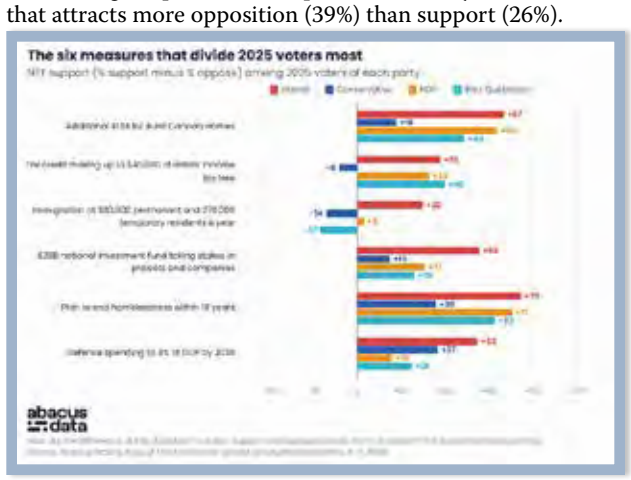
Importantly, several measures attract support across political affiliations.

Among Conservative voters, 62% support the refundable caregiver credit, 53% support the homelessness initiative, and 52% support the grocery benefit top-up.

Other measures generate more divided responses.

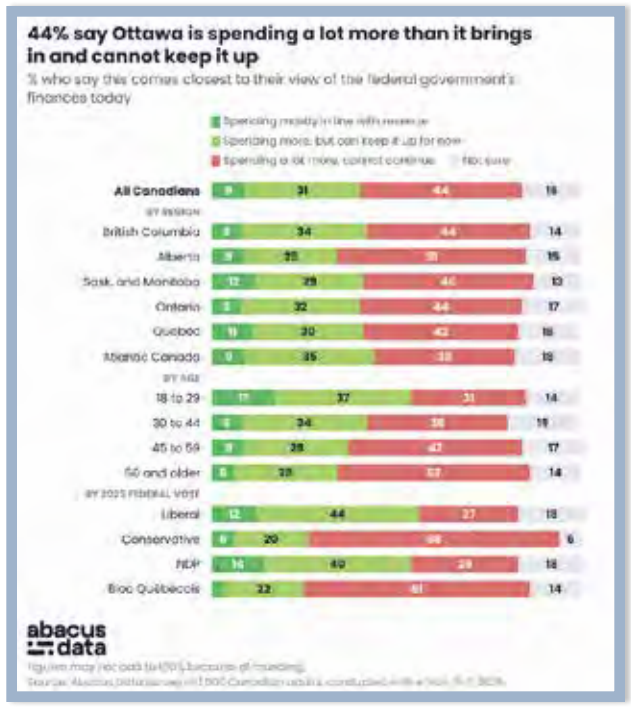
The government's proposed immigration levels are supported by 38% and opposed by 31%. Allowing private operators to run Canada's four largest airports attracts 32% support and 23% opposition.

Increasing the price of a stamp to $2 is the only measure tested that attracts more opposition (39%) than support (26%).



The deficit and fiscal credibility remain significant challenges

Although Canadians support many of the proposed investments, concern about federal finances is widespread.



▶ Continued on page 12



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Almost half (49%) agree that the budget borrows too much money.

When asked more generally about the government's financial position, 44% believe Ottawa is spending considerably more than it brings in and cannot continue doing so for long.

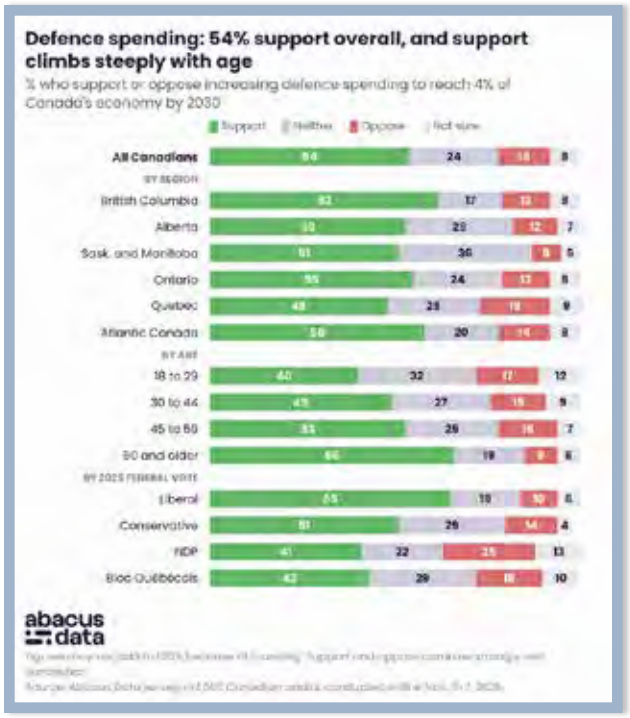
Another 31% recognize that spending exceeds revenue but believe the current approach can continue for now.

There is also considerable skepticism about the government's commitment to balance its day-to-day operating budget by 2027-28.

Just 30% believe that target is likely to be achieved, while 56% consider it unlikely.

That skepticism extends beyond government opponents. While 73% of Conservative voters doubt the target will be met, so do 41% of Liberal voters.

The challenge is not simply opposition to government spending.



Canadians are divided when asked to weigh greater affordability assistance accompanied by larger deficits against less assistance designed to contain borrowing.

The results suggest that fiscal credibility will be an important part of how Canadians evaluate the government's economic strategy.

Generational differences reveal competing expectations

Age is one of the most interesting dividing lines in the survey.

Among Canadians aged 60 and older, 51% believe the budget increases spending without significant cuts elsewhere. Among those under 30, just 16% share that interpretation.

Instead, 38% of younger Canadians see a budget that combines investment with reductions in other spending.

Views on defence also differ considerably.

Two-thirds (66%) of Canadians aged 60 and older support increasing defence spending to 4% of GDP, compared with 40% of those under 30. Yet younger Canadians are more likely to report a positive political reaction.

Among those under 30, 33% say the budget has made them think more favourably of the federal government, compared with 23% who say less favourably. Among Canadians aged 60 and older, 20% report a more favourable impression and 27% a less favourable one.

These differences suggest that Canadians are assessing the budget through different generational priorities, particularly around public investment, fiscal restraint, and the allocation of government resources.

The budget has reinforced opinions more than changed them

Despite the attention surrounding the announcement, the budget has not produced a substantial net shift in how Canadians say they view the government.

About 42% report that what they have heard about the budget has made no difference to their opinion.

Another 25% say they now think more favourably of the government, while 26% think less favourably.

The negative reactions are somewhat more intense, with 14% saying they feel much less favourably compared with 5% who feel much more favourably.

Looking ahead, Canadians are somewhat more optimistic about the budget's effect on the broader economy than their own finances.

Just over a third (35%) expect the budget to make Canada's economy better over the next few years, compared with 25% who expect it to make things worse.

This reinforces the central distinction running throughout the survey: Canadians are more willing to believe the budget could benefit Canada than to believe it will benefit their own households.

The upshot

The first public reaction to Budget 2026 reveals a government with considerable support for its individual initiatives but a more difficult challenge convincing Canadians that the overall plan is the right one.

The budget's emphasis on economic sovereignty appears to have found an audience. Almost half of Canadians believe it will help reduce dependence on the United States, and more than four in ten believe it will contribute to economic growth.

But those assessments coexist with considerable doubts about affordability and fiscal sustainability.

Six in ten Canadians believe the budget does not do enough to address today's cost of living, and only about one in ten expect their household finances to improve.

This is the central tension facing the Carney government.

The public can recognize the importance of building a more resilient Canadian economy while remaining uncertain about when, or whether, those investments will improve their everyday lives.

There is also a striking difference between how Canadians assess individual proposals and the budget as a whole.

Measures involving caregivers, homelessness, grocery assistance, and housing attract broad support, including among many Conservative voters. Yet that support has not translated into a broadly positive overall verdict.

At the same time, the deficit remains a significant vulnerability. A majority doubt the government will meet its operating balance target, and many believe the current pace of borrowing cannot be sustained.

The first reaction, therefore, is neither a clear endorsement nor a decisive rejection.

The government has an opportunity to build support around measures Canadians already favour. But doing so will require convincing people that the investments form part of a credible economic plan and explaining how the benefits will reach their households.

For now, Canadians see a budget with substantial ambitions, several popular initiatives, and important unanswered questions.

The government has made its case for investing in Canada's future. The next challenge is convincing Canadians that this future will be better for them.





Direct Answers

From Wayne & Tamara

Leg To Stand On

Q *My husband applied for a position through an employment agency. He was shortlisted and told by the agency he met all the client requirements. Later the agency informed him he wasn't picked for an interview, and my husband asked why. Their response was, "We would like to know, too."*

Only then was it revealed it was a company where he had a personal issue with one of the employees. The company manager revealed my husband has a reputation for chatting up women. A few months back the woman, her husband, my husband and myself met and resolved all the issues and concerns we had.

My husband contacted the manager and told him it was uncalled for to put his integrity in a bad light with the agency. The manager replied my husband is the ideal candidate, but the decision came from his boss at the head office.

Yes, my husband made a mistake, but should his work professionalism be judged? This has ruined any further prospects with the employment agency. My husband believes the manager's conduct was unethical and this is not fair.

Valera

A **Valera, you are concealing information. We don't know what happened with the woman, whether your husband is currently employed, or what profession we are talking about. We can only assume you're glossing over facts because they don't help your cause.**

Whatever happened was serious enough to require a meeting with a woman, her husband, your husband and you. In addition, your husband's actions with other women have involved inappropriate behavior.

It's obvious your husband has no legal remedies against this woman, other women, the employment agency or the manager. The employment agency learned of your husband's conduct only because he asked them to find out. He brought this on himself. The remarkable thing is the manager of the hiring company told the truth instead of falling back on corporate doubletalk.

When you married your husband, you hitched your wagon to someone else's star. Some stars fade, some stars fall, and some stars die. Rather than defending him, consider the impact of his behavior on your life and your future.

In some countries television shows cannot be aired unless bad acts are shown to be punished. As far as we can tell, your husband is bearing the consequences of his own actions, which is the way the world is supposed to work yet often doesn't.

Wayne & Tamara



Irreconcilable Difference

Q *I have been in a relationship with my girlfriend two years. I love her dearly, who she is and the great times we have together. My problem is I have a healthy, active sex drive and she does not.*

Making love is an important part of a relationship, and since we only physically communicate once every six or eight weeks, it gives me the feeling of eventual relationship doom. That thought scares me because I don't want to lose her.

When I try talking to her about it, she gets upset and won't discuss it. I always end up feeling like a creep and telling myself sex isn't everything. Then my frustration builds, along with sadness and longing for that connection. I am not one to cheat, but I can't imagine a life without intimacy.

Aaron

A **Aaron, you went shopping for a dog and brought home a cat. Now you want the cat to bark like a dog. That can never happen.**

In relationships many people focus on the prize part, not the negative part. But the shine wears off prizes quickly, leaving only the negatives. Each of you needs a person suited to your genuine self, not someone who must make incessant compromises to be with you.

Though your current relationship is not meant to be, you should respect this woman's honesty. Many people, both male and female, conceal their disinterest in sex until after a wedding.

Wayne & Tamara

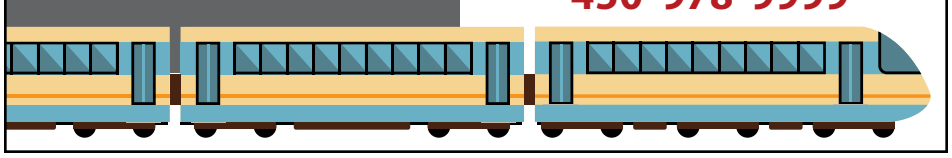
Wayne & Tamara Mitchell are the authors of Your Other Half (www.yourotherhalf.com)
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5. Tomatoes (1)
6. Mini Cucumbers (6)
7. Small Romaine Lettuce (1)
8. Large Avocados (2)
9. Small Leaf Lettuce (1)
10. Peppers (3-4)
11. Mushrooms (1 pack)
12. Onions (3)
13. Garlic (1)
14. Potatoes (~2.5 lbs)
15. Zucchinis (2-3)
16. Bananas (4)
17. Organic Kakis (3-4)
18. Beets (~2.5 lbs)
19. Red Apples (3)
20. Carrots (~2 lbs)

SMALL BASKET ($22)

1. Raspberries (1)
2. Broccoli Crown (1)
3. Peppers (2)
4. Mushrooms (1 pack)
5. Zucchini (1)
6. Bananas (3)
7. Red Apples (2)
8. Oranges (2)
9. Onions (2)
10. Small Leaf Lettuce (1)
11. Potatoes (~2.5 lbs)
12. Avocado (1)
13. Small Romaine Lettuce (1)

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HOROSCOPE

Week of **NOVEMBER 22 TO 28, 2026**

The luckiest signs this week:
LEO, VIRGO AND LIBRA

ARIES
A significant sum of money is on the way, possibly linked to an insurance matter or inheritance. Rely on diplomacy in your interactions, as a hasty word could harm your interests. Master your impatience to protect your position.

TAURUS
You're bursting with energy, and you'll need to channel it into something constructive. Sports, creativity or outdoor activities offer healthy outlets that preserve your morale. Ignoring this need could weaken your emotional and psychological well-being.

GEMINI
Your mind is overflowing with ideas and a desire for renewal. A sudden inspiration may push you toward a surprising professional shift. Welcome these changes, as they'll open promising doors and fuel your thirst for discovery.

CANCER
Your schedule is intensifying, especially in public or group activities. Many people may seek your expertise. Despite your fatigue, this lively period will bring gains, alliances and valuable experiences.

LEO
Transformations are beginning in your professional environment. Even if some situations feel unstable, these changes are laying the groundwork for your advancement. Don't lose confidence; your natural leadership will help you reap benefits from this turning point.

VIRGO
An impulse will push you toward an exciting adventure, whether it's a trip or a major personal project. It'll come with some expenses, but the results will bring satisfaction and a refreshing sense of renewal.

LIBRA
Tensions or disagreements may disrupt your plans. Before making a decision, wait for emotions to settle down. Clear thinking and patience will help you choose the path most suitable to everyone.

SCORPIO
You'll have to make adjustments to achieve balance in your personal and professional commitments. A review of your organization will prove beneficial. On the health front, make rest a priority. Restorative sleep will strengthen both physical and emotional resilience.

SAGITTARIUS
Your desire to build your own success is growing stronger. A business idea or independent project will take shape this week. Stimulating collaborations will emerge, fueling your ambitions and paving the way for sustainable growth.

CAPRICORN
You'll shine under the spotlight of recognition. A public victory, distinction or remarkable performance will enhance your prestige. Celebrate this moment, as it confirms the impact of your past efforts.

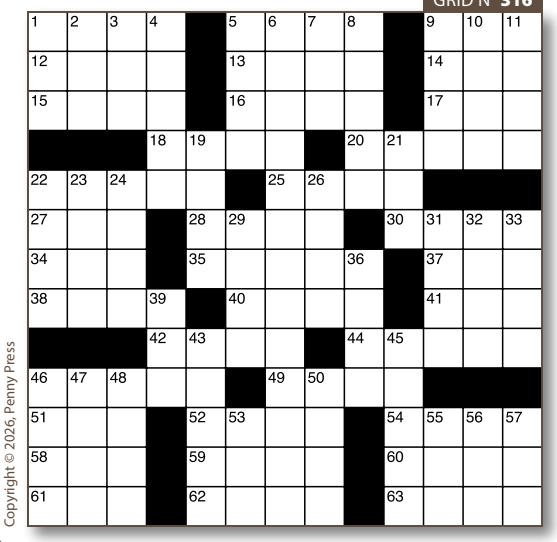
AQUARIUS
A major sorting process is needed in your surroundings. By tidying up your space and reorganizing your priorities, you'll regain serenity and mental clarity. Don't hesitate to assert your authority if a situation requires it; your voice matters.

PISCES
You'll have to deal with vague or critical communicators this week. Confusion may reign for a while, but your diplomacy will shift the dynamic. If you keep moving forward, mutual understanding will eventually take hold and strengthen your relationships.

Coffee Break

CROSSWORD

GRID N° **316**



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ACROSS
1. Cover with gold
5. "God's Little _____"
9. Soaking
12. Place
13. Stop, to Dobbin
14. Poison _____
15. _____ diving
16. Permits
17. Puppy's bite
18. Event
20. Bald bird
22. In short
25. Character
27. Operated
28. Served for a point
30. "_____ Girl"
34. Aardvark's snack
35. Spring bird
37. Glacier material
38. Put on cargo
40. Old stringed instrument
41. Fish "arm"
42. Perceive sound
44. Loses traction
46. Utensil
49. Entry
51. Not loud
52. Ancient
54. Stages of history
58. Prospector's quest
59. Rope
60. "_____ Rider"
61. Tie the knot
62. Flip, as a coin
63. Spout

DOWN
1. Oxygen or helium, e.g.
2. Provoke
3. Hawaiian handout
4. Do the electric slide
5. Hole punchers
6. Popular barbecue items
7. Spoil
8. Artist's tripod
9. Bird's flapper
10. "_____ Woman"
11. Classify
19. Long way off
21. Fore's partner
22. Bikini tops
23. Go on and on
24. Division preposition
26. Emend
29. Kind of soda
31. Sound gear: hyph.
32. Etching liquid
33. Decade numbers
36. Aerie
39. "____ Do You Love"
43. Pass, as a law
45. Holds on to
46. Not very busy
47. Leaf opening
48. Had bills
50. Does arithmetic
53. Sticky glop
55. Musical style
56. Beerlike beverage
57. Do needlework

Sudoku

HOW TO PLAY

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line.
You already have a few numbers to get you started.

Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

GRID N° **1009**

						7		2
				7	4		3	
	9		6		2	8		
7	5					2		4
	4							
		9	7		5			
3		6						
		2		5				
	7	5	8			3	6	

LAST ISSUE'S ANSWERS

CROSSWORD

B	R	A	■	A	R	C	S	■	I	T	C	H
O	I	L	■	P	E	A	T	■	T	O	R	E
A	P	P	L	E	P	I	E	■	S	P	U	D
■	■	■	A	D	O	R	E	D	■	B	E	G
M	I	T	T	■	R	O	L	E	■	A	L	E
A	R	R	E	S	T	■	■	C	A	N	■	■
R	E	A	L	M	S	■	T	A	M	A	L	E
■	■	D	Y	E	■	■	H	Y	E	N	A	S
A	R	E	■	A	F	A	R	■	N	A	B	S
R	A	M	■	R	E	L	O	A	D	■	■	■
O	K	A	Y	■	L	O	N	G	S	H	O	T
M	E	R	E	■	T	H	E	E	■	E	R	A
A	S	K	S	■	S	A	S	S	■	R	E	D

Sudoku

7	5	9	2	4	1	8	3	6
6	4	8	5	9	3	1	2	7
3	1	2	6	8	7	4	5	9
1	7	6	3	5	4	9	8	2
4	8	5	9	6	2	3	7	1
2	9	3	1	7	8	5	6	4
5	2	4	8	1	6	7	9	3
9	3	1	7	2	5	6	4	8
8	6	7	4	3	9	2	1	5



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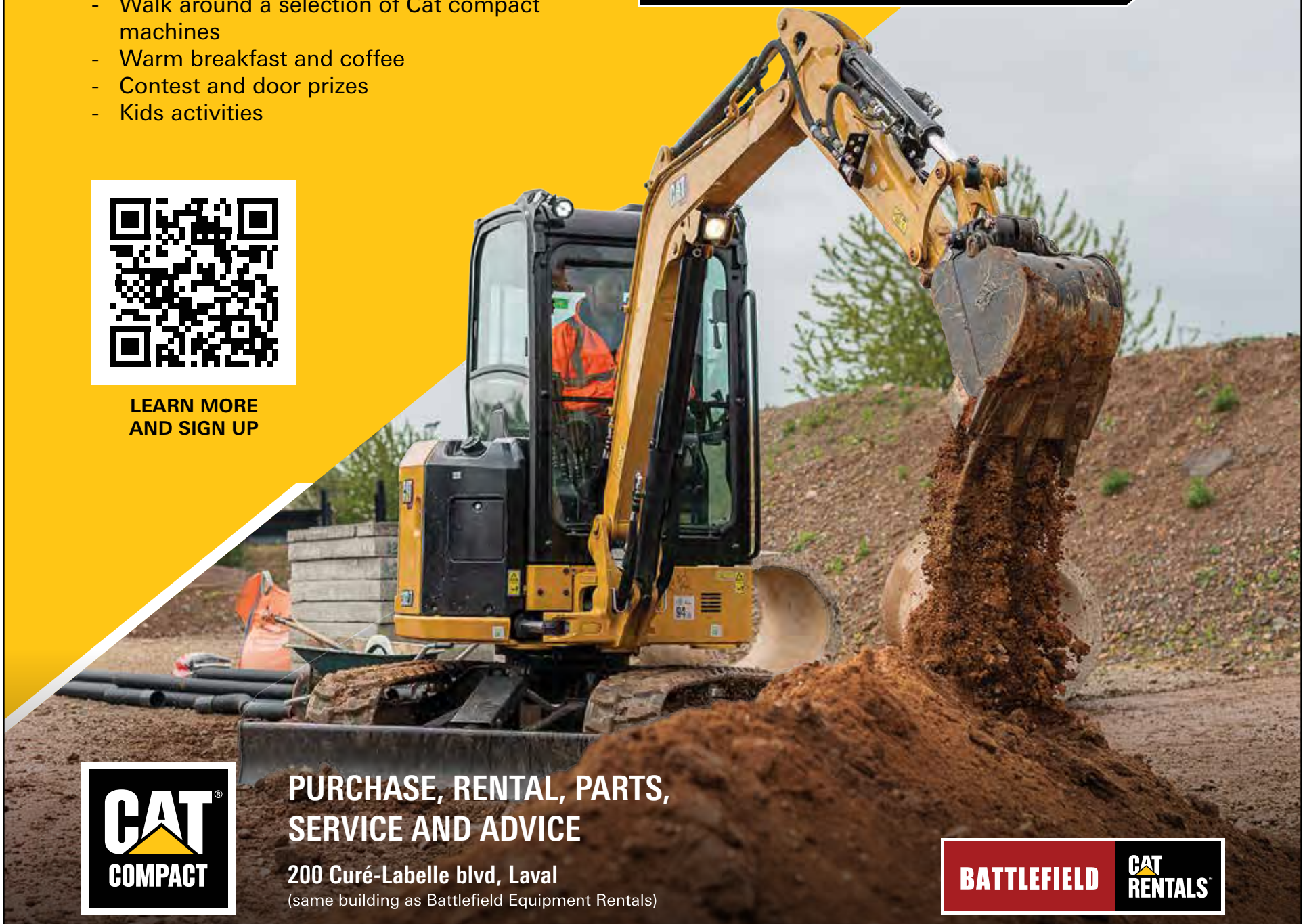
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